



FIRST COLONY SWIM TEAM - ASSISTANT COACH

Overview:

First Colony Swim Team (FCST) is currently accepting applications for a part-time Assistant Coach. FCST, based in Sugar Land, TX, is a USA Swimming Bronze Medal Club which creates opportunities, within a safe and supportive environment, for swimmers to merge passion and commitment with expertise resulting in the highest level of personal performance.

The ideal candidate will have a passion for swimming and coaching, a strong technical background, and a willingness to work as a team player. The assistant coach will support the efforts of our lead coaches as they strive to develop strong athletes both in and out of the water, guided by FCST's mission, core values, and team training philosophy.

Responsibilities:

- Provide clear and quality feedback to all swimmers during practices and meets
- Assist the lead coach with administrative responsibilities as needed, including but not limited to attendance and workout logs, parent education, etc.
- Assist with daily workouts as assigned
- Attend swim meets as assigned

Preferred Qualifications:

- 3+ years of competitive coaching experience
- USA Swimming Coach Membership in good standing
- Ability to work independently and multi-task while prioritizing work demands
- Strong written and verbal communication skills

Compensation:

Commensurate with experience; Position is part-time, hourly—estimated 16-24hrs/week. Travel reimbursement and professional development opportunities available.

How to Apply:

Applicants should email a resume and 3 professional references to FCST's Head Coach, Ben Pulskamp, coachben@swimfcst.com

Application Deadline: August 5, 2025