

January Westpark Tollway Classic

January 2 - 4, 2026

Short Course Prelims @ Ft. Bend Practice Facility

Long Course Finals @ University of Houston

HOSTED BY



Sanction Number # **GU-SC-26-047**

ENTRIES ARE DUE AT 11:59 PM, THURSDAY, DECEMBER 20, 2025

EMAIL: COACHTRAVIS@KATYAQUATICS.ORG

LOCATION: **Saturday & Sunday AM (Short Course Prelims)**

Fort Bend Practice Facility
16701 Bissonnet St.
Houston, Texas 77083

Friday, Saturday & Sunday PM (Long Course Timed Finals & Finals)

University of Houston Recreation Center
4500 University Dr. Houston, TX 77004

DIRECTIONS: Fort Bend Practice Facility

From Houston Follow I-69 and Westpark Tollway W to Westpark Dr. Take the exit toward FM 1464 from Westpark Tollway W and turn left, take FM 1464 ~ 2.7 miles to Bissonnet and turn left. The pool is ~ .7 miles on your right.

University of Houston Recreation Center

From I-45 Southbound: Exit Texas Spur 5. (exit 44B). Turn right onto University Dr.

Parking is NEVER free at University of Houston. You may utilize either parking garage across from the rec center and are pay by credit card only.

SPECIAL INSTRUCTIONS:

FBISD Policy: There is absolutely NO FOOD allowed on the pool deck. Violators of this rule will be asked to take their food outside and will be asked to leave the facility if they are asked a second time. FBISD will impose a \$50 fine on the violating team if this occurs. Spectators will be allowed in a designated viewing area for limited times but must set up outside the facility. There will be limited adult volunteers that will be necessary to run the competition.

UH Policy: No Parents will be allowed on deck at this meet. Spectator seating will be in the upstairs balcony area. The rest of the Recreational Facility is strictly off limits.

MEET STAFF:**MEET REFEREE:**

Nate Wernig meetinfo@katyaquatics.org
Patrick Fults meetinfo@katyaquatics.org

ADMIN OFFICIAL:

Davis Peden meetinfo@katyaquatics.org

MEET DIRECTOR(S):

Travis Sandifer meetinfo@katyaquatics.org

SAFETY MARSHAL:

Angela Golightly

COACH(ES):

Bill Bailey

POOL:

FBISD Prelims: 2 eight-lane, 25-yard indoor pools with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up/warm-down area will be made available during the competition.

UH Finals: 1 eight-lane, 50-meter indoor pool with non-turbulent lane lines. A separate warm-up / warm-down area will be made available during the competition.

TIME AND DATE:

This is a five (5) session, three (3) day prelim/finals meet, all events on Friday are Timed Finals. 10 & Under athletes will have an A final. 11-12, 13-14 and 15 & Over athletes will have A and B finals and a Superfinal that consists of the fastest 8 athletes regardless of age.

Session 1 - The University of Houston: Friday PM Long Course Timed Finals – Jan 02, 2026
Warm-up*: 4:30 – 5:45 pm / Meet Start: 6:00 pm

Session 2: FBISD Practice Facility: Saturday AM Prelims – Jan 03, 2026
Warm-up/Meet Start**: 7:15 – 8:45 am / Meet Start: 9:00 am.

Session 3: The University of Houston: Saturday PM Finals – Jan 03, 2026
Warm-up*: 4:00 – 5:15 pm / Meet Start: 5:30 pm

Session 4: FBISD Practice Facility: Sunday AM Prelims – Jan 04, 2025
Warm-up/Meet Start**: 7:15 – 8:45 am / Meet Start: 9:00 am.

