

How to enter bonus events for 2025 Sprint Sizzler:

**\*\*Bonus Event Rules:\*\***

\* Swimmers aged 12 and under who have qualified for at least two (2) events are eligible to swim any additional events for which they have achieved a legal time at Time Trials or a Sanctioned NWAL meet.

\* **\*\*EXCEPTIONS:\*\*** 10 & Under swimmers must have a qualifying time for the 100 IM and 50 Free; 11-12 swimmers must have a qualifying time for the 100 IM and 100 Free.

**\*\*How to Enter Bonus Events This Year:\*\***

1. Please inform your parents that if their 12 & Under swimmer has achieved two or more Sizzler qualifying times (these events will appear WHITE), they should notify your team coach (or the person responsible for team entries) about which additional events they would like their child to enter as bonus events, in accordance with the rules stated above (these bonus events will appear GRAY in the system). Your team coach or entry coordinator will then need to manually enter these bonus events.

2. **Once the events are finalized, qualifying events will appear GRAY, and bonus events will be highlighted in ORANGE.**

**\*\*Reminder:\*\* Entries are due this Sunday, May 25th!**

\* Entries will **\*\*ONLY BE ACCEPTED VIA EMAIL\*\*** and will be received on **\*\*Sunday, May 25th, from 12:00 pm to 2:00 pm\*\***.

\* Please email your entries to: [SprintSizzler@northamptoncudas.com](mailto:SprintSizzler@northamptoncudas.com)

\* Emails will be addressed in the order they are received. To ensure your entry is processed promptly, we recommend sending it at Noon.

**\*\*SwimTopia Export Directions:\*\***

\* Go to Schedule > Meet > Merge/Export

\* Select "Lock out all entry changes"

\* Click on the Downloads tab

\* Download the Meet Entries in Hy-Tek format (.zip/.hy3) file

\* Attach the downloaded file to your entry email