

SCY - 2025-26 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCY

| FEMALE   |          |          |          |          | 8 & U      | MALE     |          |          |          |          |
|----------|----------|----------|----------|----------|------------|----------|----------|----------|----------|----------|
| B        | A        |          |          |          |            |          |          |          | A        | B        |
| 0:25.05  | 0:20.81  |          |          |          | 25 Free    |          |          |          | 0:21.25  | 0:25.57  |
| 0:50.08  | 0:41.61  |          |          |          | 50 Free    |          |          |          | 0:42.51  | 0:51.15  |
| 0:30.98  | 0:25.77  |          |          |          | 25 Back    |          |          |          | 0:27.18  | 0:32.67  |
| 1:01.96  | 0:51.55  |          |          |          | 50 Back    |          |          |          | 0:54.37  | 1:05.35  |
| 0:34.58  | 0:28.74  |          |          |          | 25 Breast  |          |          |          | 0:29.24  | 0:35.18  |
| 1:09.15  | 0:57.48  |          |          |          | 50 Breast  |          |          |          | 0:58.48  | 1:10.36  |
| 0:31.18  | 0:25.93  |          |          |          | 25 Fly     |          |          |          | 0:27.80  | 0:33.42  |
| 1:02.35  | 0:51.86  |          |          |          | 50 Fly     |          |          |          | 0:55.60  | 1:06.84  |
| B        | A        | INVT     | CHMP     | AG-Z/AAA | 10 & U     | AG-Z/AAA | CHMP     | INVT     | A        | B        |
| 0:45.14  | 0:41.61  | 0:38.09  | 0:34.56  | 29.59    | 50 Free    | 28.69    | 0:35.30  | 0:38.90  | 0:42.51  | 0:46.10  |
| 1:46.72  | 1:38.40  | 1:30.08  | 1:21.76  | 1:04.99  | 100 Free   | 1:03.79  | 1:22.67  | 1:31.08  | 1:39.49  | 1:47.90  |
| 4:09.93  | 3:50.48  | 3:31.03  | 3:11.59  | 2:23.59  | 200 Free   | 2:18.89  | 3:08.36  | 3:27.48  | 3:46.61  | 4:05.73  |
| 0:55.89  | 0:51.55  | 0:47.21  | 0:42.86  | 34.39    | 50 Back    | 33.99    | 0:45.22  | 0:49.79  | 0:54.37  | 0:58.94  |
| 2:11.74  | 2:01.52  | 1:51.31  | 1:41.09  | 1:14.49  | 100 Back   | 1:12.49  | 1:39.01  | 1:49.02  | 1:59.03  | 2:09.05  |
| 1:02.34  | 0:57.48  | 0:52.61  | 0:47.75  | 38.89    | 50 Breast  | 28.29    | 0:48.59  | 0:53.53  | 0:58.48  | 1:03.43  |
| 2:16.43  | 2:05.80  | 1:55.16  | 1:44.53  | 1:24.69  | 100 Breast | 1:22.69  | 1:47.59  | 1:58.53  | 2:09.47  | 2:20.41  |
| 0:56.23  | 0:51.86  | 0:47.48  | 0:43.11  | 33.19    | 50 Fly     | 32.59    | 0:46.23  | 0:50.91  | 0:55.60  | 1:00.28  |
| 2:22.42  | 2:11.37  | 2:00.31  | 1:49.26  | 1:15.99  | 100 Fly    | 1:14.59  | 1:50.71  | 2:01.91  | 2:13.11  | 2:24.30  |
| 2:09.33  | 1:59.27  | 1:49.22  | 1:39.16  |          | 100 IM     |          | 1:40.00  | 1:50.13  | 2:00.27  | 2:10.41  |
| 4:48.56  | 4:26.14  | 4:03.73  | 3:41.31  | 2:39.99  | 200 IM     | 2:38.39  | 3:33.26  | 3:54.88  | 4:16.49  | 4:38.10  |
| B        | A        | INVT     | CHMP     | AG-Z/AAA | 11/12      | AG-Z/AAA | CHMP     | INVT     | A        | B        |
| 0:38.92  | 0:35.87  | 0:32.82  | 0:29.77  | 26.99    | 50 Free    | 25.79    | 0:29.60  | 0:32.64  | 0:35.67  | 0:38.70  |
