



SANCTION NO: HI20250621-SEN

*2025 Senior Winter Championships (SCY)
Duke Kahanamoku Aquatic Center, Honolulu, Oahu
November 21-23, 2025*

Regular Entries CLOSE: Tuesday, November 11th @ 11:59 PM HST

Held Under the Sanction of Hawaiian Swimming, Inc. and USA Swimming, Inc.

Websites: www.hawaiianswimming.org

*Duke Kahanamoku Aquatic Center
1337 Lower Campus Road, Honolulu, HI 96822*

Sanction

This meet has been sanctioned by Hawaiian Swimming, Inc. Current USA Swimming rules and the Hawaiian Policies & Procedures will apply. All athletes must be currently registered as Premium or Outreach members for 2025 with USA Swimming. No on-deck USA Swimming registrations will be permitted. Conduct of the sanctioned meet shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability

In granting this sanction and by any person's participation in the meet, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Hawaiian Swimming, Inc., all facility staff, all meet officials, all clubs and their respective coaches and athletes shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the offending athlete, if unattached, or the offending athlete's team, if attached, to be held accountable for repairs.

Meet Referee

Marcelle Arakaki

Marcelle808@gmail.com

Admin Referee

Saint-Marie Gough

splendid_splenda@yahoo.com

On-Site Meet Dir

Joe Glenn

auleaswimclubkailua@gmail.com

Meet Entry Contact

Stephanie Monahan

samonahan17@gmail.com

MEET SCHEDULE SUMMARY

Competition Schedule Information provided below is ESTIMATED - additional details will be provided after close of entries.

MEETING SCHEDULE	
Officials' Meetings	One hour before the start of each session
Coaches' Meetings	Immediately after end of warm-up for Session No. 1 – additional meetings if necessary
COMPETITION SCHEDULE	PRELIMINARIES
<i>Friday – Sunday</i>	Warm-Up: 7:30 AM
November 21-23, 2025	Competition: 9:00 AM

FINALS (Sunday Finals – 1 Hour Earlier)
Warm-Up: 2:45 PM (1:45 PM)
Competition: 4:00 PM (3:00 PM)

***** Racing Starts Permitted in Competition Pool Only *****

Athletes are not permitted to use swim accessories or training equipment including, but not limited to, swim paddles, snorkels, fins, floats, power bands, etc. during the entire event in the competition pool



FACILITIES

Duke Kahanamoku Aquatic Center

Certified competition course in accordance with 104.2.2C(4): ☒ Certified ☐ not Certified

Course: ☒ SCY ☐ LCM ☐ SCM Competition Set-up: ☐ 6 Lanes ☒ 8 Lanes ☐ 10 Lanes ☐ Lanes

Pool Facility: ☐ 50M x 25M ☐ 50M x 25M ☐ 25M x 25Y ☒ 25Y x 20Y ☐ Other _____

Pool Start Depth: 12 ft / 0 in. Pool Turn Depth: 12 ft / 0 in Warm-down pool: ☒ Yes ☐ No Backstroke Ledges: ☒ Yes ☐ No

MEET FORMAT

Meet format will be Prelims, Timed Finals, and Finals.

- 1) Finals Sessions will consist of 18 and under D and C Bonus Finals, Consolation (B final) and Championship (A final) Finals for the individual events, swum in order of D, C, Consolation, then Championship heat. The C and D finals will be for athletes ages 18-under ONLY, A and B are open to all ages.
- 2) Individual preliminary events will be swum using championship seeding.
- 3) Timed Finals (1650 freestyle) for events will be seeded FASTEST to SLOWEST and swum at the end of day 3 prelims. The fastest heat of the girls 1650 freestyle and the boys 1650 freestyle will be swum at the beginning of finals on day 3.
- 4) All Relays will be swum as Timed Finals. Relays will be seeded SLOWEST to FASTEST. Relays may be combined by the Meet Referee.
- 5) All athletes will be seeded by: qualifying times in compliance, qualifying times noncompliance, bonus in compliance, bonus times that are noncompliance.
- 6) All Finals qualifiers from Preliminary heats need to declare their intention to scratch by the stated scratch deadline for that day's events..
- 7) Finals Ready Room/Area may be designated for individual Finals Championship Heat (A). Athletes may be paraded to the blocks. Athletes will be announced by their respective blocks.
- 8) Awards may be presented to athletes.
- 9) There will be designated 5 or 10 minute breaks after each session's relay events (see schedule of events for details).