Session 5: The University of Houston: Sunday PM Finals – Jan 04, 2025
Warm-up*: 4:00 – 5:15 pm / Meet Start: 5:30 pm

**Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Tuesday, December 28, 2024.



MEET FORMAT:

- The Friday session will be LCM as timed finals.
- Saturday and Sunday preliminary sessions will be swum in two 25-yard SCY pools
- All Finals Sessions will be swum in one 50-meter course starting from the Lobby/Bulkhead end of the pool except for the 50s starting from the Diving Well end of the pool.
- Saturday & Sunday A Final for 10 & Unders. A/B Finals for 11-12, 13-14 and 15 & Over. There will be a single Superfinal heat consisting of the top 8 swimmers regardless of age for all 11-over & Open events. All Friday night timed finals and Saturday and Sunday final events will be swum from one end of the pool except for the 50's.
- The 800 Freestyle, 400 Free and 200 IM for 12&Unders will be swum as timed finals. Swimmers must positively check-in for the 800 Freestyle, 400 Free and 12&Under 200 IM (check-in by 5:30 pm for the 400 Free/6:30 pm for the 200 IM and 7:30 pm for the 800 Free).

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures (Prelim and Timed-Finals Sessions only). At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING: Timed finals and preliminary sessions of this meet will be deck seeded and swimmers will be required to circle-in for each event.

All timed-final events on Friday will be seeded using LCM times. If a swimmer supplies SCY or SCM entry times, those times will be automatically converted to LCM.

All prelim events on Saturday and Sunday will be seeded using SCY times. If a swimmer supplies LCM or SCM entry times, those times will be automatically converted to SCY.

ORDER OF HEATS: Friday Timed Finals – all events will be swum fastest to slowest. The 400 Free and 800 free will alternate heats of girls/boys.

Saturday and Sunday Prelims – All events will be swum fastest to slowest with the fastest 3 heats circle-seeded except for the 400 IM where the fastest 2 heats will be circle-seeded.

Saturday and Sunday Finals – Finals heats will be swim slowest to fastest.

POSITIVE CHECK-IN:

For Friday timed finals will have a staggered circle-in 400 Free by 5:30 pm/200 IM by 6:30 pm/800 Free by 7:30 pm. For Saturday/Sunday prelims, all swimmers must circle in for each event 45 minutes before the start of the session. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Katy Aquatics, for each event in which he/she fails to appear. Any swimmers who fail to check in for their event may be



allowed to swim at the discretion of the meet referee and assuming that space allows. Heats will only be added if the timeline permits.

FINALS AND SCRATCHING:

Any finalist who fails to compete in finals or consolation finals, or any other bonus final heat, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be automatically scratched from their next individual event.

In a Prelim/Final meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid a possible removal from their next individual event. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set. Only the finalists set at this point may be subject to the above fines and banishment from competition, even though any qualified swimmer may be moved into finals. The alternates, after the existing scratches are tabulated, will not be penalized if they are unavailable to compete in finals.

The USA Swimming National Championships Meets "reserve the right to scratch" rule is not applicable to any Gulf Swimming meet. The "intent to scratch" rule is not applicable to any Gulf Swimming meet.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times.

For timed final events swimmers should enter with their best long course time in the event. If a swimmer does not have an 800-meter free time, they should submit their best 1000-yard free time converted to an 800-meter free time (e.g. the time submitted should be for an 800-meter free).

No Time (NT) entries are not allowed.

Age: As of January 2, 2026.



Number of Events: Swimmers may compete in up to three (3) individual events per day and no more than eight (8) events for the entire meet.

Qualifying Times: Swimmers competing in the meet must have 3 "BB" times to swim any event 200 and below. Swimmers competing in the 400 IM and 800 Freestyle must have the 13-14 "BB" USA Swimming 2024-2028 Motivational Time Standards. Swimmers in the 400 Free must have the "BB" time for their age group.

Eligible Teams: Only swimmers from FCST, HEAT, HTX, KATY, PEAK, SSAN, HYDRA and TWST or other teams approved by Katy Aquatics. All swimmers must be registered with USAS and in good standing with the team may compete in this meet.

