

Jan 5-11, 2026

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	Monday January 5	Monday January 6	Monday January 7	Thursday January 8	Friday January 9	Saturday January 10	Sunday January 11	Monday January 12
(AM)	Masters 5:00-6:00	Masters 5:00-6:00 SR National - 5:30-7:00	Masters 5:00-6:00	Masters 5:00-6:00 SR National - 5:30-7:00	No Practice Masters TBA	SR NAT 7:00-10:00 Sr 1 7:00-10:00 Jr 3 8:30-10:30 Jr 2 8:30-10:30 Jr 1 8:30-10:30 ShAC 2 9:30-10:30 ShAC 3 9:30-10:30 Masters TBA	-	Masters 5:00-6:00
Practice								
(PM)	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-5:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-5:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-5:00	SR Nat 4:00-7:00 Sr 1 4:00-7:00 Jr 3 5:30-7:30 Jr 2 5:30-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-5:00	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-5:00	NO PM PRACTICE	NO PM PRACTICE	SR Nat 4:00-6:00 Sr 1 4:00-6:00 Jr 3 6:00-7:30 Jr 2 6:00-7:30 Jr 1 6:00-7:30 ShAC 3 5:00-6:00 ShAC 2 4:15-5:00
Due	-	Sign Up for AQUA/SPA Invitational Due.	-	-	-	-	-	-
B-day	-	-	-	-	-	-	-	-
Meets & Events	-	-	-	-	-	-	-	-

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