QUALIFYING TIME STANDARDS

Qualifying standards may be found in the HISI website:

<https://www.gomotionapp.com/team/hslsc/page/about/time-standards>

Requirements: Athletes must have met or bettered the Hawaiian Swimming Senior Program "A" time standard, in any course, during the Qualifying Period for each individual event entered. See Bonus Entries section for bonus entry requirements. Athletes must be entered with their best time in the conforming course first followed by non-conforming course times.

MEET COMMITTEE:

Postponement or cancellation of the meet are under the jurisdiction of the Meet Committee and will comply with Section 102.7.4 of USA Swimming Rule Book. The Meet Committee members shall be: Meet Referee, Meet Director(s), Administrative Referee and the HISI Age Group or Senior Chair (or designee). Once the meet has commenced, for weather, safety or other compelling reason, the Meet Referee may suspend the event or meet until conditions warrant continuance. The Meet Committee shall work with facility personnel to comply with facility requirements for conducting the meet. Postponement to another date or cancellation requires the approval of the Meet Committee.



ORDER OF EVENTS

Day 1: November 21, 2025 - Prelims				Day 1: November 21, 2025 - Finals			
Girls' Event #	Description	Division	Boy's Event #	Girls' Event #	Description	Division	Boy's Event #
1	200 Mixed free Relay	Open		2	200 Freestyle	Open	3
	5 minute break in prelims			4	50 Butterfly	Open	5
2	200 Freestyle	Open	3	6	200 Breast	Open	7
4	50 Butterfly	Open	5	8	100 Back	Open	9
6	200 Breast	Open	7	10	400 IM	Open	11
8	100 Back	Open	9		10 minute break in finals		
10	400 IM	Open	11	12	200 medley relay (swam in finals)	Open	13

Day 2: November 22, 2025 - Prelims				Day 2: November 22, 2025 - Finals			
Girls' Event #	Description	Division	Boy's Event #	Girls' Event #	Description	Division	Boy's Event #
14	200 mixed medley relay (	Open		15	100 free	Open	16
	5 minute break			17	200 Fly	Open	18
15	100 Free	Open	16	19	100 Breast	Open	20
17	200 Fly	Open	18	21	50 Back	Open	22
19	100 breast	Open	20	23	500 Free	Open	24
21	50 Back	Open	22		10 minute break in finals		
23	500 Free	Open	24	25	400 medley relay	Open	26

Day 3: November 23, 2025 - Prelims				Day 3: November 23, 2025 - Finals			
Girls' Event #	Description	Division	Boy's Event #	Girls' Event #	Description	Division	Boy's Event #
27	200 Free Relay	Open	28	39	1650 Freestyle	Open	40
	5 minute break			29	200 Back	Open	30
29	200 Back	Open	30	31	50 Breast	Open	32
31	50 Breast	Open	32	33	100 Fly	Open	34
33	100 Fly	Open	34	35	50 Free	Open	36
35	50 Free	Open	36	37	200 IM	Open	38
37	200 IM	Open	38		10 Minute Break		
39	1650 Freestyle	Open	40	41	400 Free Relay	Open	42

Events highlighted in BLUE are Timed Final events,
fastest heat of 1650 free will be swim during finals



