

HHCC Swim Team

Hound Dog Report

Summer 2023



Welcome to Hunting Hills Swimming!

1 Team Registration

<https://www.gomotionapp.com/team/hhccst/page/team-registration>

2

RVAA Registration

<https://www.gomotionapp.com/team/hhccst/page/rvaa>

3

Visit the HHCC Swim Team Website for Updates!

<https://www.gomotionapp.com/team/hhccst/page/home>

Email: huntinghillsswimteam@gmail.com

FUNDRAISER Personalized HHCC Towels

Submit Orders at <https://forms.gle/vaVCJg7JfyWJFYvUA> by 6/4

Coaches

Welcome Coach Steven!
Steven Mills is joining the Hound Dogs as Head Coach.

Coach Jen will be leading the adults and we have returning and new Assistant Coaches too!

Gear

Team t-shirts and caps will be distributed at practice on June 12.

Order swimsuits by 5/27
Swim Shop
3214 Electric Rd #108
(540) 774-2066

Volunteer

We need Parents!
Each family needs to help out at least three times.

Have a business?
Sponsor the HHCC Swim Team.

Practice Schedule

Regular Season (June 5 - July 27)

Mon/Wed/Fri Mornings

- 8 & Under: 8 AM
- 9 & Up: 9 AM

Tue/Thur Evenings

- 8 & Under: 6 PM
- 9 & Up: 7 PM

No practice on July 4th.

Pre-Season (May 22 - June 1)

Monday - Thursday Evenings

- 8 & Under: 6 PM
 - 9 & Up and Adults: 7 PM
- No practice on Memorial Day.

Adult Practices

M/W/F Mornings: 9 AM

Tue Evenings: 7 PM

Swim Meets

All meets are hosted by HHCC.

Warms ups at 5pm. Meets start at 6pm.

- Monday, June 12th
- Monday, June 19th
- Monday, June 26th
- Monday, July 3rd
- Monday, July 10th
- Monday, July 17th

City/County Championship Meet

July 28-29, 2023

Christiansburg Aquatic Center

10 & Under in the AM

11 & Older in the PM

Social Events

Breakfast Bunch at Practice

- Monday, June 12th
- Monday, June 26th
- Monday, July 10th

Fun Night after the Meet

- Monday, June 19th
- Monday, July 3rd
- Monday, July 17th

Team Pictures

Tuesday, July 11th, 6pm

Potluck & Pies

Wednesday, July 26th, 6pm

Team Banquet

Sunday, July 30th

Popsicles and Ribbons at
Tuesday Practices!

