

2024-27 HISI SCY standards for SCY Age Group Championship

Y-BO	Y-CH	10 & U	Y-CH	Y-BO
00:36.61	00:33.28	50 Free	00:33.05	00:36.36
01:23.28	01:15.71	100 Free	01:14.81	01:22.29
03:03.03	02:46.39	200 Free	02:39.77	02:55.74
00:44.88	00:40.80	50 Back	00:40.98	00:45.08
01:37.26	01:28.41	100 Back	01:26.25	01:34.88
00:49.29	00:44.81	50 Breast	00:44.27	00:48.70
01:49.35	01:39.41	100 Breast	01:36.75	01:46.42
00:42.85	00:38.95	50 Fly	00:38.19	00:42.01
01:41.52	01:32.29	100 Fly	01:31.03	01:40.13
01:37.85	01:28.95	100 IM	01:27.21	01:35.93
03:25.08	03:06.43	200 IM	03:03.55	03:21.90

11		12				12		
Y-BO	Y-CH	Y-BO	Y-CH	11and12	Y-CH	Y-BO	Y-CH	Y-BO
00:34.43	00:31.30	00:33.24	00:30.22	50 Free	00:29.32	00:32.25	00:31.39	00:34.53
01:15.50	01:08.64	01:12.83	01:06.21	100 Free	01:03.95	01:10.35	01:08.55	01:15.40
02:45.14	02:30.13	02:38.35	02:23.95	200 Free	02:19.95	02:33.94	02:28.91	02:43.80
07:17.16	06:37.42	06:58.87	06:20.79	500 Free	06:12.22	06:49.44	06:34.27	07:13.70
00:40.08	00:36.43	00:38.29	00:34.81	50 Back	00:34.32	00:37.75	00:37.11	00:40.82
01:29.23	01:21.12	01:25.12	01:17.38	100 Back	01:14.81	01:22.29	01:20.85	01:28.93
03:07.98	02:50.89	02:58.86	02:42.60	200 Back	02:38.41	02:54.26	02:49.95	03:06.94
00:44.49	00:40.44	00:42.35	00:38.50	50 Breast	00:38.05	00:41.86	00:41.25	00:45.38
01:38.89	01:29.90	01:33.84	01:25.31	100 Breast	01:23.10	01:31.41	01:30.17	01:39.19
03:32.61	03:13.28	03:21.46	03:03.14	200 Breast	02:56.52	03:14.17	03:11.75	03:30.92
00:37.40	00:34.00	00:35.81	00:32.56	50 Fly	00:32.60	00:35.86	00:34.86	00:38.34
01:26.75	01:18.86	01:22.49	01:14.99	100 Fly	01:13.01	01:20.31	01:19.23	01:27.15
03:09.81	02:52.56	02:57.77	02:41.61	200 Fly	02:38.77	02:54.65	02:49.86	03:06.84
01:27.59	01:19.63	01:23.57	01:15.97	100 IM	01:13.72	01:21.09	01:19.70	01:27.67
03:07.14	02:50.13	02:59.41	02:43.10	200 IM	02:40.04	02:56.04	02:51.61	03:08.77
06:40.55	06:04.14	06:23.11	05:48.28	400 IM	05:40.04	06:14.04	06:03.41	06:39.76

13		14				14		
Y-BO	Y-CH	Y-BO	Y-CH	13and14	Y-CH	Y-BO	Y-CH	Y-BO
00:32.21	00:29.28	00:31.68	00:28.80	50 Free	00:27.06	00:29.77	00:27.63	00:30.39
01:09.64	01:03.31	01:08.71	01:02.46	100 Free	00:58.21	01:04.03	01:00.31	01:06.34
02:31.43	02:17.66	02:28.79	02:15.26	200 Free	02:07.23	02:19.96	02:12.00	02:25.20
06:41.15	06:04.69	06:34.21	05:58.38	500 Free	05:38.58	06:12.44	05:51.35	06:26.48
13:49.15	12:33.77	13:30.84	12:17.13	1000 Free	11:46.89	12:57.58	12:12.42	13:25.67
23:15.91	21:09.01	22:38.03	20:34.57	1650 Free	19:41.50	21:39.65	20:17.78	22:19.56
01:18.36	01:11.23	01:17.31	01:10.28	100 Back	01:05.49	01:12.04	01:08.24	01:15.07
02:52.18	02:36.53	02:46.12	02:31.02	200 Back	02:22.24	02:36.47	02:28.05	02:42.86
01:28.83	01:20.76	01:27.19	01:19.26	100 Breast	01:13.27	01:20.60	01:15.76	01:23.33
03:12.07	02:54.61	03:08.49	02:51.35	200 Breast	02:39.46	02:55.41	02:43.35	02:59.69
01:15.97	01:09.06	01:14.27	01:07.52	100 Fly	01:03.09	01:09.40	01:05.40	01:11.94
02:49.48	02:34.07	02:46.22	02:31.11	200 Fly	02:20.86	02:34.95	02:27.60	02:42.36
02:51.54	02:35.95	02:47.37	02:32.15	200 IM	02:23.38	02:37.72	02:27.81	02:42.59
06:05.52	05:32.29	05:57.31	05:24.83	400 IM	05:05.13	05:35.64	05:17.61	05:49.37

