

	Monday September 22	Tuesday September 23	Wednesday September 24	Thursday September 25	Friday September 26	Saturday September 27	Sunday September 28	Monday September 29
(AM)	Masters - 5:00-6:00	Masters - 5:00-6:00 SR National 5:30-7:00	Masters - 5:00-6:00	Masters - 5:00-6:00 SR National 5:30-7:00	Masters - 10:30-11:30 AM	SR Nat 7:00 -10:00 Sr 1 7:00 -10:00 Jr 3 8:30-10:30 Jr 2 8:30-10:30 Jr 1 8:30-10:30 ShAC3 10-:30-11:30 ShAC2 10-:30-11:15 Masters10-:30-11:30	-	Masters - 5:00-6:00
Practice								
(PM)	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00	NO PM PRACTICE	NO PM PRACTICE	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-4:00
Due	-	-	-	-	DEADLINE TO SIGN UP FOR SPA Fall Invitational	-	-	-
B-day	-	-	-	 Mukti Patel Allen Guo	-	 Ellie Shanks	-	-
Meets & Events	-	-	-	-	-	ShAC Swim-A-thon	-	-

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