

SCM - 2016/17 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCM

FEMALE					8 & U	MALE				
B	A				25 Free	A B				
0:26.01	0:21.60				50 Free	0:22.20 0:26.72				
0:52.00	0:43.20				25 Back	0:44.39 0:53.44				
0:31.34	0:26.05				50 Back	0:27.06 0:32.55				
1:02.65	0:52.10				25 Breast	0:54.13 1:05.08				
0:34.79	0:28.90				50 Breast	0:30.25 0:36.40				
1:09.59	0:57.81				25 Fly	1:00.48 1:12.78				
0:29.67	0:24.66				50 Fly	0:26.63 0:32.02				
0:59.33	0:49.33					0:53.27 1:04.06				
B	A	AA	AAA	AG-Z	10 & U	AG-Z	AAA	AA	A	B
0:46.88	0:43.20	0:39.54	0:35.88		50 Free		0:36.86	0:40.63	0:44.39	0:48.16
1:46.43	1:38.12	1:29.81	1:21.50		100 Free		1:24.08	1:32.65	1:41.22	1:49.78
3:52.80	3:34.65	3:16.49	2:58.34		200 Free		3:06.22	3:25.17	3:44.12	4:03.06
0:56.50	0:52.10	0:47.71	0:43.32		50 Back		0:45.01	0:49.57	0:54.13	0:58.70
2:03.92	1:54.30	1:44.67	1:35.05		100 Back		1:39.88	1:49.99	2:00.09	2:10.20
1:02.72	0:57.81	0:52.91	0:48.01		50 Breast		0:50.24	0:55.37	1:00.48	1:05.61
2:17.65	2:06.91	1:56.16	1:45.42		100 Breast		1:50.57	2:01.82	2:13.09	2:24.36
0:53.50	0:49.33	0:45.15	0:40.99		50 Fly		0:44.27	0:48.76	0:53.27	0:57.78
2:09.94	1:59.84	1:49.73	1:39.63		100 Fly		1:44.85	1:55.47	2:06.10	2:16.73
2:04.49	1:54.79	1:45.09	1:35.40		100 IM		1:39.84	1:49.99	2:00.12	2:10.26
4:22.78	4:02.32	3:41.86	3:21.40		200 IM		3:32.43	3:53.99	4:15.56	4:37.12
B	A	AA	AAA	AG-Z	11/12	AG-Z	AAA	AA	A	B
0:40.97	0:37.75	0:34.54	0:31.34		50 Free		0:31.89	0:35.15	0:38.43	0:41.69
1:30.70	1:23.61	1:16.50	1:09.40		100 Free		1:11.31	1:18.60	1:25.89	1:33.20
3:18.51	3:02.99	2:47.48	2:31.96		200 Free		2:36.90	2:52.90	3:08.92	3:24.93
7:02.65	6:29.64	5:56.65	5:23.64		400 Free		5:35.77	6:09.99	6:44.20	7:18.43
0:48.80	0:44.99	0:41.19	0:37.38		50 Back		0:38.83	0:42.77	0:46.72	0:50.66
1:46.34	1:38.07	1:29.79	1:21.52		100 Back		1:24.20	1:32.74	1:41.28	1:49.82
3:49.89	3:32.03	3:14.16	2:56.29		200 Back		3:05.53	3:24.31	3:43.10	4:01.89
0:54.15	0:49.89	0:45.65	0:41.41		50 Breast		0:43.01	0:47.41	0:51.81	0:56.21
1:58.53	1:49.24	1:39.97	1:30.70		100 Breast		1:34.03	1:43.63	1:53.23	2:02.84
4:17.72	3:57.58	3:37.45	3:17.32		200 Breast		3:28.21	3:49.43	4:10.65	4:31.87
0:45.47	0:41.91	0:38.36	0:34.81		50 Fly		0:36.19	0:39.88	0:43.57	0:47.25
1:45.75	1:37.50	1:29.27	1:21.02		100 Fly		1:24.86	1:33.48	1:42.11	1:50.73
4:02.05	3:43.22	3:24.38	3:05.55		200 Fly		3:11.29	3:30.69	3:50.10	4:09.51
1:45.33	1:37.10	1:28.88	1:20.66		100 IM		1:23.61	1:32.12	1:40.63	1:49.15
3:45.21	3:27.64	3:10.07	2:52.51		200 IM		2:59.10	3:17.32	3:35.56	3:53.79
8:12.80	7:34.40	6:55.99	6:17.60		400 IM		6:40.95	7:21.69	8:02.42	8:43.17
B	A	AA	AAA	AG-Z	13/14	AG-Z	AAA	AA	A	B
0:38.81	0:35.76	0:32.71	0:29.67		50 Free		0:28.27	0:31.18	0:34.09	0:37.00
1:24.55	1:17.92	1:11.30	1:04.67		100 Free		1:02.32	1:08.70	1:15.09	1:21.49
3:04.64	2:50.19	2:35.74	2:21.29		200 Free		2:17.77	2:31.87	2:45.97	3:00.08
6:30.65	6:00.10	5:29.57	4:59.02		400 Free		4:56.86	5:27.19	5:57.51	6:27.84
13:39.19	12:35.19	11:31.19	10:27.19		800 Free		10:11.19	11:13.59	12:15.98	13:18.39
