

IOWA SWIMMING, INC.
2018 AGE GROUP SHORT COURSE CHAMPIONSHIPS
Hosted by the Ames Cyclone Aquatics Club
Wellmark YMCA, Des Moines, Iowa
March 1 – 4, 2018

ISI Sanction:

IA-18-035– Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

OQM18-018

Rules:

Current USA Swimming technical and administrative rules and ISI Policies and Procedures govern this meet.

Dates:

Thursday, March 1, 2018 through Sunday, March 4, 2018.

Time Schedule:

<u>Session</u>	<u>Coaches Meeting</u>	<u>Pool Deck & Spectator Seating</u>	<u>Warm-ups</u>	<u>Competition</u>
Thursday PM	3:30 p.m.	3:30 p.m.	4:00 p.m.	5:00 p.m.
Friday Prelims	7:00 a.m.	7:00 a.m.	7:30 a.m.	8:30 a.m.
Friday Afternoon	TBA - if needed		12 noon*	1:00 p.m.*
Friday Finals	TBA - if needed	3:30 p.m.	4:00 p.m.*	5:00 p.m.*
Saturday Prelims	TBA - if needed	7:00 a.m.	7:30 a.m.	8:30 a.m.
Saturday Afternoon	TBA - if needed		12 noon*	1:00 p.m.*
Saturday Finals	TBA - if needed	3:30 p.m.	4:00 p.m.*	5:00 p.m.*
Sunday Prelims	TBA - if needed	7:00 a.m.	7:30 a.m.	8:30 a.m.
Sunday Afternoon	TBA - if needed		12 noon*	1:00 p.m.*
Sunday Finals	TBA - if needed	3:30 p.m.	4:00 p.m.*	5:00 p.m.*

* - No earlier than the stated time

Teams will be notified by Tuesday February 27, 2018 if warm-ups are to be split.

The pool and spectator area will be closed **30 minutes after the conclusion** of the last event of each session or time trials if held. Spectators will need to remove all personal items in between sessions in the venue's bleachers. Items left in the spectator viewing area will be collected and placed in the lost and found. This includes bleacher seat-backs, towels and blankets.

Site:

Wellmark YMCA , 501 Grand Avenue, Des Moines, Iowa 50309.

- Water depth: 10' starting depth and 9' depth at the turn end.
- The competition course has not been certified in accordance with 104.2.2C(4). Steps are being taken to certify the pool before the start of competition.

Coaches:

Sign-in: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) and present proof of current USA Swimming coach membership to the Referee to verify that all certifications are current and on file. Deck Pass is an acceptable form of proof in USA Swimming.

Coaches Meeting: The two initial coaches' meetings will cover the same agenda. Both will be held in the hospitality room located just off the pool deck . Coaches attending the Thursday afternoon meeting will receive their coaches and athletes deck credentials at that time. Coaches attending the Friday morning meeting must first report to the meet check-in table at the pool entrance to receive their coaches and athletes deck credentials before entering the pool area to get to the meeting.

Deck Credentials: Deck credentials must be worn and be clearly visible to the Referee or his designee at all times.

Warm-ups:

The ISI mandatory warm-up procedure will be followed. The pool will be cleared 10 minutes prior to competition.

All athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the athlete in making arrangements for such supervision, but it is the athlete's responsibility to ensure such arrangements are made prior to the start of the meet.

The warm-up pool will be open starting at the beginning of the warm-up session continuing through the competition and concluding 20 minutes after the conclusion of competition for each session.

Racing Start Certification:

All athletes entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

Entry Requirements:

1. This is a Closed USA Swimming sanctioned swim meet open only to 2018 ISI registered athletes ages 14 years and younger.
2. No USA Swimming registrations will be accepted at the meet. Any athlete who is not registered at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees not less than 24 hours prior to the start of competition. Failure to do so will result in the athlete's entries being scratched and the athlete will not be permitted on the pool deck or allowed to compete in the meet.
3. No athlete may enter the water or compete in an event before being entered into the meet. If an athlete participates in a relay prior to entering the meet, the relay team shall be disqualified even if proof of registration is provided after the relay has competed.