Y-BO	Y-CH	15-18	Y-CH	Y-BO
00:30.96	00:28.08	50 Free	00:25.03	00:27.60
01:07.51	01:01.23	100 Free	00:55.54	01:01.24
02:25.59	02:12.09	200 Free	02:01.67	02:14.12
06:24.99	05:48.99	400 Free	05:24.15	05:57.66
13:16.82	12:02.39	800 Free	11:21.02	12:31.31
22:19.26	20:14.91	1500 Free	18:54.38	20:50.68
01:14.98	01:08.06	100 Back	01:02.34	01:08.68
02:41.89	02:26.97	200 Back	02:16.26	02:30.10
01:24.83	01:16.95	100 Breast	01:09.32	01:16.43
03:04.40	02:47.31	200 Breast	02:33.70	02:49.43
01:13.08	01:06.32	100 Fly	00:58.46	01:04.43
02:55.61	02:39.41	200 Fly	02:17.41	02:31.41
02:44.20	02:29.01	200 IM	02:13.51	02:27.14
05:49.43	05:17.14	400 IM	04:43.51	05:12.44

2024-27 HISI LCM standards for SCY Age Group Championship

Y-BO	Y-CH	10 & U	Y-CH	Y-BO
00:41.51	00:37.74	50 Free	00:37.49	00:41.24
01:34.20	01:25.64	100 Free	01:24.64	01:33.10
03:26.68	03:07.89	200 Free	03:00.54	03:18.59
00:50.48	00:45.89	50 Back	00:46.09	00:50.70
01:49.27	01:39.34	100 Back	01:36.94	01:46.63
00:55.81	00:50.74	50 Breast	00:50.14	00:55.15
02:03.57	01:52.34	100 Breast	01:49.39	02:00.33
00:48.33	00:43.94	50 Fly	00:43.09	00:47.40
01:54.22	01:43.84	100 Fly	01:42.44	01:52.68
-----	-----	100 IM	-----	-----
03:51.15	03:30.14	200 IM	03:26.94	03:47.63

	11		12			12		11	
Y-BO	Y-CH	Y-BO	Y-CH	11and12	Y-CH	Y-BO	Y-CH	Y-BO	
00:39.09	00:35.54	00:37.77	00:34.34	50 Free	00:33.34	00:36.67	00:35.64	00:39.20	
01:25.57	01:17.79	01:22.60	01:15.09	100 Free	01:12.59	01:19.85	01:17.69	01:25.46	
03:06.82	02:49.84	02:59.29	02:42.99	200 Free	02:38.54	02:54.39	02:48.49	03:05.34	
06:33.07	05:57.34	06:17.07	05:42.79	400 Free	05:35.29	06:08.82	05:54.59	06:30.05	
00:45.14	00:41.04	00:43.16	00:39.24	50 Back	00:38.69	00:42.56	00:41.79	00:45.97	
01:40.36	01:31.24	01:35.80	01:27.09	100 Back	01:24.24	01:32.66	01:30.94	01:40.03	
03:31.30	03:12.09	03:21.18	03:02.89	200 Back	02:58.24	03:16.06	03:11.04	03:30.14	
00:50.48	00:45.89	00:48.11	00:43.74	50 Breast	00:43.24	00:47.56	00:46.79	00:51.47	
01:51.97	01:41.79	01:46.36	01:36.69	100 Breast	01:34.24	01:43.66	01:42.09	01:52.30	
04:00.39	03:38.54	03:48.02	03:27.29	200 Breast	03:19.94	03:39.93	03:36.84	03:58.52	
00:42.28	00:38.44	00:40.52	00:36.84	50 Fly	00:36.89	00:40.58	00:39.39	00:43.33	
01:37.83	01:28.94	01:33.10	01:24.64	100 Fly	01:22.44	01:30.68	01:29.34	01:38.27	
03:33.77	03:14.34	03:20.41	03:02.19	200 Fly	02:59.04	03:16.94	03:11.34	03:30.47	
-----	-----	-----	-----	100 IM	-----	-----	-----	-----	
03:31.24	03:12.04	03:22.66	03:04.24	200 IM	03:00.84	03:18.92	03:13.69	03:33.06	
07:31.65	06:50.59	07:12.29	06:32.99	400 IM	06:23.84	07:02.22	06:49.79	07:30.77	
	13		14			14		13	
Y-BO	Y-CH	Y-BO	Y-CH	13and14	Y-CH	Y-BO	Y-CH	Y-BO	
00:36.63	00:33.30	00:35.06	00:32.77	50 Free	00:30.84	00:32.47	00:31.47	00:34.62	
01:19.06	01:11.88	01:16.20	01:10.93	100 Free	01:06.21	01:11.12	01:08.54	01:15.39	
02:51.60	02:36.00	02:45.22	02:33.34	200 Free	02:24.43	02:35.31	02:29.72	02:44.69	
06:01.57	05:28.70	05:48.07	05:23.18	400 Free	05:05.86	05:30.92	05:17.03	05:48.73	
12:26.63	11:18.75	11:57.81	11:04.19	800 Free	10:37.73	11:28.70	11:00.07	12:06.08	
23:55.96	21:45.42	22:53.86	21:10.78	1500 Free	20:17.39	21:55.90	20:53.89	22:59.28	
01:29.62	01:21.47	01:25.75	01:19.21	100 Back	01:13.89	01:22.00	01:16.95	01:24.65	
03:12.45	02:54.95	03:06.71	02:50.03	200 Back	02:40.29	02:58.43	02:46.74	03:03.41	
01:40.80	01:31.64	01:38.04	01:29.98	100 Breast	01:23.33	01:30.00	01:26.09	01:34.70	
03:37.60	03:17.82	03:30.52	03:14.20	200 Breast	03:01.00	03:18.11	03:05.32	03:23.85	
01:25.87	01:18.06	01:22.57	01:16.35	100 Fly	01:11.43	01:18.58	01:13.99	01:21.39	
03:11.20	02:53.82	03:35.18	02:50.53	200 Fly	02:39.16	03:17.18	02:46.64	03:03.30	
03:13.93	02:56.30	03:05.99	02:52.09	200 IM	02:42.35	02:55.25	02:47.27	03:04.00	
06:52.76	06:15.24	06:40.07	06:06.96	400 IM	05:45.09	06:13.13	05:58.95	06:34.85	