26:27.98	24:23.99	22:19.99	20:15.99		1500 Free		19:35.99	21:35.99	23:35.99	25:35.98
1:38.39	1:30.73	1:23.07	1:15.41		100 Back		1:14.89	1:22.50	1:30.11	1:37.71
3:32.40	3:15.87	2:59.35	2:42.83		200 Back		2:41.67	2:58.08	3:14.48	3:30.89
1:50.21	1:41.59	1:32.95	1:24.32		100 Breast		1:22.57	1:31.03	1:39.49	1:47.94
3:59.93	3:41.17	3:22.41	3:03.64		200 Breast		3:00.35	3:18.79	3:37.22	3:55.65
1:36.43	1:28.89	1:21.36	1:13.84		100 Fly		1:12.41	1:19.79	1:27.17	1:34.55
3:40.27	3:23.11	3:05.95	2:48.79		200 Fly		2:42.16	2:58.65	3:15.15	3:31.64
3:30.46	3:14.01	2:57.58	2:41.14		200 IM		2:37.29	2:53.34	3:09.39	3:25.44
7:30.72	6:55.55	6:20.40	5:45.23		400 IM		5:40.59	6:15.29	6:49.99	7:24.69
B	A	AA	AAA	SR-Z	15/16	SR-Z	AAA	AA	A	B
0:38.51	0:35.48	0:32.46	0:29.43		50 Free		0:26.37	0:29.08	0:31.80	0:34.52
1:24.46	1:17.84	1:11.22	1:04.60		100 Free		0:58.05	1:04.01	1:09.99	1:15.95
3:03.74	2:49.36	2:34.98	2:20.60		200 Free		2:08.28	2:21.43	2:34.58	2:47.72
6:29.01	5:58.59	5:28.18	4:57.76		400 Free		4:38.96	5:07.50	5:36.03	6:04.57
13:26.19	12:23.19	11:20.19	10:17.19		800 Free		9:47.19	10:47.19	11:47.19	12:47.19
26:01.99	23:59.99	21:57.99	19:55.99		1500 Free		19:05.99	21:02.98	22:59.99	24:56.99
1:37.75	1:30.13	1:22.52	1:14.91		100 Back		1:08.31	1:15.26	1:22.21	1:29.17
3:32.40	3:15.87	2:59.35	2:42.83		200 Back		2:32.00	2:47.44	3:02.88	3:18.32
1:50.21	1:41.59	1:32.95	1:24.32		100 Breast		1:16.78	1:24.66	1:32.54	1:40.41
3:59.93	3:41.17	3:22.41	3:03.64		200 Breast		2:52.46	3:10.11	3:27.75	3:45.40
1:35.12	1:27.69	1:20.26	1:12.84		100 Fly		1:05.51	1:12.21	1:18.89	1:25.58
3:40.27	3:23.11	3:05.95	2:48.79		200 Fly		2:32.53	2:48.05	3:03.58	3:19.11
3:29.82	3:13.43	2:57.06	2:40.66		200 IM		2:26.64	2:41.63	2:56.61	3:11.60
7:29.81	6:54.72	6:19.62	5:44.53		400 IM		5:21.59	5:54.39	6:27.19	6:59.99
B	A	AA	AAA	SR-Z	17/18	SR-Z	AAA	AA	A	B
0:38.51	0:35.48	0:32.46	0:29.43		50 Free		0:26.37	0:29.08	0:31.80	0:34.52
1:24.46	1:17.84	1:11.22	1:04.60		100 Free		0:58.05	1:04.01	1:09.99	1:15.95
3:03.74	2:49.36	2:34.98	2:20.60		200 Free		2:08.28	2:21.43	2:34.58	2:47.72
6:29.01	5:58.59	5:28.18	4:57.76		400 Free		4:38.96	5:07.50	5:36.03	6:04.57
13:26.19	12:23.19	11:20.19	10:17.19		800 Free		9:47.19	10:47.19	11:47.19	12:47.19
26:01.99	23:59.99	21:57.99	19:55.99		1500 Free		19:05.99	21:02.98	22:59.99	24:57.00
1:37.75	1:30.13	1:22.52	1:14.91		100 Back		1:08.31	1:15.26	1:22.21	1:29.17
3:32.40	3:15.87	2:59.35	2:42.83		200 Back		2:32.00	2:47.44	3:02.88	3:18.32
1:50.21	1:41.59	1:32.95	1:24.32		100 Breast		1:16.78	1:24.66	1:32.54	1:40.41
3:59.93	3:41.17	3:22.41	3:03.64		200 Breast		2:52.46	3:10.11	3:27.75	3:45.40
1:35.12	1:27.69	1:20.26	1:12.84		100 Fly		1:05.51	1:12.21	1:18.89	1:25.58
3:40.27	3:23.11	3:05.95	2:48.79		200 Fly		2:32.53	2:48.05	3:03.58	3:19.11
3:29.82	3:13.43	2:57.06	2:40.66		200 IM		2:26.64	2:41.63	2:56.61	3:11.60
7:29.81	6:54.72	6:19.62	5:44.53		400 IM		5:21.59	5:54.39	6:27.19	6:59.99

Zone times to be added when released by USA-S

ver. R1 approved AUG-28-2016