

Hawaiian Swimming LSC

Board of Directors Meeting

October 19, 2025 @ 9:30am, Pacific Club Honolulu

This is a in person meeting but we will run a zoom link – this setting is not conducive hearing all participants, but we try to summarize comments as we go. The link:

<https://us06web.zoom.us/j/82622291281>

Agenda

1. Call to Order
2. MISSION MOMENT: Board Responsibilities
3. Review Minutes of July 27, 2025 and September 22, 2025 (Attached)
 - a. Action: Accept the minutes
4. Consent Agenda -
 - a. (please submit your reports for the Consent Agenda by October Thursday, October 16, 2025).
5. Treasurer's Report (see attached reports)
6. Registrar's Report (see attached data report)

OLD BUSINESS/ACTION ITEMS:

1. Committee membership and scheduling update.

NEW BUSINESS:

1. Confidentiality of athlete birthdates: TM files and results pdf. USA Swimming is reminding us that birthdates for athletes shall not be posted on LSC or Club websites. Discussion on the issue and how we can move forward. (Jon and Malcolm)
2. Election Ballot Recommendation (Governance Committee)
 - A. Technical Planning: Malcolm Cooper
 - B. Registrar: Gwenn Tomiyoshi
 - C. Treasurer: Deborah Christian
 - D. Nominations from the Board members will be taken at the meeting for placement on the ballot. Non-Board Members may nominate individuals for inclusion on the official ballot by contacting Jon Hayashida before October 26, 2025. The ballot will be sent out to delegates by October 28, 2025.

3. Senior Committee Motions

A. MOTION: Senior Committee moves that the Senior Championships (Fall (November) and Summer (July) will rotate among all the islands according to the following schedule beginning in Fall 2026.

1. 2025/2026- OAHU/MAUI
 1. FALL 2025 OAHU – UH NOVEMBER 21-23
 2. SUMMER 2026 MAUI – KIHEI JUNE 18-21
2. 2026/2027- BIG ISLAND/OAHU
 1. FALL 2026 BIG ISLAND – TBD. NOVEMBER 20-22
 2. SUMMER 2027 OAHU – TBD JULY 9-11
3. 2027/2028- OAHU/MAUI
4. 2028/2029- BIG ISLAND/OAHU

B. MOTION: Addition to the Policy and Procedures 7.0.1.4. Adding new subsection (3):

3. The general bid process for scheduled Senior Meets is:

- **Bids for scheduled Senior Meets will open the first week of November.**
 - **Bid winners will be announced on Saturday at the Fall Senior Champs during a coaches meeting.**
 - **Ideal locations for meets:** Sprint Pentathlon and Knockout 50s (UH), Distance Pentathlon (Maui or Kona), LC Sprint Pentathlon (open), Senior Spring Invite (UH)
 - **Criteria for winning a bid for Senior Champs:**
 - **Working with local hotels to secure good rates for traveling clubs**
 - **Able to secure pool venue for the scheduled dates**
 - **Ideally, there is a Meet Referee (MR) and Administrative Official (AO) on the bidder's island able to work the scheduled dates**
 - **Provide pool time the day before the meets to traveling teams**
- C. Oceanic Meet Update: Negotiations are beginning with USA Swimming. Ideal team size would be six males and six females. If agreement is reached, selection would be made in April through a qualifying meet on Oahu.
- D. Fall Senior Champs update – see Senior Committee Report (attached)

4. USA Swimming Annual Summit 2025 Reports
 - A. Motions from the Convention if needed.
 - B. General Chair Education Session Report (see attachments)
 - C. Officials Chair Summit Report (see attachments)

REPORTS:

1. Administrative Vice-Chair
2. Financial Vice-Chair
3. Senior Vice-Chair (Report attached; Motions under New Business)
4. Age Group Vice-Chair
5. Technical Committee Chair
6. Times/SWIMS Coordinator
7. Athlete's Representatives
8. Coaches' Representatives
9. Officials Representative
10. Officials Chair (Report attached; 2025 USAS Annual Summit Report Attached; USAS Officials Quarterly Call summary attached)
11. Safety (Operational Risk) Chair
12. SafeSport Chair
13. Neighbor Island Representatives

ADJOURNMENT:

Hawaiian Swimming LSC
Balance Sheet - Modified Cash Basis
As of September 30, 2025 and 2024

	Sep 30, 25	Sep 30, 24	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
First Hawaiian Bank Checking	377,120.47	247,054.46	130,066.01
Investment Account - Cash & Eq	4,017.96	2,039.06	1,978.90
Total Checking/Savings	381,138.43	249,093.52	132,044.91
Other Current Assets			
Receivable - Misailidis	0.00	600.00	-600.00
Total Other Current Assets	0.00	600.00	-600.00
Total Current Assets	381,138.43	249,693.52	131,444.91
Fixed Assets			
Furniture and Equipment			
Office Equipment	2,614.69	2,614.69	0.00
Accum Depreciation-Office Equip	-2,614.69	-2,614.69	0.00
Meet Equipment	36,522.58	36,522.58	0.00
Accum Depreciation-Meet Equip	-36,522.58	-36,522.58	0.00
Total Furniture and Equipment	0.00	0.00	0.00
Total Fixed Assets	0.00	0.00	0.00
Other Assets			
Equity Securities-Endowmt(cost)	265,477.98	258,939.39	6,538.59
Total Other Assets	265,477.98	258,939.39	6,538.59
TOTAL ASSETS	646,616.41	508,632.91	137,983.50
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Credit Cards			
Hawaiian Air Credit Card	418.25	5,075.77	-4,657.52
Total Credit Cards	418.25	5,075.77	-4,657.52
Total Current Liabilities	418.25	5,075.77	-4,657.52
Total Liabilities	418.25	5,075.77	-4,657.52
Equity			
Unrestricted Net Assets	546,944.53	499,674.36	47,270.17
Net Income	99,253.63	3,882.78	95,370.85
Total Equity	646,198.16	503,557.14	142,641.02
TOTAL LIABILITIES & EQUITY	646,616.41	508,632.91	137,983.50

Hawaiian Swimming LSC
Profit & Loss - Modified Cash Basis
For the Nine Months Ended September 30, 2025 and 2024

	Jan - Sep 25	Jan - Sep 24	\$ Change
Income			
Investment Income			
Endowment Income			
Disallowed Loss	0.00	9.30	-9.30
LTCG Distributions	292.43	0.00	292.43
Realized Gain(Loss) on M/S	1,826.86	6,018.88	-4,192.02
Dividend Income	4,711.27	4,721.95	-10.68
Interest Income	0.38	0.99	-0.61
Foreign Tax Withheld	-45.02	0.00	-45.02
Total Endowment Income	<u>6,785.92</u>	<u>10,751.12</u>	<u>-3,965.20</u>
Total Investment Income	6,785.92	10,751.12	-3,965.20
Program Income			
USA Swimming Registration	<u>28,359.00</u>	<u>27,338.00</u>	<u>1,021.00</u>
Total Program Income	28,359.00	27,338.00	1,021.00
Special Events Income			
Senior LC Championship	11,639.00	11,243.00	396.00
Senior SC Championship	14,037.00	0.00	14,037.00
LC State Championship	26,442.00	22,120.50	4,321.50
SC State Championship	31,919.50	22,294.50	9,625.00
JAG SC Championship	6,185.50	6,705.00	-519.50
Senior Swimming	5,500.00	0.00	5,500.00
Team Hawaii Payments	<u>76,152.00</u>	<u>65,000.00</u>	<u>11,152.00</u>
Total Special Events Income	171,875.00	127,363.00	44,512.00
Program Service Revenue			
Sanction Fees	700.00	750.00	-50.00
Surcharge	73,915.75	58,032.00	15,883.75
Fines	<u>850.00</u>	<u>0.00</u>	<u>850.00</u>
Total Program Service Revenue	<u>75,465.75</u>	<u>58,782.00</u>	<u>16,683.75</u>
Total Income	<u>282,485.67</u>	<u>224,234.12</u>	<u>58,251.55</u>
Gross Profit	282,485.67	224,234.12	58,251.55
Expense			
Insurance	1,100.00	0.00	1,100.00
Other Expenses			
Athlete Representative			
Graduating Athlete Recognition	793.26	820.16	-26.90
Other	<u>15.05</u>	<u>0.00</u>	<u>15.05</u>
Total Athlete Representative	808.31	820.16	-11.85
Awards and Grants			
Awards-Ribbons/Labels	<u>7,318.87</u>	<u>1,721.78</u>	<u>5,597.09</u>
Total Awards and Grants	7,318.87	1,721.78	5,597.09
Coaches Development Expense			
Coaches Clinic	<u>0.00</u>	<u>23,537.65</u>	<u>-23,537.65</u>
Total Coaches Development Expense	0.00	23,537.65	-23,537.65
Official's Development Expense			
Official's Social	987.09	361.54	625.55
Official's National Travel	<u>0.00</u>	<u>4,430.19</u>	<u>-4,430.19</u>
Total Official's Development Expense	987.09	4,791.73	-3,804.64
Operations			
Postage, Mailing Service	<u>1.66</u>	<u>72.75</u>	<u>-71.09</u>
Total Operations	1.66	72.75	-71.09

Hawaiian Swimming LSC
Profit & Loss - Modified Cash Basis
For the Nine Months Ended September 30, 2025 and 2024

	Jan - Sep 25	Jan - Sep 24	\$ Change
USA Swimming Convention			
Travel-Airfare, Ground	3,318.31	808.91	2,509.40
Hotel	0.00	303.26	-303.26
Total USA Swimming Convention	3,318.31	1,112.17	2,206.14
Other National Meetings			
Diversity/Club Development	0.00	100.00	-100.00
Total Other National Meetings	0.00	100.00	-100.00
Total Other Expenses	12,434.24	32,156.24	-19,722.00
Special Events and Activities			
Senior LC Championship			
Senior LC Awards	1,000.10	1,007.19	-7.09
Senior LC Hospitality	2,213.31	1,183.03	1,030.28
Senior LC Supplies/Facility/Fee	4,461.15	3,962.24	498.91
Senior LC Champs Travel Reimb	0.00	800.00	-800.00
Total Senior LC Championship	7,674.56	6,952.46	722.10
Senior SC Championship			
Senior SC Awards	1,027.70	482.29	545.41
Senior SC Supplies/Facility/Fee	0.00	813.00	-813.00
Senior SC Champs Travel Reimb	600.00	800.00	-200.00
Total Senior SC Championship	1,627.70	2,095.29	-467.59
LC AG State Championship			
LC AG Awards	3,609.55	2,842.09	767.46
LC AG Official's Expense	2,131.32	0.00	2,131.32
LC AG Hospitality	5,007.68	2,461.68	2,546.00
LC AG Supplies/Facility/Fees	5,992.52	5,040.14	952.38
Total LC AG State Championship	16,741.07	10,343.91	6,397.16
SC AG State Championship			
SC AG Awards	0.00	3,963.60	-3,963.60
SC AG Official's Expense	9,000.42	14,137.35	-5,136.93
SC AG Hospitality	4,787.89	3,788.35	999.54
SC AG Supplies/Facility/Fees	7,018.59	11,184.81	-4,166.22
Total SC AG State Championship	20,806.90	33,074.11	-12,267.21
JAG SC Championship			
JAG SC Official's Expense	0.00	1,003.77	-1,003.77
JAG SC Hospitality	0.00	968.21	-968.21
JAG SC Supplies/Facility/Fees	1,151.16	4,122.75	-2,971.59
Total JAG SC Championship	1,151.16	6,094.73	-4,943.57
Team Hawaii			
Airfare	41,567.94	34,203.37	7,364.57
Hotel	24,585.00	22,224.84	2,360.16
Meals	10,754.61	15,000.00	-4,245.39
Ground Transportation	1,794.34	2,917.50	-1,123.16
Uniforms	9,799.86	8,307.60	1,492.26
Meet Fees	7,815.00	6,320.00	1,495.00
Supplies	698.14	530.43	167.71
Total Team Hawaii	97,014.89	89,503.74	7,511.15
Senior Swimming			
Facility/Lifesaving/Supplies	2,156.89	0.00	2,156.89
Total Senior Swimming	2,156.89	0.00	2,156.89
Sr Swimming Travel Reimb-Athl	600.00	10,600.00	-10,000.00
Sr Swimming Travel Reimb-Coach	0.00	3,550.00	-3,550.00

Hawaiian Swimming LSC
Profit & Loss - Modified Cash Basis
For the Nine Months Ended September 30, 2025 and 2024

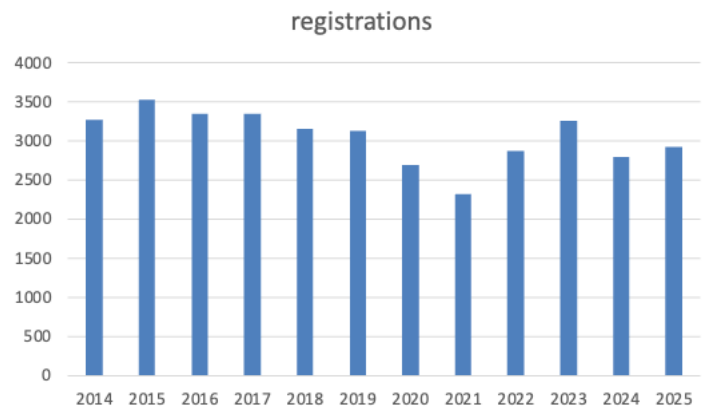
	Jan - Sep 25	Jan - Sep 24	\$ Change
WZ Diversity Select Camp	0.00	6,209.84	-6,209.84
Total Special Events and Activities	147,773.17	168,424.08	-20,650.91
Other Administrative			
Bank Fees	2,169.78	1,044.12	1,125.66
Business Registration	3.50	3.50	0.00
Gifts and Donations	9,473.78	7,811.93	1,661.85
Investment Management Fees	2,769.71	1,939.41	830.30
IT/Web Expenses	2,302.62	2,302.62	0.00
LSC Business Travel	3,593.24	6,049.43	-2,456.19
LSC Business (Meetings)	0.00	620.01	-620.01
Professional Services			
Accounting Fees	1,612.00	0.00	1,612.00
Total Professional Services	1,612.00	0.00	1,612.00
Total Other Administrative	21,924.63	19,771.02	2,153.61
Total Expense	183,232.04	220,351.34	-37,119.30
Net Income	99,253.63	3,882.78	95,370.85

Hawaiian Swimming LSC
Profit & Loss - Modified Cash Basis
For the Quarter Ended September 30, 2025 and 2024

