



**IOWA SWIMMING INC.**  
**2018 SHORT COURSE CHAMPIONSHIPS**  
**CAMPUS RECREATION & WELLNESS CENTER, IOWA CITY, IOWA**  
**FEBRUARY 22 – 25, 2018**  
*hosted by Iowa City Eels Swim Club*



**SANCTION & RULES**

Sanction #IA-18-30 (OQM # \_\_\_\_\_). Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI). Current USA Swimming technical and administrative rules and ISI Policies and Procedures will govern this meet.

**SCHEDULE**

<u>SESSION</u>	<u>COACHES MEETING</u>	<u>POOL DECK &amp; SPECTATOR SEATING</u>	<u>WARM-UPS</u>	<u>COMPETITION</u>
Thursday PM	3:30 p.m.	3:30 p.m.	4:00 p.m.	5:00 p.m.
Friday Prelims	7:00 a.m.	7:00 a.m.	7:30 a.m.	9:00 a.m.
Friday Finals	TBA - if needed	3:30 p.m.	4:00 p.m.	5:00 p.m.
Saturday Prelims	TBA - if needed	7:00 a.m.	7:30 a.m.	9:00 a.m.
Saturday Finals	TBA - if needed	3:30 p.m.	4:00 p.m.	5:00 p.m.
Sunday Prelims	TBA - if needed	7:00 a.m.	7:30 a.m.	9:00 a.m.
Sunday Finals	TBA - if needed	3:30 p.m.	4:00 p.m.	5:00 p.m.

*Teams will be notified by Tuesday February 20, 2018 if warm-ups are to be split.*

The pool deck and spectator area will be closed 30 minutes after the conclusion of the last event of each session or time trials if held. Athletes and spectators will need to remove all personal items in between sessions. Items left on the pool deck or in the spectator viewing area will be collected and placed in the lost and found.

**SITE:**

Campus Recreation and Wellness Center University of Iowa,  
309 S. Madison Street, Iowa City IA 52242.

Water depth: 8' both start and turn end.

The competition course has been certified in accordance with 104.2.2C (4).

A copy of such certification is on file with USA Swimming.

**COACHES**

Sign-in: Only currently registered USA Swimming coach members who have athletes participating in the meet will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current and on file. Deck Pass is acceptable proof of membership in USA Swimming.

Coaches Meeting: The two initial coaches meetings will cover the same agenda. Both will be held in the room located just off the pool deck under the spectator seating. If all fees have been paid, Coaches will receive their team coaches and athletes deck credentials at those meetings. Up to three coaches from each team will be permitted to sign in immediately prior to the start of the coaches meeting in order to assist in the distribution of deck credentials.

Deck Credentials: Deck credentials must be worn and be clearly visible to the Referee or his designee at all times.

**WARM-UPS**

The ISI mandatory warm-up procedure will be followed. The pool will be cleared 10 minutes prior to competition.

All athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the athlete in making arrangements for such supervision, but it is the athlete's responsibility to ensure such arrangements are made prior to the start of the meet.

The warm-up pool will be open starting at the beginning of the warm-up session continuing through the competition and concluding 15 minutes after the conclusion of competition for each session.

### **RACING START CERTIFICATION**

Any athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

### **ENTRY REQUIREMENTS**

1. This is a Closed USA Swimming sanctioned swim meet open only to 2018 ISI registered athletes.
2. No USA Swimming registrations will be accepted at the meet. Any athlete who is not registered at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees not less than 24 hours prior to the start of competition. Failure to do so will result in the athlete's entries being scratched and the athlete will not be permitted on the pool deck or allowed to compete in the meet.
3. No athlete may enter the water or compete in an event before being entered into the meet. If a athlete participates in a relay prior to entering the meet, the relay team shall be disqualified even if proof of registration is provided after the relay has competed.

### **ENTRY & SEED TIMES**

1. Entry times must meet or exceed the Iowa Q time standard and must be submitted in the same length course in which they were achieved. Conforming seed times are short course yard times. Long and short course meter times are non-conforming times and will be seeded after short course seed time. Converted times are not allowed.
2. An athlete's seed time is the athlete's best time recorded in USA Swimming's Data Base ("SWIMS") achieved in an event since February 22, 2016.
3. Athletes who have a non-conforming time recorded in SWIMS achieved since February 22, 2016 will be seeded at that non-conforming time that is recorded in SWIMS for the length of course in which the entry time was achieved. If an athlete's time is in SWIMS but is achieved before February 22, 2016 the athlete shall be seeded at the slowest qualifying time for the length achieved.
4. If the seed time is not in SWIMS then the athlete shall be seeded at the slowest qualifying time for short course meters. Proof of time is required if the athlete fails to achieve the event's qualifying time at the meet.
5. Only relays may be entered as a "No Time" entry.

