

FRST v TASC Senior Showdown 2025 - 6/19/2025

MEET MANAGER

Results - FRST v TASC Senior Showdown

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 FRST-GU	B	1:54.81
1) Walsh, Jaycee L 15	2) Gray, Amaleah R 14	
3) Dent, Navy J 15	4) Hassan, Mariam M 15	
29.63 32.51	25.74 26.93	
2 FRST-GU	A	1:56.52
1) Wallace, Avery M 14	2) Kennedy, Kylie V 17	
3) Goktug, Ada 14	4) Forsyth, Alyssa A 14	
30.87 31.39	28.95 25.31	
3 FRST-GU	C	2:02.84
1) Soares, Abby I 12	2) Costesso, Vivian E 13	
3) Valentine, Mia I 18	4) Lin, Alexis S 13	
30.08	26.52	
4 TASC-GU	A	2:04.76
1) Patel, Iella S 15	2) Clements, Riley M 13	
3) Cole, Sophia R 15	4) Marquez, Liv G 16	
31.58 36.36	29.18 27.64	
5 TASC-GU	C	2:08.61
1) Nguyen, Rachel L 12	2) Mapes, Audrey R 14	
3) Behr, Quinn M 15	4) Mosgrove, Marakesh E 13	
33.08 37.50	29.68 28.35	
6 TASC-GU	B	2:10.97
1) Zhang, Angela 14	2) Yang, Emily C 13	
3) Sausse, Bailey R 14	4) Salazar, Jessica 14	
31.66 42.29	28.59 28.43	
7 TASC-GU	D	2:30.02
1) Szalai, Sophie J 10	2) Young, Lizzy R 12	
3) Ojeda, Emma 11	4) Espinosa, Tessa 13	
36.47 42.89	36.92 33.74	

Event 2 Boys 200 Yard Medley Relay

Team	Relay	Finals Time
1 FRST-GU	A	1:42.90
1) Angelle, Caden 17	2) Li, David F 16	
3) Clements, Harrison S 16	4) Singh, Rudra K 14	
25.85	25.15	
2 FRST-GU	B	1:43.38
1) Palamattam, Johann P 16	2) Xu, Daniel W 17	
3) Nowotny, Grant W 16	4) Abbott, Case C 14	
25.48 27.59	25.27 25.04	
3 TASC-GU	A	1:46.09
1) Lundquist, Rune A 17	2) Patel, Corin S 19	
3) Dev, Rohan D 16	4) McMorris, Danny P 15	
26.46 30.56	26.17 22.90	
4 TASC-GU	B	1:55.25
1) Niemann, Noel D 15	2) Salazar, Joel 16	
3) Dev, Nithin S 13	4) Winkelmann, Mason A 15	
29.42 32.76	28.67 24.40	
5 TASC-GU	C	1:59.83
1) Mehta, Ekaksh 14	2) Vazquez, Dominic J 14	
3) Herrera, Benjamin C 15	4) Lopez, Nicholas X 15	
30.99 35.93	30.84 22.07	
6 TASC-GU	D	2:17.65
1) Girish, Pranav 15	2) Maas, Nicolas S 14	
3) Godwin, Davis G 15	4) Han, Leo 14	
35.18 45.35	26.07 31.05	

Event 3 Girls 200 Yard Freestyle

Name	Age	Team	Finals Time
1 Goktug, Ada	14	FRST-GU	2:00.72
27.79 30.43	31.32 31.18		
2 Costesso, Vivian E	13	FRST-GU	2:02.64
28.25 30.84	31.74 31.81		
3 Mosgrove, Marakesh E	13	TASC-GU	2:14.75
32.11 34.33	34.62 33.69		
4 Sausse, Bailey R	14	TASC-GU	2:17.37
31.43 34.87	35.65 35.42		
5 Alvarez, Nathalia	10	FRST-GU	2:22.73
32.92 36.07	37.46 36.28		
6 Wahlstrom, Brooklyn E	14	FRST-GU	2:28.11
30.02 38.29	39.99 39.81		
7 Young, Lizzy R	12	TASC-GU	2:35.16
34.08 40.28	41.07 39.73		
8 Cox, Kendyl P	15	FRST-GU	2:45.98
	1:26.76		
9 Lara, Ava	14	FRST-GU	2:48.21
37.74 42.75	44.71 43.01		

