

## 2025 Sizzler Warm Up Assignments

Sunday, June 1st, 2025

### East Pool (Diving)

			Time: 10:00am to 10:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
WSG	WSG	WIN	WIN	WIN	NORP	NORP	NORP

			Time: 10:20am to 10:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NHN	NHN	NHN	NHN	NHN	CHTS	CPS	BCB

			Time: 10:40am to 11:00am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SHEN	SHEN	SHEN	SHEN	LDLB	LDLB	LDLB	LDLB

			Time: 11:00am to 11:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COPP	COPP	COPP	COPP	ORN	ORN	ORN	ORN

			Time: 11:20am to 11:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
FAST	FAST	FAST	FAST	STG	STG	STG	STG

### West Pool (Lobby)

			Time: 10:00am to 10:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AUL	AUL	AUL	AUL	AUL	WLR	WLR	WLR

			Time: 10:20am to 10:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
IOST	IOST	IOST	IOST	IOST	IOST	IOST	IOST

			Time: 10:40am to 11:00am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
GLF	GLF	GLF	GLF	GLF	GLF	CYP	CYP

			Time: 11:00am to 11:20am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
GWF	GWF	TOM	TOM	TOM	WNDR	WNDR	WNDR

			Time: 11:20am to 11:40am				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
WOR	WOR	WOR	WOR	WOR	WOR	CYC	PF

Monday, June 2nd, 2025

East Pool (Diving)

			Time: 3:00pm-3:20pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
WSG	WSG	WIN	WIN	WIN	NORP	NORP	NORP

			Time: 3:20pm to 3:40pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NHN	NHN	NHN	NHN	NHN	CHTS	CPS	BCB

			Time: 3:40pm to 4:00pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SHEN	SHEN	SHEN	SHEN	LDLB	LDLB	LDLB	LDLB

			Time: 4:00pm to 4:20pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COPP	COPP	COPP	COPP	ORN	ORN	ORN	ORN

			Time: 4:20pm to 4:40pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
FAST	FAST	FAST	FAST	STG	STG	STG	STG

West Pool (Lobby)

			Time: 3:00pm-3:20pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AUL	AUL	AUL	AUL	AUL	WLR	WLR	WLR

			Time: 3:20pm to 3:40pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
IOST	IOST	IOST	IOST	IOST	IOST	IOST	IOST

			Time: 3:40pm to 4:00pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
GLF	GLF	GLF	GLF	GLF	GLF	CYP	CYP

			Time: 4:00pm to 4:20pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
GWF	GWF	TOM	TOM	TOM	WNDR	WNDR	WNDR

			Time: 4:20pm to 4:40pm				
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
WOR	WOR	WOR	WOR	WOR	WOR	CYC	PF

Team Key
Auburn Lakes Rapids (AUL)
Bear Creek Barracudas (BCB)
Champion Park (CPS-NW)
Chimney Hill (CHST)
Copperfield Swim Team (COPP)
Cypress Creek Barracudas (CYC)
Cypress Cyclones (CYP)
Fairfield Area Swim Team (FAST)
Gleannloch Gators (GLF)
Greenwood Forest Breakers (GWF)
Imperial Oaks Swim Team (IOST)
Londonderry Lightningbolts (LDLB)
Northampton Cudas (NH)
Northpointe Shockwaves (NORP)
Oakridge Otters (ORN)
Ponderosa Westador (PF)
Shenandoah Sharks (SHEN)
StoneGators (STG)
Tomball (TOM)
Winchester Hurricanes (WIN)
Windrose Stingrays (WNDR)
Windsong (WSG)
Woodlands Riptides (WLR)
Wortham (WOR)