	Jul - Sep 25	Jul - Sep 24	\$ Change
Income			
Investment Income			
Endowment Income			
Disallowed Loss	0.00	9.30	-9.30
LTCG Distributions	292.43	0.00	292.43
Realized Gain(Loss) on M/S	424.60	1,605.75	-1,181.15
Dividend Income	1,731.68	1,617.43	114.25
Interest Income	0.10	0.08	0.02
Foreign Tax Withheld	-5.09	0.00	-5.09
Total Endowment Income	2,443.72	3,232.56	-788.84
Total Investment Income	2,443.72	3,232.56	-788.84
Program Income			
USA Swimming Registration	4,023.00	2,736.00	1,287.00
Total Program Income	4,023.00	2,736.00	1,287.00
Special Events Income			
Senior LC Championship	11,639.00	11,243.00	396.00
LC State Championship	26,442.00	22,120.50	4,321.50
SC State Championship	6,997.00	0.00	6,997.00
JAG SC Championship	5,666.50	0.00	5,666.50
Senior Swimming	5,500.00	0.00	5,500.00
Team Hawaii Payments	70,352.00	55,800.00	14,552.00
Total Special Events Income	126,596.50	89,163.50	37,433.00
Program Service Revenue			
Sanction Fees	250.00	300.00	-50.00
Surcharge	35,023.50	16,557.75	18,465.75
Total Program Service Revenue	35,273.50	16,857.75	18,415.75
Total Income	168,336.72	111,989.81	56,346.91
Gross Profit	168,336.72	111,989.81	56,346.91
Expense			
Insurance	1,100.00	0.00	1,100.00
Other Expenses			
Athlete Representative			
Graduating Athlete Recognition	793.26	0.00	793.26
Other	15.05	0.00	15.05
Total Athlete Representative	808.31	0.00	808.31
Awards and Grants			
Awards-Ribbons/Labels	4,856.47	0.00	4,856.47
Total Awards and Grants	4,856.47	0.00	4,856.47
Coaches Development Expense			
Coaches Clinic	0.00	1,335.00	-1,335.00
Total Coaches Development Expense	0.00	1,335.00	-1,335.00
Official's Development Expense			
Official's Social	987.09	0.00	987.09
Total Official's Development Expense	987.09	0.00	987.09
Operations			
Postage, Mailing Service	1.66	72.75	-71.09
Total Operations	1.66	72.75	-71.09
USA Swimming Convention			
Travel-Airfare, Ground	3,318.31	808.91	2,509.40

	Jul - Sep 25	Jul - Sep 24	\$ Change
Hotel	0.00	303.26	-303.26
Total USA Swimming Convention	3,318.31	1,112.17	2,206.14
Other National Meetings			
Diversity/Club Development	0.00	100.00	-100.00
Total Other National Meetings	0.00	100.00	-100.00
Total Other Expenses	9,971.84	2,619.92	7,351.92
Special Events and Activities			
Senior LC Championship			
Senior LC Awards	294.76	0.00	294.76
Senior LC Hospitality	2,213.31	1,183.03	1,030.28
Senior LC Supplies/Facility/Fee	1,240.68	1,005.24	235.44
Senior LC Champs Travel Reimb	0.00	800.00	-800.00
Total Senior LC Championship	3,748.75	2,988.27	760.48
Senior SC Championship			
Senior SC Awards	418.25	0.00	418.25
Senior SC Supplies/Facility/Fee	0.00	813.00	-813.00
Total Senior SC Championship	418.25	813.00	-394.75
LC AG State Championship			
LC AG Awards	464.40	606.93	-142.53
LC AG Official's Expense	1,977.24	0.00	1,977.24
LC AG Hospitality	5,007.68	2,461.68	2,546.00
LC AG Supplies/Facility/Fees	4,926.14	1,542.29	3,383.85
Total LC AG State Championship	12,375.46	4,610.90	7,764.56
SC AG State Championship			
SC AG Awards	0.00	3,963.60	-3,963.60
SC AG Official's Expense	0.00	2,008.40	-2,008.40
SC AG Supplies/Facility/Fees	362.15	0.00	362.15
Total SC AG State Championship	362.15	5,972.00	-5,609.85
Team Hawaii			
Airfare	15,259.29	1,238.61	14,020.68
Hotel	24,585.00	22,224.84	2,360.16
Meals	14,706.45	15,000.00	-293.55
Ground Transportation	1,144.65	2,917.50	-1,772.85
Uniforms	9,799.86	7,490.50	2,309.36
Meet Fees	7,815.00	6,320.00	1,495.00
Supplies	698.14	530.43	167.71
Total Team Hawaii	74,008.39	55,721.88	18,286.51
Senior Swimming			
Facility/Lifesaving/Supplies	2,156.89	0.00	2,156.89
Total Senior Swimming	2,156.89	0.00	2,156.89
Sr Swimming Travel Reimb-Athl	0.00	10,600.00	-10,600.00
Sr Swimming Travel Reimb-Coach	0.00	3,550.00	-3,550.00
Total Special Events and Activities	93,069.89	84,256.05	8,813.84
Other Administrative			
Bank Fees	696.14	94.24	601.90
Business Registration	3.50	3.50	0.00
Gifts and Donations	6,473.78	7,811.93	-1,338.15
Investment Management Fees	961.51	884.41	77.10
LSC Business Travel	685.00	293.03	391.97
Total Other Administrative	8,819.93	9,087.11	-267.18

	Jul - Sep 25	Jul - Sep 24	\$ Change
Total Expense	112,961.66	95,963.08	16,998.58
Net Income	55,375.06	16,026.73	39,348.33



Months	2014	Run-total	2015	Run-total	2016	Run-Total	2017	Run-total	2018	Run-total		2019	Run-total
Sept	252	252	588	588	347	359	369	369	608	608	Sept	424	424
Oct	813	1065	775	1363	689	1065	531	900	543	1151	Oct	623	1047
Nov	407	1472	426	1789	420	1492	849	1749	404	1555	Nov	288	1335
Dec	771	2243	602	2391	753	2247	707	2456	671	2226	Dec	880	2215
Jan	331	2574	304	2695	320	2569	278	2734	210	2436	Jan	262	2477
Feb	184	2758	222	2917	253	2828	132	2866	239	2675	Feb	172	2649
March	93	2851	68	2985	141	2978	149	3015	125	2800	March	77	2726
April	97	2948	68	3053	92	3078	67	3082	127	2927	April	56	2782
May	115	3063	167	3220	89	3167	102	3184	46	2973	May	119	2901
June	138	3201	143	3363	99	3272	97	3281	113	3086	June	125	3026
July	68	3269	75	3438	48	3323	25	3306	42	3128	July	56	3082
August	27	0	83	3521	11	3334	34	3340	32	3160	August	44	3126
Total	3296	3269	3521	3521	3262	3341	3340	3343	3160	3160		3126	3126
Months	2020	Run-total	Months	2021 Season	Run-Total	2022 Season		Run-total		2023 Season		Run-total	
Sept	753	753	June	11	11	Sept	365	365		Sept	1098	1098	
Oct	448	1201	July	58	69	Oct	414	779		Oct	534	1632	
Nov	305	1506	August	43	112	Nov	536	1315		Nov	257	1889	
Dec	886	2392	Sept	39	151	Dec	601	1917		Dec	393	2282	
Jan	153	2545	Oct	59	210	Jan	315	2232		Jan	270	2552	
Feb	62	2607	Nov	204	414	Feb	48	2280		Feb	116	2668	
March	73	2680	Dec	756	1170	March	107	2387		March	140	2808	
April	6	2686	Jan	365	1536	April	137	2524		April	91	2899	
May	0	2686	Feb	207	1743	May	82	2606		May	122	3021	
		2686	March	118	1861	June	131	2737		June	113	3134	
			April	89	1950	July	106	2843		July	65	3199	
			May	120	2070	Aug	24			Aug	55	3254	
			June	141	2211			2867		total		3254	
			July	81	2292								
			August	28	2320								
					2320								
2024 Season		Run-total		2025 Season		Run-total		2026 Season		Run-Total			
Sept	748	748		Sept	1125	1125		Sept	868	868			
Oct	292	1040		Oct	216	1341		Oct (13th)	109	977			
Nov	414	1454		Nov	189	1530		Nov					
Dec	645	2099		Dec	452	1982		Dec					
Jan	265	2364		Jan	299	2281		Jan					
Feb	82	2446		Feb	76	2357		Feb					
March	62	2508		March	109	2466		March					
April	68	2576		April	119	2585		April					
May	80	2656		May	79	2664		May					
June	59	2715		June	146	2810		June					
July	41	2756		July	54	2864		July					
Aug	41	2798		Aug	64	2928		Aug					
TOTAL		2798		TOTAL		2928							

Item 1: Senior champs location and dates

Senior Champs Rotation

2025/2026- Oahu/Maui

2026/2027- Big Island/Oahu

2027/2028- Oahu/Maui

2028/2029- Big Island/Oah

Fall Dates (For next year but also every year going forward)

November 20-22, 2026

Reasoning: This meet date works very well with the current schedule for our senior athletes

Summer Dates (For next year but also every year going forward)

July 9-11, 2027

Reasoning: Senior Champs is currently too early in the summer to be a true championship meet. We would like senior champs to be the week before age group champs to allow swimmers a true championship meet

Item 2: Bid process for Senior meets and Senior Champs

Here are the meets that will be bid on for next year:

9/11 or 09/12- Sprint Pentathlon (SCY)

10/17 or 10/18- Distance Pentathlon (SCY)

11/06 or 11/07- Knockout 50s (SCY)

11/20-11/22 (senior champs- big island) (SCY)

04/10 or 04/11 (sprint pentathlon- 50 of each stroke plus 200 IM) (LCM)

05/08-05/09 (senior spring invite) (LCM)

07/09-07/11 (Senior champs- Oahu) (LCM)

Bid process

- A bid sheet will be sent out on November 3rd to all clubs
- Bid winners will be announced on Saturday at senior champs (11/22) during a coaches meeting
- Ideal locations for meets: Sprint Pentathlon and Knockout 50s (UH), Distance Pentathlon (Maui or Kona), LC Sprint Pentathlon (open), Senior Spring Invite (UH)
- Criterion for winning a bid for senior champs
 - Working with local hotels to get good rates for clubs
 - Able to secure pool venue for the dates
 - Ideally, you have an AO and MR on that island who is able to work those dates
 - Provide pool time the day before the meet starts to visiting teams

Item 3: Ocean Selection process

Here is the ideal squad size to maximize medal potential in both relays and individual events: 6 males and 6 females

Goal: Selection meet held in early April where swimmers have to race their way on to the team. The location for the meet will be Oahu.

Item 4: Senior Champs fall update

- 1) Working with the senior committee on goodie bags for the swimmers
- 2) Time trials added this year, Rationale: A swimmer with one qual time can swim 3 bonus events and also 2 time trial events. This gives them 6 individual events
- 3) Mixed relays added this year, Rationale: Lots of FUN and to help smaller teams field a relay
- 4) New awards process
 - Top 3 mens, top 3 womens, top 3 combined
 - \$100 from Hawaiian Swimming for team spirit award to be used to have a team party at some point after the meet
 - Top 3 high point for males and females (more recognition)
 - **Top 10 senior swimmer of the year announced during the break before the final relays (honors athletes who competed in all senior series events with a high level achievement across all races and distances)**

Officials Committee Recommendation Report

2025 Long Course Age Group Championships

October 2025

Acknowledgment

The Officials Committee would like to thank the Age Group Committee for all of their hard work and for the thoughtful changes made to the 14 & Under Championships this season. The revised format will shorten sessions, create more balance between preliminaries and finals, and allow athletes, coaches, and officials more recovery time. These improvements show a clear focus on athlete progression and event quality, and we want to recognize the effort that went into making those adjustments happen.

Background

Following the 2025 Long Course Age Group Championships, the Officials Committee reviewed feedback from the official's survey and discussed common themes during our September committee meeting. The survey results provided helpful insight into what went well, where we can improve, and how we can continue to support both the athletes and volunteers at future meets.

1. Athlete Safety and Water Temperature

The most serious issue this year was the high water temperature, which reached up to 89°F towards the end of the prelims sessions. This created unsafe and uncomfortable conditions for our athletes. The decision to move distance events to the morning was the right call for athlete safety and was well-supported by coaches, athletes, and officials.

Going forward, we recommend that any host of a championship meet must ensure that:

- The facility has a plan and equipment in place to regulate pool temperature.
- Complete a pre-meet facility safety checklist (including temperature readings) before the first day of competition.

- Ensure better monitoring of Locker and Restroom areas as an athlete reported an unauthorized individual in the male locker room.
 - If the water temperature problem cannot be fixed, we should consider alternate venues for summer meets.
-

2. Facility and Equipment Concerns

The facility at VMAC and OSL equipment continues to pose challenges:

- Broken and bent backstroke ledges and malfunctioning touchpads slowed down competition and created unnecessary stress for athletes and officials.
- Restrooms were poorly maintained—no soap, overflowing bins, and limited access for officials during short breaks.
- Officials reported limited shade and seating, and a lack of a clear, designated break area.

We recommend requiring every meet host to complete a Facility Safety and Equipment Checklist prior to the meet. This should confirm that all equipment, restrooms, and facilities are ready and in good working order. We also encourage regular restroom monitoring for cleanliness and proper access in addition to increased shade, fans, and hydration stations for officials..

3. Meet Director and Host Club Responsibilities

One repeated theme was that “the meet director should not also be a head coach” during a championship meet. It creates conflicts and gaps in planning and communication. Several logistical issues and confusion over responsibilities stemmed from lack of dedicated oversight.

Our suggestion:

- If the Meet Director must coach during the meet, require a co-meet director who can manage logistics full-time during the event.
- Age Group Committee, Senior Committee, Operational Risk should provide all meet hosts with a standard resource packet that includes planning checklists, safety

reminders/checklists, and templates for staffing.

4. Officials Staffing and Support

Staffing was stretched thin all weekend. Multiple people commented that it was essentially the same group of officials working the entire meet, with limited relief. The heat and long sessions took a physical toll.

We recommend:

- Championship Meet Referees should have two full teams of Deck Referees and Starters at every championship meet.
 - Official's Committee should hold at least one official clinic per island before the end of 2025 to improve recruitment and training.
 - Official's Committee should revisit Official Travel Reimbursement to encourage increased participation from off-island officials.
 - Encouraging clubs and Island Organizations to support officials through equipment reimbursement (radios, clipboards, polos, cooling towels, etc.).
-

5. Hospitality

Hospitality was one of the lowest-rated areas in the survey. Many officials noted repetitive meals, limited drink options, and a lack of shade or cooling areas. At one point, water ran out entirely, which was unacceptable given the heat.

We recommend:

- Consider requiring a hospitality plan as part of every championship meet bid, including meals, hydration, and cooling options, ensuring consistency across islands.
- Increase the quality of food and the variety of drink options available to officials, volunteers, and coaches, especially for long, hot sessions.

- If hospitality duties are split between clubs, hosts should provide oversight to ensure consistency, variety, and availability of hospitality related items.
-

6. Athlete Experience and Recognition

Athletes appreciated the improved format but missed opportunities for celebration and recognition during finals.

We recommend::

- Dedicated time for awards ceremonies and a short finalist parade during finals sessions.
 - Athlete's Committee, Age Group Committee, Senior Committee encouraged to gather athlete feedback through a short post-meet survey to continue improving the experience from their perspective.
 - Recognition from the LSC to individuals who break AG or Open Records (Record Breaker Pins).
-

7. Positive Takeaways

Despite the challenges, the officials, coaches, and host organization worked together exceptionally well under tough conditions. The flexibility shown in rescheduling events, adapting to the heat, and maintaining meet integrity reflected the professionalism and teamwork that define Hawaiian Swimming. Everyone's shared effort helped ensure the meet remained safe, fair, and athlete-centered.

Closing

The Officials Committee again thanks the Age Group Committee for its leadership, collaboration, and dedication to the athlete experience. The improvements to the 14 & Under Championships were a big step forward, and we look forward to building on that progress together. Addressing these remaining facility, safety, and support issues will ensure that our championship meets remain safe, efficient, and enjoyable for everyone involved.

