

Ron E. Iwamoto, Head Coach & Senior Group Coach

Pearl City Aquatics, PCA-HI

Coach Ron is the Head Coach and Senior Group Coach of Pearl City Aquatics, Inc. (PCA). He has coached swimmers at PCA from 8 to 18 years old since 2010. His training groups consists of the Senior Elite/National Group, Junior Elite Group, the Senior & Junior Competition Groups & the Senior Development Group. Coach Ron's athletes have earned numerous awards, accomplishments, achievements, & accolades including:

- NCAA Division 1 & Division 2 Collegiate Academic & Athletic Scholarship Swimmers
- NCAA Division 3 Collegiate Swimmers
- USA Swimming Top 10 National Age Group Times
- USA Swimming Scholastic All-American Recognition
- Futures Championship Medalists & Finalists
- Speedo Western Region Sectional Championship Finalists
- Arena Western Zone Senior Championship Finalists
- Far Western Championship Medalists & Finalists
- Western Zone Age Group Championship Champions & Medalists
- Northwest Region Age Group Championship Champions & Medalists
- Northwest Region Age Group Championship Meet Record
- Southwest Age Group Regional Championship Champions & Medalists
- Hawaii High School Athletic Association (HHSAA) State Champions & Medalists
- Oahu Interscholastic Association (OIA) High School State Champions & Medalists
- Interscholastic League of Honolulu (ILH) High School State Champions & Medalists
- 2025 Spectrum OC16 and OIA Outstanding Student Athlete Scholarship Award
- Moanalua High School Athletics Hall of Fame Athlete Inductees: 2015-2016 and 2018-2019
- Leilehua High School Athletics Wall of Honor Athlete Inductee: 2016-2017
- Hawaii Senior Fall & Summer Championship Champions & Medalists
- Hawaii Senior Summer Championship Individual High Point Award
- Hawaii Senior Fall & Summer Championship Top 8 Team Awards
- Hawaii Short Course Yards (SCY) & Long Course Meters (LCM) Age Group Champions & Medalists
- Hawaii SCY & LCM Age Group Championship Individual High Point Awards
- Hawaii SCY & LCM Age Group Championship Top 8 Team Awards
- Hawaiian Swimming SCY & LCM State Age Group Records
- Invitational Meet Individual Age Group High Point Awards & Top 8 Team Awards

Coach Ron's athletes have qualified for & competed in numerous regional and national level meets including:

- Toyota U.S. Open Championships
- Speedo Summer Junior National Championships
- Speedo Winter National Championships
- Speedo Winter Junior National Championships
- Futures Championships
- Speedo Western Region Sectional Championships
- Arena Western Zone Senior Championships
- Western Zone Age Group Championships
- Speedo Far Western Championships
- Northwest Region Age Group Championships
- Southwestern Regional Age Group Championships

Coach Ron has been a member of Pearl City Aquatics since 2005. He served on the Hawaiian Swimming LSC Board of Direction from 2011-2013 as the Club Development & Diversity Chairperson & served as the Coordinator for the Team Hawaii Western Zone All-Star Team in 2011 & 2012. He volunteered as a USA Swimming Official from 2009-2015 and has been a registered USA Swimming coach & American Swimming Coaches Association (ASCA) member since 2010.

Coach Ron is a life member of the United States Judo Federation & competed locally and nationally in Judo in the 1980's & 1990's. He was a former instructor & coach for the Salt Lake Judo club & has coached numerous state and national champions. He holds a 2nd degree black belt in the sport that he competed in since the age of 9, & was a champion, medalist & finalist in numerous state & national judo championships in the age group, high school & senior open levels.

Coach Ron owns Iwamoto Engineering Consultants, Inc., a locally owned professional structural engineering consulting firm he founded in 2002 as Iwamoto & Associates, LLC, and develops engineered designs for building structures. He has volunteered in numerous professional organizations, including the State of Hawaii Professional & Vocational Licensing Board for Engineers, Architects, Surveyors & Landscape Architects. He provides engineering outreach to numerous elementary, intermediate, high school, & college students in Hawaii. He is a Past-President of the Structural Engineers Association of Hawaii (SEAOH), the Hawaii Section of the American Society of Civil Engineers (ASCE) & was selected as the 2018 Hawaii Society of Professional Engineers' Engineer of the Year and the 2019 ASCE Region 8 Dale Nelson Engineer of the Year. In his free time away from the pool, you can find him on the golf course.