

2026 IA ACAC - The Tundra, Sanction #: IA-26-025
Ames High School, January 16-18, 2025 - Open 25 yds
Session Report

Session: 1 Fri PM

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 9-12 200 IM	48	5	06:00 PM	_____
Finals	2 Boys 9-12 200 IM	21	3	06:19 PM	_____
	Break: 2 Minutes:				
Finals	3 Girls 8 & Under 25 Backstroke	13	2	06:32 PM	_____
Finals	4 Boys 8 & Under 25 Backstroke	10	1	06:34 PM	_____
	Break: 2 Minutes:				
Finals	5 Girls 13 & Over 400 IM	36	4	06:37 PM	_____
Finals	6 Boys 13 & Over 400 IM	8	1	07:02 PM	_____
	Break: 2 Minutes:				
Finals	7 Girls 8 & Under 25 Breaststroke	12	2	07:09 PM	_____
Finals	8 Boys 8 & Under 25 Breaststroke	10	1	07:11 PM	_____
	Break: 2 Minutes:				
Finals	9 Girls 9-10 200 Freestyle	15	2	07:14 PM	_____
Finals	10 Boys 9-10 200 Freestyle	9	1	07:22 PM	_____
Finals	11 Girls 11 & Over 500 Freestyle	100	10	07:26 PM	_____
Finals	12 Boys 11 & Over 500 Freestyle	24	3	08:33 PM	_____
	Swimmers Counts for Warm-ups: 242	=====	=====		
	Entry / Heat Totals:	306	35		
	Finish Time			08:57 PM	_____

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Session Report

Session: 2 Sat Prelims
Day of Meet: 2 Starts at 09:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	49 Girls 13 & Over 50 Butterfly	106	11	09:00 AM	_____
Prelims	50 Boys 13 & Over 50 Butterfly	28	3	09:09 AM	_____
Prelims	51 Girls 13 & Over 200 Freestyle	98	10	09:12 AM	_____
Prelims	52 Boys 13 & Over 200 Freestyle	27	3	09:38 AM	_____
Prelims	53 Girls 13 & Over 100 Breaststroke	70	7	09:47 AM	_____
Prelims	54 Boys 13 & Over 100 Breaststroke	24	3	09:58 AM	_____
Prelims	55 Girls 13 & Over 100 Backstroke	99	10	10:04 AM	_____
Prelims	56 Boys 13 & Over 100 Backstroke	37	4	10:21 AM	_____
Prelims	57 Girls 13 & Over 200 Butterfly	16	2	10:29 AM	_____
Prelims	58 Boys 13 & Over 200 Butterfly	8	1	10:35 AM	_____
Prelims	59 Girls 13 & Over 50 Freestyle	152	16	10:38 AM	_____
Prelims	60 Boys 13 & Over 50 Freestyle	51	6	10:49 AM	_____
	Break: 5 Minutes:				
Finals	13 Girls 13 & Over 1650 Freestyle	16	2	10:58 AM	_____
	Swimmers Counts for Warm-ups: 252	=====	=====		
	Entry / Heat Totals:	732	78		
	Finish Time			11:44 AM	_____

