



2025 Gulf Senior Champs WARM-UP SCHEDULE AND TIMING ASSIGNMENTS

We look forward to hosting all teams at our venue. In order to have a smooth meet for our swimmers, please read the following reminders. We ask that you please abide by all facility rules in order to have a successful event!

**THE FACILITY WILL OPEN AT 4:00 PM ON FRIDAY EVENING FOR
COACHES AND ATHLETES!**

**THE FACILITY WILL OPEN AT 6:45 AM EACH MORNING FOR COACHES
AND ATHLETES!**

REMINDERS:

ALL PRELIM SESSIONS ARE TEMPORARY SEATING. NO SPECTATORS ARE ALLOWED TO SET UP IN THE STANDS OR SAVE SPACE FOR OTHERS. **THE SPECTATOR SEATING WILL NOT OPEN UNTIL 15 MINUTES PRIOR TO THE START OF EVERY SESSION!**

FRIDAY NIGHT AND ALL FINALS SESSIONS, WE WILL ALLOW SPECTATORS IN THE STANDS FOR THE ENTIRE SESSION. YOU MAY HAVE STADIUM SEATS BUT NO CHAIRS OR COOLERS. PLEASE DO NOT SIT ON THE STEPS IN THE SPECTATOR AREA-THIS IS A SAFETY HAZARD.

COOLERS, CHAIRS, STADIUM SEATS, BLANKETS, ETC. WILL NOT BE ALLOWED IN THE SPECTATOR SEATING DURING PRELIMS. YOU MUST WATCH YOUR SWIMMER AND VACATE THE NATATORIUM SO OTHER SPECTATORS CAN VIEW THEIR SWIMMERS.

THE PARKING LOT DIRECTLY IN FRONT OF THE NATATORIUM WILL BE CLOSED FOR SET UP DURING THE PRELIM SESSIONS. THE PARKING LOT WILL REOPEN AT NIGHT FOR THE FINALS SESSIONS. PLEASE MAKE SURE YOU DO NOT LEAVE ANY TENTS/CHAIRS OR OTHER BELONGINGS OUTSIDE IN THE PARKING LOT OVERNIGHT. NOCH WILL NOT BE RESPONSIBLE FOR THE ITEMS.



The shallow end will remain open during warm-ups and meet. NO DIVING!!!

Friday and ALL finals sessions will be Open Warmup! Starting at 4:30 PM

Saturday and Sunday, December 13th & 14th, 2025:

Sessions 2 & 4 warm-up assignments

1st Warm Up 7:40-8:10 a.m.

Competition Pool

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA	AQUA ESA	ESA	HTX	HTX	BATS	LAP	MEAN COOG INSP

Shallow End

Lane 9	Lane 10	Lane 11	Lane 12
NOCH	NOCH	HTX	OPEN

2nd Warm Up 8:10-8:40 a.m.

Competition Pool

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HEAT	HEAT HCCL	SHRK	SHRK PACE	SPA	SSS	SHAC	SHAC STA

Shallow End

Lane 9	Lane 10	Lane 11	Lane 12
SHRK	SHRK	SPA	OPEN



Saturday and Sunday, December 12th & 14th, 2025:
Sessions 2 & 4 Timing assignments

Friday Time Finals Session 1

Everyone must provide their own timers and Lap counters.

Saturday Prelims Session 2

Timing assignments - Two timers per lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA AQUA	ESA ESA	BATS SSS	HTX HTX	HEAT HEAT	LAP SHRK	SHRK SHRK	SPA SPA

Saturday Finals Session 3

Timing assignments - Two timers per lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA AQUA	ESA ESA	HTX HTX	SHAC SHAC	BATS BATS	SHRK SHRK	SHRK SPA	LAP HEAT

Sunday Prelims Session 4

Timing assignments - Two timers per lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA AQUA	ESA LAP	BATS BATS	HTX HTX	HEAT SPA	LAP SHRK	SHRK SHRK	SHAC SSS

Sunday Finals Session 5

Timing assignments - Two timers per lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AQUA AQUA	ESA LAP	BATS BATS	HTX HTX	HEAT HEAT	SPA LAP	SHRK SHRK	SHAC SSS

- Swimmers in the distance events (500, 1000, 1650 freestyle) must provide their own timers and lap counters.
- Swimmers in the 400 IM must provide their own timers.