

LCM Time Standards for HISI 2025-26 14u Age Group Short Course Championship

FEMALE				MALE			
Y-BO		Y-CH		10 & U	Y-CH	Y-BO	
0:43.08		0:39.16		50 Free	0:39.98	0:43.98	
1:41.59		1:32.35		100 Free	1:33.66	1:43.03	
3:57.45		3:35.86		200 Free	3:32.38	3:53.62	
0:53.00		0:48.18		50 Back	0:50.79	0:55.87	
2:04.75		1:53.41		100 Back	1:51.10	2:02.21	
0:59.40		0:54.00		50 Breast	0:54.93	1:00.42	
2:09.83		1:58.03		100 Breast	2:01.43	2:13.57	
0:53.41		0:48.55		50 Fly	0:52.01	0:57.21	
2:14.95		2:02.68		100 Fly	2:04.29	2:16.72	
				100 IM			
				200 IM	3:59.92	4:23.91	
FEMALE						MALE	
11		12				11	
Y-BO	Y-CH	Y-BO	Y-CH	11and12	Y-CH	Y-BO	Y-BO
0:39.10	0:35.54	0:37.24	0:33.85	50 Free	0:33.66	0:37.03	0:38.88
1:28.75	1:20.68	1:24.52	1:16.84	100 Free	1:13.81	1:21.19	1:25.25
3:13.88	2:56.25	3:04.65	2:47.86	200 Free	2:44.12	3:00.53	3:09.56
	6:38.94		6:19.94	400 Free	6:10.71		6:29.25
0:47.83	0:43.48	0:45.55	0:41.41	50 Back	0:41.20	0:45.32	0:47.59
1:44.55	1:35.05	1:39.57	1:30.52	100 Back	1:31.43	1:40.57	1:45.60
3:54.92	3:33.56	3:43.73	3:23.39	200 Back	3:11.24	3:30.36	3:40.88
0:52.55	0:47.78	0:50.05	0:45.50	50 Breast	0:45.64	0:50.20	0:52.71
1:57.29	1:46.63	1:51.71	1:41.55	100 Breast	1:41.67	1:51.84	1:57.43
4:21.67	3:57.88	4:09.21	3:46.55	200 Breast	3:41.68	4:03.85	4:16.04
0:45.02	0:40.93	0:42.88	0:38.98	50 Fly	0:39.48	0:43.43	0:45.60
1:52.15	1:41.96	1:46.81	1:37.10	100 Fly	1:33.04	1:42.34	1:47.46
3:57.10	3:35.54	3:45.81	3:25.28	200 Fly	3:23.14	3:43.45	3:54.63
				100 IM			
3:44.44	3:24.04	03:33.75	3:14.32	200 IM	3:08.49	3:27.34	3:37.71
	6:47.17		6:27.78	400 IM	6:56.88		7:17.72
13		14				13	
Y-BO	Y-CH	Y-BO	Y-CH	13and14	Y-CH	Y-BO	Y-BO
0:35.82	0:32.56	0:34.11	0:31.01	50 Free	0:28.84	0:31.72	0:33.31
1:18.49	1:11.36	1:14.76	1:07.96	100 Free	1:03.67	1:10.04	1:13.54
2:51.45	2:35.86	2:43.28	2:28.44	200 Free	2:18.58	2:32.44	2:40.06
	5:48.22		5:31.64	400 Free	5:09.34		5:24.81
	11:37.40		11:04.19	800 Free	10:22.19		10:53.30
	22:14.00		21:10.48	1500 Free	19:47.69		20:47.08
0:43.27	0:39.33	0:41.21	0:37.46	50 Back	0:35.90	0:39.49	0:41.47
1:31.56	1:23.23	1:27.20	1:19.27	100 Back	1:17.15	1:24.87	1:29.11
3:18.78	3:00.71	3:09.31	2:52.10	200 Back	2:48.31	3:05.14	3:14.40
0:49.41	0:44.92	0:47.06	0:42.78	50 Breast	0:40.93	0:45.02	0:47.27
1:44.90	1:35.36	1:39.90	1:30.82	100 Breast	1:25.58	1:34.14	1:38.85
3:47.71	3:27.01	3:36.87	3:17.15	200 Breast	3:05.98	3:24.58	3:34.81
0:40.68	0:36.98	0:38.74	0:35.22	50 Fly	0:32.37	0:35.61	0:37.39
1:32.86	1:24.42	1:28.44	1:20.40	100 Fly	1:12.96	1:20.26	1:24.27
3:41.15	3:21.04	3:30.62	3:11.47	200 Fly	2:47.98	3:04.78	3:14.02
3:17.98	2:59.98	3:08.55	2:51.41	200 IM	2:38.40	2:54.24	3:02.95
	6:24.16		6:05.87	400 IM	5:43.38		6:00.55

Y-CH = HISI 2026 SCY Championship qualifying time

Y-BO = HISI 2026 SCY Bonus Qualifying time

Note: These are qualifying times for HISI 2025-26 Short Course Yards 14&Under Age Group Championships. 10u, 12 & 14 time standards same as 10u, 11-12, 13-14 Summer LCM Champ time standards