### **ENTRY LIMITS**

There is no entry limit for individual events. Athletes may enter as many individual events as they wish, provided they have a qualifying time in each event. Athletes may compete in a maximum of three individual events per day and a maximum of six individual events for the entire meet. Athletes who are over-entered must scratch any event they do not wish to have counted against their maximums before the scratch deadline. See below for more details on scratching events. Declared False Starts and “No Shows” count against a total number of events.

An athlete who has achieved an Iowa Q time standard in either the 1000 free or the 1650 free may compete in both events even if they have not met the Iowa Q time standard in both events.

### **RELAY ENTRIES**

There is no relay entry limit per individual athlete. Relay events do not count towards the individual event entry limits per day or for the meet.

Provided a team has the appropriate number of qualified athletes entered in at least one individual event for a specific age group, a team may enter no more than three relay teams per gender, per relay event (designated as A, B, C), except a team may enter no more than two 800 free relays. Each team may only score two relays in each event.

The maximum number of relays allowed per team, per event is determined as follows:

Number of qualified athletes	Maximum number of relays
1 – 4 athletes	1 Relay entry per event
5 – 8 athletes	2 Relay entries per event
9 – 12 athletes	3 Relay entries per event

### **ENTRY SUBMISSION & DEADLINES**

1. Entries will be accepted beginning at noon on January 22, 2018. See below for acceptable methods of entry submission. The Entry Chair will confirm entries have been received or refused via email.
2. Entries may be submitted via the USA Swimming Online Meet Entry system (OME-Primary), by generating their own electronic entry file in a format compatible with Hy-Tek Meet Manager software, or by using [APP-7](#) for manual entries.
3. Team generated electronic entry submission
  - a. If submitting team generated electronic entries, the team must include a copy of the entries and a financial summary in PDF Format. No team generated electronic entries will be accepted without these attachments.
  - b. Send electronic entries by email to [entries@iceels.org](mailto:entries@iceels.org). Receipt will be confirmed by email. Send all printed materials to Jennifer Flatté at the address below. If sent by rush delivery, indicate no signature required. Neither entries nor entry changes will be accepted by phone or fax.
4. The deadline for submitting entries, regardless of the entry method, is noon on Thursday February 15, 2018. All new entries received as well as all changes made to existing entries after the entry deadline will be treated as late entries. Relay only athletes who are late entered into the meet will be charged the manual entry surcharge.

## **ENTRY FEES**

Entry fees are as follows:

Individual event:	\$8.00 per event
Relays:	\$12.00 per relay
ISI athlete surcharge:	\$5.00 per athlete
Manual entry surcharge:	\$2.00 per athlete
Outreach Athletes:	\$5.00 per athlete

### ***Outreach Athletes***

Athletes that qualify as USA Swimming and ISI Outreach Athletes may enter all individual events for only \$5.00, which includes the ISI Athlete Surcharge.

The total number of outreach athletes and the total number of their individual entries *must be submitted to [entries@iceels.org](mailto:entries@iceels.org) by noon on Monday February 19, 2018*. The names of the outreach athletes are not to be provided to the host club. All entries not accounted for by this deadline will be billed at regular rates.

### ***Manual Entries***

An additional fee of \$2.00 per athlete will be assessed for: 1) teams using APP-7 to enter more than five athletes on or before to March 1, 2018, 2) teams using APP-7 for entries submitted after February 22, 2018 or 3) for ISI-affiliated unattached athletes who use APP-7 for entry.

## **PAYMENT DEADLINE**

Entry fees are due 15 minutes before the start of warmups of the first session in which the team has athletes. A hard copy of the financial sheet (App. 8-4) must accompany entry fees.

Payment shall be by check made payable to Iowa City Eels Swim Club. All entry fees, including ISI athlete surcharge and facility fees, can be combined on one check. The Iowa City Eels Swim Club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI athlete surcharge fees will be refunded only if the entire meet is cancelled.

