



GYM TYRONE
South



Welcome to GymTyme South

GymTyme All Stars offers athletes of all ages and abilities the opportunity to grow and develop under the supervision of professionally trained coaches. There is no better place to experience the world of competitive cheer than at GymTyme All Stars. Our athletes will develop the skill and confidence to perform at the highest level of competition. From our coaching staff to our facilities, GymTyme All Stars is proud to offer a premier All-Star program.

GymTyme All Stars has 3 locations throughout the Kentuckiana Area; the original GymTyme All Stars in Middletown, GymTyme South in Shepherdsville and GymTyme Indiana in Southern Indiana. We have conveniently brought GymTyme to the 3 ends of Louisville, making being a part of our All Star program more convenient and easier for our customers.

In addition to the coaches at GymTyme All Stars being USASF certified and credentialed in the instruction of pyramids, stunts, basket-tosses and tumbling we also offer you the following amenities:

- 4 Full Floors
- 1 Spring Floor
- Tumble Track
- Skill Shapes
- Pro Shop
- Air Track
- Parent Viewing Area
- Vending Machine

Team Placement

All tryout athletes will demonstrate their skill in jumps, tumbling, stunting and choreography. Team placement will be based on age and overall abilities across all skill sets. In some cases, an athlete may not have the required minimum tumbling skills to make a certain level team, but possess other skills that would be beneficial to a specific team. Team rosters will be comprised of members whose talents provide the best chances for success at competition.

Program Placement

Travel, Semi-Travel & Non-Travel

Customers will choose which program they would like to join: travel, semi-travel or non-travel.

GymTyme reserves the right to place athletes on the team which they are best. We will not place athletes on a commitment level above the customer's request.

Registration Checklist May 23rd- 26th Athletes Must Return Pages

- Create/Update Gymtyme Account (pg.3)
- Registration Release Form (pg.8)
- Photo Release (pg.9)

Estimated Program Cost

Tuition covers all practices in the gym and is collected on the 1st of every month. Monthly tuition cannot be prorated for any reason and is non-refundable.

Tuition begins June 1st, 2022. The final monthly tuition installment will be collected the last month of each team's season.

Tuition

Semi-travel Elite: \$110/mo
Semi-travel Prep: \$75/mo
Novice Prep: \$65/mo
Tiny Novice: \$50/mo

Competition Fees

Semi-Travel Elite: \$800
Semi-Travel Prep: \$450
Novice Prep: \$350
Tiny Novice: \$250

Choreography/Music/Mega Camp

Semi-Travel Elite: \$400
Semi-travel Prep: \$300
Novice Prep: \$200
Tiny Novice: \$150

Uniform/ Clothing

Semi-Travel Elite: \$465 (including Sports Bra)
Semi-Travel Prep: \$465 (including Sport Bra)
Novice Prep: \$200
Tiny Novice: \$200
Semi-Travel Teams Shoes: \$135
Semi-Travel Elite Practice Wear: \$100
Semi Travel Prep: \$75
Novice Practice Wear: \$50
Competition Bow: \$30

Additional Items

USASF: \$50 directly to USASF
Competition Treat Bags
Makeup \$40- Optional for Tiny Teams

Final Competition Schedule and Pricing will be released @ parent orientation.



Evaluation Registration

Creating a Family Profile and Registering through GoMotion

New families must create an account. Current GymTyme athletes will use their existing profile. Please do not create a duplicate profile. Your username is your email address.



1. Follow the QR Code to Register your athlete for their level appropriate evaluation group.
2. QR code should pull up “Allstar Cheer.” Select the level your athlete will be evaling for.
3. You will see a pop up showing the evaluation group is added to your cart. Click “Checkout Now”

4. Next you will either need to login or create an account.

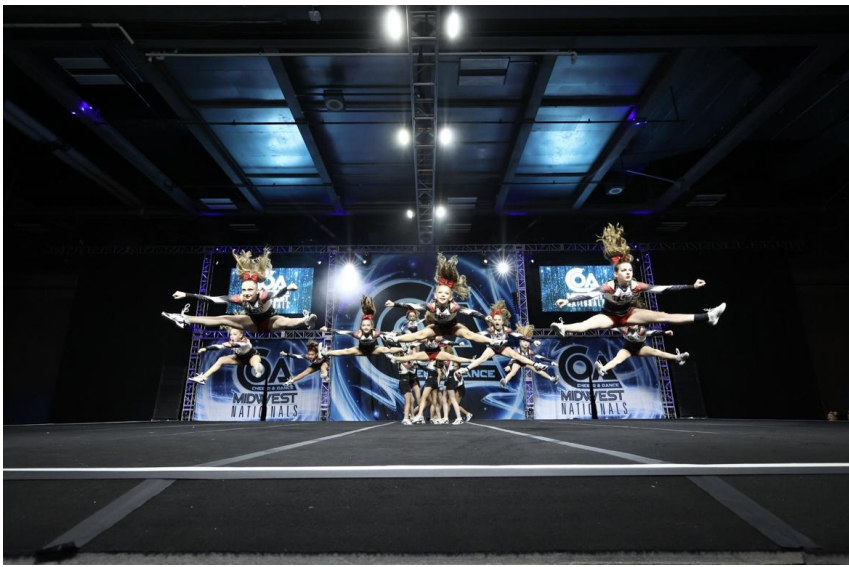
5. Once you have created your account, you will next see the “Class Registration Assign Members” page. At this point if you have multiple children, click the “Register Additional Classes” button and repeat steps 2 & 3.