Seed Times:

1. Entry times must meet or exceed the Iowa Q time standard and must be submitted in the same length course in which they were achieved. Conforming seed times are short course yard times. Long and short course meter times are non-conforming times and will be seeded after short course seed time. Converted times are not allowed.
2. An athlete's seed time is the athlete's best time recorded in USA Swimming's Data Base ("SWIMS") achieved in an event since February 28, 2016.
3. Athletes who have a non-conforming time recorded in SWIMS achieved since February 28, 2016 will be seeded at the non-conforming time that is recorded in SWIMS for the length of course in which the entry time was achieved. If an athlete's time is in SWIMS but is achieved before February 28, 2016 the athlete shall be seeded at the slowest qualifying time for the length achieved.
4. If the seed time is not in SWIMS then the athlete shall be seeded at the slowest qualifying time for short course meters. Proof of time is required if the athlete fails to achieve the event's qualifying time at the meet.
5. Only relays may be entered as a "No Time" entry.

Entry Limits:

1. 10 & Under athletes may: (a) enter and swim no more than nine individual events for the entire meet; and (b) swim in no more than four events in a day.
2. 11 and older athletes may: (a) enter up to nine individual events for the entire meet but may swim in no more than a total of seven individual events for the entire meet; and (b) swim no more than three individual events per day.
3. An athlete who has achieved an Iowa Q time standard in either the 1000 free or the 1650 free may compete in both events even if they have not met the Iowa Q time standard in both events. The seed time for the event in which the athlete does not have an Iowa Q time standard, will be the slowest non-conforming time for the event.
4. Athletes who over-entered must scratch events before the scratch deadline. Declared False Starts and "No Shows" count against an athlete's total.

Relay Entries:

There is no relay entry limit per individual athlete. Relay events do not count towards the individual event entry limits per session, day, and meet.

Provided a team has the appropriate number of qualified athletes in at least one individual event for a specific age group, a team may enter no more than three relay teams per gender, per relay event (designated as A, B, C), except a team may enter no more than two 800 free relays (an A relay and a B relay) per gender. Each team may only score two relays in each event.

The number of relays allowed per team, per event is determined as follows:

Number of qualified athletes:

1 – 4 athletes
5 – 8 athletes
9 – 12 athletes

Maximum number of relays:

1 Relay entry per event
2 Relay entries per event
3 Relay entries per event

Entry Submission & Deadlines:

1. Entries will be accepted beginning at noon on February 1, 2018. See below for acceptable methods of entry submission. The Entry Chair will confirm entries have been received or refused via email.
2. Entries may be submitted via the USA-Swimming Online Meet Entry system (OME-Primary), by generating their own electronic entry file in a format compatible with Hy-Tek Meet Manager software, or by using [APP-7](#) for manual entries.
3. Team generated electronic entry submission:
 - a. If submitting team generated electronic entries, the team must include a copy of the entries and a financial summary in PDF Format. No team generated electronic entries will be accepted without these attachments.
 - b. Send electronic entries by email to meetentries@swimacac.com. Receipt will be confirmed by email. Send all printed materials to Entry Chair at the address below. If sent by rush delivery, indicate no signature required. Neither entries nor entry changes will be accepted by phone or fax.
4. The deadline for submitting entries, regardless of the entry method, is noon, Thursday, February 22, 2018. All new entries received as well as all changes made to existing entries after the entry deadline will be treated as late entries. Relay only athletes who are late entered into the meet will be charged the manual entry surcharge.

Entry Fees:

Entry fees are as follows:

- Individual event: \$8.00 per event
- Relays: \$12.00 per relay
- ISI swimmer surcharge: \$5.00 per athlete
- Outreach Athletes: \$5.00 per athlete
- Manual entry surcharge: \$2.00 per athlete

Outreach Athletes:

Athletes that qualify as USA Swimming and ISI Outreach Athletes may enter all individual events for only \$5.00, which includes the ISI swimmer surcharge.