## **LATE ENTRIES**

1. Late entries will be accepted by email to [entries@iceels.org](mailto:entries@iceels.org) until 6:00 pm on Wednesday, February 21, 2018. After this time, late entries will only be taken on deck. Deck entries must be submitted no later than the scratch deadline of the day prior to the entry event. Athletes who late enter the meet will be required to provide proof of USA Swimming Registration in the Iowa LSC.
2. Late entries submitted with proof of time will be seeded with their entry time. All other late entries will be seeded at the slowest non-conforming qualifying time. If necessary, a zero heat will be created.
3. Late entry fees:  
Individual events: \$16.00  
Relay events: \$24.00

## **ATHLETES WITH DISABILITIES**

Athletes with disabilities are encouraged to compete. The Information Form for Adapted Competitive Athletes (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. The Referee will determine modifications. The athlete

(or athlete's coach) is responsible for providing any equipment or assistance required. See Article 105 of USA Swimming Rules and Regulations.

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## MEET PERSONNEL

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### ENTRIES

Jennifer Flatté  
1165 Oakes Dr.  
Iowa City, IA 52245  
[entries@iceels.org](mailto:entries@iceels.org)

### MEET DIRECTORS

Missy Ortman  
Jennifer Flatté  
[meetdir@iceels.org](mailto:meetdir@iceels.org)

### MEET REFEREE

Jennifer Rumping  
[ice-meet-ref@iceels.org](mailto:ice-meet-ref@iceels.org)

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## OFFICIALS AND TIMERS

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Clubs and unattached athletes participating in this meet must provide 50% of the timers and/or officials on a prorated basis according to number of entries.

### OFFICIALS

An official's signup sheet is located at [www.iceels.org/officials/](http://www.iceels.org/officials/).

This meet will be an Official's Qualifying Meet (OQM \_\_\_\_\_) Evaluations are available for N2 ST, CJ, SR, DR and N3 ST and Initial CJ. You must work 4 sessions to be eligible, including at least one preliminary and one final session. Indicate your desired evaluation on the signup sheet.

Officials must be signed up by Friday February 16, 2018 in order for their sessions to count towards their club's number of required positions as well as to be guaranteed a meet shirt. Officials must work a minimum of 3 sessions to qualify for a meet shirt.

Officials meetings for each session will commence one hour prior to the start of competition for each session, unless otherwise notified.

### TIMERS

Teams will be informed of the number of timers needed and sessions to be worked by Tuesday, February 20, 2018. This information will also be posted on the ICE website. **Teams are welcome to divide timing assignments among more than one person, provided that everyone participating attends the Timers Meeting for that session which will be held 25 minutes before the start of the session.**

In addition, one timer is to be provided by clubs or unattached athletes for each of their 1000 Free athletes in Session I, Thursday evening February 22, 2018 for each of their 1650 Free athletes in the preliminary session, Session VI, Sunday morning, February 25, 2018.

### MEET COMMITTEE

A meet committee comprised of the Referee, Meet Director, a coach representative, an athlete representative and one certified official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon protests against judgment decisions as those are under the jurisdiction of the Referee and the Referee's decision is final.

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## MEET OPERATION

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1. Heat sheets will be posted on deck.

2. It is the responsibility of each athlete and relay team to be aware of his/her event number, heat number, and lane assignment and to report to the correct starting block on time to swim the event
3. There will be no athlete check-in required for any preliminary event.
4. FINA whistle starts and no recall on false starts policy will be used. Flyover starts will be used during all preliminary sessions.
5. All preliminary events will be circle seeded.
6. All individual events except the 1000 Free and 1650 Free have a Bonus Finals, Consolation Finals and Championship Finals in the evening. The top eight athletes will qualify for Championship Finals, with the next eight athletes qualifying for Consolation Finals, and the next eight athletes 18 and under qualifying for 18&U Bonus Finals.
7. The single fastest women's heat and the single fastest men's heat of the 1650 Free will be swum in the evening finals session. The remainder of the heats for the 1650 will be swum in the morning preliminaries and be swum fastest to slowest alternating a heat of women followed by a heat of men. The seeding for both sessions will be listed in the heat sheets for the preliminary session.
8. The 1000 Free and the 800 Free Relays will be swum fastest to slowest alternating a heat of women followed by a heat of men.
9. The check-in procedures for the Championship, Consolation and Bonus Final Heats are:
  - a. Championship Finals Check-In Procedure - Athletes in the Championship Final must check-in to the Championship Heat Ready Area no later than the start of the Bonus Final of the immediate preceding event. A athlete in a Championship Final does not need to remain in the Championship Ready Area after checking-in for his or her Championship Final but must be behind his or her lane at the time his or her heat is closed. Any Championship Final athlete who does not check-in on a timely basis will be considered a no-show and the Bonus, Consolation and Championship Final heats will be immediately re-seeded inserting an alternate into the Bonus or Consolation Final heat and moving the fastest Consolation Final athlete in to the Championship Final heat. Any Championship Final athlete who has checked-in on a timely basis but does not report behind his or lane at the time his or her heat is closed will be considered a no-show.
  - a. Consolation Final Check-In Procedure - Athletes in the Consolation Final heat must report behind their lane by the end of the Championship Final heat of the event immediately before their Consolation Final. Any athlete in a Consolation Final not behind their lane at the time the heat is closed will be considered a no-show and an alternate will be inserted into the Consolation Final. The alternate will simply be inserted into the vacant lane without re-seeding the heat.
  - a. Bonus Final Check-In Procedure - Athletes in the Bonus Final heat must report behind their lane by the end of the Championship Final heat immediately before their Bonus Final. Any athlete in a Bonus Final not behind their lane at the time the heat is closed will be considered a no-show and an eligible alternate will be inserted into the Bonus Final. The alternate will simply be inserted into the vacant lane without re-seeding the heat.
  - b. Definition of Closing the Heat - A heat will be considered closed at the time the Referee gives the long whistle and calls the athletes on to the blocks for the start of the race.