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Session Report

Session: 3 Sat Afternoon

Day of Meet: 2 Starts at 01:10 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	201 Girls 9-12 50 Freestyle	149	15	01:10 PM	_____
Finals	202 Boys 9-12 50 Freestyle	76	8	01:26 PM	_____
Finals	19 Girls 8 & Under 50 Freestyle	23	3	01:34 PM	_____
Finals	20 Boys 8 & Under 50 Freestyle	18	2	01:38 PM	_____
Finals	203 Girls 9-12 50 Breaststroke	127	13	01:41 PM	_____
Finals	204 Boys 9-12 50 Breaststroke	61	7	01:57 PM	_____
Finals	25 Girls 8 & Under 50 Breaststroke	7	1	02:06 PM	_____
Finals	26 Boys 8 & Under 50 Breaststroke	11	2	02:07 PM	_____
Finals	205 Girls 9-12 100 Backstroke	91	10	02:10 PM	_____
Finals	206 Boys 9-12 100 Backstroke	53	6	02:33 PM	_____
Finals	31 Girls 8 & Under 50 Backstroke	19	2	02:46 PM	_____
Finals	32 Boys 8 & Under 50 Backstroke	11	2	02:50 PM	_____
Finals	207 Girls 9-12 100 Butterfly	40	4	02:53 PM	_____
Finals	208 Boys 9-12 100 Butterfly	16	2	03:01 PM	_____
Finals	37 Girls 8 & Under 50 Butterfly	6	1	03:05 PM	_____
Finals	38 Boys 8 & Under 50 Butterfly	7	1	03:06 PM	_____
Finals	209 Girls 9-12 100 Freestyle	133	14	03:08 PM	_____
Finals	210 Boys 9-12 100 Freestyle	63	7	03:34 PM	_____
Finals	43 Girls 8 & Under 100 Freestyle	11	2	03:46 PM	_____
Finals	44 Boys 8 & Under 100 Freestyle	12	2	03:52 PM	_____
Finals	45 Girls 11-12 200 Medley Relay	15	2	03:57 PM	_____
Finals	46 Boys 11-12 200 Medley Relay	7	1	04:05 PM	_____
Finals	47 Girls 9-10 200 Medley Relay	11	2	04:08 PM	_____
Finals	48 Boys 9-10 200 Medley Relay	4	1	04:17 PM	_____
	Swimmers Counts for Warm-ups: 280	=====	=====		
	Entry / Heat Totals:	971	110		
	Finish Time			04:21 PM	_____

2026 ACAC - The Tundra
Ames, IA
Saturday, January 17, 2026
Finals Time Line

National Anthem		5:40 PM
Event #49a Girls 13-14 50 Fly	Consolation	5:45 PM
	Championship	5:45 PM
	Bonus	5:47 PM
Event #49 Girls 15&O 50 Fly	Consolation	5:47 PM
	Championship	5:48 PM
Event #50a Boys 13-14 50 Fly	Consolation	5:50 PM
	Championship	5:51 PM
Event #50 Boys 15&O 50 Fly	Championship	5:52 PM
Event #51a Girls 13-14 200 Freestyle	Consolation	5:53 PM
	Championship	5:56 PM
	Bonus	5:59 PM
Event #51 Girls 15&O 200 Freestyle	Consolation	6:01 PM
	Championship	6:04 PM
Event #52a Boys 13-14 200 Freestyle	Consolation	6:06 PM
	Championship	6:09 PM
Event #52 Boys 15&O 200 Freestyle	Championship	6:12 PM
Event #53a Girls 13-14 100 Breaststroke	Consolation	6:15 PM
	Championship	6:17 PM
	Bonus	6:19 PM
Event #53 Girls 15&O 100 Breaststroke	Consolation	6:21 PM
	Championship	6:22 PM
Event #54a Boys 13-14 100 Breaststroke	Consolation	6:25 PM
	Championship	6:27 PM
Event #54 Boys 15&O 100 Breaststroke	Championship	6:29 PM
Event #55a Girls 13-14 100 Backstroke	Consolation	6:31 PM
	Championship	6:33 PM
	Bonus	6:35 PM
Event #55 Girls 15&O 100 Backstroke	Consolation	6:36 PM
	Championship	6:38 PM
Event #56a Boys 13-14 100 Backstroke	Consolation	6:39 PM
	Championship	6:41 PM
Event #56 Boys 15&O 100 Backstroke	Championship	6:43 PM
Event #57a Girls 13-14 200 Butterfly	Championship	6:45 PM
Event #57 Girls 15&O 200 Butterfly	Championship	6:49 PM
Event #58a Boys 13-14 200 Butterfly	Championship	6:52 PM
Event #58 Boys 15&O 200 Butterfly	Championship	6:56 PM
Event #59a Girls 13-14 50 Freestyle	Consolation	6:59 PM
	Championship	7:00 PM
	Bonus	7:01 PM
Event #59 Girls 15&O 50 Freestyle	Consolation	7:02 PM
	Championship	7:03 PM
Event #60a Boys 13-14 50 Freestyle	Consolation	7:04 PM
	Championship	7:05 PM
Event #60 Boys 15&O 50 Freestyle	Championship	7:06 PM
BREAK (5 min)		7:07 PM
Event #61 Girls 13-14 200 Medley Relay	Heat 1	7:12 PM
	Heat 2	7:15 PM
Event #62 Boys 13-14 200 Medley Relay	Heat 1	7:18 PM
Event #63 Girls 15&O 200 Medley Relay	Heat 1	7:21 PM
	Heat 2	7:24 PM
Event #64 Boys 15&O 200 Medley Relay	Heat 1	7:27 PM
End of Session		7:29 PM