The total number of outreach athletes and the total number of their individual entries must be submitted to meetentries@swimacac.com by noon on Monday February 26, 2018. The names of the outreach athletes are not to be provided to the host club. All entries not accounted for by this deadline will be billed at regular rates.

Manual Entries:

An additional fee of \$2.00 per athlete will be assessed for: 1) teams using [APP-7](#) to enter more than five athletes on or before to March 1, 2018, 2) teams using [APP-7](#) for entries submitted after March 1, 2018 or 3) for ISI-affiliated unattached athletes who use [APP-7](#) for entry.

Payment Deadline:

Entry fees are due 15 minutes before the start of warmups of the first session in which the team has athletes. A hard copy of the financial sheet must accompany entry fees.

Payment shall be by check made payable to ACAC All entry fees, including ISI swimmer surcharge and facility fees, can be combined on one check. The meet hosts reserve the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

Late Entries:

1. Late entries will be accepted by email to meetentries@swimacac.com until 6:00 pm on Wednesday, February 28, 2018. After this time, late entries will only be taken on deck. Deck entries must be submitted no later than the scratch deadline of the day prior to the entry event. Athletes who late enter the meet will be required to provide proof of USA Swimming Registration in the Iowa LSC.
2. Late entries submitted with proof of time will be seeded with their entry time. All other late entries will be seeded at the slowest non-conforming qualifying time. If necessary, a zero heat will be created.
3. Late entry fees:
 - Individual events: \$16.00
 - Relay events: \$24.00

Athletes with Disabilities:

Athletes with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. The Referee will determine modifications. The athlete (or athlete's coach) is responsible for providing any equipment or assistance required. See Article 105 of USA Swimming Rules and Regulations.

Entry Chair:

Eliot Winer
3202 Harrison Road, Ames, IA-50010
515-450-1077
meetentries@swimacac.com

Meet Director:

Jeremy Galvin
2002 Cessna Street, Ames, IA 50014
meetdirector@swimacac.com
515-450-2465

Referee:

Jason Horras
3418 Scenic Point, Ames IA 50014
515-291-0827
Jason@21centuryrehab.com

Officials and Timers:

Athletes competing in the 1650 Free during the preliminary session, Session VIII, Sunday morning, will need to provide their own timers.

Clubs and unattached athletes participating in this meet must provide 50% of the timers and/or officials on a prorated basis according to number of entries. Teams will be informed of the number of timers needed and sessions to be worked by Tuesday, February 27, 2018.

This will be an Official's Qualifying Meet (OQM17-025). Evaluations are available for N2 ST, CJ, SR, DR and N3 ST. You must work four sessions to be eligible, including at least one preliminary and one final session.

Officials must be signed up by Monday, February 19, 2018 in order for their sessions to count towards their club's number of required positions as well as to be guaranteed a meet shirt. An official must work a minimum of five sessions to qualify for a meet shirt. Any signups after Monday, February 19, 2018 cannot be guaranteed the correct shirt size. Provisional deck assignments will be sent to officials prior to the meet. Final deck assignments will be made at the officials' meetings before each session.

Meet Committee:

A meet committee comprised of the Referee, Meet Director, a coach representative, an athlete representative and one certified official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon protests against judgment decisions as those are under the jurisdiction of the Referee and his decision is final.

Meet Operation:

1. Heat sheets will be posted on deck.
2. It is the responsibility of each athlete and relay team to be aware of his/her event number, heat number, and lane assignment and to report to the correct starting block on time to swim the event. Athletes in preliminary and timed final heats will NOT be checked in by a Clerk of Course and shall report directly to the starting blocks.
3. All 10 & Under events are timed finals and will be pre-seeded slowest to fastest.
4. All individual events for the 11 and over athletes will be prelim/finals and circled seeded with a Consolation and Championship Final in the evening, except the 11 – 12 200 Fly, 200 Back, 200 Breast, 500 Free, 1000 Free, 1650 Free, 100 IM and 400 IM, (“Excepted Events”). The 1000 Free and 1650 Free for the 13 – 14 athletes are also Excepted Events. For all 11 and older events, other than the Excepted Events, the fastest eight athletes will qualify for Championship Finals, with the next fastest eight athletes will qualify for the Consolation Final.
5. The next two fastest athletes will be selected as alternates for each preliminary/final event. The alternates will swim in the Consolation Final if an athlete who qualifies for the Final or Consolation Final does not report for the evening’s heats as outlined below. Alternates should report to the Referee or his delegate and be ready to swim in the Consolation Final for their event. Alternates will not be penalized if unavailable to compete in the finals.
6. The 1000 Free events (events 7 and 8) will swim: (a) with the fastest seeded athletes for each age group and each gender swimming first in the following order: 11-12 girls, 11-12 boys, 13-14 girls, 13-14 boys; (b) the remaining athletes will be combined age groups (11-14 girls and 11-14 boys) and seeded in heats fastest to slowest alternating girls and boys during the Thursday evening timed finals session.
7. The 1650 Free events (events 89 through 90) will swim: (a) combining age groups (11-14 girls and 11-14 boys), (b), the fastest 8 11-12 girls and fastest 8 11-12 boys will swim first in the Preliminary session, the fastest 8 13-14 girls and fastest 8 13-14 boys will swim in the Finals session and (c) remaining heats seeded fastest to slowest alternating girls and boys during the Sunday morning preliminary session after the fastest heats of the 11-12 age group.

8. The 1000 and 1650 free events will be separated into 11-12 and 13-14 age groups for scoring. Athletes in the 1650 Free may be given the opportunity to down-seed to the morning session. Requests must be made prior to the scratch deadline for the 1650.
9. The check-in procedures for the Championship and Consolation Final Heats are:
 - a. Championship Finals Check-In Procedure - Athletes in the Championship Final must check-in to the Championship Heat Ready Area no later than the start of the Consolation Final of the immediate preceding event. An athlete in a Championship Final does not need to remain in the Championship Ready Area after checking-in for his or her Championship Final but must be behind his or her lane at the time his or her heat is closed. Any Championship Final athlete who does not check-in by the required time will be considered a no-show and the Consolation and Championship Final heats will be immediately re-seeded inserting an alternate into the Consolation Final heat and moving the fastest Consolation Final athlete in to the Championship Final heat.
 - b. Consolation Final Check-In Procedure - Athletes in the Consolation Final heat must report behind his or her lane by the end of the Championship Final immediately before their Consolation Final. Any athlete in a Consolation Final not behind their lane at the time the heat is closed will be considered a no-show and an alternate will be inserted into the vacant lane in the Consolation Final without re-seeding the heat.
 - c. Definition of Closing the Heat - A heat will be considered closed at the time the Referee gives the long whistle and calls the athletes on to the blocks for the start of the race.
10. The Excepted Events will swim as timed finals with the fastest eight athletes in each Excepted Event swimming during the final sessions of the day of each Excepted Event. The remainder of the heats for each Excepted Event will swim during the morning preliminary session.
11. It is not the meet host responsibility to provide rest for athletes.
12. If names are on entry sheets for relays, those names will be on the relay cards at the meet. Relay cards for each day's sessions will be distributed before warm-ups. All four athletes' full names, ages, and order of swimming must be listed on each card and the order should be verified by the coach. Relay cards must be turned in to the lane timer when relays report to the blocks when their event is called. Relays that fail to report to the blocks will be scratched from the event. Any relay that enters the water before the relay card is presented to the lane timer will be disqualified.
13. All relays will swim only in the evening finals. All relays will be conducted on a timed finals basis.

14. Flyover starts will be used during all preliminary sessions.
15. Deck Changes are prohibited.
16. Operation of a drone, or any other flying apparatus, is prohibited over the pools, athlete/coach areas, spectator areas any time athletes, coaches, officials and/or spectators are present.