**Respectfully submitted,
Hawaiian Swimming Officials Committee**

**HAWAIIAN SWIMMING LSC
BOARD OF DIRECTORS MEETING
MINUTES AND MEETING SUMMARY**

1. Call to Order at 7:34pm
2. Review Minutes of July 27, 2025
 - a. Minutes were not disseminated so these minutes will be reviewed at the October meeting.
3. Action Items:
 - a. Time Standards for 2026 Season (See Attached Standards)
 - i. Moved and seconded. Passed. 12 yes; 1 no; 2 abstain
 - b. Age Group State Championships (14 & under formats)
 - i. Moved and seconded. Passed. 11 yes; 4 no; 0 abstain
 - c. 2026-30 Entry Fee Schedule (See Attached Motion)
 - i. Moved and seconded. Passed. 14 yes; 0 no; 1 abstain
4. Adjourned at 8:38PM.

Summary

The meeting focused on reviewing and approving time standards for Age Group swimming championships, with discussions centered on transitioning younger swimmers to senior competitions while encouraging levels of competition across the younger age groups. The board approved changes to the standards, to the championship meet format, including renaming the meet as the 14-and-under championship meet, and adjusting entry fees to increase revenue for LSC programs.

Age Group Championship Time Standards (See Attached 2026 Standards)

The meeting focused on reviewing and approving time standards for age group championships. Malcolm presented the updated standards, which were modified to allow for more participation by younger swimmers while maintaining competitive levels for older groups. The committee agreed to shift to 14-and-under age group championships to address long meet durations, with additional opportunities for senior swimmers to qualify in other senior level meets. The board approved the time standards with minor modifications, noting the committee's efforts to balance participation and competition levels.

Age Group Championship Changes Discussed

The group discussed changes to age group championships, particularly noting that 15-18 year olds would not participate in the upcoming state championships in February 2026. Joe clarified that clubs could organize additional meets if needed, and suggested that if there was a need for more competition opportunities, clubs could collaborate to create meets during the week after high school championships. Jon suggested renaming the Age Group championships to "14 and under championships" to better reflect the meet's focus, and Eddy raised a question about potentially making it more difficult for 14 and unders to qualify for senior championships, but Joe emphasized his goal was to encourage participants to improve rather than restrict opportunities.

Swimming Age Group Competition Changes

The group discussed proposed changes to Age Group Swimming Championships, focusing on transitioning 14-and-under swimmers to senior competitions. Joe and Dave argued that older kids could handle the challenge, while Dave emphasized the developmental benefits and need to reinvigorate younger swimmers and help them focus on continuing improvement and development. Reid raised concerns about communication with other coaches, and Kona noted previous athlete opposition to removing 15-18 age groups. The board would need a two-thirds majority to reject the Committee's proposed changes, with Joe suggesting a vote was necessary despite potential dissent.

Swimming Competition Time Standards Review

The meeting focused on discussing time standards for swimming competitions, particularly the quad standards and their potential impact on swimmers and coaches. Jon and Dave agreed that while the standards should be set as a quad, the board retains the ability to revisit and modify them if necessary. The group also addressed concerns about the 15-18 age group and senior swimmers, with Joe noting that existing meets like the Kona Spring Invite and VMAC could accommodate changes. Saint-Marie raised questions about the placement of Senior B standards, which Joe clarified were included in the same document as Senior A standards.

ACTION:

The motion to accept the new time standards submitted with changes noted.

Passed: 12 Yes; 1 No; and 2 Abstain

Swimming Championships Format Discussion

The meeting discussed the scheduling and format of swimming championships, with a focus on the long hours faced by officials and athletes. Malcolm proposed a motion to adopt the 14-and-under format for age group championships in both short and long course, which was seconded by Jon.

14 & Under Championship Format

Malcolm presented the format for a 14 and under championships, based on the Western Zone model. He explained the schedule for both short course and long course events, including time finals and breaks for officials. The meet will feature preliminary and final heats for different age groups, with one final event for 10 and unders in the short course meet. Malcolm noted that the format was created by plugging past summer's entries into a meet with time standards to ensure adequate breaks for all participants.

Age Group Championship Format Changes

The meeting focused on the proposed changes to the age group championship format, with a motion to accept the new 2026 Age Group Championships format passing by a vote of 11 in favor and 4 against. The format change includes renaming the meet to "14 and under" championships, consistent with other LSCs. Malcolm agreed to update the website with time standards and begin preparing the Meet Manager file and time standard files for the upcoming year. The changes are set to be implemented through 2028, with the understanding that the board and committees can reassess if any unintended consequences arise.

ACTION:

Motion to accept the new 2026 Age Group Championships (to be renamed: 14&under Championship Meet") Passed: 11 YES; 4 NO

LSC Entry Fee Schedule Proposal

Dave presented a proposed entry fee schedule for the next four years, which includes increasing the participation fee from \$0 to \$6 in 2026, and adjusting championship meet fees. The changes aim to increase revenue for both the LSC and hosting organizations, with the LSC portion of revenue projected to increase from \$15,000 to \$23,000 per championship meet by 2030. Dave emphasized that the increases are necessary to fund LSC programs, with 92.3% of revenue currently going to programming for athletes, coaches, and officials.

New Entry Fee Schedule Approved

The board voted to implement a new entry fee schedule starting November 1st, with 14 votes in favor and 1 abstention. Dave will work on creating a summary of the meeting using AI and plans to have it ready by the next day. Russell was asked to wait before disseminating the vote results, as Dave wants to send out a comprehensive summary first. Malcolm mentioned he would have the timestandard.std file ready by the end of the week for use in Meet Manager.

ACTION:

Motion to accept proposed new Entry Fee Schedule. Passed: 14 Yes; 1 Abstention

Next Steps

1. Age Group Committee: Implement the transition to 14 and under Age Group Championships for February 2026
2. Joe: Ensure Senior Championships accommodate 15-18 athletes who will no longer participate in Age Group Championships.
3. Joe: Explore options for additional meet opportunities for 15-18 swimmers to qualify for championship events.
4. Malcolm and Joe: Ensure JAGs remains available for 15-18 athletes who don't qualify for Senior Champs
5. All: Communicate the changes to coaches and teams who may not be aware of the restructuring
6. Joe: Coordinate with clubs interested in organizing additional meets for senior swimmers

LCM - 2025-26 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - LCM

FEMALE					8 & U	MALE				
B	A								A	B
0:56.39	0:46.99				50 Free				0:47.99	0:57.58
1:09.38	0:57.82				50 Back				1:00.95	1:13.14
1:17.76	1:04.80				50 Breast				1:05.91	1:19.10
1:09.91	0:58.26				50 Fly				1:02.42	1:14.89
B	A	INVT	CHMP	AG-Z/AAA	10 & U	AG-Z/AAA	CHMP	INVT	A	B
0:50.91	0:46.99	0:43.08	0:39.16	33.69	50 Free	32.99	0:39.98	0:43.98	0:47.99	0:51.97
1:00.06	1:50.82	1:41.59	1:32.35	1:14.49	100 Free	1:13.19	1:33.36	1:42.70	1:52.03	2:01.37
4:40.62	4:19.03	3:57.44	3:35.86	2:43.49	200 Free	2:38.89	3:32.28	3:53.50	4:14.74	4:35.96
1:02.64	0:57.82	0:53.00	0:48.17	39.49	50 Back	38.99	0:50.79	0:55.87	1:00.95	1:06.02
2:27.43	2:16.09	2:04.75	1:53.41	1:25.59	100 Back	1:24.09	1:51.10	2:02.21	2:13.32	2:24.45
1:10.20	1:04.80	0:59.40	0:54.00	44.29	50 Breast	43.59	0:54.93	1:00.42	1:05.91	1:11.41
2:33.44	2:21.64	2:09.83	1:58.03	1:38.09	100 Breast	1:36.29	2:01.42	2:13.57	2:25.71	2:37.86
1:03.12	0:58.26	0:53.40	0:48.55	37.29	50 Fly	36.59	0:52.02	0:57.21	1:02.42	1:07.61
2:39.49	2:27.22	2:14.94	2:02.68	1:26.39	100 Fly	1:25.09	2:04.29	2:16.72	2:29.15	2:41.57
5:23.50	4:58.62	4:33.74	4:08.85	3:04.19	200 IM	3:00.79	3:59.92	4:23.92	4:47.90	5:11.89
B	A	INVT	CHMP	AG-Z/AAA	11/12	AG-Z/AAA	CHMP	INVT	A	B
0:44.00	0:40.62	0:37.23	0:33.84	30.49	50 Free	29.39	0:33.66	0:37.03	0:40.39	0:43.76
1:39.89	1:32.21	1:24.53	1:16.84	1:07.19	100 Free	1:04.49	1:13.81	1:21.19	1:28.57	1:35.95
3:38.22	3:21.43	3:04.64	2:47.86	2:26.49	200 Free	2:20.79	2:44.12	3:00.53	3:16.94	3:33.36
8:13.92	7:35.93	6:57.94	6:19.94	5:08.69	400 Free	4:59.49	6:10.71	6:47.78	7:24.85	8:01.93
0:53.84	0:49.70	0:45.57	0:41.41	35.19	50 Back	34.29	0:41.20	0:45.32	0:49.44	0:53.56
1:57.67	1:48.63	1:39.57	1:30.52	1:16.89	100 Back	1:14.29	1:31.43	1:40.58	1:49.71	1:58.86
4:24.42	4:04.07	3:43.73	3:23.39	2:43.49	200 Back	2:39.49	3:11.24	3:30.36	3:49.48	4:08.61
0:59.15	0:54.60	0:50.05	0:45.50	39.09	50 Breast	38.09	0:45.64	0:50.21	0:54.77	0:59.33
2:12.03	2:01.86	1:51.70	1:41.54	1:25.89	100 Breast	1:23.09	1:41.67	1:51.83	2:02.00	2:12.17
4:54.52	4:31.87	4:09.21	3:46.57	3:06.09	200 Breast	2:59.09	3:41.68	4:03.85	4:26.02	4:48.18
0:50.67	0:46.78	0:42.88	0:38.98	32.89	50 Fly	31.99	0:39.48	0:43.42	0:47.38	0:51.33
2:06.23	1:56.52	1:46.81	1:37.10	1:14.79	100 Fly	1:11.69	1:33.04	1:42.34	1:51.65	2:00.95
4:26.87	4:06.33	3:45.81	3:25.28	2:45.89	200 Fly	2:40.89	3:23.14	3:43.46	4:03.77	4:24.08
4:12.62	3:53.18	3:33.76	3:14.32	2:45.49	200 IM	2:38.29	3:08.49	3:27.34	3:46.19	4:05.04
8:24.11	7:45.34	7:06.56	6:27.78	5:52.69	400 IM	5:44.09	6:56.88	7:38.57	8:20.26	9:01.94
B	A	INVT	CHMP	AG-Z/AAA	13/14	AG-Z/AAA	CHMP	INVT	A	B
0:40.32	0:37.21	0:34.11	0:31.01	29.29	50 Free	26.89	0:28.44	0:31.28	0:34.13	0:36.99
1:28.35	1:21.55	1:14.76	1:07.96	1:03.79	100 Free	58.99	1:03.67	1:10.03	1:16.40	1:22.79
3:12.98	2:58.12	2:43.28	2:28.44	2:17.79	200 Free	2:08.89	2:18.58	2:32.44	2:46.29	3:00.16
7:11.13	6:37.97	6:04.81	5:31.64	4:49.19	400 Free	4:33.79	5:09.34	5:40.27	6:11.21	6:42.14
16:00.75	14:46.85	13:32.95	12:19.04	10:01.49	800 Free	9:26.19	11:57.87	13:09.66	14:21.44	15:33.23
30:48.51	28:26.32	26:04.13	23:41.93	19:13.69	1500 Free	18:07.89	20:18.09	22:19.90	24:21.71	26:23.51
48.70	44.95	41.21	37.46		50 Back		33.19	36.51	39.83	43.15
1:43.05	1:35.13	1:27.19	1:19.27	1:10.49	100 Back	1:05.79	1:17.15	1:24.86	1:32.58	1:40.29
3:43.75	3:26.52	3:09.31	2:52.10	2:31.89	200 Back	2:22.79	2:48.31	3:05.14	3:21.97	3:38.81
55.61	51.34	47.06	42.78		50 Breast		36.94	40.63	44.33	48.02
1:58.06	1:48.98	1:39.90	1:30.82	1:20.39	100 Breast	1:13.69	1:25.58	1:34.14	1:42.70	1:51.26
4:16.29	3:56.58	3:36.86	3:17.15	2:53.09	200 Breast	2:39.39	3:05.98	3:24.58	3:43.18	4:01.77
45.79	42.26	38.74	35.22		50 Fly		31.24	34.36	37.49	40.61
1:44.52	1:36.48	1:28.44	1:20.40	1:08.59	100 Fly	1:03.09	1:12.96	1:20.25	1:27.55	1:34.85
4:08.91	3:49.76	3:30.61	3:11.47	2:33.79	200 Fly	2:21.19	2:47.98	3:04.77	3:21.58	3:38.37
3:42.84	3:25.70	3:08.55	2:51.41	2:34.89	200 IM	2:23.69	2:38.40	2:54.24	3:10.08	3:25.92
7:55.63	7:19.04	6:42.46	6:05.87	5:28.39	400 IM	5:06.99	5:43.38	6:17.72	6:52.06	7:26.39
B	A	INVT	SR-A	SR-Z	15-18	SR-Z	SR-A	INVT	A	B
0:38.77	0:35.78	0:32.80	0:29.82		50 Free		0:27.31	0:30.04	0:32.77	0:35.50
1:24.46	1:17.96	1:11.47	1:04.97		100 Free		1:00.05	1:06.06	1:12.06	1:18.07
3:05.51	2:51.24	2:36.97	2:22.70		200 Free		2:14.17	2:27.59	2:41.00	2:54.42
6:29.38	5:59.42	5:29.47	4:59.52		400 Free		4:43.45	5:11.80	5:40.14	6:08.49
13:38.99	12:35.99	11:32.99	10:29.99		800 Free		9:59.99	10:59.99	11:59.99	12:59.99
26:25.99	24:23.99	22:21.99	20:19.99		1500 Free		19:22.25	21:18.48	23:14.70	25:10.93
0:47.27	0:43.63	0:40.00	0:36.36		50 Back		0:33.63	0:36.99	0:40.35	0:43.71
1:40.02	1:32.33	1:24.63	1:16.94		100 Back		1:12.26	1:19.49	1:26.71	1:33.94
3:36.42	3:19.78	3:03.13	2:46.48		200 Back		2:35.31	2:50.84	3:06.37	3:21.90
0:53.20	0:49.10	0:45.01	0:40.92		50 Breast		0:38.51	0:42.36	0:46.21	0:50.06
1:52.94	1:44.26	1:35.57	1:26.88		100 Breast		1:20.51	1:28.56	1:36.61	1:44.66
4:05.15	3:46.30	3:27.44	3:08.58		200 Breast		2:56.87	3:14.56	3:32.24	3:49.93
0:41.80	0:38.58	0:35.37	0:32.15		50 Fly		0:30.30	0:33.33	0:36.36	0:39.39
1:35.41	1:28.07	1:20.73	1:13.39		100 Fly		1:08.30	1:15.13	1:21.96	1:28.79
3:37.06	3:20.36	3:03.67	2:46.97		200 Fly		2:34.43	2:49.87	3:05.32	3:20.76
3:31.95	3:15.65	2:59.34	2:43.04		200 IM		2:32.50	2:47.75	3:03.00	3:18.25
7:30.68	6:56.02	6:21.35	5:46.68		400 IM		4:41.12	5:09.23	5:37.34	6:05.46