Event 4 Boys 200 Yard Freestyle

Name	Age	Team	Finals Time
1 Clements, Harrison S	16	FRST-GU	1:52.57
25.88 28.30	29.74 28.65		
2 Winkelmann, Mason A	15	TASC-GU	1:58.07
27.49 29.76	30.73 30.09		
3 Singh, Rudra K	14	FRST-GU	2:04.95
28.30 24.44	40.75 31.46		
4 Herrera, Benjamin C	15	TASC-GU	2:10.06
28.97 32.22	34.62 34.25		

Event 5 Girls 50 Yard Freestyle

Name	Age	Team	Finals Time
1 Kennedy, Kylie V	17	FRST-GU	25.59
2 Dent, Navy J	15	FRST-GU	25.67
3 Walsh, Jaycee L	15	FRST-GU	25.88
4 Forsyth, Alyssa A	14	FRST-GU	26.03
5 Lin, Alexis S	13	FRST-GU	26.91
6 Hassan, Mariam M	15	FRST-GU	27.21
7 Valentine, Mia I	18	FRST-GU	27.35
8 Iacono, Giovanna A	14	FRST-GU	27.55
9 Gray, Amaleah R	14	FRST-GU	27.58
10 Cole, Sophia R	15	TASC-GU	27.63
11 Zhang, Angela	14	TASC-GU	28.50
*12 Salazar, Jessica	14	TASC-GU	29.18
*12 Meza, Avril A	12	FRST-GU	29.18
14 Yang, Emily C	13	TASC-GU	30.10
15 Stehling, Sydney B	15	FRST-GU	30.13
16 Nguyen, Rachel L	12	TASC-GU	30.16
17 Clements, Riley M	13	TASC-GU	30.27
18 Mapes, Audrey R	14	TASC-GU	30.49
19 Picasso, Nathaly	18	FRST-GU	30.62
20 Ojeda, Emma	11	TASC-GU	32.45
21 Espinosa, Tessa	13	TASC-GU	33.82

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Results - FRST v TASC Senior Showdown