Scratches:

The ISI Scratch Rule is in effect except as modified below. The scratch deadline for preliminary, timed final events, and Excepted Events each day is as follows:

<u>Meet Day</u>	<u>Deadline – Day</u>	<u>Scratch Method</u>
Thursday	6:00 p.m. – Wednesday, February 28*	email or phone*
Friday	6:00 p.m. – Thursday, March 1	Scratch Box
Saturday	6:00 p.m. – Friday, March 2	Scratch Box
Sunday	6:00 p.m. – Saturday, March 3	Scratch Box

*To scratch by phone or email, contact Eliot Winer by phone at (515) 450-1077, or by email at meetentries@swimacac.com. Scratches by emailing and phone calls will only be accepted prior to Wednesday scratch deadline and will be confirmed by e-mail. After this, all scratches must be completed using the scratch box.

Scratches from Finals and Consolation will be handled by filling out an official scratch form at the Administration Table. An athlete has 30 minutes after the announcement of qualifiers for finals for an event to declare the intent to scratch or to scratch from the finals. An Athlete must confirm the intent to scratch within 30 minutes of the announcement of final qualifiers for the athlete's final event in which the athlete is entered for that session. The athlete will not be scratched from the original event if the athlete doesn't confirm the intent by the deadline.

Scoring:

Individual Events:

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points:	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Relay Events:

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points:	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Awards and Presentations:

Individual Awards: 1st through 3rd = Medals (2.5 inch)
4th through 8th = Medals (1.5 inch)
9th through 16th = Ribbons

Relay Awards: 1st through 3rd = Medals (2.5 inch)
4th through 8th = Ribbons for 10 & under relays only

High Point: An award will be presented to the top three athletes, male and female in each age group (10& Under, 11-12 and 13-14).

Team High Point: One team award will be presented to the male and female for the team scoring the most points. A traveling trophy will be presented to the highest scoring club team.

ISI Sportsmanship – Spirit Awards: ISI will provide and present this award. One coach and one athlete from each team will vote, in addition the Referee will cast a vote. Criteria to use will be included in the coaches' packet.

Awards for the top eight places for 10 & Under events will take place during the breaks between events. Awards for the top three place finishers for all 11 and older events shall be presented immediately following the completion of the championship or final heat for the event. All awards shall be presented on the pool deck. Thursday's awards may be postponed until the beginning of Friday night final events if the Meet Director, in his or her sole discretion, determines the time-line for Thursday night is too long.

The high point awards and the team awards will be presented at the end of the awards presentation held at the conclusion of the finals sessions on the last day of the meet.

Image Authorization and Release:

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of ISI and ACAC under the conditions authored by ACAC, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in Iowa Swimming competitions to promote such competitions. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade or financial gain.

Venue Restrictions:

The use of any tobacco products and the consumption of alcohol is not permitted anywhere in the pool or surrounding areas where athletes are present.

Psych Sheets and Programs:

Psych sheets will be posted the ISI website by 10:00 PM, Tuesday, February 27, 2018.

Final Results:

Programs and Heat Sheets will be sold at the meet and also available for purchase through Meet Mobile. All teams will receive an email containing an attached PDF and digital version (compatible with Meet manager, TeamUnify, etc.) of final results. Final results will not be mailed to participating teams unless the team requests them at the time of entry or during the meet. There will be a \$10.00 charge due in advance for each request of mailed final results.

Spectator Seating:

A bleacher section is available for spectators. Only officials, coaches, meet personnel, and athletes are permitted on deck. Team areas will be designated for athletes and coaches.

Coaches, competitors and spectators will be limited to the natatorium and competitive swimming areas. Please do not enter other areas of the building without permission. If athletes or spectators enter other areas of the facility without permission, they could be expelled from the meet and escorted out of the venue. In this case, entry fees and admission expenses will not be reimbursed.

Team Banners and Posters:

Teams, athletes and parents are not permitted to tape or hang signs and banners. All team and individual signs that are taped or posted will be taken down. Teams will be financially responsible for any damage caused by hanging signs.

