SCY Time Standards for HISI 2025-26 14u Age Group Short Course Championship

FEMALE					MALE	
Y-BO	Y-CH			10 & U	Y-CH	Y-BO
0:38.01	0:34.56			**50 Free**	0:35.30	0:38.83
1:29.93	1:21.76			**100 Free**	1:22.94	1:31.23
3:30.74	3:11.59			**200 Free**	3:08.45	3:27.30
0:47.15	0:42.87			**50 Back**	0:45.22	0:49.74
1:51.20	1:41.09			**100 Back**	1:39.01	1:48.91
0:52.52	0:47.75			**50 Breast**	0:48.59	0:53.44
1:54.99	1:44.53			**100 Breast**	1:47.60	1:58.35
0:47.42	0:43.11			**50 Fly**	0:46.23	0:50.85
2:00.19	1:49.26			**100 Fly**	1:50.71	2:01.78
1:49.08	1:39.16			**100 IM**	1:40.06	1:50.07
4:03.44	3:41.31			**200 IM**	3:33.26	3:54.59

FEMALE					MALE			
11		12			12		11	
Y-BO	Y-CH	Y-BO	Y-CH	11and12	Y-CH	Y-BO	Y-CH	Y-BO
0:34.39	0:31.26	0:32.75	0:29.78	**50 Free**	0:29.60	0:32.56	0:31.08	0:34.19
1:18.29	1:11.17	1:14.56	1:07.78	**100 Free**	1:05.05	1:11.56	1:08.31	1:15.14
2:51.34	2:35.76	2:43.18	2:28.34	**200 Free**	2:24.97	2:39.47	2:32.22	2:47.44
	7:24.41		7:03.25	**500 Free**	6:52.70		7:13.33	
0:42.46	0:38.60	0:40.44	0:36.77	**50 Back**	0:36.58	0:40.23	0:38.41	0:42.25
1:32.94	1:24.49	1:28.52	1:20.47	**100 Back**	1:21.29	1:29.42	1:25.35	1:33.89
3:29.14	3:10.13	3:19.18	3:01.07	**200 Back**	2:50.13	3:07.14	2:58.63	3:16.50
0:46.30	0:42.10	0:44.10	0:40.09	**50 Breast**	0:40.22	0:44.24	0:42.23	0:46.45
1:43.59	1:34.17	1:38.65	1:29.69	**100 Breast**	1:29.79	1:38.77	1:34.28	1:43.71
3:51.57	3:30.52	3:40.55	3:20.50	**200 Breast**	3:16.11	3:35.72	3:25.91	3:46.51
0:39.83	0:36.21	0:37.94	0:34.49	**50 Fly**	0:34.94	0:38.43	0:36.68	0:40.35
1:39.58	1:30.53	1:34.84	1:26.22	**100 Fly**	1:22.56	1:30.81	1:26.69	1:35.36
3:32.77	3:13.43	3:22.64	3:04.22	**200 Fly**	3:02.29	3:20.52	3:11.40	3:30.54
1:33.60	1:25.09	1:29.14	1:21.04	**100 IM**	1:19.67	1:27.64	1:23.66	1:32.02
3:18.87	3:00.79	3:09.40	2:52.18	**200 IM**	2:46.93	3:03.62	2:55.27	3:12.80
	6:00.77		5:43.59	**400 IM**	6:09.80		6:28.29	
13		14			14		13	
Y-BO	Y-CH	Y-BO	Y-CH	13and14	Y-CH	Y-BO	Y-CH	Y-BO
0:31.44	0:28.58	0:29.94	0:27.22	**50 Free**	0:25.26	0:27.79	0:26.52	0:29.18
1:09.05	1:02.77	1:05.76	0:59.78	**100 Free**	0:55.92	1:01.51	0:58.72	1:04.59
2:31.13	2:17.39	2:23.93	2:10.85	**200 Free**	2:01.96	2:14.16	2:08.06	2:20.87
	6:26.45		6:08.05	**500 Free**	5:42.56		5:59.69	
	12:53.99		12:17.13	**1000 Free**	11:29.13		12:03.59	
	21:35.99		20:34.27	**1650 Free**	19:11.98		20:09.58	
0:38.35	0:34.87	0:36.53	0:33.21	**50 Back**	0:31.80	0:34.98	0:33.39	0:36.73
1:21.24	1:13.85	1:17.37	1:10.33	**100 Back**	1:08.42	1:15.27	1:11.85	1:19.03
2:56.58	2:40.53	2:48.17	2:32.88	**200 Back**	2:29.47	2:44.42	2:36.94	2:52.64
0:43.47	0:39.52	0:41.40	0:37.64	**50 Breast**	0:35.97	0:39.57	0:37.77	0:41.55
1:32.42	1:24.02	1:28.02	1:20.02	**100 Breast**	1:15.30	1:22.83	1:19.06	1:26.97
3:20.98	3:02.71	3:11.41	2:54.01	**200 Breast**	2:43.95	3:00.34	2:52.14	3:09.36
0:35.92	0:32.65	0:34.21	0:31.10	**50 Fly**	0:28.53	0:31.39	0:29.96	0:32.95
1:22.20	1:14.73	1:18.29	1:11.17	**100 Fly**	1:04.47	1:10.92	1:07.69	1:14.46
3:16.32	2:58.47	3:06.97	2:49.97	**200 Fly**	2:28.81	2:43.69	2:36.25	2:51.88
2:55.03	2:39.12	2:46.70	2:31.54	**200 IM**	2:19.82	2:33.80	2:26.81	2:41.49
	5:40.04		5:23.85	**400 IM**	5:03.59		5:18.77	

Y-CH = HISI 2026 SCY Championship qualifying time
Y-BO = HISI 2026 SCY Bonus Qualifying time

Note: These are qualifying tims for HISI 2025-26 Short Course Yards 14&Under Age Group Championships. 10u, 12 & 14 time standards same as 10u, 11-12, 13-14 Summer LCM Champ time standards