Event 6 Boys 50 Yard Freestyle					7 Brown, Isaac A14 TASC-GU3:08.35				
					44.8047.1258.3138.12				
					Event 9 Girls 100 Yard Butterfly				
NameAgeTeamFinals Time					NameAgeTeamFinals Time				
1 Xu, Daniel W17 FRST-GU21.75					1 Dent, Navy J15 FRST-GU1:00.25				
2 Li, David F16 FRST-GU22.67					28.1432.11				
3 McMorris, Danny P15 TASC-GU23.27					2 Goktug, Ada14 FRST-GU1:06.57				
4 Nowotny, Grant W16 FRST-GU23.44					31.0935.48				
5 Dev, Rohan D16 TASC-GU24.39					3 Cole, Sophia R15 TASC-GU1:09.81				
6 Lundquist, Rune A17 TASC-GU24.43					32.1737.64				
7 Lopez, Nicholas X15 TASC-GU24.95					4 Sausse, Bailey R14 TASC-GU1:15.16				
8 Mehta, Ekaksh14 TASC-GU25.53					35.0240.14				
9 Patel, Corin S19 TASC-GU25.69					Event 10 Boys 100 Yard Butterfly				
10 Salazar, Joel16 TASC-GU25.79									
11 Abbott, Case C14 FRST-GU25.92					NameAgeTeamFinals Time				
12 Dev, Nithin S13 TASC-GU26.18					1 Nowotny, Grant W16 FRST-GU56.10				
13 Voinche, Brixton G14 FRST-GU27.12					25.9030.20				
14 Godwin, Davis G15 TASC-GU27.72					2 Clements, Harrison S16 FRST-GU58.11				
15 Girish, Pranav15 TASC-GU28.69					27.6630.45				
16 Maas, Nicolas S14 TASC-GU30.06					3 Kim, Ryan E12 FRST-GU1:03.47				
17 Mahesh, Baviysh14 FRST-GU30.44					30.0833.39				
18 Zhang, MuXi M15 FRST-GU31.57					4 Singh, Rudra K14 FRST-GU1:05.66				
19 Doherty, Conall M13 TASC-GU32.53					31.7633.90				
20 Zhai, Yuhong13 FRST-GU32.94					5 Godwin, Davis G15 TASC-GU1:07.43				
--- Kim, Ryan E12 FRST-GUDQ					30.5836.85				
False start					6 Lopez, Nicholas X15 TASC-GU1:07.58				
Event 7 Girls 200 Yard IM									
NameAgeTeamFinals Time					NameAgeTeamFinals Time				
1 Soares, Abby I12 FRST-GU2:22.33					7 Herrera, Benjamin C15 TASC-GU1:08.54				
30.1236.3241.8934.00					31.9636.58				
2 Wallace, Avery M14 FRST-GU2:32.54					8 Voinche, Brixton G14 FRST-GU1:10.76				
33.0037.9447.5134.09					32.8837.88				
3 Behr, Quinn M15 TASC-GU2:37.39					Event 11 Girls 100 Yard Freestyle				
33.6639.1547.7636.82									
4 Stehling, Sydney B15 FRST-GU2:43.93					NameAgeTeamFinals Time				
34.172:09.76					1 Forsyth, Alyssa A14 FRST-GU57.84				
5 Wahlstrom, Brooklyn E14 FRST-GU2:46.22					28.6829.16				
35.1741.0849.7240.25					2 Walsh, Jaycee L15 FRST-GU58.00				
6 Marquez, Liv G16 TASC-GU2:50.04					28.3329.67				
32.8340.6748.8947.65					3 Costesso, Vivian E13 FRST-GU59.34				
7 Rodriguez, Violeta14 FRST-GU2:50.17					28.6530.69				
36.5742.1152.8038.69					4 Soares, Abby I12 FRST-GU1:00.28				
Event 8 Boys 200 Yard IM									
NameAgeTeamFinals Time					NameAgeTeamFinals Time				
1 Palamattam, Johann P16 FRST-GU2:08.92					5 Hassan, Mariam M15 FRST-GU1:00.47				
27.4731.4440.9729.04					28.9331.54				
2 Niemann, Noel D15 TASC-GU2:19.87					6 Gray, Amaleah R14 FRST-GU1:01.30				
30.1132.2344.7832.75					29.5631.74				
3 Vazquez, Dominic J14 TASC-GU2:39.21					7 Mosgrove, Marakesh E13 TASC-GU1:01.50				
33.3843.3746.7635.70					30.0831.42				
4 Upadhyaya, Shlok14 FRST-GU2:41.78					8 Lin, Alexis S13 FRST-GU1:02.00				
34.9042.0947.1137.68					29.5932.41				
5 Katsilas, John14 FRST-GU2:45.99					9 Marquez, Liv G16 TASC-GU1:02.43				
29.7848.1234.5553.54					30.7631.67				
6 Han, Leo14 TASC-GU2:53.57					10 Zhang, Angela14 TASC-GU1:02.83				
40.1240.5255.6137.32					30.6732.16				
					11 Picasso, Nathaly18 FRST-GU1:03.00				
					32.3530.65				

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Results - FRST v TASC Senior Showdown

(Event 11 Girls 100 Yard Freestyle)

Name		AgeTeam	Finals Time
12	Wallace, Avery M	14 FRST-GU	1:03.03
	30.09 32.94		
13	Salazar, Jessica	14 TASC-GU	1:03.54
	30.71 32.83		
14	Iacono, Giovanna A	14 FRST-GU	1:03.81
	30.51 33.30		
15	Meza, Avril A	12 FRST-GU	1:04.23
	30.37 33.86		
16	Clements, Riley M	13 TASC-GU	1:06.26
	31.83 34.43		
17	Mapes, Audrey R	14 TASC-GU	1:06.93
	32.76 34.17		
18	Wahlstrom, Brooklyn E	14 FRST-GU	1:07.24
19	Rodriguez, Violeta	14 FRST-GU	1:08.75
20	Ojeda, Emma	11 TASC-GU	1:10.13
	33.83 36.30		
21	Espinosa, Tessa	13 TASC-GU	1:14.76
	35.57 39.19		
22	Cox, Kendyl P	15 FRST-GU	1:16.76
	35.92 40.84		
23	Lara, Ava	14 FRST-GU	1:19.94
	37.55 42.39		