RULES

- 1) Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP") which is detailed later in this meet announcement. Current Hawaiian Swimming Policies & Procedures will also apply.
- 2) All athletes ages 18 and older must have completed and be current with the USA Swimming Athlete Protection Training certification.
- 3) The age of the athlete will be his/her age as of the first day of competition.
- 4) All athletes entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach in attendance must inform the Meet Director on or before 24 hours prior to the start of the meet, who may assist an athlete in making supervision arrangements, but it is the athlete's responsibility to make these arrangements prior to the start of the meet and to so notify the Meet Referee. The athlete shall report to the Meet Director or Meet Referee prior to warm-up session of the start of the meet.
- 5) Any athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, including both a Forward Start and a Backstroke Start, or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement and to bring proof of such certification to the meet.
- 6) It shall be the athletes' and coaches' responsibility to acquaint themselves with all the information in this Meet Announcement and any information and changes communicated electronically or announced at the event.
- 7) Athletes and coaches are responsible to understand meet scratch rules.
- 8) Deck changes are prohibited.
- 9) The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms.
- 10) Per HISI Policies and Procedures and USA Swimming, photography, including visual recordings, is not allowed behind the blocks during active competition sessions.
- 11) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Deck changes are prohibited.
- 12) Athletes are not permitted to use swim accessories or training equipment including, but not limited to swim paddles, snorkels, fins, floats, power bands, etc. during the entire event in both competition and warm-up/warm-down facilities
- 13) Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
- 14) All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.

Important Information on USA Swimming's Rules for Tech Suit Use for 12&U Athletes can be found on the USA Swimming website. Compliance with these rules is the responsibility of athletes, coaches, and parents

Medical supervision will be available to all athletes participating in the meet. Lifeguards with current Red Cross lifeguarding, first aid, and CPR/AED certification will be on duty throughout warm-ups and competition. In addition, each coach's credentials include current water safety skills and CPR/AED certification. An AED unit at the pool is required.

RESTRICTIONS

- 1) This is a CLOSED-DECK meet. Only athletes, coaches, officials, and assigned meet volunteers will be permitted on the competition deck.
- 2) Tobacco products of any kind, vaping, alcoholic beverages, and glass containers are not allowed in the swimming venue.
- 3) Shaving is not permitted anywhere in the facility, including locker rooms or other designated athlete changing areas.
- 4) Only service animals shall be allowed in the facility.
- 5) Facility does NOT permit overnight parking.



Broadcast Statement

Photographs, videotape, audio, and/or other visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use and may not be broadcast, published, disseminated, or used for any commercial purpose without the prior consent of USA Swimming.

Photography and Videos

Photographers and/or videographers may be present on deck at this meet. In accordance with HISI Policies and Procedures, there will be NO photos or videos allowed behind the starting area during the conduct of the meet.

ELIGIBILITY

Athletes

This meet is open to all athletes: ____ AGES 18 & UNDER X AGES 12 & OVER ____ OPEN TO ALL AGES and;

- 1) Current USA Swimming registered Premium or Outreach member (FLEX members not eligible for championships).
- 2) This meet is;
____ closed to only athletes currently registered within the HISI
X open to athletes currently registered with USA Swimming or FINA members with USA Swimming approval.
- 3) There will be no on-deck USA Swimming registrations or transfers allowed after entry deadline.
- 4) Per HISI Policies and Procedures, all athletes must be registered 36 hours prior to the start of the meet, on or before Wednesday, November 19, 2025 9:00 p.m.
- 5) Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions between November 1, 2024, and the close of entries.
- 6) Entry times must meet the proven times requirements listed below. It is the responsibility of the entering club, or individual if entering unattached, to verify that entry times meet these proven times requirements.
 - SWIMS: If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times/Time Standards), it is considered a proven official time.
 - Official Meet Results: If a time for a swimmer is listed in the official meet results of a USA Swimming sanctioned, approved, or observed competition, it is considered a proven official time.
- 7) Qualifying times for this meet will be the HISI Championship standards.
- 8) Hawaiian Swimming Senior Time Standards for individual and relay events for this meet and are posted on the HISI website <https://www.gomotionapp.com/team/hslsc/page/about/time-standards>.
- 9) Meet Management reserves the right to require proof of times documentation for each athletes' entry.
- 10) Each club is allowed to have two relays entered for single gender relays and 4 relays for mixed gender relays. Clubs do not have to hit qualifying standards but must have at least 3 of the 4 members of each relay be swimmers that are entered in the meet in individual events.
- 11) All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Proof must be displayed and shown on the athlete's USA Swimming members profile and shown and accepted to the Admin. Referee. Times achieved by an athlete age 18 who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition and will be expunged from SWIMS. This includes relays that this athlete participated as a member of a relay.