Deadline: Entries must be in the hands of the Entry Chair no later than **11:59 pm, Thursday, December 20, 2025**. Email entries to coachtravis@katyaquatics.org

Individual Event Entry Fee (per event):	\$15.00
Swimmer Surcharge Fee (per swimmer):	\$20.00 Digital copies for the heat sheet will be provided.
Make entry fee checks payable to:	Katy Aquatic Team for Youth, Inc.

Mail entry fees (**POSTMARKED BY THURSDAY, DECEMBER 20, 2025**) to the address below:

Katy Aquatic Team for Youth, Inc.
1806 Avenue D. #103
Katy, TX 77493
713-724-6046
Entry Chair: Travis Sandifer, coachtravis@katyaquatics.org

ON-DECK ENTRIES: On-deck entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the entry deadline may enter the meet on-deck in the following manner:

1. On deck entries are open to those athletes assigned to the meet location by the TPC Chair through the meet entry procedures.
2. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
3. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
4. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
5. Swimmers must be qualified to swim the event entered.
6. Swimmers must not exceed the allotted number of events allowed each day.
7. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and



c. the on-deck entry fees still apply to these swimmers.
Heats will be added, if necessary and if the timeline permits.

FINALISTS: All finalists should report directly to the starting blocks. Names of the top 8 finalists will be announced before the start the heat.

AWARDS: Individual events: Ribbons for 1st-8th place for 14 & Under Events Only. Individual High Point awards will be given for each girl/boy for the 10 & Under, 11-12, 13-14 & 15 & Over age groups

SCORING: Individual Events: 1st through 8th: 20-17-16-15-14-13-12-11
9th through 16th: 9-7-6-5-4-3-2-1

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams and unattached swimmers assigned by the Technical Planning Chairman may only participate in this invitational meet.

The Gulf Swimming three (3) event rule and up/down rule do not apply.

POOL MEASUREMENT:

Neither competition course has been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

FBISD: The water depth of the competition course is 7' feet measured from 1 meter to 5 meters on the lobby end of the course and is 13' feet measured from 1 meter to 5 meters on the diving end of the pool.

UH: The water depth of the competition course is 7' feet measured from 1 meter to 5 meters on the starting end of the course and is 7' feet measured from 1 meter to 5 meters on the turning end of the pool.

TIMING SYSTEM: A Colorado 6 or 7 electronic timing system with electronic scoreboard will be used at each facility. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 400 IM, 200 IM, 800 Free and 400 free must provide 2 timers. Swimmers in the 800 free must provide a lap counter.



POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

FBISD: Spectators will be allowed in a designated viewing area for limited times but must set up outside the facility.

UH: Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck – all spectators and parents must remain in the grandstand. Please see attached “Rules, Regulation, Prohibitions, and Deck Access” of University of Houston Recreation Center. **All meet entries must be accompanied by a signed UH Release and Indemnification Agreement.**

DECK CHANGES:

Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

AUDIO/VIDEO RECORDING DEVICES:

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

MAAPP POLICY:

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

MEDICAL**SUPERVISOR:**

Fort Bend Training Facility: Lifeguards, First Aid and Police will be available for any medical needs.

UofH Facility: An EMT, Lifeguards, First Aid will be available for any medical needs.



UNACCOMPANIED SWIMMERS:

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

MEDICAL SUPERVISION:

At U of H - During the meet an EMT will be present to provide any necessary medical supervision and treatment for athletes participating in the meet. An AED is available onsite.

At Fort Bend - During the meet Lifeguards will be present to provide any necessary medical supervision and treatment for athletes participating in the meet. An AED is available onsite.

HOSPITALITY: A hospitality room will be available.**OFFICIALS:**

USA Swimming Qualified Officials and Apprentices are welcome to come and help officiate the meet. Official attire for timed final sessions and preliminary sessions will be white golf shirts over khaki slacks/skirts/shorts and white shoes. Official attire for final sessions will be navy golf shirts over khaki slacks/skirts and white shoes. There will be an officials' briefing one (1) hour before the start of each session.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. Unofficial real time results will be available on MEET MOBILE.**CONCESSIONS:** We will have a concession stand during prelims/No Concession Stand will be available during finals**MERCHANDISE:** No Vendor will be available.**FACILITY RULES:** Reserving seats between or during sessions is not allowed. Chairs and inflatable mattresses are not allowed. Certain items such as coolers and stadium seat are restricted.**ATTACHMENTS:** Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form**USA / GULF SWIMMING DISCLAIMER:**

- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.