ver. R1 updated 2025-Sep-21

SCY - 2025-26 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCY

FEMALE					8 & U	MALE				
B	A								A	B
0:25.05	0:20.81				25 Free				0:21.25	0:25.57
0:50.08	0:41.61				50 Free				0:42.51	0:51.15
0:30.98	0:25.77				25 Back				0:27.18	0:32.67
1:01.96	0:51.55				50 Back				0:54.37	1:05.35
0:34.58	0:28.74				25 Breast				0:29.24	0:35.18
1:09.15	0:57.48				50 Breast				0:58.48	1:10.36
0:31.18	0:25.93				25 Fly				0:27.80	0:33.42
1:02.35	0:51.86				50 Fly				0:55.60	1:06.84
B	A	INVT	CHMP	AG-Z/AAA	10 & U	AG-Z/AAA	CHMP	INVT	A	B
0:45.14	0:41.61	0:38.09	0:34.56	29.59	50 Free	28.69	0:35.30	0:38.90	0:42.51	0:46.10
1:46.72	1:38.40	1:30.08	1:21.76	1:04.99	100 Free	1:03.79	1:22.67	1:31.08	1:39.49	1:47.90
4:09.93	3:50.48	3:31.03	3:11.59	2:23.59	200 Free	2:18.89	3:08.36	3:27.48	3:46.61	4:05.73
0:55.89	0:51.55	0:47.21	0:42.86	34.39	50 Back	33.99	0:45.22	0:49.79	0:54.37	0:58.94
2:11.74	2:01.52	1:51.31	1:41.09	1:14.49	100 Back	1:12.49	1:39.01	1:49.02	1:59.03	2:09.05
1:02.34	0:57.48	0:52.61	0:47.75	38.89	50 Breast	28.29	0:48.59	0:53.53	0:58.48	1:03.43
2:16.43	2:05.80	1:55.16	1:44.53	1:24.69	100 Breast	1:22.69	1:47.59	1:58.53	2:09.47	2:20.41
0:56.23	0:51.86	0:47.48	0:43.11	33.19	50 Fly	32.59	0:46.23	0:50.91	0:55.60	1:00.28
2:22.42	2:11.37	2:00.31	1:49.26	1:15.99	100 Fly	1:14.59	1:50.71	2:01.91	2:13.11	2:24.30
2:09.33	1:59.27	1:49.22	1:39.16		100 IM		1:40.00	1:50.13	2:00.27	2:10.41
4:48.56	4:26.14	4:03.73	3:41.31	2:39.99	200 IM	2:38.39	3:33.26	3:54.88	4:16.49	4:38.10
B	A	INVT	CHMP	AG-Z/AAA	11/12	AG-Z/AAA	CHMP	INVT	A	B
0:38.92	0:35.87	0:32.82	0:29.77	26.99	50 Free	25.79	0:29.60	0:32.64	0:35.67	0:38.70
1:28.55	1:21.63	1:14.71	1:07.78	58.69	100 Free	56.19	1:05.05	1:11.70	1:18.35	1:25.00
3:13.71	2:58.59	2:43.46	2:28.34	2:07.69	200 Free	2:02.59	2:24.97	2:39.76	2:54.54	3:09.33
9:13.51	8:30.09	7:46.67	7:03.25	5:43.29	500 Free	5:29.99	6:52.70	7:35.06	8:17.43	8:59.81
0:47.96	0:44.23	0:40.51	0:36.77	30.49	50 Back	29.69	0:36.58	0:40.29	0:44.00	0:47.71
1:44.93	1:36.78	1:28.62	1:20.47	1:06.19	100 Back	1:02.79	1:21.29	1:29.53	1:37.76	1:46.00
3:56.05	3:37.72	3:19.40	3:01.07	2:20.99	200 Back	2:15.89	2:50.13	3:07.35	3:24.58	3:41.81
0:52.39	0:48.29	0:44.19	0:40.09	34.59	50 Breast	33.29	0:40.22	0:44.33	0:48.44	0:52.55
1:57.14	1:47.98	1:38.83	1:29.68	1:15.09	100 Breast	1:11.39	1:29.79	1:38.95	1:48.11	1:57.27
4:21.73	4:01.32	3:40.91	3:20.51	2:41.69	200 Breast	2:34.39	3:16.11	3:36.08	3:56.05	4:16.02
0:45.02	0:41.51	0:38.00	0:34.49	28.99	50 Fly	28.19	0:34.94	0:38.49	0:42.05	0:45.61
1:52.46	1:43.71	1:34.96	1:26.22	1:05.19	100 Fly	1:02.49	1:22.56	1:30.94	1:39.32	1:47.70
3:57.90	3:39.40	3:20.91	3:02.41	2:24.09	200 Fly	2:18.69	3:00.49	3:18.79	3:37.09	3:55.39
1:45.78	1:37.53	1:29.28	1:21.04		100 IM		1:19.67	1:27.78	1:35.89	1:43.99
3:44.70	3:27.19	3:09.69	2:52.18	2:24.49	200 IM	2:18.79	2:46.93	3:03.91	3:20.89	3:37.87
7:28.39	6:53.46	6:18.52	5:43.59	5:07.79	400 IM	4:56.29	6:09.80	6:47.36	7:24.92	8:02.47
B	A	INVT	CHMP	AG-Z/AAA	13/14	AG-Z/AAA	CHMP	INVT	A	B
0:35.60	0:32.80	0:30.01	0:27.22	25.59	50 Free	23.49	0:24.90	0:27.46	0:30.03	0:32.60
1:18.15	1:12.03	1:05.91	0:59.78	55.79	100 Free	51.09	0:55.92	1:01.65	1:07.39	1:13.14
2:50.97	2:37.59	2:24.22	2:10.85	2:00.69	200 Free	1:51.99	2:01.96	2:14.45	2:26.93	2:39.42
8:01.75	7:23.85	6:45.95	6:08.05	5:23.89	500 Free	5:03.99	5:42.56	6:17.91	6:53.27	7:28.62
17:56.06	16:31.60	15:07.14	13:42.67	11:08.69	1000 Free	10:26.99	13:18.48	14:40.53	16:02.56	17:24.61
30:08.86	27:47.51	25:26.17	23:04.82	18:37.99	1650 Free	17:35.19	19:42.20	21:43.28	23:44.36	25:45.44
43.87	40.50	37.12	33.75		50 Back		29.90	32.89	35.88	38.87
1:31.76	1:24.62	1:17.47	1:10.33	1:00.49	100 Back	55.99	1:08.42	1:15.37	1:22.32	1:29.27
3:19.41	3:03.89	2:48.39	2:32.88	2:10.69	200 Back	2:01.59	2:29.47	2:44.63	2:59.79	3:14.96
50.10	46.25	42.39	38.54		50 Breast		33.28	36.61	39.94	43.26
1:44.56	1:36.38	1:28.20	1:20.02	1:09.69	100 Breast	1:03.29	1:15.30	1:23.01	1:30.72	1:38.43
3:47.29	3:29.53	3:11.77	2:54.01	2:30.09	200 Breast	2:17.39	2:43.95	3:00.70	3:17.46	3:34.21
41.25	38.08	34.90	31.73		50 Fly		28.14	30.96	33.77	36.59
1:32.90	1:25.66	1:18.41	1:11.17	1:00.39	100 Fly	55.39	1:04.47	1:11.04	1:17.61	1:24.19
3:41.72	3:24.47	3:07.22	2:49.97	2:14.49	200 Fly	2:03.19	2:28.81	2:43.94	2:59.08	3:14.21
3:17.87	3:02.43	2:46.98	2:31.54	2:14.99	200 IM	2:04.09	2:19.82	2:34.09	2:48.36	3:02.63
7:02.73	6:29.77	5:56.81	5:23.85	4:47.39	400 IM	4:25.39	5:03.59	5:34.52	6:05.46	6:36.39
B	A	INVT	SR-A	SR-Z	15-18	SR-Z	SR-A	INVT	A	B
0:34.81	0:31.64	0:28.77	0:26.15		50 Free		0:23.86	0:26.25	0:28.87	0:31.76
1:15.40	1:08.55	1:02.32	0:56.65		100 Free		0:51.99	0:57.19	1:02.91	1:09.20
2:45.15	2:30.14	2:16.49	2:04.08		200 Free		1:55.52	2:07.07	2:19.78	2:33.76
7:23.41	6:43.10	6:06.45	5:33.14		500 Free		5:13.45	5:44.80	6:19.28	6:57.20
15:29.11	14:04.64	12:47.86	11:38.05		1000 Free		11:03.76	12:10.14	13:23.15	14:43.47
26:16.02	23:52.75	21:42.50	19:44.09		1650 Free		18:54.38	20:47.82	22:52.60	25:09.86
0:41.74	0:37.95	0:34.50	0:31.36		50 Back		0:26.65	0:29.32	0:32.25	0:35.47
1:26.98	1:19.07	1:11.89	1:05.35		100 Back		1:00.98	1:07.08	1:13.79	1:21.16
3:10.68	2:53.35	2:37.59	2:23.26		200 Back		3:13.97	3:33.37	3:54.70	4:18.17
0:47.37	0:43.06	0:39.15	0:35.59		50 Breast		0:30.19	0:33.21	0:36.53	0:40.18
1:38.35	1:29.41	1:21.28	1:13.89		100 Breast		1:08.30	1:15.13	1:22.64	1:30.91
3:35.57	3:15.97	2:58.16	2:41.96		200 Breast		2:32.31	2:47.54	3:04.30	3:22.73
0:37.96	0:34.51	0:31.37	0:28.52		50 Fly		0:25.72	0:28.29	0:31.12	0:34.23
1:24.23	1:16.57	1:09.61	1:03.28		100 Fly		0:58.92	1:04.81	1:11.29	1:18.42
3:16.62	2:58.74	2:42.49	2:27.72		200 Fly		2:13.97	2:27.37	2:42.10	2:58.31
3:08.14	2:51.03	2:35.49	2:21.35		200 IM		2:10.47	2:23.52	2:37.87	2:53.66
6:41.74	6:05.21	5:32.01	5:01.83		400 IM		4:42.69	5:10.96	5:42.06	6:16.26

