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## SSAN SCHEDULE

**Updated 12/17/25** 

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NATIONAL	7:00-8:30AM @ WR	7:00-8:30AM @ WR		NO PRACTICE		7:00-9:00AM @ NC
GOLD/ COLLEGE	3:00-5:00PM @ KO	3:00-5:00PM @ KO			1:00-3:00PM @ NC	
NATIONAL BLACK	7:00-8:30AM @ WR	7:00-8:30AM @ WR				7:00-9:00AM @ NC
	3:00-5:00PM @ KO	3:00-5:00PM @ KO			3:00-5:00PM @ NC	
NAT WHITE	4:00-5:30PM @ NC	4:00-5:30PM @ NC			3:00-4:30PM @ NC	8:00-9:30AM @ WR
AGE GROUP	8:30-10:00AM @ WR	8:30-10:00AM @ WR				9:00-11:00AM @ NC
GOLD	5:00-6:45PM @ KO	5:00-7:00PM + DRYLAND @ KO			5:00-7:00PM @ NC	
AGE GROUP	8:30-10:00AM @ WR	8:30-10:00AM @ WR	NO PRACTICE			9:00-11:00AM @ NC
BLACK 1	5:00-6:45PM @ KO	5:00-7:00PM + DRYLAND @ KO			5:00-7:00PM @ NC	
AG BLACK 2	4:00-5:30PM @ NC	4:00-5:30PM @ NC	NO HIVETICE		6:30-8:00PM @ WR	8:00-9:30AM @ WR
AG WHITE	6:00-7:30PM @ WR	6:00-7:30PM @ WR			6:30-8:00PM @ WR	8:00-9:30AM @ WR
DEV GOLD	5:30-7:00PM @ NC	5:15-7:00PM + DRYLAND @ NC			3:00-4:30PM @ WR	9:30-11:00AM @ WR
DEV BLACK 1	5:30-6:45PM @ NC	5:30-7:00PM @ NC			3:00-4:15PM @ WR	9:30-11:00AM @ WR
DEV BLACK 2	5:15-6:30PM @ WR	5:15-6:30PM @ WR			5:15-6:30PM @ WR	
DEV WHITE I	5:00-6:00PM @ WR	5:00-6:00PM @ WR			5:00-6:00PM @ WR	
DEV WHITE 2	4:30-5:15PM @ WR	4:30-5:00PM @ WR			4:30-5:00PM @ WR	
DEV WHITE 3	4:30-5:00PM @ WR	4:30-5:00PM @ WR			4:30-5:00PM @ WR	

## December 22-27

## **SSAN SCHEDULE**

**Updated 12/17/25** 

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SHARKS 7&U	4:30-5:00PM @ WR	4:30-5:00PM @ WR			4:30-5:00PM @ WR	
SHARKS 8-10	4:30-5:00PM @ WR	4:30-5:00PM @ WR			4:30-5:00PM @ WR	
SHARKS 11-14	6:00-7:00PM @ WR	6:00-7:00PM @ WR	NO PRACTICE	NO PRACTICE	6:30-7:30PM @ WR	
SENIOR SHARKS	4:00-5:15PM @ NC	4:00-5:15PM @ NC			3:00-4:15PM @ NC	
LEARN TO SWIM						