Y-BO	Y-CH	15-18	Y-CH	Y-BO
00:35.17	00:31.97	50 Free	00:28.58	00:31.44
01:16.54	01:09.57	100 Free	01:03.25	01:09.58
02:44.80	02:29.82	200 Free	02:18.25	02:32.07
05:46.47	05:14.97	400 Free	04:53.23	05:22.55
11:56.42	10:51.29	800 Free	10:15.09	11:16.60
22:56.10	20:51.00	1500 Free	19:29.99	21:26.98
01:24.43	01:16.75	100 Back	01:10.40	01:17.43
03:02.10	02:45.54	200 Back	02:33.65	02:49.01
01:36.16	01:27.41	100 Breast	01:18.95	01:26.84
03:28.68	03:09.71	200 Breast	02:54.61	03:12.07
01:22.52	01:15.02	100 Fly	01:06.29	01:12.92
03:17.73	02:59.75	200 Fly	02:35.33	02:50.87
03:05.46	02:48.60	200 IM	02:31.40	02:46.53
06:34.27	05:58.43	400 IM	05:21.10	05:53.21

2024-27 HISI SCM standards for SCY Age Group Championship

Y-BO	Y-CH	10 & U	Y-CH	Y-BO
00:40.63	00:36.94	50 Free	00:36.69	00:40.36
01:32.44	01:24.04	100 Free	01:23.04	01:31.34
03:23.16	03:04.69	200 Free	02:57.34	03:15.07
00:49.82	00:45.29	50 Back	00:45.49	00:50.04
01:47.95	01:38.14	100 Back	01:35.74	01:45.31
00:54.71	00:49.74	50 Breast	00:49.14	00:54.05
02:01.37	01:50.34	100 Breast	01:47.39	01:58.13
00:47.56	00:43.24	50 Fly	00:42.39	00:46.63
01:52.68	01:42.44	100 Fly	01:41.04	01:51.14
01:48.61	01:38.74	100 IM	01:36.80	01:46.48
03:47.63	03:26.94	200 IM	03:23.74	03:44.11