ver. R1 updated 2025-Sep-21

SCM - 2025-26 HAWAIIAN SWIMMING AGE GROUP TIME STANDARDS - SCM

FEMALE					8 & U	MALE				
B	A									A B
0:27.81	0:23.10				25 Free					0:23.59 0:28.38
0:55.59	0:46.19				50 Free					0:47.19 0:56.78
0:34.39	0:28.60				25 Back					0:30.17 0:36.26
1:08.78	0:57.22				50 Back					1:00.35 1:12.54
0:38.38	0:31.90				25 Breast					0:32.46 0:39.05
1:16.76	1:03.80				50 Breast					1:04.91 1:18.10
0:34.61	0:28.78				25 Fly					0:30.86 0:37.10
1:09.21	0:57.56				50 Fly					1:01.72 1:14.19
B	A	INVT	CHMP	AG-Z/AAA	10 & U	AG-Z/AAA	CHMP	INVT	A	B
0:50.11	0:46.19	0:42.28	0:38.36	32.69	50 Free	31.69	0:39.18	0:43.18	0:47.19	0:51.17
1:58.46	1:49.22	1:39.99	1:30.75	1:11.89	100 Free	1:10.39	1:31.76	1:41.10	1:50.43	1:59.77
4:37.42	4:15.83	3:54.24	3:32.66	2:38.59	200 Free	2:33.59	3:29.08	3:50.30	4:11.54	4:32.76
1:02.04	0:57.22	0:52.40	0:47.57	37.99	50 Back	37.59	0:50.19	0:55.27	1:00.35	1:05.42
2:26.23	2:14.89	2:03.55	1:52.21	1:22.29	100 Back	1:20.09	1:49.90	2:01.01	2:12.12	2:23.25
1:09.20	1:03.80	0:58.40	0:53.00	42.99	50 Breast	42.29	0:53.93	0:59.42	1:04.91	1:10.41
2:31.44	2:19.64	2:07.83	1:56.03	1:33.59	100 Breast	1:31.39	1:59.42	2:11.57	2:23.71	2:35.86
1:02.42	0:57.56	0:52.70	0:47.85	36.69	50 Fly	35.99	0:51.32	0:56.51	1:01.72	1:06.91
2:38.09	2:25.82	2:13.54	2:01.28	1:23.89	100 Fly	1:22.49	2:02.89	2:15.32	2:27.75	2:40.17
2:23.56	2:12.39	2:01.23	1:50.07		100 IM		1:51.00	2:02.24	2:13.50	2:24.76
5:20.30	4:55.42	4:30.54	4:05.65	2:56.79	200 IM	2:55.09	3:56.72	4:20.72	4:44.70	5:08.69
B	A	INVT	CHMP	AG-Z/AAA	11/12	AG-Z/AAA	CHMP	INVT	A	B
0:43.20	0:39.82	0:36.43	0:33.04	29.79	50 Free	28.49	0:32.86	0:36.23	0:39.59	0:42.96
1:38.29	1:30.61	1:22.93	1:15.24	1:04.89	100 Free	1:02.09	1:12.21	1:19.59	1:26.97	1:34.35
3:35.02	3:18.23	3:01.44	2:44.66	2:21.09	200 Free	2:15.49	2:40.92	2:57.33	3:13.74	3:30.16
8:07.52	7:29.53	6:51.54	6:13.54	5:00.39	400 Free	4:48.69	6:04.31	6:41.38	7:18.45	7:55.53
0:53.24	0:49.10	0:44.97	0:40.81	33.59	50 Back	32.79	0:40.60	0:44.72	0:48.84	0:52.96
1:56.47	1:47.43	1:38.37	1:29.32	1:13.09	100 Back	1:09.39	1:30.23	1:39.38	1:48.51	1:57.66
4:22.02	4:01.67	3:41.33	3:20.99	2:35.79	200 Back	2:30.09	3:08.84	3:27.96	3:47.08	4:06.21
0:58.15	0:53.60	0:49.05	0:44.50	38.19	50 Breast	36.69	0:44.64	0:49.21	0:53.77	0:58.33
2:10.03	1:59.86	1:49.70	1:39.54	1:22.99	100 Breast	1:18.89	1:39.67	1:49.83	2:00.00	2:10.17
4:50.52	4:27.87	4:05.21	3:42.57	2:58.59	200 Breast	2:50.59	3:37.68	3:59.85	4:22.02	4:44.18
0:49.97	0:46.08	0:42.18	0:38.28	31.99	50 Fly	31.19	0:38.78	0:42.72	0:46.68	0:50.63
2:04.83	1:55.12	1:45.41	1:35.70	1:12.09	100 Fly	1:08.99	1:31.64	1:40.94	1:50.25	1:59.55
4:24.07	4:03.53	3:43.01	3:22.48	2:39.19	200 Fly	2:33.29	3:20.34	3:40.66	4:00.97	4:21.28
1:57.42	1:48.26	1:39.10	1:29.95		100 IM		1:28.43	1:37.44	1:46.44	1:55.43
4:09.42	3:49.98	3:30.56	3:11.12	2:39.59	200 IM	2:33.39	3:05.29	3:24.14	3:42.99	4:01.84
8:17.71	7:38.94	7:00.16	6:21.38	5:40.09	400 IM	5:27.39	6:50.48	7:32.17	8:13.86	8:55.54
B	A	INVT	CHMP	AG-Z/AAA	13/14	AG-Z/AAA	CHMP	INVT	A	B
0:39.52	0:36.41	0:33.31	0:30.21	28.29	50 Free	25.89	0:27.64	0:30.48	0:33.33	0:36.19
1:26.75	1:19.95	1:13.16	1:06.36	61.69	100 Free	56.39	1:02.07	1:08.43	1:14.80	1:21.19
3:09.78	2:54.92	2:40.08	2:25.24	2:13.39	200 Free	2:03.69	2:15.38	2:29.24	2:43.09	2:56.96
7:04.73	6:31.57	5:58.41	5:25.24	4:43.39	400 Free	4:25.19	5:02.94	5:33.87	6:04.81	6:35.74
15:47.95	14:34.05	13:20.15	12:06.24	9:45.09	800 Free	9:08.59	11:45.07	12:56.86	14:08.64	15:20.43
30:24.51	28:02.32	25:40.13	23:17.93	18:31.29	1500 Free	17:28.79	19:54.09	21:55.90	23:57.71	25:59.51
48.70	44.95	41.21	37.46		50 Back		33.19	36.51	39.83	43.15
1:41.85	1:33.93	1:25.99	1:18.07	1:06.79	100 Back	1:01.89	1:15.95	1:23.66	1:31.38	1:39.09
3:41.35	3:24.12	3:06.91	2:49.70	2:24.49	200 Back	2:14.29	2:45.91	3:02.74	3:19.57	3:36.41
55.61	51.34	47.06	42.78		50 Breast		36.94	40.63	44.33	48.02
1:56.06	1:46.98	1:37.90	1:28.82	1:16.99	100 Breast	1:09.89	1:23.58	1:32.14	1:40.70	1:49.26
4:12.29	3:52.58	3:32.86	3:13.15	2:45.89	200 Breast	2:31.79	3:01.98	3:20.58	3:39.18	3:57.77
45.79	42.26	38.74	35.22		50 Fly		31.24	34.36	37.49	40.61
1:43.12	1:35.08	1:27.04	1:19.00	1:06.69	100 Fly	1:01.19	1:11.56	1:18.85	1:26.15	1:33.45
4:06.11	3:46.96	3:27.81	3:08.67	2:28.59	200 Fly	2:16.19	2:45.18	3:01.97	3:18.78	3:35.57
3:39.64	3:22.50	3:05.35	2:48.21	2:29.09	200 IM	2:17.09	2:35.20	2:51.04	3:06.88	3:22.72
7:49.23	7:12.64	6:36.06	5:59.47	5:17.59	400 IM	4:53.19	5:36.98	6:11.32	6:45.66	7:19.99
B	A	INVT	SR-A	SR-Z	15-18	SR-Z	SR-A	INVT	A	B
0:37.97	0:34.98	0:32.00	0:29.02		50 Free		0:26.51	0:29.24	0:31.97	0:34.70
1:22.86	1:16.36	1:09.87	1:03.37		100 Free		0:58.45	1:04.46	1:10.46	1:16.47
3:02.31	2:48.04	2:33.77	2:19.50		200 Free		2:10.97	2:24.39	2:37.80	2:51.22
6:22.98	5:53.02	5:23.07	4:53.12		400 Free		4:37.05	5:05.40	5:33.74	6:02.09
13:26.19	12:23.19	11:20.19	10:17.19		800 Free		9:47.19	10:47.19	11:47.19	12:47.19
26:01.99	23:59.99	21:57.99	19:55.99		1500 Free		18:58.25	20:54.48	22:50.70	24:46.93
0:46.47	0:42.83	0:39.20	0:35.56		50 Back		0:32.83	0:36.19	0:39.55	0:42.91
1:38.82	1:31.13	1:23.43	1:15.74		100 Back		1:11.06	1:18.29	1:25.51	1:32.74
3:34.02	3:17.38	3:00.73	2:44.08		200 Back		2:32.91	2:48.44	3:03.97	3:19.50
0:52.40	0:48.30	0:44.21	0:40.12		50 Breast		0:37.71	0:41.56	0:45.41	0:49.26
1:50.94	1:42.26	1:33.57	1:24.88		100 Breast		1:18.51	1:26.56	1:34.61	1:42.66
4:01.15	3:42.30	3:23.44	3:04.58		200 Breast		2:52.87	3:10.56	3:28.24	3:45.93
0:41.00	0:37.78	0:34.57	0:31.35		50 Fly		0:29.50	0:32.53	0:35.56	0:38.59
1:34.01	1:26.67	1:19.33	1:11.99		100 Fly		1:06.90	1:13.73	1:20.56	1:27.39
3:34.26	3:17.56	3:00.87	2:44.17		200 Fly		2:31.63	2:47.07	3:02.52	3:17.96
3:28.75	3:12.45	2:56.14	2:39.84		200 IM		2:29.30	2:44.55	2:59.80	3:15.05
7:24.28	6:49.62	6:14.95	5:40.28		400 IM		4:34.72	5:02.83	5:30.94	5:59.06

Note: WZ SCM times in seconds (sss.dd not mm:ss.dd)

ver. R1 updated 2025-Sep-21

SCY Time Standards for HISI 2025-26 14u Age Group Short Course Championship

				FEMALE		MALE			
				Y-BO	Y-CH	10 & U	Y-CH	Y-BO	
				0:38.01	0:34.56	50 Free	0:35.30	0:38.83	
				1:29.93	1:21.76	100 Free	1:22.94	1:31.23	
				3:30.74	3:11.59	200 Free	3:08.45	3:27.30	
				0:47.15	0:42.87	50 Back	0:45.22	0:49.74	
				1:51.20	1:41.09	100 Back	1:39.01	1:48.91	
				0:52.52	0:47.75	50 Breast	0:48.59	0:53.44	
				1:54.99	1:44.53	100 Breast	1:47.60	1:58.35	
				0:47.42	0:43.11	50 Fly	0:46.23	0:50.85	
				2:00.19	1:49.26	100 Fly	1:50.71	2:01.78	
				1:49.08	1:39.16	100 IM	1:40.06	1:50.07	
				4:03.44	3:41.31	200 IM	3:33.26	3:54.59	
FEMALE				11		12		MALE	
Y-BO	Y-CH	Y-BO	Y-CH					11	Y-BO
0:34.39	0:31.26	0:32.75	0:29.78					0:31.08	0:34.19
1:18.29	1:11.17	1:14.56	1:07.78					1:08.31	1:15.14
2:51.34	2:35.76	2:43.18	2:28.34					2:32.22	2:47.44
	7:24.41		7:03.25					7:13.33	
0:42.46	0:38.60	0:40.44	0:36.77					0:38.41	0:42.25
1:32.94	1:24.49	1:28.52	1:20.47					1:25.35	1:33.89
3:29.14	3:10.13	3:19.18	3:01.07					2:58.63	3:16.50
0:46.30	0:42.10	0:44.10	0:40.09					0:42.23	0:46.45
1:43.59	1:34.17	1:38.65	1:29.69					1:34.28	1:43.71
3:51.57	3:30.52	3:40.55	3:20.50					3:25.91	3:46.51
0:39.83	0:36.21	0:37.94	0:34.49					0:36.68	0:40.35
1:39.58	1:30.53	1:34.84	1:26.22					1:26.69	1:35.36
3:32.77	3:13.43	3:22.64	3:04.22					3:11.40	3:30.54
1:33.60	1:25.09	1:29.14	1:21.04					1:23.66	1:32.02
3:18.87	3:00.79	3:09.40	2:52.18					2:55.27	3:12.80
	6:00.77		5:43.59					6:28.29	
				13		14		14	
Y-BO	Y-CH	Y-BO	Y-CH						
0:31.44	0:28.58	0:29.94	0:27.22						
1:09.05	1:02.77	1:05.76	0:59.78						
2:31.13	2:17.39	2:23.93	2:10.85						
	6:26.45		6:08.05						
	12:53.99		12:17.13						
	21:35.99		20:34.27						
1:21.24	1:13.85	1:17.37	1:10.33						
2:56.58	2:40.53	2:48.17	2:32.88						
1:32.42	1:24.02	1:28.02	1:20.02						
3:20.98	3:02.71	3:11.41	2:54.01						
1:22.20	1:14.73	1:18.29	1:11.17						
3:16.32	2:58.47	3:06.97	2:49.97						
2:55.03	2:39.12	2:46.70	2:31.54						
	5:40.04		5:23.85						

Y-CH = HISI 2026 SCY Championship qualifying time

Y-BO = HISI 2026 SCY Bonus Qualifying time

Note: These are qualifying times for HISI 2025-26 Short Course Yards 14&Under Age Group Championships. 10u, 12 & 14 time standards same as 10u, 11-12, 13-14 Summer LCM Champ time standards

SCM Time Standards for HISI 2025-26 14u Age Group Short Course Championship

FEMALE				MALE				
Y-BO		Y-CH		10 & U	Y-CH	Y-BO		
0:42.20		0:38.36		50 Free	0:39.18	0:43.10		
1:39.83		1:30.75		100 Free	1:32.06	1:41.27		
3:53.93		3:32.66		200 Free	3:29.18	3:50.10		
0:52.34		0:47.58		50 Back	0:50.19	0:55.21		
2:03.43		1:52.21		100 Back	1:49.90	2:00.89		
0:58.30		0:53.00		50 Breast	0:53.93	0:59.32		
2:07.63		1:56.03		100 Breast	1:59.43	2:11.37		
0:52.64		0:47.85		50 Fly	0:51.31	0:56.44		
2:13.41		2:01.28		100 Fly	2:02.89	2:15.18		
2:01.07		1:50.07		100 IM	1:51.07	2:02.18		
4:30.22		4:05.65		200 IM	3:56.72	4:20.39		
FEMALE				MALE				
11		12			12		11	
Y-BO	Y-CH	Y-BO	Y-CH	11and12	Y-CH	Y-BO	Y-CH	Y-BO
0:38.17	0:34.70	0:36.36	0:33.05	50 Free	0:32.86	0:36.15	0:34.50	0:37.95
1:26.90	1:19.00	1:22.76	1:15.24	100 Free	1:12.21	1:19.43	1:15.82	1:23.40
3:10.18	2:52.89	3:01.13	2:44.66	200 Free	2:40.92	2:57.01	2:48.97	3:05.86
	6:32.22		6:13.54	400 Free	6:04.31		6:22.53	
0:47.14	0:42.85	0:44.89	0:40.81	50 Back	0:40.60	0:44.66	0:42.63	0:46.89
1:43.17	1:33.79	1:38.25	1:29.32	100 Back	1:30.23	1:39.25	1:34.74	1:44.22
3:52.14	3:31.04	3:41.09	3:20.99	200 Back	3:08.84	3:27.72	3:18.28	3:38.11
0:51.40	0:46.73	0:48.95	0:44.50	50 Breast	0:44.64	0:49.10	0:46.87	0:51.56
1:54.98	1:44.53	1:49.51	1:39.55	100 Breast	1:39.67	1:49.64	1:44.65	1:55.12
4:17.05	3:53.68	4:04.81	3:42.55	200 Breast	3:37.68	3:59.45	3:48.56	4:11.42
0:44.21	0:40.19	0:42.11	0:38.28	50 Fly	0:38.78	0:42.66	0:40.72	0:44.79
1:50.53	1:40.49	1:45.27	1:35.70	100 Fly	1:31.64	1:40.80	1:36.22	1:45.84
3:56.17	3:34.70	3:44.93	3:24.48	200 Fly	3:22.34	3:42.57	3:32.46	3:53.70
1:43.90	1:34.45	1:38.95	1:29.95	100 IM	1:28.44	1:37.28	1:32.86	1:42.15
3:40.74	3:20.68	3:30.23	3:11.12	200 IM	3:05.29	3:23.82	3:14.56	3:34.01
7:20.49	6:40.45	6:59.52	6:21.38	400 IM	6:50.48	7:31.53	7:11.00	7:54.10
13		14			14		13	
Y-BO	Y-CH	Y-BO	Y-CH	13and14	Y-CH	Y-BO	Y-CH	Y-BO
0:34.89	0:31.72	0:33.23	0:30.21	50 Free	0:28.04	0:30.84	0:29.44	0:32.39
1:16.65	1:09.68	1:13.00	1:06.36	100 Free	1:02.07	1:08.28	1:05.17	1:11.69
2:47.75	2:32.50	2:39.76	2:25.24	200 Free	2:15.38	2:28.92	2:22.15	2:36.36
	5:41.50		5:25.24	400 Free	5:02.94		5:18.09	
	11:23.96		10:51.39	800 Free	10:09.39		10:39.86	
	21:48.80		20:46.48	1500 Free	19:23.69		20:21.88	
0:42.57	0:38.70	0:40.55	0:36.86	50 Back	0:35.30	0:38.83	0:37.07	0:40.77
1:30.17	1:21.97	1:25.88	1:18.07	100 Back	1:15.95	1:23.55	1:19.75	1:27.72
3:16.00	2:58.19	3:06.67	2:49.70	200 Back	2:45.91	3:02.50	2:54.21	3:11.63
0:48.26	0:43.87	0:45.96	0:41.78	50 Breast	0:39.93	0:43.92	0:41.93	0:46.12
1:42.59	1:33.26	1:37.70	1:28.82	100 Breast	1:23.58	1:31.94	1:27.76	1:36.54
3:43.09	3:22.81	3:32.47	3:13.15	200 Breast	3:01.98	3:20.18	3:11.08	3:30.19
0:39.87	0:36.25	0:37.97	0:34.52	50 Fly	0:31.67	0:34.84	0:33.25	0:36.58
1:31.25	1:22.95	1:26.90	1:19.00	100 Fly	1:11.56	1:18.72	1:15.14	1:22.65
3:37.91	3:18.10	3:27.54	3:08.67	200 Fly	2:45.18	3:01.70	2:53.44	3:10.78
3:14.28	2:56.62	3:05.03	2:48.21	200 IM	2:35.20	2:50.72	2:42.96	2:59.26
	6:17.44		5:59.47	400 IM	5:36.98		5:53.83	

Y-CH = HISI 2026 SCY Championship qualifying time

Y-BO = HISI 2026 SCY Bonus Qualifying time

Note: These are qualifying times for HISI 2025-26 Short Course Yards 14&Under Age Group Championships. 10u, 12 & 14 time standards same as 10u, 11-12, 13-14 Summer LCM Champ time standards