- USA Swimming, Inc., Gulf Swimming, and Katy Aquatics cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, Katy Aquatics AND (GULF SWIMMING) EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSESS, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE
- AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORSEEN OR UNDFORSEEN, IN CONNECTION THEREWITH.

Katy Aquatics has taken enhanced health and safety measures for the participants, coaches, and volunteers. You must follow all posted instructions while at the facility. An inherent risk of COVID-19 exists in any public or private place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in this event at the Katy Aquatics hosted swim meet, you voluntarily assume all risks related to exposure to COVID-19.



January Westpark Tollway Classic

January 2 – 4, 2026

A Short Course Prelims &
Long Course Finals Meet

HOSTED BY

Katy Aquatics

Entry Rules:

Type of meet	Prelim/Final B, A, Super final.
Max # individual events per day	Three (3)
Swimmers eligible	All USAS Registered swimmers
Entry times in	Timed Finals: LCM/SCY/SCM Prelims: SCY/SCM/LCM
Qualifying times	Swimmers must have 3 – “BB” times in their age group to compete in this meet. Swimmers in the 400 IM & 800 Free must have the 13-14 “BB” National Motivational Time. Swimmers in the 400 Free must have the “BB” time for their age group.
Cut-off times	None
Enter with no time?	No
Gulf “three event rule” applies?	Does not apply
Gulf “up/down rule” applies?	Does not apply
Gulf “beyond IMX” rule applies?	Does not apply
Fees	Individual – \$15.00
Facility Surcharge	\$20.00 per swimmer

*400 IM, 400 Free and 800 Free will be swum alternating girls and boys heats swimming fastest to slowest. In all events swimmers must provide their own timers and will need lap counters for the 800.

All events will be swum combined as indicated but scored separately as 15 & Over, 13-14, 11-12, and 10 & Under, where applicable.



Friday, January 2, 2026
 Timed Finals – LCM (U of H)
 Open Warm-ups 4:30 pm, Session starts 6:00 pm

Girls Event #	Event	Boys Event #
1	Open 400 Free*	2
3	12 & Under 200 IM*	4
5	Open 800 Free* [▲]	6

Swimmers in the 800 Freestyle must also provide a lap counter.

[▲] The meet host reserves the right to limit the 800 Freestyle to the fastest 40 participants that circle in if needed for timeline purposes

Saturday, January 3, 2026
 Prelims – SCY (Ft. Bend): Split Warm-ups 7:15 am, Session starts 9:00 am
 Finals – LCM (U of H): Open Warm-ups 4:00 pm, Session starts 5:30 pm

Girls Event #	Event	Boys Event #
7	12 & Under 50 Back	8
9	Open 200 Free	10
11	Open 100 Breast	12
13	Open 50 Free	14
15	11 & Over 200 Fly	16
17	Open 100 Back	18
19	13 & Over 400 IM*	---

^{*} Optional 10-minute break if needed during prelims. Swimmers must provide their own timers.

Sunday, January 4, 2026
 Prelims – SCY (Ft. Bend): Split Warm-ups 7:15 am, Session starts 9:00 am
 Finals – LCM (U of H): Open Warm-ups 4:00 pm, Session starts 5:30 pm

Girls Event #	Event	Boys Event #
21	Open 100 Fly	22
23	13 & Over 200 IM	24
25	12 & Under 50 Breast	26
27	11 & Over 200 Back	28
29	Open 100 Free	30
31	11 & Over 200 Breast	32
33	12 & Under 50 Fly	34
---	13 & Over 400 IM*	36

^{*} Optional 10-minute break if needed during prelims. Swimmers must provide their own timers.



GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.