10. At the discretion of the Referee, athletes in the 1650 Free may be given the opportunity to down-seed to the morning session. Requests must be made prior to the scratch deadline for the 1650.
11. If names are on entry sheets for relays, those names will be on the relay cards at the meet. Relay cards for each day's sessions will be distributed before warm-ups. All four athletes' full names, ages, and order of swimming must be listed on each card and the order should be verified by the coach. Relay cards must be turned in to the lane timer when relays report to the blocks when their event is called. Relays that fail to report to the blocks will be scratched from the event. **Any relay that enters the water before the relay card is presented to the lane timer will be disqualified.**
12. For all relays, the top 16 seeded teams will be swum in the evening finals; remaining heats will be swum in the morning preliminaries. All relays will be conducted on a timed finals basis. It is not the meet host responsibility to provide rest for athletes.
13. Deck Changes are prohibited.
14. Operation of a drone, or any other flying apparatus, is prohibited over the pools, athlete/coach areas, spectator areas any time athletes, coaches, officials and/or spectators are present.

### **SCRATCHES**

The ISI scratch rule is in effect except as modified below. The scratch deadline for both prelim/final and individual timed final events each day is as follows:

<b><u>MEET DAY</u></b>	<b><u>DEADLINE – DAY</u></b>	<b><u>SCRATCH METHOD</u></b>
	Thursday 6:00 p.m. – Wednesday, Feb. 21*email only*	
Friday	6:00 p.m. – Thursday, Feb. 22	Scratch Box
Saturday	6:00 p.m. – Friday, Feb. 23	Scratch Box
Sunday	6:00 p.m. – Saturday, Feb. 24	Scratch Box

1. \*To scratch contact [entries@iceels.org](mailto:entries@iceels.org). Scratches by emailing will only be accepted prior to the Wednesday scratch deadline. Scratches submitted and accepted by e-mail will be confirmed by e-mail.
2. After 6pm on Wednesday February 21, all scratches must be completed using the scratch box.
3. Scratches from Finals (Championship, Consolation and Bonus) will be handled by filling out an official scratch form at the Administration Table.
4. Any athlete not reporting for or competing in a preliminary heat shall be disqualified from their next individual event. If the athlete has no remaining events, the team will be fined \$25 payable to the host club. Declared false starts are considered reporting.

### **TIME TRIALS**

Refer to the Time Trials Meet Announcement (IA-17-35).

### **SCORING**

#### *Individual Events:*

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points:	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

#### *Relay Events:*

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points:	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

## **AWARDS AND PRESENTATIONS**

*Individual Awards:* 1st through 3rd = Medals (2.5 inch)

4th through 8th = Medals (1.5 inch)

*Relay Awards:* 1st through 3rd = Medals (2.5 inch)

*High Point:* An award will be presented to the top three athletes, male and female.

*Team High Point:* One team award will be presented to the male and female for the team scoring the most points. A traveling trophy will be presented to the highest scoring club team.

*ISI Sportsmanship – Spirit Awards:* An ISI Team Sportsmanship-Spirit award will be presented to one team at the end of the meet. One coach and one athlete from each team will vote, in addition the Referee will cast a vote. Criteria to use will be included in the coaches' packet.