Event 12 Boys 100 Yard Freestyle

Name		AgeTeam	Finals Time
1	Palamattam, Johann P	16 FRST-GU	48.56
	23.60 24.96		
2	Li, David F	16 FRST-GU	50.33
	24.10 26.23		
3	McMorris, Danny P	15 TASC-GU	50.55
4	Xu, Daniel W	17 FRST-GU	51.48
	24.39 27.09		
5	Winkelmann, Mason A	15 TASC-GU	52.66
	25.11 27.55		
6	Salazar, Joel	16 TASC-GU	55.06
	26.55 28.51		
7	Dev, Nithin S	13 TASC-GU	55.55
	26.58 28.97		
8	Abbott, Case C	14 FRST-GU	56.78
9	Niemann, Noel D	15 TASC-GU	56.81
	27.35 29.46		
10	Mehta, Ekaksh	14 TASC-GU	57.63
	27.71 29.92		
11	Patel, Corin S	19 TASC-GU	59.03
	27.25 31.78		
12	Katsilas, John	14 FRST-GU	1:02.52
	30.31 32.21		
13	Upadhyaya, Shlok	14 FRST-GU	1:03.64
	30.85 32.79		
14	Vazquez, Dominic J	14 TASC-GU	1:03.86
	30.41 33.45		
15	Girish, Pranav	15 TASC-GU	1:04.76
	30.75 34.01		
16	Maas, Nicolas S	14 TASC-GU	1:04.86

17	Han, Leo	14 TASC-GU	1:07.90
	32.28 35.62		
18	Brown, Isaac A	14 TASC-GU	1:08.98
19	Zhang, MuXi M	15 FRST-GU	1:10.79
20	Doherty, Conall M	13 TASC-GU	1:16.25
	34.76 41.49		

Event 13 Mixed 200 Yard Butterfly

Name		AgeTeam	Finals Time
1	Angelle, Caden	17 FRST-GU	1:58.43
	26.40 30.46 30.83 30.74		
2	Lundquist, Rune A	17 TASC-GU	2:15.09
	27.57 33.85 36.69 36.98		
3	Yang, Emily C	13 TASC-GU	2:42.00
4	Nguyen, Rachel L	12 TASC-GU	2:48.43
	33.55 41.55 46.76 46.57		
5	Patel, Iella S	15 TASC-GU	2:51.88
	36.41 43.81 46.74 44.92		

Event 14 Mixed 500 Yard Freestyle

Name		AgeTeam	Finals Time
1	Nowotny, Grant W	16 FRST-GU	5:11.48
	27.29 31.87 31.50 31.60 31.68 31.74 31.40 31.88 31.67 30.85		
2	Singh, Rudra K	14 FRST-GU	5:32.59
3	Goktug, Ada	14 FRST-GU	5:35.26
	29.11 32.25 34.32 34.55 33.87 34.07 34.70 34.64 34.38 33.37		
4	Costesso, Vivian E	13 FRST-GU	5:39.14
	30.19 32.94 34.10 34.92 34.67 34.71 34.47 35.10 34.31 33.73		
5	Zhang, Angela	14 TASC-GU	6:07.68
	32.76 35.84 36.85 37.39 37.68 37.92 38.57 37.66 37.49 35.52		
6	Maas, Nicolas S	14 TASC-GU	6:21.51
	33.05 36.79 38.58 38.59 39.57 38.90 37.28		
7	Young, Lizzy R	12 TASC-GU	6:44.35
	35.20 40.06 42.00 41.49 40.87 41.60 41.59 41.61 41.22 38.71		

Event 15 Girls 100 Yard Backstroke

Name		AgeTeam	Finals Time
1	Walsh, Jaycee L	15 FRST-GU	1:06.12
	32.66 33.46		
2	Hassan, Mariam M	15 FRST-GU	1:06.86
	32.88 33.98		
3	Wallace, Avery M	14 FRST-GU	1:07.76
	33.24 34.52		
4	Forsyth, Alyssa A	14 FRST-GU	1:08.68
5	Patel, Iella S	15 TASC-GU	1:09.14
	33.48 35.66		