6. Click the empty dropdown menu under “Assign Member.” If your child is new to GymTyme, you will need to create their member profile at this point. If you are a returning member, your athlete will be listed for you to select.

7. During the next step you will need to accept the releases required to participate in our clinics and evaluations. After reading and accepting each, select “next” on the bottom right to confirm your registration.

8. Enter credit card information, athletes are required to have a credit card set up for automatic payments in order to participate in our all star program. Families will pay their \$35 evaluation fee at the time of registration.

Families will receive a confirmation email once their payment is received and registration is complete



	Level 1	Level 2	Level 3
Opening Standing Tumbling	<p>Forward Roll</p> <p>Bridge Kickover</p>	<p>Back Handspring</p> <p>Backwalkover, Back Handspring</p>	<p>Standing 3 Back Handspring</p> <p>Jump Standing 2 Back Handsprings</p>
Running Tumbling	<p>Cartwheel</p>	<p>Round-off, Back Handspring</p>	<p>Round-off, Back Handspring, Tuck</p>
	<p>Cartwheel, Backwalkover</p>	<p>Front Walkover, Round-off, Back Handspring</p>	<p>Front Tuck stick, Round-off, Back Handspring, Tuck</p>
Speciality Standing tumbling	<p>Bridge</p>	<p>Cartwheel, Back Handspring</p>	<p>Standing 3 Back Handspring</p>
	<p>Back Extension Roll, Backwalkover</p>	<p>Back Extension Roll, Back Handspring Step out, Backwalkover, Back Handspring</p>	<p>Back Handspring, Toe-Touch, back Handspring, Back Handspring</p>
Running Tumbling pass #2	<p>Round-off</p>	<p>Round-off, Back Handspring</p>	<p>Front walkover, Round-off, Tuck</p>
	<p>Front Walkover, Cartwheel, Backwalkover</p>	<p>Front Walkover, Round-off, Back Handspring Rebound 1/2 turn, Round-off Back Handspring</p>	<p>Ariel through to Round-off, Back Handspring Tuck</p>
Jumps	<p>2 Single Jumps</p>	<p>A single and Double Jump</p>	<p>A single and Double Jump</p>
	<p>A single Jump, Double Jump</p>	<p>2 Double Jumps</p>	<p>A single and Triple Jump</p>



	Level 4	Level 5	Level 6
Opening Standing Tumbling	Standing 2 Back Handsprings, Tuck	Jump to Tuck	Triple Jump to Tuck
	Standing Tuck	Standing 2 Back Handsprings, Layout	Standing Full
Running Tumbling	Round-off Back Handspring, Layout	Round-off, Back Handspring, Full	Round-off, Back Handspring, Double
	Front Tuck Step-out, or Whip to Layout	Front Tuck Step-out or Whip to Full	Round-off, Arabian Step-out to Double
Speciality Standing Tumbling	Standing Back Handspring, Tuck	2 Back Handsprings, Layout	2 Back Handsprings, Full
	Jump, Back Handspring, Tuck	Standing Back Handspring, Whip, Back Handspring, Layout, or 2 Back Handsprings, Whip, Tuck	Back Handspring, Whip, Double
Running Tumbling #2	Round-off, Whip, Back Handspring, Tuck	Round-off, Arabian, Stick, Round-off, Back Handspring, Full	Front Tuck Step-out or Whip to Double
	Round-off, Whip, Tuck	Round-off, Whip, Whip, Back Handspring, Full	Round-off, Full, Whip, Double
Jumps	A Single and Double Jump	A Single and Double Jump	A Single and Double Jump
	A Single and Triple Jump	A Single and Triple Jump	A Single and Triple Jump

Evaluation Process

All Star evaluations will be May 23rd- May 26th. We will announce team placements on Wednesday June 1st through an email notification.



Week 1: Evaluations (May 23rd-26th)

Athletes will come to their designated tryout time based on the evaluation schedule and what eval time was registered for in GoMotion. To ensure your athlete is evaluated properly, please plan for your athlete to stay for their full scheduled date & time. All evaluations are closed for parent viewing.

Call Backs: May 31st

If your athlete is chosen to participate in Call backs and email will be sent by May 29th. This email will include a time slot for your athlete to attend on May 31st. Please understand if your athlete is chosen this is a mandatory step to their evaluation process.