USA SWIMMING MEMBERSHIP REQUIREMENTS FOR COACHES AND OFFICIALS CREDENTIALS

All coaches must check in with and provide to the Admin. Referee proof of current USA Swimming membership that extends through the last day of the meet. All officials including AOs and Meet Directors must show to the Meet Referee proof of current USA Swimming membership and certification that extends through the last day of the meet. A current member's USA Swimming profile is acceptable proof of USA Swimming membership for all purposes. Those failing to provide proof of membership could be barred from the deck. All coaches on deck must display their wristband verifying coach has required current certifications.

ENTRIES

Entries for this event shall be submitted via email and include a Hy-Tek using the official meet events entry file posted on the HISI website or a compatible electronic entry file. The official entry file includes qualifying times for LCM, SCY, and SCM using the meet qualifying time standards and designates the qualifying time period. In addition, the following requirements include:

- 1) Regular Entries must be emailed on or before the entry deadline by 11:59 PM HST
- 2) New Qualifiers Entry Deadline: Monday, November 17, 2025 @12:00 pm (NOON) HST
- 3) Late Entries Deadline: Tuesday, November 18, 2024 at 12:00 p.m., 48 hours prior to the scheduled scratch deadline for Session #1 (Hawaiian LSC Policies and Procedures Article IX - Section 9.02.2)
- 4) Entries submitted and accepted will not be updated prior to the start of competition.

NO ON-DECK ENTRIES WILL BE ACCEPTED.

Divisions:

Athletes may enter the meet attached to their club team or as Unattached (no club affiliation). These divisions will be used in determining site assignments.

Bonus Events:

Athletes entered in the meet with at least one qualifying individual event may enter up to a maximum of three (3) bonus events. There are no bonus time standards used for this meet. Swimmers are still limited to a maximum 3 events per day and a maximum 7 total events.

- Bonus events are limited to distances of 200 yards or shorter.
- **Exception: 1000 and 1650 yard freestyle - Swimmers who have achieved the meet qualifying standard in the 1000 yard freestyle may enter the 1650 event if they do not have the qualifying standard in that event.**
- Bonus times must appear in SWIMS within the qualifying time period.
- "NT" entries will be accepted.
- NOTE: Bonus events must be clearly marked as "Bonus" when preparing entries and clearly marked as "Bonus" on the PDF copy of entries when submitted.

Individual Event Limits:

Each athlete may enter all eligible qualifying events (including a maximum of three (3) Bonus events) but may only compete in a maximum of seven (7) individual events total for the meet (including Bonus events). Athletes may not compete in more than three (3) individual events per day. Time Trial events will count towards the daily and meet total limits. Relay time trial events will not count against individual event limits.

Relay Event Limits:

Teams will be limited to two (2) scoring relays per relay event.

- Relay proof of relay entry times is not required
- Relays must have at least 3 members of the relay that are entered in the meet with individual events, one relay only swimmer maximum per relay.
- Athletes may compete in one relay per relay event.

**Entry Fees:**

- 1) \$ 30.00 per athlete surcharge
- 2) \$ 4.50 per individual entry
- 3) \$ 10.50 per relay entry
- 4) Individual and relay fees, including athlete surcharge, shall be calculated using HYTEK Team Manager or Team Unify and submit the entry fee report with payment.
- 5) Teams must pay by check and mail to:
HAWAIIAN SWIMMING
C/O Deborah Christian
4139A Hardy Street
Lihue, HI 96766
- 6) Make checks payable to Hawaiian Swimming
- 7) NO entries may be removed from the meet once submitted. Removing entries will be processed as scratches. NO refunds will be issued.

Submitting REGULAR Entries:

Submit entries via email by the regular meet entry deadline to the Meet Entry Contact.

REGULAR Entry Submissions must include the following:

- 1) Zipped Hy-Tek -or- Hy-Tek compatible entry file (e.g. Team Manager or Team Unify).
- 2) PDF copy of individual entries, with "Bonus" events clearly designated on the entry report.
- 3) PDF copy of relay entries
- 4) PDF copy of entry fees due
- 5) Contact information including email and cell numbers for both:
 - The individual responsible for the entry and pre-meet communications
 - The coach responsible during the meet for entry, admin & other meet-related matters.

