## 2025 ACAC Timothy Jenks Autumn Opener

Each year, ACAC honors the memory of a remarkable young athlete whose spirit continues to inspire our team and community.

Timothy Ryan Jenks swam for ACAC from age 8 until his untimely death in a cycling accident shortly before his 14th birthday in the summer of 2014. Tim (or simply "T" to many of his friends) embodied many of the values of ACAC. The beginning of his swim career was marked by a slow and gawky stroke and many attempts before swimming a legal breaststroke race. But Tim was Brave, Adaptable, and Persistent, to say nothing of Intense and Curious. Over time, he developed into a good distance freestyler and at one time held the club record for the 1500 free for 11-12 boys. He swam open water zones and was developing into a good triathlete and endurance athlete. But what Tim may best be remembered for is the way he challenged, rooted for, and loved his teammates, especially his twin sister. He could joke and tease as much as anyone, but when it came to doing the work, Tim was always there and could be counted on to push others to do the same. By naming this meet for Tim, we remember a teammate and a friend and a student athlete of the sport. A young man that just loved people and our day to day in the activities we do together as a community.

- 1) **Meet Information:** All meet information will be on MEET MOBILE and the ACAC WEBSITE. <a href="https://www.gomotionapp.com/team/iaacac/page/autum-opener/autumn-opener">https://www.gomotionapp.com/team/iaacac/page/autum-opener/autumn-opener</a>
  Heat sheets are on the website for free. We will not have any for sale.
- 2) Combined Events: Events 13&14; 63&64; and 111&112 will each be combined
- 3) **Entering the Facility:** All swimmers and parents should enter the pool through the main pool door on the southeast side of the high school at 1801 Ridgewood Avenue. Upon entering, there is a door to the right with stairs leading down to the pool deck. This is how swimmers will enter and exit the pool. The adjacent elevator is reserved for physically challenged or disabled individuals only. Please advise your swimmers that the elevator is not for general public use. Please advise all families and swimmers that they may not enter into any other areas of the school, and anyone found in other areas of the school will be removed from the facility and the meet.

## 4) Warmups:

- Friday Session #1: Warmups 5:00-5:50pm; Competition 6:05 pm
- Saturday AM Session #2: Warmups 9:00-9:50am; Competition 10:05 am
- Saturday PM Session #3: Warmups 1:30-2:20pm; Competition 2:35 pm
- Sunday Session #4: Warmups 10:00-10:50am; Competition 11:05 am
- No lane assignments.
- There are 10 lanes in the competition pool.
- There are 5 lanes on the other side of the bulkhead ("warmup/cool-down area"). This will be available throughout the meet.

ANY PERSON OBSERVED TO GO UNDER THE BULKHEAD WILL BE IMMEDIATELY EJECTED FROM THE FACILITY AND THE MEET. THERE WILL BE NO SECOND CHANCE OR FURTHER WARNING.

5) **Locker Rooms & Changing Areas:** The host team will be strictly observing Safe Sport protocols. Locker rooms are designated for the swimmers only. There are five individual-use

restrooms available in a hallway on the north side of the deck, and these are reserved for volunteers, coaches, and officials only. If an athlete needs an accommodation, the athlete's coach must obtain an accommodation from the Meet Referee. The spectator restrooms are located by the concession stand. Please, advise your athletes that swimmers are not allowed to change in the spectator restrooms.

- 6) **Swimmer Seating:** Teams are welcome to sit on deck around the competition and warm up pool areas where space allows as long as they do not interfere with meet operations. Athletes are strongly encouraged to bring their own fold-up chairs for use on the pool deck.
- 7) **Concessions:** We will offer a variety of food and beverages at the concession stand during the entire meet.
- 8) **Swimming Apparel & Equipment:** Elsmore Swim Shop will be on-site Friday and Saturday with a variety of suits, apparel, and equipment items. They will be in the concession area.
- 9) **Distribution of Meet Information:** Each team will have a box at the administration table. Meet information, including each team's allotment of heat sheets, awards, DQ slips, and other meet information will be located in each team's box.
- 10) **Awards:** Awards will be provided on deck to coaches at the end of the swim meet.
- 11) **Bleacher courtesy:** While watching a session, parents and spectators are asked to sit in the bleachers and avoid standing in front of the glass barriers in this area. These spaces near the glass barriers are to remain open or be used by physically challenged or disabled individuals.
- 12) **Facility:** Please help keep the facilities clean. Please dispose of any trash from the bleachers, on deck, or from the crash area after each session.