

2024 TISCA TN HS Championship - 2/9/2024 to 2/10/2024**2024 TISCA State Championships****Hosted by Nashville Aquatic Club****Session Report**

Session: 1 Friday Prelims Women - Dive Well End

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Women 200 Medley Relay Break: 5 Minutes:	52	7 u	09:30 AM	_____
Prelims	3 Women 200 Freestyle	86	11 u	09:55 AM	_____
Prelims	5 Women 200 IM	65	9 u	10:23 AM	_____
Prelims	7 Women 50 Freestyle Break: 15 Minutes:	104	13 u	10:49 AM	_____
Prelims	11 Women 100 Butterfly Swimmers Counts for Warm-ups: 336	76 =====	10 u =====	11:16 AM	_____
	Entry / Heat Totals:	383	50		
	Finish Time			11:32 AM	_____

Session: 2 Friday Prelims Men - Scoreboard End

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	2 Men 200 Medley Relay Break: 5 Minutes:	53	7 u	09:30 AM	_____
Prelims	4 Men 200 Freestyle	80	10 u	09:53 AM	_____
Prelims	6 Men 200 IM	51	7 u	10:17 AM	_____
Prelims	8 Men 50 Freestyle Break: 15 Minutes:	90	12 u	10:35 AM	_____
Prelims	12 Men 100 Butterfly Swimmers Counts for Warm-ups: 343	85 =====	11 u =====	11:01 AM	_____
	Entry / Heat Totals:	359	47		
	Finish Time			11:16 AM	_____

Session: 3 Friday Diving Prelims - Women

Day of Meet: 1 Starts at 01:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	9 Women 1 mtr Diving Swimmers Counts for Warm-ups: 33	33 =====	0 =====	01:45 PM	_____
	Entry / Heat Totals:	33	0		
	Finish Time			04:18 PM	_____

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Session: 4 Friday Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	16	2 u	06:00 PM	_____
Finals	2 Men 200 Medley Relay	16	2 u	06:07 PM	_____
	Break: 10 Minutes: Awards:1&2				
Finals	3 Women 200 Freestyle	16	2 u	06:23 PM	_____
Finals	4 Men 200 Freestyle	16	2 u	06:29 PM	_____
	Break: 10 Minutes: Awards: 3&4				
Finals	5 Women 200 IM	16	2 u	06:45 PM	_____
Finals	6 Men 200 IM	16	2 u	06:51 PM	_____
	Break: 10 Minutes: Awards:5&6				
Finals	7 Women 50 Freestyle	16	2 u	07:07 PM	_____
Finals	8 Men 50 Freestyle	16	2 u	07:10 PM	_____
	Break: 20 Minutes: Women Diving				
Finals	11 Women 100 Butterfly	16	2 u	07:33 PM	_____
Finals	12 Men 100 Butterfly	16	2 u	07:37 PM	_____
	Break: 15 Minutes: Awards:7,8,10,11,12				
	Swimmers Counts for Warm-ups: 174	=====	=====		
	Entry / Heat Totals:	160	20		
	Finish Time			07:56 PM	_____

Session: 5 Saturday Prelims Women - Diving Well End

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	13 Women 100 Freestyle	70	9 u	09:30 AM	_____
Prelims	15 Women 500 Freestyle	72	9 u	09:43 AM	_____
	Break: 5 Minutes:				
Prelims	17 Women 200 Freestyle Relay	52	7 u	10:43 AM	_____
	Break: 10 Minutes:				
Prelims	19 Women 100 Backstroke	73	10 u	11:10 AM	_____
Prelims	21 Women 100 Breaststroke	60	8 u	11:28 AM	_____
Prelims	23 Women 400 Freestyle Relay	39	5 u	11:41 AM	_____
	Swimmers Counts for Warm-ups: 340	=====	=====		
	Entry / Heat Totals:	366	48		
	Finish Time			12:04 PM	_____

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Session: 6 Saturday Prelims Men - Scoreboard End

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	14 Men 100 Freestyle	72	9 u	09:30 AM	_____
Prelims	16 Men 500 Freestyle	66	9 u	09:42 AM	_____
	Break: 5 Minutes:				
Prelims	18 Men 200 Freestyle Relay	49	7 u	10:38 AM	_____
	Break: 10 Minutes:				
Prelims	20 Men 100 Backstroke	75	10 u	11:03 AM	_____
Prelims	22 Men 100 Breaststroke	74	10 u	11:20 AM	_____
Prelims	24 Men 400 Freestyle Relay	40	5 u	11:36 AM	_____
	Swimmers Counts for Warm-ups: 357	=====	=====		
	Entry / Heat Totals:	376	50		
	Finish Time			11:56 AM	_____

Session: 7 Saturday Diving Prelims - Men

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	10 Men 1 mtr Diving	27	0	01:45 PM	_____
	Swimmers Counts for Warm-ups: 27	=====	=====		
	Entry / Heat Totals:	27	0		
	Finish Time			03:50 PM	_____

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Session: 8 Saturday Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women 100 Freestyle	16	2 u	06:00 PM	_____
Finals	14 Men 100 Freestyle	16	2 u	06:04 PM	_____
Finals	15 Women 500 Freestyle	16	2 u	06:08 PM	_____
Finals	16 Men 500 Freestyle	16	2 u	06:20 PM	_____
	Break: 10 Minutes: Awards:13-16				
Finals	17 Women 200 Freestyle Relay	16	2 u	06:41 PM	_____
Finals	18 Men 200 Freestyle Relay	16	2 u	06:47 PM	_____
	Break: 20 Minutes: Men Diving				
Finals	19 Women 100 Backstroke	16	2 u	07:12 PM	_____
Finals	20 Men 100 Backstroke	16	2 u	07:17 PM	_____
Finals	21 Women 100 Breaststroke	16	2 u	07:21 PM	_____
Finals	22 Men 100 Breaststroke	16	2 u	07:25 PM	_____
	Break: 10 Minutes: Awards-17-22				
Finals	23 Women 400 Freestyle Relay	16	2 u	07:39 PM	_____
Finals	24 Men 400 Freestyle Relay	16	2 u	07:49 PM	_____
	Break: 20 Minutes: Awards-Events 23-24				
	Swimmers Counts for Warm-ups: 245	====	====		
	Entry / Heat Totals:	192	24		
	Finish Time			08:17 PM	_____