Submitting LATE Entries:

Submit LATE entries via email to the Meet Entry Contact. Late Entries must be received 48 hours prior to the scheduled Scratch Deadline for Session #1. Entries may be accepted after the REGULAR entry deadline for previously achieved times, with a \$100 team fee and double entry fee. This provision serves to allow athletes already entered in the meet to add additional events that were not entered during the regular entry period. This provision also allows athletes (and relays) to enter the meet who had achieved meet qualifying times prior to the entry deadline, who were not entered during the regular entry period.

Submitting Entries for UNATTACHED athletes NOT swimming with a team:

These entries are subject to the same entry provisions and deadlines as teams, for Regular Meet Entries, NEW Qualifying Swims, and LATE Entries (see above). Payment for these entries will be collected by the on-site Meet Director.

Meet Entry Questions:

Questions concerning meet entries should be directed to Meet Entry Contact.

SCRATCH PROCEDURES

The USA Swimming National Championship scratch procedure and no-show rules will be used at this meet.

These rules are described in USA Swimming Rule 207.11.6 in the current Rulebook.

Scratch Deadline for ALL Preliminary and Timed Finals Events, including Relays, will be 30 minutes after the start of Finals of the day PRIOR to the event being swum.

- Athletes are considered checked in for all Preliminary and Timed Final individual events unless scratched.



- All scratches for preliminary and timed finals events will be done by the athlete entered in the event or the team coach by submitting a scratch slip to the Admin Referee.
- Any athlete who does not properly scratch and fails to compete in a preliminary heat of an individual event or a timed finals individual event will be barred from all further individual and relay events for that day and must check in with the Admin Referee prior to the scratch deadline each day for the remainder of the meet.

Scratches from Finals

All scratches from Finals must be completed within the deadlines specified by the USA Swimming Rule 207.11.6 and must be made on-site with the Administrative Referee or his designee at their pool **site at the meet**.

- Athletes, or their coach have 30 minutes following the announcement of the combined preliminary results of their event in which to scratch or declare their intention to scratch in person with the Administrative Referee at their pool site.
- Any athlete who does not properly scratch and is seeded in a Finals heat of an individual event and fails to compete will be barred from all further competition for the remainder of the meet.

Time Trials

Time Trials may be conducted at the discretion of the Meet Referee. Entry fees for time trials will be the same as the meet entry fees. Each swimmer is limited to a maximum of two time trials during the course of the Championships. Time trials will count toward the swimmer's individual event total for each day, but not the meet total. Athletes may need to provide their own lane timer and lap counter for time trial events. Relay only swimmers will be allowed to swim in time trials. Time Trial entry procedures will be explained in the Technical Meeting. Time Trials, if conducted, will begin approximately 15 minutes after the conclusion of the preliminary session and will be limited to a maximum of 20 minutes.

Relays will follow the same scratch procedures as Individual Events.

- Scratches for relays are due to the Admin Referee prior to the scratch deadline for that day's events.
- Relays will swim as Timed Finals at the start of each Prelim session and the end of each Finals session.

Entry forms for the submission of names not previously submitted with entries, or for making changes to athletes swimming on a relay, will be available with the Admin. Referee. Relay forms are due to the Admin. Referee Desk no later than the start of the session in which the relay is being swum. Please list the competing relay swimmers with first and last names and order of swimming for each entered relay. Relay names and order may be changed up to the time of the swim at the blocks, with the timers.

WARM-UP/DOWN SAFETY PROCEDURES (will be posted)

Sanctioned USA Swimming events athlete members must be under the direct supervision of a USA Swimming member coach during warm-up, competition, and warm-down. (USAS Rules and Regulations, 202.5.3). It shall be the coaches' responsibility to acquaint themselves and their athletes with the following information. Warm-up/cool-down procedures will be posted throughout the pool area, announced on a regular basis before and during warm-up in accordance with USAS Rules and Regulations, 202.5.10.

If swimmers and coaches are unable to abide by the following procedures, if necessary, the Safety Coordinator, Meet Director, or Meet Referee may restrict, close, or prohibit the access of a specific team(s) to the warm-up and/or warm-down areas until the conclusion of the session, with persistent violations resulting in a complete prohibition throughout the entire meet.

15.01.2 Warm-up / Warm-down period definitions

During all time periods, venue lifeguard monitoring requirements must be followed.