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Session Report

Session: 5 Sun Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 10 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	101 Girls 13 & Over 50 Backstroke	106	11	09:00 AM	_____
Prelims	102 Boys 13 & Over 50 Backstroke	27	3	09:12 AM	_____
Prelims	103 Girls 13 & Over 200 IM	64	7	09:16 AM	_____
Prelims	104 Boys 13 & Over 200 IM	24	3	09:37 AM	_____
Prelims	105 Girls 13 & Over 100 Butterfly	71	8	09:46 AM	_____
Prelims	106 Boys 13 & Over 100 Butterfly	16	2	09:57 AM	_____
Prelims	107 Girls 13 & Over 200 Backstroke	47	5	10:00 AM	_____
Prelims	108 Boys 13 & Over 200 Backstroke	20	2	10:16 AM	_____
Prelims	109 Girls 13 & Over 200 Breaststroke	41	5	10:23 AM	_____
Prelims	110 Boys 13 & Over 200 Breaststroke	18	2	10:40 AM	_____
Prelims	111 Girls 13 & Over 100 Freestyle	146	15	10:47 AM	_____
Prelims	112 Boys 13 & Over 100 Freestyle	40	4	11:07 AM	_____
Prelims	113 Girls 13 & Over 50 Breaststroke	80	8	11:12 AM	_____
Prelims	114 Boys 13 & Over 50 Breaststroke	23	3	11:19 AM	_____
	Break: 10 Minutes:				
Finals	14 Boys 13 & Over 1650 Freestyle	6	1	11:32 AM	_____
	Swimmers Counts for Warm-ups: 251	=====	=====		
	Entry / Heat Totals:	729	79		
	Finish Time			11:52 AM	_____