Other Information:Concessions:

Concessions to meet the needs of athletes and their guests will be provided.

Vendor:

Splash Multisport will be onsite and will have a variety of swimwear and accessories available for sale at the meet. You can visit them at www.splashmulti.com.

Admission:

An all session weekend pass can be purchased for \$15. Per day rates are as follows: \$3 for Thursday and \$5 for Friday, Saturday, and Sunday. Daily admission fees are good for all sessions that day. Admission charged to all spectators 13 & above.

Indemnity:

It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

SESSION I – TIMED FINALS – THURSDAY, MARCH 1, 2018

Warm-up: 4:00 pm

Competition: 5:00 pm

Girls		<u>Events / Descriptions</u>	Boys	
<u>Q Times</u> <u>SCY / LCM / SCM</u>	<u>Event</u> <u>Number</u>		<u>Event</u> <u>Number</u>	<u>Q Times</u> <u>SCY / LCM / SCM</u>
-----	1TF	11-12 200 Medley Relay	2TF	-----
-----	3TF	13-14 200 Medley Relay	4TF	-----
1:13.19/x/1:20.79	5TF	11-12 100 IM	6TF	1:14.99/x/1:22.29
13:40.19/12:19.39/12:05.19	7TF	11-12 1000 (800) Free	8TF	13:30.19/12:15.19/ 11:56.89
12:07.59/10:47.99/10:37.49	7TF	13-14 1000 (800) Free	8 TF	11:30.19/10:35.69/ 10:04.49
-----	11TF	13-14 800 Free Relay	12TF	-----

SESSION II - PRELIMS – FRIDAY AM, MARCH 2, 2018

Warm-up: 7:30 am

Competition: 8:30 am

Girls		<u>Events / Descriptions</u>	Boys	
<u>Q Times</u> <u>SCY / LCM / SCM</u>	<u>Event</u> <u>Number</u>		<u>Event</u> <u>Number</u>	<u>Q Times</u> <u>SCY / LCM / SCM</u>
6:14.99/5:38.59/5:29.09	21TF	11 – 12 500 (400) Free	22TF	6:27.49/5:47.79/5:42.79
5:52.99/5:14.89/5:09.19	23P	13 – 14 500 (400) Free	24P	5:33.89/5:07.79/4:52.49
38.39/44.59/42.29	25P	11 – 12 50 Breast	26P	39.59/45.39/43.39
2:25.09/2:48.79/2:40.19	27P	13 – 14 200 Back	28P	2:25.89/2:49.69/2:39.99
2:35.79/3:00.79/2:51.69	29TF	11 – 12 200 Back	30TF	2:40.29/3:06.49/2:55.79
1:08.09/1:18.49/1:14.99	31P	13 – 14 100 Fly	32P	1:06.19/1:15.49/1:12.59
1:17.19/1:25.29/1:24.69	33P	11 – 12 100 Fly	34P	1:16.49/1:26.29/1:23.79
2:25.49/2:50.79/2:40.89	35P	13 – 14 200 IM	36P	2:21.69/2:45.79/2:36.09
2:36.69/2:59.49/2:52.99	37P	11 -12 200 IM	38P	2:44.19/3:09.29/2:59.99

SESSION III – 10 & UNDER – FRIDAY AFTERNOON, MARCH 2, 2018

Warm-up: Not before 12 noon

Competition: Not before 1 pm

Girls		<u>Events / Descriptions</u>	Boys	
<u>Q Times</u> <u>SCY / LCM / SCM</u>	<u>Event</u> <u>Number</u>		<u>Event</u> <u>Number</u>	<u>Q Times</u> <u>SCY / LCM / SCM</u>
7:35.49/6:51.09/6:38.59	13	500 (400) Free	14	7:26.99/6:44.59/6:37.39
		Awards		
1:25.39/x/1:33.79	15	100 IM	16	1:26.89/x/1:35.29
		Awards		
39.19/44.49/42.99	17	50 Fly	18	40.49/45.99/44.19
		Awards		
1:13.99/1:23.69/1:21.39	19	100 Free	20	1:14.89/1:25.59/1:22.19
		Awards		

