

2016/17 HAWAIIAN SWIMMING AGE GROUP CHAMPIONSHIP RELAY STANDARDS							
GIRLS					BOYS		
SCY	SCM	LCM	AGE	RELAY	SCY	SCM	LCM
2:09.28	2:23.52	2:26.72	10&U	200 FREE	2:12.84	2:27.44	2:30.64
2:31.53	2:48.20	2:51.30	10&U	200 MEDLEY	2:38.90	2:56.38	2:59.48
1:52.92	2:05.36	2:08.56	11/12	200 FREE	1:54.92	2:07.56	2:10.76
4:10.08	4:37.60	4:44.00	11/12	400 FREE	4:16.96	4:45.24	4:51.64
2:10.58	2:24.94	2:28.04	11/12	200 MEDLEY	2:15.06	2:29.92	2:33.02
4:50.66	5:22.64	5:28.84	11/12	400 MEDLEY	5:01.26	5:34.40	5:40.60
1:46.92	1:58.68	2:01.88	13/14	200 FREE	1:41.88	1:53.08	1:56.28
3:53.04	4:18.68	4:25.08	13/14	400 FREE	3:44.56	4:09.28	4:15.68
8:29.16	9:25.16	9:37.96	13/14	800 FREE	8:16.48	9:11.08	9:23.88
2:00.91	2:14.21	2:17.00	13/14	200 MEDLEY	1:58.45	2:11.49	2:14.28
4:28.68	4:58.24	5:04.44	13/14	400 MEDLEY	4:23.23	4:52.19	4:58.39
1:46.04	1:57.72	2:00.92	15/16	200 FREE	1:35.04	1:45.48	1:48.68
3:52.80	4:18.40	4:24.80	15/16	400 FREE	3:29.20	3:52.20	3:58.60
8:26.68	9:22.40	9:35.20	15/16	800 FREE	7:42.28	8:33.12	8:45.92
2:00.27	2:13.50	2:16.29	15/16	200 MEDLEY	1:48.91	2:00.89	2:03.68
4:27.27	4:56.67	5:02.87	15/16	400 MEDLEY	4:02.03	4:28.65	4:34.85
1:46.04	1:57.72	2:00.92	17/18	200 FREE	1:35.04	1:45.48	1:48.68
3:52.80	4:18.40	4:24.80	17/18	400 FREE	3:29.20	3:52.20	3:58.60
8:26.68	9:22.40	9:35.20	17/18	800 FREE	7:42.28	8:33.12	8:45.92
2:00.27	2:13.50	2:16.29	17/18	200 MEDLEY	1:48.91	2:00.89	2:03.68
4:27.27	4:56.67	5:02.87	17/18	400 MEDLEY	4:02.03	4:28.65	4:34.85

Approved: AUG-28-2016