| 1:28.55  | 1:21.63  | 1:14.71  | 1:07.78  | 58.69    | 100 Free   | 56.19    | 1:05.05  | 1:11.70  | 1:18.35  | 1:25.00  |
| 3:13.71  | 2:58.59  | 2:43.46  | 2:28.34  | 2:07.69  | 200 Free   | 2:02.59  | 2:24.97  | 2:39.76  | 2:54.54  | 3:09.33  |
| 9:13.51  | 8:30.09  | 7:46.67  | 7:03.25  | 5:43.29  | 500 Free   | 5:29.99  | 6:52.70  | 7:35.06  | 8:17.43  | 8:59.81  |
| 0:47.96  | 0:44.23  | 0:40.51  | 0:36.77  | 30.49    | 50 Back    | 29.69    | 0:36.58  | 0:40.29  | 0:44.00  | 0:47.71  |
| 1:44.93  | 1:36.78  | 1:28.62  | 1:20.47  | 1:06.19  | 100 Back   | 1:02.79  | 1:21.29  | 1:29.53  | 1:37.76  | 1:46.00  |
| 3:56.05  | 3:37.72  | 3:19.40  | 3:01.07  | 2:20.99  | 200 Back   | 2:15.89  | 2:50.13  | 3:07.35  | 3:24.58  | 3:41.81  |
| 0:52.39  | 0:48.29  | 0:44.19  | 0:40.09  | 34.59    | 50 Breast  | 33.29    | 0:40.22  | 0:44.33  | 0:48.44  | 0:52.55  |
| 1:57.14  | 1:47.98  | 1:38.83  | 1:29.68  | 1:15.09  | 100 Breast | 1:11.39  | 1:29.79  | 1:38.95  | 1:48.11  | 1:57.27  |
| 4:21.73  | 4:01.32  | 3:40.91  | 3:20.51  | 2:41.69  | 200 Breast | 2:34.39  | 3:16.11  | 3:36.08  | 3:56.05  | 4:16.02  |
| 0:45.02  | 0:41.51  | 0:38.00  | 0:34.49  | 28.99    | 50 Fly     | 28.19    | 0:34.94  | 0:38.49  | 0:42.05  | 0:45.61  |
| 1:52.46  | 1:43.71  | 1:34.96  | 1:26.22  | 1:05.19  | 100 Fly    | 1:02.49  | 1:22.56  | 1:30.94  | 1:39.32  | 1:47.70  |
| 3:57.90  | 3:39.40  | 3:20.91  | 3:02.41  | 2:24.09  | 200 Fly    | 2:18.69  | 3:00.49  | 3:18.79  | 3:37.09  | 3:55.39  |
| 1:45.78  | 1:37.53  | 1:29.28  | 1:21.04  |          | 100 IM     |          | 1:19.67  | 1:27.78  | 1:35.89  | 1:43.99  |
| 3:44.70  | 3:27.19  | 3:09.69  | 2:52.18  | 2:24.49  | 200 IM     | 2:18.79  | 2:46.93  | 3:03.91  | 3:20.89  | 3:37.87  |
| 7:28.39  | 6:53.46  | 6:18.52  | 5:43.59  | 5:07.79  | 400 IM     | 4:56.29  | 6:09.80  | 6:47.36  | 7:24.92  | 8:02.47  |
| B        | A        | INVT     | CHMP     | AG-Z/AAA | 13/14      | AG-Z/AAA | CHMP     | INVT     | A        | B        |
| 0:35.60  | 0:32.80  | 0:30.01  | 0:27.22  | 25.59    | 50 Free    | 23.49    | 0:24.90  | 0:27.46  | 0:30.03  | 0:32.60  |
| 1:18.15  | 1:12.03  | 1:05.91  | 0:59.78  | 55.79    | 100 Free   | 51.09    | 0:55.92  | 1:01.65  | 1:07.39  | 1:13.14  |
| 2:50.97  | 2:37.59  | 2:24.22  | 2:10.85  | 2:00.69  | 200 Free   | 1:51.99  | 2:01.96  | 2:14.45  | 2:26.93  | 2:39.42  |
| 8:01.75  | 7:23.85  | 6:45.95  | 6:08.05  | 5:23.89  | 500 Free   | 5:03.99  | 5:42.56  | 6:17.91  | 6:53.27  | 7:28.62  |
| 17:56.06 | 16:31.60 | 15:07.14 | 13:42.67 | 11:08.69 | 1000 Free  | 10:26.99 | 13:18.48 | 14:40.53 | 16:02.56 | 17:24.61 |
| 30:08.86 | 27:47.51 | 25:26.17 | 23:04.82 | 18:37.99 | 1650 Free  | 17:35.19 | 19:42.20 | 21:43.28 | 23:44.36 | 25:45.44 |
| 43.87    | 40.50    | 37.12    | 33.75    |          | 50 Back    |          | 29.90    | 32.89    | 35.88    | 38.87    |
| 1:31.76  | 1:24.62  | 1:17.47  | 1:10.33  | 1:00.49  | 100 Back   | 55.99    | 1:08.42  | 1:15.37  | 1:22.32  | 1:29.27  |
| 3:19.41  | 3:03.89  | 2:48.39  | 2:32.88  | 2:10.69  | 200 Back   | 2:01.59  | 2:29.47  | 2:44.63  | 2:59.79  | 3:14.96  |
| 50.10    | 46.25    | 42.39    | 38.54    |          | 50 Breast  |          | 33.28    | 36.61    | 39.94    | 43.26    |