Awards for the top three place finishers in each event shall be presented on the pool deck immediately following the completion of the championship heat for prelim-final events. Awards for the Thursday events will be presented on the pool deck immediately before the start of the Friday evening session.

The high point awards and the team awards will be presented at the end of the awards presentation held at the conclusion of the finals sessions on the last day of the meet.

All other awards will be available for pickup on the pool deck following the awards presentation for each event. Unclaimed awards will not be delivered after the conclusion of the meet.

## **SCHOLARSHIPS**

The ISI Scholarship Awards were established in 1991 to give recognition to athletes in ISI who have attained a degree of recognition among their peers. These awards are presented to Iowa competitive athletes at the ISI banquet from a list of nominations by Iowa Swimming, Inc. member clubs and unattached ISI members.

The Judy Hoffman Memorial Award was established in memory of Judy Pierce Hoffman, who was President of Iowa Swimming, Inc., until her untimely death in March 1978. This award is given annually to a athlete.

Contributions to the awards are gratefully accepted and can be made through the ISI office. For further information contact: the ISI Office, 432 – 46<sup>th</sup> Street, West Des Moines, IA 50265, (563) 391-5832 or 1-877-ISI-SWIM.

## **IMAGE AUTHORIZATION AND RELEASE**

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of ISI and the Iowa City Eels under the conditions authored by Iowa City Eels, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in Iowa Swimming competitions to promote such competitions. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade or financial gain.



## **VENUE RESTRICTIONS**

The use of any tobacco products and the consumption of alcohol is not permitted anywhere in the pool or surrounding areas where athletes are present.

## **PSYCH SHEETS AND PROGRAMS**

Psych sheets will be posted the ICE website by 10:00 PM, Tuesday, February 20, 2018. Programs and Heat Sheets will be sold at the meet.

## **FINAL RESULTS**

All teams will receive an email containing an attached com-link file of final results. Final results will not be mailed to participating teams unless the team requests final results at the time of entry or during the meet. There will be a \$10.00 charge due in advance for each request of mailed final results.

## **SPECTATOR SEATING**

A bleacher section is available for spectators. Only officials, coaches, meet personnel, and athletes are permitted on deck. Team areas will be designated for athletes and coaches. Coaches and athletes must remain behind the ropes alongside of the competition pool during competition.

Coaches, competitors and spectators will be limited to the natatorium and competitive swimming areas. Please do not enter other areas of the building without permission. If athletes or spectators enter other areas of the facility without permission, they could be expelled from the meet and escorted out of the venue. In this case, entry fees and admission expenses will not be reimbursed.

## **TEAM BANNERS AND POSTERS**

Teams, athletes and parents are not permitted to tape or hang signs and banners. All team and individual signs that are taped or posted will be taken down. Teams will be financially responsible for any damage caused by hanging signs.

## **OTHER INFORMATION**

- **Concessions** A concession stand provided by the college vendor will be available during the meet. The hours of operation will be controlled by the college but the stand will be open for the duration of the meet.
- **Vendor:** Splash Multisport will be at the venue during the meet, with swimwear & accessories available for sale. You can visit them at [www.splashmulti.com](http://www.splashmulti.com).
- **Admission:** Spectator fees are \$3.00 on Thursday and \$5.00 per day on Friday, Saturday, and Sunday. Children age 12 and younger are free.
- Additional or updated information may be found on the ICE website at [www.iceels.org/meets/](http://www.iceels.org/meets/)

## **INDEMNITY**

It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**SESSION I – TIMED FINALS – THURSDAY, FEBRUARY 22, 2018****WARM-UP: 4:00 PM****COMPETITION: 5:00 PM**

<b>WOMEN'S</b>			<b>MEN'S</b>	
<b>Q TIMES SCY / LCM / SCM</b>	<b>EVENT NUMBER</b>	<b>EVENT DESCRIPTION</b>	<b>EVENT NUMBER</b>	<b>Q TIMES SCY / LCM / SCM</b>
11:50.79/10:35.39/10:22.09	1TF	1000 (800) Free	2TF	11:02.59/10:00.39/9:39.89
-----	3TF	800 Free Relay	4TF	-----