11		12				12		11
Y-BO	Y-CH	Y-BO	Y-CH	11and12	Y-CH	Y-BO	Y-CH	Y-BO
00:38.21	00:34.74	00:36.89	00:33.54	50 Free	00:32.54	00:35.79	00:34.84	00:38.32
01:23.81	01:16.19	01:20.84	01:13.49	100 Free	01:10.99	01:18.09	01:16.09	01:23.70
03:03.30	02:46.64	02:55.77	02:39.79	200 Free	02:35.34	02:50.87	02:45.29	03:01.82
06:26.03	05:50.94	06:10.03	05:36.39	400 Free	05:28.89	06:01.78	05:48.19	06:23.01
00:44.48	00:40.44	00:42.50	00:38.64	50 Back	00:38.09	00:41.90	00:41.19	00:45.31
01:39.04	01:30.04	01:34.48	01:25.89	100 Back	01:23.04	01:31.34	01:29.74	01:38.71
03:28.66	03:09.69	03:18.54	03:00.49	200 Back	02:55.84	03:13.42	03:08.64	03:27.50
00:49.38	00:44.89	00:47.01	00:42.74	50 Breast	00:42.24	00:46.46	00:45.79	00:50.37
01:49.77	01:39.79	01:44.16	01:34.69	100 Breast	01:32.24	01:41.46	01:40.09	01:50.10
03:55.99	03:34.54	03:43.62	03:23.29	200 Breast	03:15.94	03:35.53	03:32.84	03:54.12
00:41.51	00:37.74	00:39.75	00:36.14	50 Fly	00:36.19	00:39.81	00:38.69	00:42.56
01:36.29	01:27.54	01:31.56	01:23.24	100 Fly	01:21.04	01:29.14	01:27.94	01:36.73
03:30.69	03:11.54	03:17.33	02:59.39	200 Fly	02:56.24	03:13.86	03:08.54	03:27.39
01:37.23	01:28.39	01:32.76	01:24.33	100 IM	01:21.83	01:30.01	01:28.46	01:37.31
03:27.72	03:08.84	03:19.14	03:01.04	200 IM	02:57.64	03:15.40	03:10.49	03:29.54
07:24.61	06:44.19	07:05.25	06:26.59	400 IM	06:17.44	06:55.18	06:43.39	07:23.73

13		14				14		13
Y-BO	Y-CH	Y-BO	Y-CH	13and14	Y-CH	Y-BO	Y-CH	Y-BO
00:35.75	00:32.50	00:35.06	00:31.97	50 Free	00:30.04	00:32.47	00:30.67	00:33.74
01:17.30	01:10.28	01:16.20	01:09.33	100 Free	01:04.61	01:11.12	01:06.94	01:13.63
02:48.08	02:32.80	02:45.22	02:30.14	200 Free	02:21.23	02:35.31	02:26.52	02:41.17
05:54.53	05:22.30	05:48.07	05:16.78	400 Free	04:59.46	05:30.92	05:10.63	05:41.69
12:12.55	11:05.95	11:57.81	10:51.39	800 Free	10:24.93	11:28.70	10:47.27	11:52.00
23:29.56	21:21.42	22:53.86	20:46.78	1500 Free	19:53.39	21:55.90	20:29.89	22:32.88
01:26.98	01:19.07	01:25.75	01:18.01	100 Back	01:12.69	01:22.00	01:15.75	01:23.33
03:11.13	02:53.75	03:06.71	02:47.63	200 Back	02:37.89	02:58.43	02:44.34	03:00.77
01:38.60	01:29.64	01:38.04	01:27.98	100 Breast	01:21.33	01:30.00	01:24.09	01:32.50
03:33.20	03:13.82	03:30.52	03:10.20	200 Breast	02:57.00	03:18.11	03:01.32	03:19.45
01:24.33	01:16.66	01:22.57	01:14.95	100 Fly	01:10.03	01:18.58	01:12.59	01:19.85
03:08.12	02:51.02	03:35.18	02:47.73	200 Fly	02:36.36	03:17.18	02:43.84	03:00.22
03:10.41	02:53.10	03:05.99	02:48.89	200 IM	02:39.15	02:55.25	02:44.07	03:00.48
06:45.72	06:08.84	06:40.07	06:00.56	400 IM	05:38.69	06:13.13	05:52.55	06:27.80

Y-BO	Y-CH	15-18	Y-CH	Y-BO
00:34.37	00:31.17	50 Free	00:27.78	00:30.64
01:14.94	01:07.97	100 Free	01:01.65	01:07.98
02:41.60	02:26.62	200 Free	02:15.05	02:28.87
05:40.07	05:08.57	400 Free	04:46.83	05:16.15
11:43.62	10:38.49	800 Free	10:02.29	11:03.80
22:32.10	20:27.00	1500 Free	19:05.99	21:02.98
01:23.23	01:15.55	100 Back	01:09.20	01:16.23
02:59.70	02:43.14	200 Back	02:31.25	02:46.61
01:34.16	01:25.41	100 Breast	01:16.95	01:24.84
03:24.68	03:05.71	200 Breast	02:50.61	03:08.07
01:21.12	01:13.62	100 Fly	01:04.89	01:11.52
03:14.93	02:56.95	200 Fly	02:32.53	02:48.07
03:02.26	02:45.40	200 IM	02:28.20	02:43.33
06:27.87	05:52.03	400 IM	05:14.70	05:46.81