# Job Description Lead Group Coach – Houston (Kingwood, Texas)



## Summary/Primary Objective of Position

To coach, lead and motivate athletes in practice groups, promoting improvement and growth.

Work with Head Coach to create full season training plans for stroke technique progression, dryland progression, training progression and taper strategies for all levels and effectively communicate to swimmers.

Primary responsibility involves coaching multiple age groups and skill levels. Coordinate training methodology, team drills and practice group goals with age group coaches. As a full-time position, off-deck responsibilities and planning will also be required.

## Typical Essential Job Duties/Responsibilities

(These duties are a representative sample; position assignments may vary.)

- 1. Runs group practices, teaching competitive swimming to athletes of a wide range of age and ability, as well as delegating to and supervising assistant coaches to ensure that athletes are learning and improving.
- 2. Develops seasonal plans and writes practice sets and provides individualized and small group instruction to adapt the Head Coach Coaching philosophy, developing plans to meet the needs of each athlete.
- 3. Attends and coaches weekend swim meets as directed.
- 4. Utilizes email, newsletter, social media, and parent/coach meetings to ensure consistent communication outside of practices.
- 5. Establishes and maintains standards of discipline to achieve an efficient training environment.
- 6. Completes meet entries in an accurate and timely fashion, ensuring that event selection is age and ability appropriate.
- 7. Identifies athlete needs and makes appropriate training adjustments and develops strategies for individual training plans. Make competitive determinations and decisions regarding competitions, events, and relays.
- 8. Ensures attendance and participation is tracked daily.
- 9. Works in a supportive and collaborative manner with colleagues and supervisors.
- 10. Maintains and improves professional skills by participating in coach's education meetings, formal coursework, workshops, and seminars to stay current for best coaching methods.

### Position Specific Responsibilities Might Include:

- 1. Lead coach of one or more practice groups. This includes planning and implementation of daily workouts, attending meets as well as team and group social events.
- 2. Plans and coordinates the work of assistant and volunteers on deck and at competitions.
- 3. Assists with team tryouts, individual evaluations, Masters Swim Program, and/or other team-related programs.
- 4. Supports and communicates with other administrators and staff.
- 5. Knows, interprets, and follows school district policies.
- 6. Participates and/or assists in coordination of Swim Club events and functions.
- 7. Periodic coverage of other practice groups (sick days, swim meets, etc.).
- 8. Certified Pool Operator preferred, but not required.
- 9. Any additional duties as assigned by the Head Coach.

#### **Requirements**

Member in good standing of USA Swimming and current on all certifications. Ensures full compliance with all USA Swimming policies. Responds in emergency situations.

#### **Preferred Qualifications**

3 years of coaching experience, with at least 1 year as a lead coach.

If interested in applying, please send cover letter and resume to: secretary@swimbluetide.org