**SESSION II - PRELIMS – FRIDAY AM, FEBRUARY 23, 2019****WARM-UP: 7:30 AM****COMPETITION: 9:00 AM**

<b>WOMEN'S</b>			<b>MEN'S</b>	
<b>Q TIMES SCY / LCM / SCM</b>	<b>EVENT NUMBER</b>	<b>EVENTS / DESCRIPTIONS</b>	<b>EVENT NUMBER</b>	<b>Q TIMES SCY / LCM / SCM</b>
-----	5TF	200 Medley Relay	6TF	-----
1:14.49/1:25.39/1:22.39	7P	100 Breast	8P	1:06.49/1:16.99/1:13.49
2:05.79/2:24.09/2:19.29	9P	200 Free	10P	1:53.99/2:14.89/2:06.39
1:04.59/1:13.39/1:11.39	11P	100 Fly	12P	58.59/1:06.29/1:04.69
5:06.49/5:49.69/5:38.69	13P	400 IM	14P	4:42.09/5:20.59/5:11.69
-----	15TF	200 Free Relay	16TF	-----

**SESSION III – FINALS – FRIDAY PM, FEBRUARY 23, 2018****WARM-UP: 4:00 PM****COMPETITION: 5:00PM**

<b>WOMEN'S</b>	<b>EVENT / DESCRIPTION</b>	<b>MEN'S</b>
5TF	200 Medley Relay	6TF
7F	100 Breast	8F
9F	200 Free	10F
11F	100 Fly	12F
13F	400 IM	14F
15TF	200 Free Relay	16TF

**SESSION IV - PRELIMS – SATURDAY AM, FEBRUARY 24, 2018****WARM-UP: 7:30 AM****COMPETITION: 9:00 AM**

<b>WOMEN'S</b>			<b>MEN'S</b>	
<b>Q TIMES SCY / LCM / SCM</b>	<b>EVENT NUMBER</b>	<b>EVENT / DESCRIPTION</b>	<b>EVENT NUMBER</b>	<b>Q TIMES SCY / LCM / SCM</b>
5:37.39/5:07.29/4:54.49	17P	500 (400) Free	17P	5:19.99/4:46.09/4:40.09
2:47.99/3:13.09/3:04.89	19P	200 Breast	20P	2:30.59/2:55.49/2:45.79
1:04.69/1:15.99/1:11.49	21P	100 Back	22P	58.59/1:08.89/1:04.79
2:28.99/2:48.09/2:43.99	23P	200 Fly	24P	2:15.19/2:34.19/2:28.79
26.69/30.79/29.59	25P	50 Free	26P	23.59/27.59/26.19
-----	27TF	400 Medley Relay	28TF	-----

**SESSION V – FINALS – SATURDAY PM, FEBRUARY 24, 2018****WARM-UP: 4:00PM****COMPETITION: 5:00PM**

<b>WOMEN'S</b>	<b>EVENT / DESCRIPTION</b>	<b>MEN'S</b>
17F	500 Free	18F
19F	200 Breast	20F
21F	100 Back	22F
23F	200 Fly	24F
25F	50 Free	26F
27TF	400 Medley Relay	28TF

**SESSION VI - PRELIMS – SUNDAY AM, FEBRUARY 25, 2018****WARM-UP: 7:30 AM****COMPETITION: 9:00 AM**

<b>WOMEN'S</b>			<b>MEN'S</b>	
<b>Q TIMES SCY / LCM / SCM</b>	<b>EVENT NUMBER</b>	<b>EVENT / DESCRIPTION</b>	<b>EVENT NUMBER</b>	<b>Q TIMES SCY / LCM / SCM</b>
58.29/1:07.09/1:04.59	29P	100 Free	30P	51.89/1:00.49/57.59
2:22.69/2:44.79/2:37.79	31P	200 IM	32P	2:10.89/2:31.39/2:24.69
2:22.59/2:46.89/2:37.39	33P	200 Back	34P	2:13.89/2:35.19/2:27.39
-----	35P	400 Free Relay	36P	-----
		15 Minute Break		
19:47.29/20:20.49/19:40.39	37TF	1650(1500) Free	38TF	18:30.39/18:59.09/18:23.89

**SESSION VII - FINALS – SUNDAY PM, FEBRUARY 25, 2018****WARM-UPS: 4:00PM****COMPETITION: 5:00PM**

<b>WOMEN'S</b>	<b>EVENT / DESCRIPTION</b>	<b>MEN'S</b>
37TF	1650 Free	38TF
29F	100 Free	30F
31F	200 IM	32F
33F	200 Back	34F
35F	400 Free Relay	36F