In ADDITION, there are specific supervision requirements for warm-up and warm-down activities:

1. General" or "Open-Lane" Warm-up: The designated warm-up time specified in the Session Schedule of Meet Announcement. The Meet Referee will announce Sprint and Start lane(s) times and procedures. Athletes must be supervised by their coach.



2. Continuous Warm-up/Down: The period after the competition pool is closed for general warm-up requires a minimum of two safety personnel, including a designated Safety Marshal and a certified USAS Coach Member for athletes. Coaches, or designated USA Swimming member coach, must actively supervise their swimmers with a direct line of sight to the pool, being physically present during warm-up/warm down to intervene for safety. No reliance on the 'Proximity rule' or 'line of sight' is allowed during other activities, such as taking splits or monitoring from the bleachers.

15.01.3 Athletes/Coaches

- Coaches must display the identification band issued daily during the event.
- No paddles, boards, fins, snorkels nor other training equipment (e.g. stretch cords) are allowed in the competition pool.
- Athletes must follow the direction of lifeguards, Safety Marshals, and other meet safety personnel.
- No swimming under bulkheads. Doing so may result in the immediate disqualification from the meet.
- Athletes must enter the pool from the starting end using a three-point entry. Race starts are limited to specified lanes and designated times.
- Circle-swimming is allowed except in designated start/sprint lanes, where athletes swim one length and exit at the opposite end, unless the Meet Referee permits.
- No resting or congregating at the walls of the pool or the end of a lane unless receiving instruction from a coach.

OFFICIALS

Officials interested in attending this event are invited to sign up using the Oahu Official's Sign Up Sheet.

<https://docs.google.com/spreadsheets/d/1WQzlx1JcpKaYJmnCWGqWUMGfRhSV0v0sUSvGT9x2Lh0/edit?usp=sharing>

Officials must be a current member in good standing of USA Swimming, and an LSC-certified official. The uniform for officials for the meet will be:

- Prelims & Finals: White polo shirt khaki shorts, skirt/skort, or pants with white, closed toe shoes with white socks. *Officials may wear an Aloha Shirt for all Finals sessions.
- Officials Meetings ALL ASSIGNED OFFICIALS MUST ATTEND THE MANDATORY OFFICIALS BRIEFINGS BEFORE EACH SESSION.
- Officials Meetings will be one hour before each day's sessions with location and exact times TBA.

SAFE SPORT

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

The Minor Athlete Abuse Prevention Policy ("MAAPP") (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at



www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

OTHER IMPORTANT INFORMATION

Scoring:

Individual Events:

- A Final (Championship): 32-28-27-26-25-24-23-22
- B Final (Consolation): 20-17-16-15-14-13-12-11
- C Final (Bonus): 9-7-6-5-4-3-2-1
- D Final (Bonus): no points

Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards

- Individual Events: Medals awarded to 1st-8th places
- Relay Events: Medals awarded to 1st-8th places
- Team Awards: Top 3 for combined team standings, Top 3 Male and Top 3 female teams
- Individual High Point Awards: High point for top 3 female and male swimmers
- Awards will be presented at this event.
- Team spirit award: This award will be given to the team who displays the best sportsmanship and encouragement of team members. This prize will be a \$100 gift card for the winning team to host a team party.

Registration & Team Check-In / Clerk of Course

Registration and team check-in will be located on the pool deck.

Meet Time Line

The Meet Referee, in consultation with the meet host, reserves the right to adjust time management of sessions. All adjustments will be communicated electronically or announced at the event.

Timers & Counters

- Timers will be provided for individual Finals events, including the 500 Freestyle and 500 Individual Medley events.
- Participating teams will be assigned lanes for timing for all Preliminary events, including relays.
- Athletes will need to provide their own timers for the 1650 Freestyle events.
- Athletes wishing to have a counter for 1650 Freestyle, will need to provide (one (1) person for this purpose. Lap counting devices will be provided.

Hospitality

Hospitality will be provided for Coaches and Officials only.

Meet Information & Results:

Meet Information and post-meet results will be posted to the HISI websites.

Concessions & Other Meet Vendors

Concessions & other meet vendors may be available at this event. Additional details will be provided as soon as they are available.