SESSION IV – FINALS – FRIDAY PM, MARCH 2, 2018

Warm-up: Not before 4:00 pm Competition: Not before 5:00 pm

<u>Girls</u>	<u>Event / Description</u>	<u>Boys</u>
21TF	11 – 12 500 Free	22TF
23F	13 – 14 500 Free	24F
25F	11 – 12 50 Breast	26F
27F	13 – 14 200 Back	28F
29TF	11 – 12 200 Back	30TF
31F	13 -14 100 Fly	32F
33F	11 -12 100 Fly	34F
35F	13 – 14 200 IM	36F
37F	11 – 12 200 IM	38F
39TF	13 – 14 200 Free Relay	40TF
41TF	11 – 12 200 Free Relay	42TF

SESSION V - PRELIMS – SATURDAY AM, MARCH 3, 2018

Warm-up: 7:30 am

Competition: 8:30 am

<u>Girls</u>			<u>Boys</u>	
<u>Q Times</u> <u>SCY / LCM / SCM</u>	<u>Event</u> <u>Number</u>	<u>Event / Description</u>	<u>Event</u> <u>Number</u>	<u>Q Times</u> <u>SCY / LCM / SCM</u>
2:18.79/2:37.49/2:33.29	53P	11 – 12 200 Free	54P	2:24.59/2:39.49/2:38.59
2:08.49/2:27.29/2:22.29	55P	13 – 14 200 Free	56P	2:03.89/2:21.99/2:16.69
1:24.89/1:37.69/1:33.39	57P	11 – 12 100 Breast	58P	1:25.49/1:38.49/1:33.69
1:17.79/1:31.09/1:25.79	59P	13 – 14 100 Breast	60P	1:15.59/1:26.49/1:22.89
1:11.79/1:22.89/1:19.29	61P	11 – 12 100 Back	62P	1:15.79/1:26.09/1:23.09
1:06.89/1:17.69/1:13.79	63P	13 – 14 100 Back	64P	1:06.79/1:18.29/1:13.19
32.39/36.49/35.69	65P	11 – 12 50 Fly	66P	34.19/38.69/37.49
5:22.79/6:14.09/5:55.69	67P	13 – 14 400 IM	68P	5:16.19/6:04.69/5:46.99
5:56.79/6:48.09/6:31.59	69TF	11 – 12 400 IM	70TF	5:46.39/6:39.39/6:19.99
26.99/30.79/29.89	71P	13 – 14 50 Free	72P	25.99/29.49/28.69
28.89/32.29/31.99	73P	11 – 12 50 Free	74P	29.39/33.89/32.39

SESSION VI – 10 & UNDER – SATURDAY AFTERNOON, MARCH 3, 2018

Warm-up: Not before 12 noon

Competition: Not before 1 pm

<u>Girls</u>			<u>Boys</u>	
<u>Q Times</u> <u>SCY / LCM / SCM</u>	<u>Event</u> <u>Number</u>	<u>Events / Descriptions</u>	<u>Event</u> <u>Number</u>	<u>Q Times</u> <u>SCY / LCM / SCM</u>
33.29/37.09/36.59	43	50 Free	44	33.49/37.99/36.69
		Awards		
1:40.99/1:57.69/1:50.59	45	100 Breast	46	1:41.89/1:57.69/1:51.29
		Awards		
39.19/45.09/43.09	47	50 Back	48	40.29/46.19/44.19
		Awards		
3:04.79/3:36.69/3:22.89	49	200 IM	50	3:06.59/3:40.79/3:24.49
		Awards		
-----	51	200 Medley Relay	52	-----
		Awards		