LCM Time Standards for HISI 2025-26 14u Age Group Short Course Championship

FEMALE				MALE			
Y-BO		Y-CH		10 & U	Y-CH	Y-BO	
0:43.08		0:39.16		50 Free	0:39.98	0:43.98	
1:41.59		1:32.35		100 Free	1:33.66	1:43.03	
3:57.45		3:35.86		200 Free	3:32.38	3:53.62	
0:53.00		0:48.18		50 Back	0:50.79	0:55.87	
2:04.75		1:53.41		100 Back	1:51.10	2:02.21	
0:59.40		0:54.00		50 Breast	0:54.93	1:00.42	
2:09.83		1:58.03		100 Breast	2:01.43	2:13.57	
0:53.41		0:48.55		50 Fly	0:52.01	0:57.21	
2:14.95		2:02.68		100 Fly	2:04.29	2:16.72	
				100 IM			
				200 IM	3:59.92	4:23.91	
FEMALE						MALE	
11		12				11	
Y-BO	Y-CH	Y-BO	Y-CH	11and12	Y-CH	Y-BO	Y-BO
0:39.10	0:35.54	0:37.24	0:33.85	50 Free	0:33.66	0:37.03	0:38.88
1:28.75	1:20.68	1:24.52	1:16.84	100 Free	1:13.81	1:21.19	1:25.25
3:13.88	2:56.25	3:04.65	2:47.86	200 Free	2:44.12	3:00.53	3:09.56
	6:38.94		6:19.94	400 Free	6:10.71		6:29.25
0:47.83	0:43.48	0:45.55	0:41.41	50 Back	0:41.20	0:45.32	0:47.59
1:44.55	1:35.05	1:39.57	1:30.52	100 Back	1:31.43	1:40.57	1:45.60
3:54.92	3:33.56	3:43.73	3:23.39	200 Back	3:11.24	3:30.36	3:40.88
0:52.55	0:47.78	0:50.05	0:45.50	50 Breast	0:45.64	0:50.20	0:52.71
1:57.29	1:46.63	1:51.71	1:41.55	100 Breast	1:41.67	1:51.84	1:57.43
4:21.67	3:57.88	4:09.21	3:46.55	200 Breast	3:41.68	4:03.85	4:16.04
0:45.02	0:40.93	0:42.88	0:38.98	50 Fly	0:39.48	0:43.43	0:45.60
1:52.15	1:41.96	1:46.81	1:37.10	100 Fly	1:33.04	1:42.34	1:47.46
3:57.10	3:35.54	3:45.81	3:25.28	200 Fly	3:23.14	3:43.45	3:54.63
				100 IM			
3:44.44	3:24.04	03:33.75	3:14.32	200 IM	3:08.49	3:27.34	3:37.71
	6:47.17		6:27.78	400 IM	6:56.88		7:17.72
13		14				13	
Y-BO	Y-CH	Y-BO	Y-CH	13and14	Y-CH	Y-BO	Y-BO
0:35.82	0:32.56	0:34.11	0:31.01	50 Free	0:28.84	0:31.72	0:33.31
1:18.49	1:11.36	1:14.76	1:07.96	100 Free	1:03.67	1:10.04	1:13.54
2:51.45	2:35.86	2:43.28	2:28.44	200 Free	2:18.58	2:32.44	2:40.06
	5:48.22		5:31.64	400 Free	5:09.34		5:24.81
	11:37.40		11:04.19	800 Free	10:22.19		10:53.30
	22:14.00		21:10.48	1500 Free	19:47.69		20:47.08
0:43.27	0:39.33	0:41.21	0:37.46	50 Back	0:35.90	0:39.49	0:41.47
1:31.56	1:23.23	1:27.20	1:19.27	100 Back	1:17.15	1:24.87	1:29.11
3:18.78	3:00.71	3:09.31	2:52.10	200 Back	2:48.31	3:05.14	3:14.40
0:49.41	0:44.92	0:47.06	0:42.78	50 Breast	0:40.93	0:45.02	0:47.27
1:44.90	1:35.36	1:39.90	1:30.82	100 Breast	1:25.58	1:34.14	1:38.85
3:47.71	3:27.01	3:36.87	3:17.15	200 Breast	3:05.98	3:24.58	3:34.81
0:40.68	0:36.98	0:38.74	0:35.22	50 Fly	0:32.37	0:35.61	0:37.39
1:32.86	1:24.42	1:28.44	1:20.40	100 Fly	1:12.96	1:20.26	1:24.27
3:41.15	3:21.04	3:30.62	3:11.47	200 Fly	2:47.98	3:04.78	3:14.02
3:17.98	2:59.98	3:08.55	2:51.41	200 IM	2:38.40	2:54.24	3:02.95
	6:24.16		6:05.87	400 IM	5:43.38		6:00.55

Y-CH = HISI 2026 SCY Championship qualifying time

Y-BO = HISI 2026 SCY Bonus Qualifying time

Note: These are qualifying times for HISI 2025-26 Short Course Yards 14&Under Age Group Championships. 10u, 12 & 14 time standards same as 10u, 11-12, 13-14 Summer LCM Champ time standards

[illegible]

Blue = Timed Finals

SCY 14&U Single Age AG Champs						
1 Final per age group. 11&12 and 13&14 will swim as 11-12 and 13-14 in prelims, and in separate single-age final heats. Distance 11&12 and 13&14 will combine all but fastest heat						
Girls	Thursday 9:30am start	Boys		Girls	Friday 8:30am start	Boys
7	13 & 14 100 Breaststroke	8			13 & 14 50 Backstroke	
9	10&U 200 Freestyle	10		26	10&U 100 Freestyle	27
11	11 & 12 100 Freestyle	12		28	11 & 12 200 Freestyle	29
13	13 & 14 100 Freestyle	14		30	13 & 14 200 Freestyle	31
15	10&U 100 Backstroke	16		32	10&U 50 Butterfly	33
17	11 & 12 100 Backstroke	18		34	11 & 12 50 Butterfly	35
19	13 & 14 200 Backstroke	20		36	13 & 14 100 Butterfly	37
66	11 & 12 400 Freestyle	67		38	10&U 200 Individual Medley	39
21	13 & 14 1500 Freestyle	22			13 & 14 50 Breaststroke	
23	10&u 200 Free Relay	23		44	11 & 12 200 Backstroke	45
24	12&u 400 Free Relay	24		42	13 & 14 400 Individual Medley	43
25	11-14 400 Free Relay	25		46	10&u 200 Medley Relay	47
				48	12&u 200 Medley Relay	49
				50	11-14 200 Medley Relay	51
Girls	Saturday 8:30am start	Boys		Girls	Sunday 8:30am start	Boys
				87	11 & 12 200 Breaststroke	88
40	11 & 12 200 Individual Medley	41		3	10&U 50 Breaststroke	4
	13 & 14 50 Butterfly			73	13 & 14 200 Individual Medley	74
54	10&U 100 Breaststroke	55		75	10&U 50 Freestyle	76
56	11 & 12 100 Breaststroke	57		77	11 & 12 50 Freestyle	78
58	13 & 14 200 Breaststroke	59		79	13 & 14 50 Freestyle	80
60	10&U 50 Backstroke	61		81	10&U 100 Butterfly	82
62	11 & 12 50 Backstroke	63		83	11 & 12 100 Butterfly	84
64	13 & 14 100 Backstroke	35		85	13 & 14 200 Butterfly	86
52	11 & 12 200 Butterfly	53		5	11 & 12 50 Breaststroke	6
68	13 & 14 400 Freestyle	69		89	13 & 14 800 Freestyle	90
70	10&u 400 Free Relay	70		1	11 & 12 400 Individual Medley	2
71	12&u 400 Medley Relay	71		93	12&u 200 Free Relay	94
72	11-14 400 Medley Relay	72		95	11-14 200 Free Relay	96

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 1 Thursday Prelims

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	89 Girls 13-14 1500 Freestyle	7	1 u	09:30 AM	_____
Finals	90 Boys 13-14 1500 Freestyle	7	1 u	09:52 AM	_____
	Break: 20 Minutes:				
Prelims	7 Girls 13-14 100 Breaststroke	26	4 u	10:32 AM	_____
Prelims	8 Boys 13-14 100 Breaststroke	17	3 u	10:40 AM	_____
Prelims	9 Girls 10 & Under 200 Freestyle	22	3 u	10:46 AM	_____
Prelims	10 Boys 10 & Under 200 Freestyle	27	4 u	10:56 AM	_____
Prelims	11 Girls 11-12 100 Freestyle	29	4 u	11:11 AM	_____
Prelims	12 Boys 11-12 100 Freestyle	20	3 u	11:18 AM	_____
Prelims	13 Girls 13-14 100 Freestyle	26	4 u	11:23 AM	_____
Prelims	14 Boys 13-14 100 Freestyle	27	4 u	11:29 AM	_____
Prelims	15 Girls 10 & Under 100 Backstroke	18	3 u	11:35 AM	_____
Prelims	16 Boys 10 & Under 100 Backstroke	13	2 u	11:43 AM	_____
Prelims	17 Girls 11-12 100 Backstroke	19	3 u	11:48 AM	_____
Prelims	18 Boys 11-12 100 Backstroke	24	3 u	11:54 AM	_____
Prelims	19 Girls 13-14 200 Backstroke	23	3 u	12:01 PM	_____
Prelims	20 Boys 13-14 200 Backstroke	13	2 u	12:11 PM	_____
Finals	66 Girls 11-12 400 Freestyle	10	2 u	12:18 PM	_____
Finals	67 Boys 11-12 400 Freestyle	10	2 u	12:30 PM	_____
	Swimmers Counts for Warm-ups: 220	=====	=====		
	Entry / Heat Totals:	338	51		
	Finish Time			12:43 PM	_____

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 5 Thursday Finals

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 13-14 100 Breaststroke	16	2 u	03:00 PM	_____
Finals	8 Boys 13-14 100 Breaststroke	16	2 u	03:05 PM	_____
Finals	9 Girls 10 & Under 200 Freestyle	16	2 u	03:09 PM	_____
Finals	10 Boys 10 & Under 200 Freestyle	16	2 u	03:17 PM	_____
Finals	11 Girls 11-12 100 Freestyle	16	2 u	03:24 PM	_____
Finals	12 Boys 11-12 100 Freestyle	16	2 u	03:28 PM	_____
Finals	13 Girls 13-14 100 Freestyle	16	2 u	03:32 PM	_____
Finals	14 Boys 13-14 100 Freestyle	16	2 u	03:36 PM	_____
	Break: 10 Minutes: Awards				
Finals	15 Girls 10 & Under 100 Backstroke	16	2 u	03:50 PM	_____
Finals	16 Boys 10 & Under 100 Backstroke	13	2 u	03:55 PM	_____
Finals	17 Girls 11-12 100 Backstroke	16	2 u	04:00 PM	_____
Finals	18 Boys 11-12 100 Backstroke	16	2 u	04:05 PM	_____
Finals	19 Girls 13-14 200 Backstroke	16	2 u	04:10 PM	_____
Finals	20 Boys 13-14 200 Backstroke	13	2 u	04:18 PM	_____
	Break: 10 Minutes: Awards				
Finals	23 Girls 10 & Under 200 Freestyle Relay	8	1 u	04:35 PM	_____
Finals	123 Boys 10 & Under 200 Freestyle Relay	7	1 u	04:39 PM	_____
Finals	24 Girls 12 & Under 400 Freestyle Relay	7	1 u	04:43 PM	_____
Finals	124 Boys 12 & Under 400 Freestyle Relay	5	1 u	04:49 PM	_____
Finals	25 Girls 11-14 400 Freestyle Relay	13	2 u	04:54 PM	_____
Finals	125 Boys 11-14 400 Freestyle Relay	9	2 u	05:06 PM	_____
	Swimmers Counts for Warm-ups: 257	=====	=====		
	Entry / Heat Totals:	267	36		
	Finish Time			05:16 PM	_____

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 2 Friday Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	101 Girls 13-14 50 Backstroke	17	3 u	08:30 AM	_____
Prelims	102 Boys 13-14 50 Backstroke	14	2 u	08:35 AM	_____
Prelims	26 Girls 10 & Under 100 Freestyle	27	4 u	08:37 AM	_____
Prelims	27 Boys 10 & Under 100 Freestyle	35	5 u	08:45 AM	_____
Prelims	28 Girls 11-12 200 Freestyle	22	3 u	08:54 AM	_____
Prelims	29 Boys 11-12 200 Freestyle	19	3 u	09:04 AM	_____
Prelims	30 Girls 13-14 200 Freestyle	22	3 u	09:13 AM	_____
Prelims	31 Boys 13-14 200 Freestyle	23	3 u	09:22 AM	_____
Prelims	32 Girls 10 & Under 50 Butterfly	20	3 u	09:30 AM	_____
Prelims	33 Boys 10 & Under 50 Butterfly	26	4 u	09:34 AM	_____
Prelims	34 Girls 11-12 50 Butterfly	25	4 u	09:39 AM	_____
Prelims	35 Boys 11-12 50 Butterfly	23	3 u	09:44 AM	_____
Prelims	36 Girls 13-14 100 Butterfly	17	3 u	09:47 AM	_____
Prelims	37 Boys 13-14 100 Butterfly	23	3 u	09:52 AM	_____
Prelims	38 Girls 10 & Under 200 IM	20	3 u	09:57 AM	_____
Prelims	39 Boys 10 & Under 200 IM	28	4 u	10:10 AM	_____
Prelims	103 Girls 13-14 50 Breaststroke	15	2 u	10:26 AM	_____
Prelims	104 Boys 13-14 50 Breaststroke	16	2 u	10:28 AM	_____
Finals	44 Girls 11-12 200 Backstroke	19	3 u	10:31 AM	_____
Finals	45 Boys 11-12 200 Backstroke	18	3 u	10:42 AM	_____
Finals	42 Girls 13-14 400 IM	17	3 u	10:54 AM	_____
Finals	43 Boys 13-14 400 IM	12	2 u	11:14 AM	_____
	Swimmers Counts for Warm-ups: 233	=====	=====		
	Entry / Heat Totals:	458	68		
	Finish Time			11:26 AM	_____

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 6 Friday Finals

Day of Meet: 2 Starts at 03:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	101 Girls 13-14 50 Backstroke	16	2 u	03:00 PM	_____
Finals	102 Boys 13-14 50 Backstroke	14	2 u	03:04 PM	_____
Finals	26 Girls 10 & Under 100 Freestyle	16	2 u	03:07 PM	_____
Finals	27 Boys 10 & Under 100 Freestyle	16	2 u	03:11 PM	_____
Finals	28 Girls 11-12 200 Freestyle	16	2 u	03:16 PM	_____
Finals	29 Boys 11-12 200 Freestyle	16	2 u	03:23 PM	_____
Finals	30 Girls 13-14 200 Freestyle	16	2 u	03:29 PM	_____
Finals	31 Boys 13-14 200 Freestyle	16	2 u	03:36 PM	_____
	Break: 10 Minutes: Awards				
Finals	32 Girls 10 & Under 50 Butterfly	16	2 u	03:52 PM	_____
Finals	33 Boys 10 & Under 50 Butterfly	16	2 u	03:55 PM	_____
Finals	34 Girls 11-12 50 Butterfly	16	2 u	03:58 PM	_____
Finals	35 Boys 11-12 50 Butterfly	16	2 u	04:01 PM	_____
Finals	36 Girls 13-14 100 Butterfly	16	2 u	04:03 PM	_____
Finals	37 Boys 13-14 100 Butterfly	16	2 u	04:07 PM	_____
	Break: 10 Minutes: Awards				
Finals	38 Girls 10 & Under 200 IM	16	2 u	04:21 PM	_____
Finals	39 Boys 10 & Under 200 IM	16	2 u	04:30 PM	_____
Finals	103 Girls 13-14 50 Breaststroke	15	2 u	04:38 PM	_____
Finals	104 Boys 13-14 50 Breaststroke	16	2 u	04:41 PM	_____
	Break: 10 Minutes: Awards				
Finals	46 Girls 10 & Under 200 Medley Relay	8	1 u	04:54 PM	_____
Finals	47 Boys 10 & Under 200 Medley Relay	7	1 u	04:58 PM	_____
Finals	48 Girls 12 & Under 200 Medley Relay	9	2 u	05:03 PM	_____
Finals	49 Boys 12 & Under 200 Medley Relay	5	1 u	05:10 PM	_____
Finals	50 Girls 14 & Under 200 Medley Relay	14	2 u	05:14 PM	_____
Finals	51 Boys 14 & Under 200 Medley Relay	10	2 u	05:21 PM	_____
	Swimmers Counts for Warm-ups: 269	=====	=====		
	Entry / Heat Totals:	338	45		
	Finish Time			05:28 PM	_____