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(Event 15 Girls 100 Yard Backstroke)

Name		Age	Team	Finals Time
6	Nguyen, Rachel L	12	TASC-GU	1:10.07
	34.04	36.03		
7	Meza, Avril A	12	FRST-GU	1:10.92
	34.43	36.49		
8	Iacono, Giovanna A	14	FRST-GU	1:12.74
	35.25	37.49		
9	Behr, Quinn M	15	TASC-GU	1:13.11
	35.36	37.75		
10	Marquez, Liv G	16	TASC-GU	1:13.47
	36.18	37.29		
11	Stehling, Sydney B	15	FRST-GU	1:13.78
	36.08	37.70		
12	Mosgrove, Marakesh E	13	TASC-GU	1:15.18
	37.30	37.88		
13	Sausse, Bailey R	14	TASC-GU	1:15.93
	36.83	39.10		
14	Rodriguez, Violeta	14	FRST-GU	1:16.66
	37.36	39.30		
15	Szalai, Sophie J	10	TASC-GU	1:18.40
	38.26	40.14		
16	Salazar, Jessica	14	TASC-GU	1:19.39
17	Young, Lizzy R	12	TASC-GU	1:19.61
	39.00	40.61		
18	Espinosa, Tessa	13	TASC-GU	1:22.06
	40.59	41.47		
19	Ojeda, Emma	11	TASC-GU	1:24.50
	41.51	42.99		
20	Lara, Ava	14	FRST-GU	1:27.32
21	Cox, Kendyl P	15	FRST-GU	1:34.58
	46.18	48.40		

Event 16 Boys 100 Yard Backstroke

Name		Age	Team	Finals Time
1	Angelle, Caden	17	FRST-GU	54.96
	26.62	28.34		
2	McMorris, Danny P	15	TASC-GU	57.73
	28.07	29.66		
3	Lundquist, Rune A	17	TASC-GU	1:00.19
	28.53	31.66		
4	Niemann, Noel D	15	TASC-GU	1:02.91
	30.75	32.16		
5	Lopez, Nicholas X	15	TASC-GU	1:08.34
	32.98	35.36		
6	Mehta, Ekaksh	14	TASC-GU	1:09.04
	33.97	35.07		
7	Kim, Ryan E	12	FRST-GU	1:10.16
	33.54	36.62		
8	Voinche, Brixton G	14	FRST-GU	1:11.91
	34.74	37.17		
9	Han, Leo	14	TASC-GU	1:16.18
	37.17	39.01		
10	Godwin, Davis G	15	TASC-GU	1:16.70
	36.62	40.08		
11	Katsilas, John	14	FRST-GU	1:17.27
	36.88	40.39		

12	Girish, Pranav	15	TASC-GU	1:17.30
	37.66	39.64		
13	Maresh, Baviysh	14	FRST-GU	1:18.88
	38.69	40.19		
14	Brown, Isaac A	14	TASC-GU	1:33.02
	44.93	48.09		
15	Doherty, Conall M	13	TASC-GU	1:36.45

Event 17 Girls 100 Yard Breaststroke

Name		Age	Team	Finals Time
1	Kennedy, Kylie V	17	FRST-GU	1:10.89
2	Gray, Amaleah R	14	FRST-GU	1:13.01
3	Soares, Abby I	12	FRST-GU	1:13.89
4	Cole, Sophia R	15	TASC-GU	1:16.63
5	Clements, Riley M	13	TASC-GU	1:18.88
6	Valentine, Mia I	18	FRST-GU	1:18.90
7	Behr, Quinn M	15	TASC-GU	1:21.00
8	Lin, Alexis S	13	FRST-GU	1:21.91
9	Mapes, Audrey R	14	TASC-GU	1:22.94
10	Yang, Emily C	13	TASC-GU	1:23.12