SESSION VII – FINALS – SATURDAY PM, MARCH 3, 2018

Warm-up: Not before 4:00 pm Competition: Not before 5:00 pm

<u>Girls</u>	<u>Event / Description</u>	<u>Boys</u>
53F	11 – 12 200 Free	54F
55F	13 – 14 200 Free	56F
57F	11 – 12 100 Breast	58F
59F	13 – 14 100 Breast	60F
61F	11 – 12 100 Back	62F
63F	13 – 14 100 Back	64F
65F	11 – 12 50 Fly	66F
67F	13 – 14 400 IM	68F
69TF	11 – 12 400 IM	70TF
71F	13 – 14 50 Free	72F
73F	11 – 12 50 Free	74F
75TF	13 – 14 400 Medley Relay	76TF
77TF	11 – 12 400 Medley Relay	78TF

SESSION VIII - PRELIMS – SUNDAY AM, MARCH 4, 2018

Warm-up: 7:30 am

Competition: 9:00 am

<u>Women's</u>			<u>Men's</u>	
<u>Q Times</u> <u>SCY / LCM / SCM</u>	<u>Event</u> <u>Number</u>	<u>Event / Description</u>	<u>Event</u> <u>Number</u>	<u>Q Times</u> <u>SCY / LCM / SCM</u>
3:02.89/3:32.69/3:21.19	93TF	11 – 12 200 Breast	94TF	3:00.99/3:28.69/3:18.49
2:50.39/3:17.99/3:07.69	95P	13 – 14 200 Breast	96P	2:45.39/3:11.59/3:01.39
1:02.89/1:11.09/1:09.49	97P	11 – 12 100 Free	98P	1:04.19/1:11.69/1:10.59
58.59/1:07.09/1:04.99	99P	13 – 14 100 Free	100P	56.89/1:05.29/1:02.79
2:47.89/3:10.19/3:04.19	101TF	11 – 12 200 Fly	102TF	2:43.99/3:07.69/2:59.89
2:37.89/2:59.49/2:53.19	103P	13 – 14 200 Fly	104P	2:26.99/2:49.19/2:41.29
33.89/39.19/37.29	105P	11 – 12 50 Back	106P	35.29/40.19/38.69
23:07.29/23:55.39/22:59.79	89TF	11 – 12 1650 Free	90TF	22:37.49/23:25.49/22:30.19
20:12.19/20:39.79/20:05.19	89TF	13 – 14 1650 Free	90TF	19:27.29/20:07.69/19:20.59

SESSION IX – 10 & UNDER – SUNDAY AFTERNOON, MARCH 4, 2018

Warm-up: Not before 12 noon

Competition: Not before 1 pm

<u>Girls</u>			<u>Boys</u>	
<u>Q Times</u> <u>SCY / LCM / SCM</u>	<u>Event</u> <u>Number</u>	<u>Events / Descriptions</u>	<u>Event</u> <u>Number</u>	<u>Q Times</u> <u>SCY / LCM / SCM</u>
1:25.79/1:38.29/1:34.19	79	100 Back	80	1:26.59/1:42.09/1:34.89
		Awards		
46.09/53.29/50.49	81	50 Breast	82	46.59/53.29/50.89
		Awards		
2:43.79/3:06.49/3:00.09	83	200 Free	84	2:44.19/3:02.99/2:59.79
		Awards		
1:39.09/1:52.99/1:47.99	85	100 Fly	86	1:37.99/1:51.39/1:46.79
		Awards		
-----	87	200 Free Relay	88	-----
		Awards		

SESSION X - FINALS – SUNDAY PM, MARCH 4, 2018

Warm-ups: Not before 4:00 pm Competition: Not before 5:00 pm

<u>Girls</u>	<u>Event / Description</u>	<u>Boys</u>
89TF	11 – 14 1650 Free	90TF
93TF	11 – 12 200 Breast	94TF
95F	13 – 14 200 Breast	96F
97F	11 – 12 100 Free	98F
99F	13 – 14 100 Free	100F
101TF	11 – 12 200 Fly	102TF
103F	13 – 14 200 Fly	104F
105F	11 -12 50 Back	106F
107TF	13 – 14 400 Free Relay	108TF
109TF	11 – 12 400 Free Relay	110TF