

2024-27 HAWAIIAN SWIMMING AGE GROUP CHAMPIONSHIP RELAY STANDARDS

GIRLS					BOYS		
SCY	SCM	LCM	AGE	RELAY	SCY	SCM	LCM
2:13.12	2:27.76	2:30.96	10&U	200 FREE	2:13.48	2:28.16	2:31.36
2:37.84	2:55.20	2:58.30	10&U	200 MEDLEY	2:41.67	2:59.46	3:02.56
1:57.28	2:10.20	2:13.40	11/12	200 FREE	1:57.28	2:10.20	2:13.40
4:15.80	4:43.92	4:50.32	11/12	400 FREE	4:15.80	4:43.92	4:50.32
2:14.29	2:29.08	2:32.18	11/12	200 MEDLEY	2:16.02	2:30.98	2:34.08
4:56.24	5:28.82	5:35.02	11/12	400 MEDLEY	5:02.49	5:35.76	5:41.96
1:54.60	2:07.20	2:10.40	13/14	200 FREE	1:46.08	1:57.76	2:00.96
4:09.12	4:36.52	4:42.92	13/14	400 FREE	3:52.48	4:18.04	4:24.44
9:00.20	9:59.64	10:12.44	13/14	800 FREE	8:27.76	9:23.60	9:36.40
2:06.02	2:19.88	2:22.67	13/14	200 MEDLEY	1:58.33	2:11.35	2:14.14
4:40.05	5:10.85	5:17.05	13/14	400 MEDLEY	4:22.96	4:51.89	4:58.09
1:52.32	2:04.68	2:07.88	15-18	200 FREE	1:40.12	1:51.12	1:54.32
4:04.92	4:31.88	4:38.28	15-18	400 FREE	3:42.16	4:06.60	4:13.00
8:48.36	9:46.48	9:59.28	15-18	800 FREE	8:06.68	9:00.20	9:13.00
2:02.65	2:16.15	2:18.94	15-18	200 MEDLEY	1:50.55	2:02.71	2:05.50
4:32.56	5:02.55	5:08.75	15-18	400 MEDLEY	4:05.66	4:32.69	4:38.89

ver. R1 updated 2024-May 1