Event 18 Boys 100 Yard Breaststroke

Name		Age	Team	Finals Time
1	Li, David F	16	FRST-GU	1:00.66
	28.58	32.08		
2	Dev, Rohan D	16	TASC-GU	1:01.88
	29.25	32.63		
3	Xu, Daniel W	17	FRST-GU	1:06.61
	30.05	36.56		
4	Winkelmann, Mason A	15	TASC-GU	1:06.96
	30.90	36.06		
5	Patel, Corin S	19	TASC-GU	1:08.94
	32.32	36.62		
6	Dev, Nithin S	13	TASC-GU	1:09.49
	33.02	36.47		
7	Salazar, Joel	16	TASC-GU	1:13.25
	34.54	38.71		
8	Abbott, Case C	14	FRST-GU	1:13.32
	35.56	37.76		
9	Herrera, Benjamin C	15	TASC-GU	1:19.29
	37.03	42.26		
10	Vazquez, Dominic J	14	TASC-GU	1:22.44
	38.76	43.68		
11	Upadhyaya, Shlok	14	FRST-GU	1:25.57
	40.47	45.10		
12	Zhang, MuXi M	15	FRST-GU	1:27.51
	40.22	47.29		

Event 19 Girls 200 Yard Freestyle Relay

Team		Relay		Finals Time
1	FRST-GU	A		1:44.12
	1) Lin, Alexis S 13	2) Forsyth, Alyssa A 14		
	3) Hassan, Mariam M 15	4) Kennedy, Kylie V 17		
	26.47	25.72	27.04	24.89
2	FRST-GU	B		1:44.81
	1) Dent, Navy J 15	2) Walsh, Jaycee L 15		
	3) Valentine, Mia I 18	4) Goktug, Ada 14		
	25.88	26.09	26.92	25.92

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(Event 19 Girls 200 Yard Freestyle Relay)

Team	Relay	Finals Time
3 FRST-GU	C	1:52.55
1) Costesso, Vivian E 13	2) Wallace, Avery M 14	
3) Iacono, Giovanna A 14	4) Soares, Abby I 12	
27.84 28.23	56.48	
4 TASC-GU	A	1:53.75
1) Zhang, Angela 14	2) Cole, Sophia R 15	
3) Salazar, Jessica 14	4) Marquez, Liv G 16	
29.34 27.71	29.00 27.70	
5 TASC-GU	B	1:57.36
1) Patel, Iella S 15	2) Behr, Quinn M 15	
3) Mosgrove, Marakesh E 13	4) Sausse, Bailey R 14	
29.60 30.39	28.94 28.43	
6 TASC-GU	C	2:01.52
1) Nguyen, Rachel L 12	2) Clements, Riley M 13	
3) Yang, Emily C 13	4) Mapes, Audrey R 14	
31.08 30.70	29.90 29.84	
7 TASC-GU	D	2:14.76
1) Ojeda, Emma 11	2) Espinosa, Tessa 13	
3) Szalai, Sophie J 10	4) Young, Lizzy R 12	
33.58 34.16	33.36 33.66	

Event 20 Boys 200 Yard Freestyle Relay

Team	Relay	Finals Time
1 FRST-GU	B	1:34.03
1) Nowotny, Grant W 16	2) Xu, Daniel W 17	
3) Li, David F 16	4) Abbott, Case C 14	
23.79 21.87	23.01 25.36	
2 FRST-GU	A	1:34.37
1) Angelle, Caden 17	2) Palamattam, Johann P 16	
3) Clements, Harrison S 16	4) Kim, Ryan E 12	
23.37 1:11.00		
3 TASC-GU	A	1:35.54
1) Winkelmann, Mason A 15	2) Lundquist, Rune A 17	
3) Patel, Corin S 19	4) McMorris, Danny P 15	
24.14 23.69	25.17 22.54	
4 TASC-GU	B	1:41.10
1) Salazar, Joel 16	2) Mehta, Ekaksh 14	
3) Niemann, Noel D 15	4) Dev, Rohan D 16	
25.63 25.38	25.83 24.26	
5 TASC-GU	C	1:46.48
1) Herrera, Benjamin C 15	2) Vazquez, Dominic J 14	
3) Dev, Nithin S 13	4) Lopez, Nicholas X 15	
26.41 28.39	26.97 24.71	
--- TASC-GU	D	DQ
Early take-off swimmer #4		
1) Godwin, Davis G 15	2) Girish, Pranav 15	
3) Han, Leo 14	4) Maas, Nicolas S 14	
28.95 28.60	31.35 29.37	