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 3 Saturday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	40 Girls 11-12 200 IM	20	3 u	08:30 AM	_____
Prelims	41 Boys 11-12 200 IM	17	3 u	08:41 AM	_____
Prelims	105 Girls 13-14 50 Butterfly	18	3 u	08:51 AM	_____
Prelims	106 Boys 13-14 50 Butterfly	18	3 u	08:55 AM	_____
Prelims	54 Girls 10 & Under 100 Breaststroke	22	3 u	08:58 AM	_____
Prelims	55 Boys 10 & Under 100 Breaststroke	29	4 u	09:05 AM	_____
Prelims	56 Girls 11-12 100 Breaststroke	16	2 u	09:14 AM	_____
Prelims	57 Boys 11-12 100 Breaststroke	22	3 u	09:19 AM	_____
Prelims	58 Girls 13-14 200 Breaststroke	24	3 u	09:25 AM	_____
Prelims	59 Boys 13-14 200 Breaststroke	18	3 u	09:36 AM	_____
Prelims	60 Girls 10 & Under 50 Backstroke	28	4 u	09:46 AM	_____
Prelims	61 Boys 10 & Under 50 Backstroke	27	4 u	09:52 AM	_____
Prelims	62 Girls 11-12 50 Backstroke	22	3 u	09:59 AM	_____
Prelims	63 Boys 11-12 50 Backstroke	21	3 u	10:03 AM	_____
Prelims	64 Girls 13-14 100 Backstroke	24	3 u	10:07 AM	_____
Prelims	65 Boys 13-14 100 Backstroke	21	3 u	10:13 AM	_____
Finals	52 Girls 11-12 200 Butterfly	8	1 u	10:19 AM	_____
Finals	53 Boys 11-12 200 Butterfly	8	1 u	10:23 AM	_____
Finals	68 Girls 13-14 400 Freestyle	15	2 u	10:27 AM	_____
Finals	69 Boys 13-14 400 Freestyle	17	3 u	10:38 AM	_____
	Swimmers Counts for Warm-ups: 250	=====	=====		
	Entry / Heat Totals:	395	57		
	Finish Time			10:55 AM	_____

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 7 Saturday Finals

Day of Meet: 3 Starts at 03:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	40 Girls 11-12 200 IM	16	2 u	03:00 PM	_____
Finals	41 Boys 11-12 200 IM	16	2 u	03:08 PM	_____
Finals	105 Girls 13-14 50 Butterfly	16	2 u	03:15 PM	_____
Finals	106 Boys 13-14 50 Butterfly	16	2 u	03:18 PM	_____
Finals	54 Girls 10 & Under 100 Breaststroke	16	2 u	03:21 PM	_____
Finals	55 Boys 10 & Under 100 Breaststroke	16	2 u	03:26 PM	_____
Finals	56 Girls 11-12 100 Breaststroke	16	2 u	03:31 PM	_____
Finals	57 Boys 11-12 100 Breaststroke	16	2 u	03:36 PM	_____
Finals	58 Girls 13-14 200 Breaststroke	16	2 u	03:41 PM	_____
Finals	59 Boys 13-14 200 Breaststroke	16	2 u	03:48 PM	_____
	Break: 10 Minutes: Awards				
Finals	60 Girls 10 & Under 50 Backstroke	16	2 u	04:06 PM	_____
Finals	61 Boys 10 & Under 50 Backstroke	16	2 u	04:10 PM	_____
Finals	62 Girls 11-12 50 Backstroke	16	2 u	04:13 PM	_____
Finals	63 Boys 11-12 50 Backstroke	16	2 u	04:17 PM	_____
Finals	64 Girls 13-14 100 Backstroke	16	2 u	04:20 PM	_____
Finals	65 Boys 13-14 100 Backstroke	16	2 u	04:25 PM	_____
	Break: 10 Minutes: Awards				
Finals	70 Girls 10 & Under 400 Freestyle Relay	0	0	04:39 PM	_____
Finals	170 Boys 10 & Under 400 Freestyle Relay	0	0	04:39 PM	_____
Finals	71 Girls 12 & Under 400 Medley Relay	9	2 u	04:39 PM	_____
Finals	171 Boys 12 & Under 400 Medley Relay	5	1 u	04:54 PM	_____
Finals	72 Girls 11-14 400 Medley Relay	14	2 u	05:01 PM	_____
Finals	172 Boys 11-14 400 Medley Relay	9	2 u	05:14 PM	_____
	Swimmers Counts for Warm-ups: 244	=====	=====		
	Entry / Heat Totals:	293	39		
	Finish Time			05:27 PM	_____

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 4 Sunday Prelims

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 13-14 800 Freestyle	7	1 u	08:30 AM	_____
Finals	22 Boys 13-14 800 Freestyle	7	1 u	08:42 AM	_____
Finals	87 Girls 11-12 200 Breaststroke	23	3 u	08:53 AM	_____
Finals	88 Boys 11-12 200 Breaststroke	18	3 u	09:05 AM	_____
Prelims	3 Girls 10 & Under 50 Breaststroke	21	3 u	09:16 AM	_____
Prelims	4 Boys 10 & Under 50 Breaststroke	30	4 u	09:20 AM	_____
Prelims	73 Girls 13-14 200 IM	28	4 u	09:26 AM	_____
Prelims	74 Boys 13-14 200 IM	18	3 u	09:39 AM	_____
Prelims	75 Girls 10 & Under 50 Freestyle	30	4 u	09:48 AM	_____
Prelims	76 Boys 10 & Under 50 Freestyle	28	4 u	09:53 AM	_____
Prelims	77 Girls 11-12 50 Freestyle	32	4 u	09:57 AM	_____
Prelims	78 Boys 11-12 50 Freestyle	26	4 u	10:02 AM	_____
Prelims	79 Girls 13-14 50 Freestyle	19	3 u	10:06 AM	_____
Prelims	80 Boys 13-14 50 Freestyle	20	3 u	10:09 AM	_____
Prelims	81 Girls 10 & Under 100 Butterfly	18	3 u	10:12 AM	_____
Prelims	82 Boys 10 & Under 100 Butterfly	23	3 u	10:18 AM	_____
Prelims	83 Girls 11-12 100 Butterfly	11	2 u	10:25 AM	_____
Prelims	84 Boys 11-12 100 Butterfly	17	3 u	10:29 AM	_____
Prelims	85 Girls 13-14 200 Butterfly	16	2 u	10:35 AM	_____
Prelims	86 Boys 13-14 200 Butterfly	14	2 u	10:42 AM	_____
Prelims	5 Girls 11-12 50 Breaststroke	17	3 u	10:49 AM	_____
Prelims	6 Boys 11-12 50 Breaststroke	19	3 u	10:53 AM	_____
	Break: 10 Minutes:				
Finals	1 Girls 11-12 400 IM	12	2 u	11:06 AM	_____
Finals	2 Boys 11-12 400 IM	9	2 u	11:20 AM	_____
	Swimmers Counts for Warm-ups: 248	=====	=====		
	Entry / Heat Totals:	463	69		
	Finish Time			11:35 AM	_____

HISI-WZ 2025 LCM Champ worksheet - 8/6/2025 to 8/9/2025**Session Report**

Session: 8 Sunday Finals

Day of Meet: 4 Starts at 03:00 PM Heat Interval: 50 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Girls 10 & Under 50 Breaststroke	16	2 u	03:00 PM	_____
Finals	4 Boys 10 & Under 50 Breaststroke	16	2 u	03:04 PM	_____
Finals	5 Girls 11-12 50 Breaststroke	16	2 u	03:07 PM	_____
Finals	6 Boys 11-12 50 Breaststroke	16	2 u	03:10 PM	_____
Finals	73 Girls 13-14 200 IM	16	2 u	03:13 PM	_____
Finals	74 Boys 13-14 200 IM	16	2 u	03:20 PM	_____
	Break: 10 Minutes: Awards				
Finals	75 Girls 10 & Under 50 Freestyle	16	2 u	03:37 PM	_____
Finals	76 Boys 10 & Under 50 Freestyle	16	2 u	03:40 PM	_____
Finals	77 Girls 11-12 50 Freestyle	16	2 u	03:43 PM	_____
Finals	78 Boys 11-12 50 Freestyle	16	2 u	03:45 PM	_____
Finals	79 Girls 13-14 50 Freestyle	16	2 u	03:48 PM	_____
Finals	80 Boys 13-14 50 Freestyle	16	2 u	03:51 PM	_____
	Break: 10 Minutes: Awards				
Finals	81 Girls 10 & Under 100 Butterfly	16	2 u	04:03 PM	_____
Finals	82 Boys 10 & Under 100 Butterfly	16	2 u	04:08 PM	_____
Finals	83 Girls 11-12 100 Butterfly	11	2 u	04:13 PM	_____
Finals	84 Boys 11-12 100 Butterfly	16	2 u	04:17 PM	_____
Finals	85 Girls 13-14 200 Butterfly	16	2 u	04:22 PM	_____
Finals	86 Boys 13-14 200 Butterfly	14	2 u	04:29 PM	_____
	Break: 10 Minutes: Awards				
Finals	93 Girls 12 & Under 200 Freestyle Relay	8	1 u	04:46 PM	_____
Finals	94 Boys 12 & Under 200 Freestyle Relay	5	1 u	04:50 PM	_____
Finals	95 Girls 11-14 200 Freestyle Relay	13	2 u	04:53 PM	_____
Finals	96 Boys 11-14 200 Freestyle Relay	9	2 u	04:59 PM	_____
	Swimmers Counts for Warm-ups: 245	=====	=====		
	Entry / Heat Totals:	316	42		
	Finish Time			05:05 PM	_____

2026-2030 Entry Fee Schedule

Motion: Adopt the proposed 2026-2030 Entry Fee Schedule and implement as soon as the proposal is adopted.

Current Entry Fee Schedule (2021)

2025. Sanction Meet Type	Individual Events Entry Fee	Individual Events. Host share	Individual Events. LSC share	Relay Events Entry Fee	Relay Events Host Share	Relay Events LSC Share	Per Athlete Participation charge (LSC)
Age Group Meet	\$ 3.50	\$ 1.75	\$ 1.75	\$ 5.50	\$ 4.00	\$ 1.50	\$ -
Invitational	\$ 3.50	\$ 2.00	\$ 1.50	\$ 8.50	\$ 7.00	\$ 1.50	\$ -
Championship Meets	\$ 4.50	\$ -	\$ 4.50	\$ 10.50	\$ -	\$ 10.50	\$ 10.00
Senor Meet/Time Trials	\$ 4.50	\$ 3.00	\$ 1.50	\$ -	\$ -	\$ -	\$ -
Open Water Race	\$ 15.50	\$ -	\$ 15.50	\$ -	\$ -	\$ -	\$ -
Distance Meet	\$ 4.50	\$ 2.50	\$ 1.50	\$ -	\$ -	\$ -	\$ -
Intra/Inter-Squad Meet	\$ 2.50	\$ -	\$ 2.50	\$ 5.50	\$ -	\$ 5.50	\$ -

Background of the Proposal:

The purpose of the proposal is to increase revenue for both the LSC and hosting organizations. This will provide a greater incentive for hosting clubs and increase revenue needed for LSC athlete, coach and officials training programs and sustain necessary travel subsidies for athletes, coaches and officials. The current quad budget (2024-2028) shows deficits when events like Oceania and the Coaches Clinic are priced into the quad expenses. Operationally, approximately 6.8% of the operating budget goes to Administrative expenses, with 93.2% going to travel and general support for the members. 61.5% of the current quad budget goes to athlete development and programs.

The new Entry Fee schedule is patterned after general practices and price levels of the Western Zone LSCs. Entry fees are charged for individual and relay events, while the new “Participation Charge” is an additional single charge the athlete pays to participate in each meet.

The proposal phases in this change over a four-year period from 2026-2030, beginning in 2026 (September 22, 2025) and increasing in 2028 (September 1, 2027) and 2030 (September 1, 2029).

2026. Sanction Meet Type	Individual Events Entry Fee	Individual Events. Host share	Individual Events. LSC share	Relay Events Entry Fee	Relay Events Host Share	Relay Events LSC Share	Per Athlete Participation charge (LSC)
Age Group Meet	\$ 4.00	\$ 2.00	\$ 2.00	\$ 6.50	\$ 4.00	\$ 2.50	\$ 6.00
Invitational	\$ 4.00	\$ 2.25	\$ 1.75	\$ 10.00	\$ 8.00	\$ 2.00	\$ 6.00
Championship Meets	\$ 6.00	\$ 1.00	\$ 5.00	\$ 12.50	\$ 1.50	\$ 11.00	\$ 15.00
Senor Meet/Time Trials	\$ 5.50	\$ 3.50	\$ 2.00	\$ -	\$ -	\$ -	\$ 6.00
Open Water Race	\$ 16.00	\$ -	\$ 16.00	\$ -	\$ -	\$ -	\$ 6.00
Distance Meet	\$ 5.00	\$ 3.00	\$ 2.00	\$ -	\$ -	\$ -	\$ 6.00
Intra/Inter-Squad Meet	\$ 3.00	\$ -	\$ 3.00	\$ 6.50	\$ -	\$ 6.50	\$ -

2028 Sanction	Individual Events	Individual Events.	Individual Events.	Relay Events	Relay Events	Relay Events	Per Athlete
Meet Type	Entry Fee	Host share	LSC share	Entry Fee	Host Share	LSC Share	Participation charge (LSC)
Age Group Meet	\$ 4.25	\$ 2.00	\$ 2.25	\$ 7.00	\$ 4.00	\$ 3.00	\$ 8.00
Invitational	\$ 4.25	\$ 2.25	\$ 2.00	\$ 11.00	\$ 8.00	\$ 3.00	\$ 8.00
Championship Meets	\$ 6.50	\$ 1.00	\$ 5.50	\$ 14.00	\$ 2.00	\$ 12.00	\$ 17.50
Senor Meet/Time Trials	\$ 6.00	\$ 4.00	\$ 2.00	\$ -	\$ -	\$ -	\$ 8.00
Open Water Race	\$ 17.00	\$ 1.00	\$ 16.00	\$ -	\$ -	\$ -	\$ 8.00
Distance Meet	\$ 5.50	\$ 3.00	\$ 2.50	\$ -	\$ -	\$ -	\$ 8.00
Intra/Inter-Squad Meet	\$ 3.50	\$ -	\$ 3.50	\$ 6.50	\$ -	\$ 6.50	\$ -

