



GULF Swimming - Apprentice Training Log

Stroke & Turn



Apprentice's Name		Date of 1st Session	
Meet Name / Host / Location		Short or Long Course	
# Sessions on this ATL		Meet Referee	

Apprenticeship Requirements v1.1

Rating	Skill	Comment on Skill if Not Met	Trainer(s) Name
M = Skill Mastered. NM = Skill Not Mastered. N/O = Skill not observed during session.			
	Punctual for briefing and assigned deck positions. Prepared with necessary equipment and in proper uniform.		
	Good teamwork with officials as well as being respectful of officials, coaches, meet volunteers, spectators, and athletes.		
	Understands and applies the proper positioning on deck.		
	Understands and applies communicated jurisdictions and protocols.		
	Understands the rules for the start, stroke, kick, turn, and finish for butterfly.		
	Understands the rules for the start, stroke, kick, turn, and finish for backstroke.		
	Understands the rules for the start, stroke, kick, turn, and finish for breaststroke.		
	Understands the rules for the start, stroke, kicks, turn, and finish for freestyle.		
	Understands the rules for individual medley.		
	Understands the rules for relays as well as the correct use of relay take-off procedures & cards.		
	Comfortable making calls as appropriate and understands when a call is not appropriate. Always gives benefit of doubt to the swimmer.		
	Can recognize & correctly communicate a DQ and what was observed using USAS rulebook language.		
	Understands performance criteria as outlined in Stroke & Turn Judge Professional Document.		
	Understands USA Swimming Safe Sport and MAAPP rules.		

Please ensure the Meet Referee receives a copy of this completed form PRIOR to leaving the meet.