

Improvement Report
2016 HI 1001-OAHU Distance Mee
Meet Date: 10/01/2016
Location: VMAC,
Report Date: 10/06/2016

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement
Hamamoto, Rani	14	F	13-14 1000 Free	F	11		11:58.83Y		
Ishimi, Dillon	12	M	11-12 400 Individual Medley	F	8		5:57.82Y		
			11-12 500 Free	F	7		6:29.92Y		
Wienckowski, Hana	10	F	10-10 400 Individual Medley	F	1		5:28.02Y		
			10-10 500 Free	F	1		6:13.21Y		