2030 Sanction	Individual Events	Individual Events.	Individual Events.	Relay Events	Relay Events	Relay Events	Per Athlete
Meet Type	Entry Fee	Host share	LSC share	Entry Fee	Host Share	LSC Share	Participation charge (LSC)
Age Group Meet	\$ 4.50	\$ 2.25	\$ 2.25	\$ 7.50	\$ 4.00	\$ 3.50	\$ 10.00
Invitational	\$ 5.00	\$ 2.75	\$ 2.25	\$ 11.00	\$ 8.00	\$ 3.00	\$ 10.00
Championship Meets	\$ 7.50	\$ 1.50	\$ 6.00	\$ 15.00	\$ 2.50	\$ 12.50	\$ 20.00
Senor Meet/Time Trials	\$ 7.00	\$ 4.50	\$ 2.50	\$ -	\$ -	\$ -	\$ 10.00
Open Water Race	\$ 18.00	\$ 2.00	\$ 16.00	\$ -	\$ -	\$ -	\$ 10.00
Distance Meet	\$ 6.00	\$ 3.50	\$ 2.50	\$ -	\$ -	\$ -	\$ 10.00
Intra/Inter-Squad Meet	\$ 4.00	\$ -	\$ 4.00	\$ 7.25	\$ -	\$ 7.25	\$ -

Western Zone LSCs average regular meet entry and participation fees:

	Individual	Relays	Participation fee		Per swimmer cost
Average WZ entry fee	\$ 5.63	\$ 13.00	\$ 17.25		\$ 40.64
for regular meets (does not include facilities surcharge that is fairly common across WZ LSCs - \$10.00-20.00)					

Estimated Cost for Swimmers

Sanction Meet Type	2025 per swimmer estimated meet cost	2026 per swimmer estimated meet cost	Percent change	2028 per swimmer estimated meet cost	percent change	2030 per swimmer estimated meet cost	percent change
Age Group Meet	\$ 13.25	\$ 21.25	60.4%	\$ 24.25	14.1%	\$ 27.25	12.4%
Invitational	\$ 27.38	\$ 37.50	37.0%	\$ 41.75	11.3%	\$ 48.25	15.6%
Championship Meets	\$ 44.88	\$ 60.38	34.5%	\$ 67.00	11.0%	\$ 76.25	13.8%
Senor Meet/Time Trials	\$ 13.50	\$ 22.50	66.7%	\$ 26.00	15.6%	\$ 31.00	19.2%
Open Water Race	\$ 15.50	\$ 22.00	41.9%	\$ 25.00	13.6%	\$ 28.00	12.0%
Distance Meet	\$ 13.50	\$ 21.01	55.6%	\$ 24.50	16.6%	\$ 28.00	14.3%
Intra/Inter-Squad Meet	\$ 10.25	\$ 12.25	19.5%	\$ 13.75	12.2%	\$ 15.63	13.6%

Sanction Meet Type	2025 per swimmer estimated meet cost	2030 per swimmer estimated meet cost	percent change	Average annual percent increase (2022-2030)
Age Group Meet	\$ 13.25	\$ 27.25	105.7%	11.7%
Invitational	\$ 27.38	\$ 48.25	76.3%	8.5%
Championship Meets	\$ 44.88	\$ 76.25	69.9%	7.8%
Senor Meet/Time Trials	\$ 13.50	\$ 31.00	129.6%	14.4%
Open Water Race	\$ 15.50	\$ 28.00	80.6%	9.0%
Distance Meet	\$ 13.50	\$ 28.00	107.4%	11.9%
Intra/Inter-Squad Meet	\$ 10.25	\$ 15.63	52.4%	5.8%

Projected revenue increases for championship meets.

Championship Meets: Projected revenue based on AG LCM 2025 pre-meet timeline report							
<i>Individual entries</i>	1874		<i>number of swimmers entered</i>				
<i>Relay entries</i>	310		436				
Revenue	Host Indiv	Host Relay	Host Total	LSC Indiv	LSC relay	LSC total	LSC Participation
2025	\$ -	\$ -	\$ -	\$ 8,433.00	\$ 3,255.00	\$ 11,688.00	\$ 4,360.00
2026	\$ 1,874.00	\$ 465.00	\$ 2,339.00	\$ 9,370.00	\$ 3,410.00	\$ 12,780.00	\$ 6,540.00
2028	\$ 1,874.00	\$ 620.00	\$ 2,494.00	\$ 10,307.00	\$ 3,720.00	\$ 14,027.00	\$ 7,630.00
2030	\$ 2,811.00	\$ 775.00	\$ 3,586.00	\$ 11,244.00	\$ 3,875.00	\$ 15,119.00	\$ 8,720.00
note: Host revenue here is the share of the entry fees. Hosts also raise revenue from concessions and meet sheets, and other opportunities. Expenses for AG Long Course championships in 2024 were \$10,750.00.							

Senior Meet Revenue projections				
<i>Individual entries</i>	360			<i>number of swimmers entered</i>
<i>Relay entries</i>	na			120
Revenue	Host	LSC	LSC Participation	total revenue
2025	\$ 1,080.00	\$ 540.00	\$ -	\$ 1,620.00
2026	\$ 1,260.00	\$ 720.00	\$ 720.00	\$ 2,700.00
2028	\$ 1,440.00	\$ 720.00	\$ 960.00	\$ 3,120.00
2030	\$ 1,620.00	\$ 900.00	\$ 1,200.00	\$ 3,720.00

Hawaiian Swimming LSC

Board of Directors Meeting

July 27, 2025 @ 9:30am, Pacific Club Honolulu

Dave Coleman ran a zoom link – this setting is not conducive hearing all participants, but we try to summarize comments as we go. Here is the link: <https://chaminade.zoom.us/j/96885496115>

Attendees: Dave Coleman, Joe Glenn, Barbara Kopra, Malcolm Cooper, Jon Hayashida, Parker Muench, Kona Flanagan, RK Muraoka, Deborah Christian. Eugene Drzymala. Russel Iwamura. (Quorum min 10)

Meeting Minutes

1. Call to Order. 9:39AM.
2. Review Minutes of January 9, 2025
 - a. Action: Accept the minutes. Motion to Approve. 2nd. Pass Unanimous.
3. Consent Agenda -
 - a. (please submit your reports for the Consent Agenda by January 15, 2025).
 - b. Dave reviewed the requirements for committee meetings by various chairs. Also published schedule for Aug 2025-all 2026. Needs to be open to anyone interested, and minutes published.
 - c. ActionItem. Update committee members on HISI site. Schedule meetings and post meeting schedule.
 - d. Update hawaiianswimming.org google emails to current chairs. Chairs to email technical@hawaiianswimming.org with request.
4. Treasurer's Report
 - a. Profit for year ~\$35,000. Some delay in entry fees deposited. Future champs payments go directly Deborah Christian.
 - b. Motion at putting extra cash in MM or CD for better interest so checking account no more than \$150k. Eugene to contact Bob Pelletierri.
 - c. Joe: Q re SCY AG Champs. Cost of housing/flying officials on neighbor islands.
 - d. Looking at old meet \$payments not sent to Treasurer. Look at policy by Governance.
5. Registrar's Report
 - a. No reports - Registrar not here.

REPORTS:

1. Administrative Vice-Chair
 - a.

2. Financial Vice-Chair
 - a. Way behind of meet fees and papers to create his report waiting for OSL.
3. Senior Vice-Chair (see submitted report items)
 - a. New business discussion. Joe submitted report ... but new business later.
 - b. Committee members declared - Will add names on committee member HISI page.
4. Age Group Vice-Chair
 - a. HISI results posted. HISI sanctioned posted.
 - b. All island calendar
 - c. AG Champs issues. Heat. payments. 50's. Time standards.
5. Technical Committee Chair
6. Times/SWIMS Coordinator
7. Athlete's Representatives
 - a. Election done. Olivia Wong (IOL) new Jr. Rep as of August 1st.
 - b. At large representatives are selected by Island and approved BOD. We have 10 positions reqd by bylaws. 1 HOD 1 BOD for each island plus 2.
8. Coaches' Representatives
 - a. None attending.
9. Officials Representative
 - a. LCM AGC ... mixed bag for officials. Skeleton crew Thurs free. Friday tight. Sat-Sun lots of officials. Ryan deck ref all sessions ... difficult holding to timeline. (extra pause in 50's with Omega timing. Also backstroke ledges made delays. Suggest after session reset wedges.)
 - b. After last meeting ... met with KSC parents ... to get interested in officiating.
 - c. Note: Quota after last meet in August. Probably Stephanie Monahan to give official numbers.
10. Officials Chair
 - a. Not here.
11. Safety (Operational Risk) Chair
 - a. Dave trying to get Safe Sport page with posted stuff from USA-Swimming. The big thing is qualifying clubs ... still maybe 16 clubs not listed.
12. SafeSport Chair
13. Neighbor Island Representatives
 - a. BIS: What's happening with meets around the state. Curious about Swimposium - any info?

OLD BUSINESS/ACTION ITEMS:

1. Committee responsibilities to schedule meetings and need for announcement of schedule of meetings to provide opportunity for participation by LSC members. - see above.
2. Confirm Executive Committee authorization of new Colorado Timing System for VMAC (see Bylaws 7.4.4.5 Report of Action to Board of Directors)
 - a. **Authorize up to \$7,000.00 for reimbursing OSL for a new Colorado Timing System 7, under our championship pool sites grant program. Passed unanimously by the Exec Committee. Motion to approve: Eugene 2 Jon. unanimous approval.**

NEW BUSINESS:

ACTION ITEMS:

1. **Confirm appointment of Coach Joe Glenn as Senior Chair – completing Scott Pinter’s term that runs to December 31, 2026. Motion: Malcolm- 2 Barbara. Approve unanimously. Thru 2026 Dec 31.**
2. **Change to Policy and Procedures Section 7.02 Time Standards (Governance)**

Section 7.01.3 Age Group Program Meet Schedule

Preliminary age group championship meet schedule(s) will be developed by the Age Group Committee ([AGC](#)) by the end of March prior to the upcoming swim year. [The AGC will support the development of HSI athletes with priority for 14 & Under athletes and run the Age Group Championships and the Junior Age Group Championship.](#)

- [1. The AGC will determine the \(1\) events, \(2\) schedule of events and \(3\) meet time management in alignment with the development of swimmers’ progress to higher levels of competition including HSI Senior Championship, and USA Swimming events and championships.](#)
- [2. The AGC shall establish time standards following each Olympic year for a quadrennium with annual review as necessary.](#)

Motion & 2nd. Discussion. Joe approves. How to time standards. Vote: 1 abstention.

Section 7.01.4 Senior Program Meet Schedule

Preliminary senior swimming championship meet schedule(s) will be developed by the Senior Committee ([SRC](#)) by the end of March prior to the upcoming swim year. [The SRC will support the development of HSI athletes with priority for 12 & Over Senior level athletes and run the Senior Championships.](#)

- [1. The SRC will determine the \(1\) events, \(2\) schedule of events and \(3\) meet time management in alignment with the development of swimmers’ progress to higher levels of competition including USA Swimming events and USA Swimming championships.](#)
- [2. The SRC shall establish time standards following each Olympic year for a quadrennium with annual review as necessary.](#)

Motion to approve Malcolm- 1 Joe. Discussion. Friendly amendment from Joe to ~~remove 12 & Over.~~ Unanimous approval.

Section 7.02 TIME STANDARDS: The Age Group Committee and Senior Program Committee will review on an annual basis the time standards for their respective divisions.

1. Development of the standards is the responsibility of the respective committees. The Board has approval authority over the committee's work product. The Board may identify errors and typos and suggest changes. ~~to event qualifying times if deemed necessary (e.g., the time standard for 11-12-100 butterfly is 42 seconds which is an obvious error that can be corrected during the Board approval process.)~~. The Board may also decline to approve the entire proposal, at which time, the proposal would return to the appropriate Committee for further adjustments and considerations.

~~4~~ 2. Proposed changes, if any, should be submitted to the HSIS Board of Directors for review and comment by ~~August 15~~ July 15 for the next swimming season.

~~2~~ 3. A final proposal ~~should~~ will be submitted to the HSIS Board of Directors for vote by August 30th. Rejection by the Board of the final Committee proposal or return to the Committee requires a 2/3 (66%) majority vote.

~~3~~ 4. ...

~~4~~ 5. ...

Motion to approve: Malcolm - 2 Joe. strikeout friendly amendment. Approval. 1 Abstention.

3. Additions to Policy and Procedures, Article XVIII. Miscellaneous Regulations and Policies (Senior Committee)

Section 18.01 Assignment of timers for initial distance and lead-off leg of relays

1. Timers assigned by the Referee to take initial distance or lead-off leg of a relay times shall not be the coaches of the athlete being timed.

Motion. Malcolm 2 Joe. Vote. 2 absentions.

Section 18.02 HSI State Record Times

1. HSI State Age Group and Senior Record times must be achieved using either an automatic or semi-automatic timing system consistent with USA Swimming Rules and Regulations.

[2. Initial distance times and lead-off leg of relays that are timed using an automatic timing system consistent with USA Swimming Rule 104.2.1.D may be submitted for records.](#)

Motion. Eugene 2 Joe. Vote: Unanimous.

Renumber subsections in Section 18 beginning with 18.03 LSC Travel Policy

4. (Senior Committee) Motion: All money generated from the Senior Series meets will go back into the Senior Swimming Program for inter-island travel subsidies and incentives.

Motion. Malcolm. Eugene. Discussion: Motion withdrawn.

Update Discussions

1. Discussion of Senior Committee Report
 - a. New Policies and Format Proposal for Senior Champs (see Senior Committee Report)
 - b. Senior Swimming Series
 - i. 3 senior meets- Senior A cut needed to swim
 1. 09/12- Sprint Pentathlon at UH (100 of each stroke and 100 IM), 5 events max
 2. 10/18- Distance Pentathlon at Punahou (200 fly, 200 back, 200 breast, 400 IM, 500 free) - 3 events max
 3. 11/07- Regular meet at UH with knockout 50s (3 events max)
 - ii. Senior Champs- 11/21 to 11/23 at UH
 - c. Kona Senior Spring Invite
 - i. Effort to move 15-18 swimmers to a quality state level invitational so Age Group can concentrate on the 14 & under in their championship meets
 - ii. Committee wants this meet to be included in the \$300 Travel Subsidy that currently goes to USA Swimming Sectional meets. (requires Board to change Travel Subsidy Program)
 - d. Summer LC Senior Champs 2026
 - i. Island Aquatics from Maui has bid to host the 2026 Senior Champs in combination with the Western Zone Open Water Championships.
 - ii. Currently Senior swimmers coming to Oahu are eligible for a \$100 travel subsidy. Will this be the same for this meet?

- e. Oceania (May 11-17, 2026)
 - i. Notes for the discussion: There is no current agreement with USA Swimming for our participation in this meet as was done previously. Looking into it.
 - ii. At this time, no money has been budgeted in the quadrennial budget
- 2. Discuss (Senior Committee) Motion: Authorize money for new pads for VMAC.
 - a. Cost for a full set of pads?
 - b. Which brand of pads?
 - c. Is it to be donated to the C&C VMAC facility?
- 3. Point of information:
 - a. It has been suggested that it is essential to have speakers at both ends of the pool, and speakers spaced evenly across the start end, not just at the sides - it takes 0.035 seconds for the sound to travel from lane one to the center lanes; 0.07 seconds to travel from start speaker on the lane one side to the Lane 10. If the swimmers in lane one and lane 5 have the same reaction time of 0.65 seconds, Lane 5 has to make up 0.03 seconds in the race to tie. (freestyle world record time would be about 2.82 inches).
- 4. Announcements:
- 5. Adjournment

Motion: Adjourn 12:25pm.