

	Monday September 15	Tuesday September 16	Wednesday September 17	Thursday September 18	Friday September 19	Saturday September 20	Sunday September 21	Monday September 22
(AM)	Masters - 5:00-6:00	Masters - 5:00-6:00 SR National 5:30-7:00	Masters - 5:00-6:00	Masters - 5:00-6:00 SR National 5:30-7:00	Masters - 10:30-11:30 AM	No AM Practice	-	Masters - 5:00-6:00
Practice								
(PM)	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	NO PM PRACTICE	NO PM PRACTICE	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00
Due	-	-	-	-	-	-	-	-
B-day	-	 Brynn Morris	-	-	-	 Aria Holloway	 Kanae Sumo	-
Meets & Events	-	-	-	-	-	ShAC Intra Squad Meet	-	-