2025-2026 SSAN EQUIPMENT LIST

SSAN Equipment List

All swimmers are required to have the necessary equipment in order to fully engage in daily practices and skill development. Each item plays a critical role in developing proper technique, building endurance, and ensuring a safe and efficient practice environment.

SSAN is a SPEEDO sponsored team, and as such we highly encourage our swimmers to use SPEEDO gear when available, and they are required to wear our SPEEDO team suit to swim meets – you are not allowed to put our logo on any other brand of suit.

To ensure consistency and quality, all required gear can be purchased through our local team store, <u>D&J Sports</u> – Tomball, located at 11407 Spring Cypress Rd #100, Tomball, TX 77377. Please make sure your swimmer is properly equipped before attending practice.

	Dev. White 3/2/1	Dev. Black 2/1 & Gold	Age Group White & Black 2/1	Age Group Gold	National White & Black	National Gold
SSAN Cap	~	~	~	~	~	~
Goggles	~	~	~	~	✓	~
Fins	~	~	~	~	~	~
Kickboard	~	~	~	~	~	~
Mesh Bag	~	~	~	~	✓	~
Water Bottle	~	~	~	~	✓	~
Pull Buoy		Junior	✓	✓	~	~
Paddles		Small	✓	✓	~	~
Snorkel		Junior	✓	✓	~	~
Drag Sox		~		✓		~
Tempo Trainer			~	~	~	~

Equipment Links

SSAN Cap:

- SSAN Caps on Spirit Store
- Goggles: **do not buy goggles with clips/hooks/buttons
 - Speedo Skoogles Kids Swim Goggles
 - Speedo Skoogles Mirrored Kids Swim Goggles
 - o Speedo Vanquisher 2.0 Goggles
 - o Speedo Vanquisher 2.0 Mirrored Goggles

• Fins (Long Blade):

- Speedo Rubber Swim Fins
- o Swim Stuff Rubber Swim Fins

Kickboard:

- Speedo Team Kickboard
- o Speedo Jr. Team Kickboard

Mesh Bag:

- o Speedo Ventilator Mesh Bag
- Speedo Deluxe Ventilator Mesh Bag
- Swim Stuff Deluxe Mesh Equipment Bag

Pull Buoy:

- Speedo Jr. Team Pull Buoy
- Speedo Team Pull Buoy

Paddles:

- Swim Stuff Pro Team Stroke Paddles
 - Size 0.5 or 1 for Developmental program, please check with your coach
- Speedo Nemesis Contour Paddles

Snorkel:

- Speedo Junior Bullet Head Snorkel
- o Speedo Bullet Head Snorkel
- FINIS Stability Snorkel Junior
- o FINIS Swimmer's Snorkel Junior
- FINIS Swimmer's Snorkel

Drag Sox:

- <u>DragSox AquaVolo website</u>
 - Size 30 for Developmental program
- DragSox D&J Sports website
 - Size 30 for Developmental program

• Tempo Trainer:

FINIS Tempo Trainer