| 1:44.56  | 1:36.38  | 1:28.20  | 1:20.02  | 1:09.69  | 100 Breast | 1:03.29  | 1:15.30  | 1:23.01  | 1:30.72  | 1:38.43  |
| 3:47.29  | 3:29.53  | 3:11.77  | 2:54.01  | 2:30.09  | 200 Breast | 2:17.39  | 2:43.95  | 3:00.70  | 3:17.46  | 3:34.21  |
| 41.25    | 38.08    | 34.90    | 31.73    |          | 50 Fly     |          | 28.14    | 30.96    | 33.77    | 36.59    |
| 1:32.90  | 1:25.66  | 1:18.41  | 1:11.17  | 1:00.39  | 100 Fly    | 55.39    | 1:04.47  | 1:11.04  | 1:17.61  | 1:24.19  |
| 3:41.72  | 3:24.47  | 3:07.22  | 2:49.97  | 2:14.49  | 200 Fly    | 2:03.19  | 2:28.81  | 2:43.94  | 2:59.08  | 3:14.21  |
| 3:17.87  | 3:02.43  | 2:46.98  | 2:31.54  | 2:14.99  | 200 IM     | 2:04.09  | 2:19.82  | 2:34.09  | 2:48.36  | 3:02.63  |
| 7:02.73  | 6:29.77  | 5:56.81  | 5:23.85  | 4:47.39  | 400 IM     | 4:25.39  | 5:03.59  | 5:34.52  | 6:05.46  | 6:36.39  |
| B        | A        | INVT     | SR-A     | SR-Z     | 15-18      | SR-Z     | SR-A     | INVT     | A        | B        |
| 0:34.81  | 0:31.64  | 0:28.77  | 0:26.15  |          | 50 Free    |          | 0:23.86  | 0:26.25  | 0:28.87  | 0:31.76  |
| 1:15.40  | 1:08.55  | 1:02.32  | 0:56.65  |          | 100 Free   |          | 0:51.99  | 0:57.19  | 1:02.91  | 1:09.20  |
| 2:45.15  | 2:30.14  | 2:16.49  | 2:04.08  |          | 200 Free   |          | 1:55.52  | 2:07.07  | 2:19.78  | 2:33.76  |
| 7:23.41  | 6:43.10  | 6:06.45  | 5:33.14  |          | 500 Free   |          | 5:13.45  | 5:44.80  | 6:19.28  | 6:57.20  |
| 15:29.11 | 14:04.64 | 12:47.86 | 11:38.05 |          | 1000 Free  |          | 11:03.76 | 12:10.14 | 13:23.15 | 14:43.47 |
| 26:16.02 | 23:52.75 | 21:42.50 | 19:44.09 |          | 1650 Free  |          | 18:54.38 | 20:47.82 | 22:52.60 | 25:09.86 |
| 0:41.51  | 0:37.74  | 0:34.31  | 0:31.19  |          | 50 Back    |          | 0:28.37  | 0:31.21  | 0:34.33  | 0:37.76  |
| 1:26.98  | 1:19.07  | 1:11.89  | 1:05.35  |          | 100 Back   |          | 1:00.98  | 1:07.08  | 1:13.79  | 1:21.16  |
| 3:10.68  | 2:53.35  | 2:37.59  | 2:23.26  |          | 200 Back   |          | 3:13.97  | 3:33.37  | 3:54.70  | 4:18.17  |
| 0:46.37  | 0:42.16  | 0:38.32  | 0:34.84  |          | 50 Breast  |          | 0:31.76  | 0:34.94  | 0:38.43  | 0:42.27  |
| 1:38.35  | 1:29.41  | 1:21.28  | 1:13.89  |          | 100 Breast |          | 1:08.30  | 1:15.13  | 1:22.64  | 1:30.91  |
| 3:35.57  | 3:15.97  | 2:58.16  | 2:41.96  |          | 200 Breast |          | 2:32.31  | 2:47.54  | 3:04.30  | 3:22.73  |
| 0:38.88  | 0:35.34  | 0:32.13  | 0:29.21  |          | 50 Fly     |          | 0:26.89  | 0:29.58  | 0:32.54  | 0:35.79  |
| 1:24.23  | 1:16.57  | 1:09.61  | 1:03.28  |          | 100 Fly    |          | 0:58.92  | 1:04.81  | 1:11.29  | 1:18.42  |
| 3:16.62  | 2:58.74  | 2:42.49  | 2:27.72  |          | 200 Fly    |          | 2:13.97  | 2:27.37  | 2:42.10  | 2:58.31  |
| 3:08.14  | 2:51.03  | 2:35.49  | 2:21.35  |          | 200 IM     |          | 2:10.47  | 2:23.52  | 2:37.87  | 2:53.66  |
| 6:41.74  | 6:05.21  | 5:32.01  | 5:01.83  |          | 400 IM     |          | 4:42.69  | 5:10.96  | 5:42.06  | 6:16.26  |

ver. R1 updated 2025-Sep-21