	Monday	Tuesday	Wednesday	Thursday
Novice	6-7pm			
Level 1		6-7pm		
Level 2			6-7pm	
Level 3+				6-7pm

Important Dates & FAQ



GYM CLOSINGS

May 27th-30th	Memorial Day
July 4th	Independence Day
September 4th-5th	Labor Day
November 23rd-26th	Thanksgiving
December 19-January 1st	Winter Holiday

CROSSOVER POLICY

- Athletes are first and foremost a rostered member of their primary team.
- Athletes must attend all practices of both their primary and secondary team.
- It is at the discretion of the coaches/staff to discontinue having an athlete crossover at any time.
- There is a \$50 tuition charge for the athlete's second team plus all crossover competition fees. We do not charge additional choreography fees.
- If your athlete is interested in being a crossover, please let the office know.

IMPORTANT DATES

June 3rd	Parent Orientation
June 6th	Practice Begins
TBA	Mega Camp & Choreography (Semi-Travel Mandatory)
September 4th	Sunday Practices Begin
December 18th	Holiday Party
April 27th-30th	The Summit
April 29th-30th	The One

PARENT MEETING

We will have a parent orientation meeting on Friday, June 3rd at 6:00pm. Each athlete must have representation participate in this meeting. Please let the Jaida know ASAP if you are unable to attend. During this meeting we will review the policies and procedures, go through the contract and give families an opportunity to ask questions regarding the upcoming season.

Release of Liability and Assumption of Risk

I, _____ hereby certify that I am the parent or legal guardian of _____ who is under the age of eighteen. As the parent or legal guardian in consideration for the membership granted here- in, I hereby, agree to release and hold GymTyme/ GymTyme Indiana/ GymTyme South/ GymTyme All Stars, Louisville Cheer & Dance, LLC/ Bullitt County Cheer & Dance, LLC, as well as its owners, agents, officers, directors, shareholders, instructors and employees (collectively referred to herein as "The Gym", harmless from any liability, claim, injury, damage, loss or cause of action which may result from participation in any way related to cheerleading, dance or gymnastics instruction and the use of the facility and its equipment. I agree to identify and hold harmless The Gym from all Third-Party Claims against it relating to my child/athlete.

I understand there are inherent risks associated with the cheerleading, dance or gymnastics programs in which I propose programs and certify that me to be involved, not including but not limited to sudden changes in blood pressure, irregularities of heartbeat, dizziness, fainting, strained muscles, sprains and broken bones. I have freely, knowingly and voluntarily undertaken these programs and certify that my child is in good physical condition and is able to utilize The Gym's equipment and facility. I have no knowledge of any condition, physical or mental, which would prevent or limit my athlete from participating in these programs. I agree that The Gym has no ability to independently investigate the health and physical condition of my athlete as it relates to his/her/their ability to tolerate the proposed programs. I understand that The Gym is relying upon my certification to them that I have obtained appropriate clearance for my athlete to engage in such programs from competent medical professionals.

If I ever have reason to believe that my child is not in good physical condition, I will notify the gym in writing with my specific concerns and the timeframe for which any limitations shall need to be in place for my child/athlete. I will be sure to keep the current emergency contact information on file with The Gym at all times.

I further agree to hold harmless the owner and operator of the real estate where such training will occur from any obvious defects in the premises, including but not limited to The Gym, parking areas, common areas and walkways. I understand all terms of this Membership Contract and have had the opportunity to ask questions before signing.

Parent/Legal Guardian Signature

Witness Signature

Date

Printed Witness Name & Phone Number

I, _____ (Student's Name) hereby agree to the provisions of the above release of Liability and Assumption of Risk.

Student Signature

Date

Photo Release

I hereby authorize GymTyme All Stars, GymTyme South and GymTyme Indiana, hereafter referred to as "GTAS," to publish photographs taken of my minor child or children listed below for use in GTAS print, online and video-based marketing materials, as well as other GTAS publications.

I hereby release and hold harmless GTAS from any reasonable expectations of privacy or confidentiality for myself or the minor child/children listed below associated with the images specified above. Further, I attest that I am the parent or legal guardian of the child or children listed below and that I have full authority to consent and authorize GymTyme to use their likenesses.

I further acknowledge that participation is voluntary and that neither I, the minor child, or minor children will receive financial compensation of any type associated with the taking or publication of these photographs or participation in company marketing materials or GTAS publications. I acknowledge and agree that publication of said photos confers no rights of ownership or royalties whatsoever.

I hereby release GymTyme, its contractors, its employees and any third parties involved in the creation or publication of GTAS publications, from liability for any claims by me or any third party in connection with my participation or the participation of the minor children listed below.

_____ Signature _____ Date _____
Parent Name (Please Print)

Street Address _____

City _____ State _____ ZIP _____

Relationship to Child/Children: _____

Names and Ages of Minor Children:

Name _____ Age _____

Name _____ Age _____

GymTyme South

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