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Session Report

Session: 6 Sun Afternoon

Day of Meet: 3 Starts at 01:10 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	211 Girls 9-12 100 IM	115	12	01:10 PM	_____
Finals	212 Boys 9-12 100 IM	55	6	01:34 PM	_____
Finals	69 Girls 8 & Under 100 IM	8	1	01:46 PM	_____
Finals	70 Boys 8 & Under 100 IM	8	1	01:48 PM	_____
Finals	213 Girls 9-12 50 Backstroke	119	12	01:51 PM	_____
Finals	214 Boys 9-12 50 Backstroke	64	7	02:08 PM	_____
Finals	75 Girls 8 & Under 50 Backstroke	14	2	02:17 PM	_____
Finals	76 Boys 8 & Under 50 Backstroke	12	2	02:20 PM	_____
Finals	215 Girls 9-12 100 Breaststroke	82	9	02:24 PM	_____
Finals	216 Boys 9-12 100 Breaststroke	37	4	02:43 PM	_____
Finals	81 Girls 8 & Under 50 Breaststroke	10	1	02:53 PM	_____
Finals	82 Boys 8 & Under 50 Breaststroke	11	2	02:55 PM	_____
Finals	217 Girls 9-12 200 Freestyle	61	7	02:58 PM	_____
Finals	218 Boys 9-12 200 Freestyle	36	4	03:22 PM	_____
	Break: 2 Minutes:				
Finals	87 Girls 8 & Under 25 Freestyle	18	2	03:37 PM	_____
Finals	88 Boys 8 & Under 25 Freestyle	17	2	03:39 PM	_____
	Break: 2 Minutes:				
Finals	219 Girls 9-12 50 Butterfly	97	10	03:43 PM	_____
Finals	220 Boys 9-12 50 Butterfly	47	5	03:54 PM	_____
	Break: 2 Minutes:				
Finals	93 Girls 8 & Under 25 Butterfly	12	2	04:01 PM	_____
Finals	94 Boys 8 & Under 25 Butterfly	13	2	04:03 PM	_____
	Break: 2 Minutes:				
Finals	95 Girls 11-12 200 Freestyle Relay	14	2	04:07 PM	_____
Finals	96 Boys 11-12 200 Freestyle Relay	6	1	04:13 PM	_____
Finals	97 Girls 10 & Under 200 Freestyle Relay	12	2	04:16 PM	_____
Finals	98 Boys 10 & Under 200 Freestyle Relay	5	1	04:24 PM	_____
	Break: 2 Minutes:				
Finals	99 Girls 8 & Under 100 Freestyle Relay	1	1	04:29 PM	_____
Finals	100 Boys 8 & Under 100 Freestyle Relay	3	1	04:32 PM	_____
	Swimmers Counts for Warm-ups: 257	=====	=====		
	Entry / Heat Totals:	877	101		
	Finish Time			04:34 PM	_____

2026 ACAC - The Tundra
Ames, IA
Sunday, January 18, 2026
Finals Time Line

National Anthem			5:40 PM
Event #101a	Girls 13-14 50 Back	Consolation	5:45 PM
		Championship	5:45 PM
		Bonus	5:47 PM
Event #101	Girls 15&O 50 Back	Consolation	5:48 PM
		Championship	5:49 PM
Event #102a	Boys 13-14 50 Back	Consolation	5:50 PM
		Championship	5:51 PM
Event #102	Boys 15&O 50 Back	Championship	5:52 PM
Event #103a	Girls 13-14 200 IM	Consolation	5:54 PM
		Championship	5:57 PM
		Bonus	6:00 PM
Event #103	Girls 15&O 200 IM	Consolation	6:04 PM
		Championship	6:07 PM
Event #104a	Boys 13-14 200 IM	Consolation	6:11 PM
		Championship	6:15 PM
Event #104	Boys 15&O 200 IM	Championship	6:19 PM
Event #105a	Girls 13-14 100 Butterfly	Consolation	6:22 PM
		Championship	6:24 PM
		Bonus	6:26 PM
Event #105	Girls 15&O 100 Butterfly	Consolation	6:27 PM
		Championship	6:29 PM
Event #106a	Boys 13-14 100 Butterfly	Consolation	6:30 PM
		Championship	6:32 PM
Event #106	Boys 15&O 100 Butterfly	Championship	6:35 PM
Event #107a	Girls 13-14 200 Backstroke	Consolation	6:36 PM
		Championship	6:39 PM
		Bonus	6:42 PM
Event #107	Girls 15&O 200 Backstroke	Consolation	6:45 PM
		Championship	6:49 PM
Event #108a	Boys 13-14 200 Backstroke	Consolation	6:52 PM
		Championship	6:55 PM
Event #108	Boys 15&O 200 Backstroke	Championship	6:59 PM
Event #109a	Girls 13-14 200 Breaststroke	Consolation	7:03 PM
		Championship	7:06 PM
		Bonus	7:11 PM
Event #109	Girls 15&O 200 Breaststroke	Consolation	7:14 PM
		Championship	7:18 PM
Event #110a	Boys 13-14 200 Breaststroke	Consolation	7:22 PM
		Championship	7:25 PM
Event #110	Boys 15&O 200 Breaststroke	Championship	7:30 PM
Event #111a	Girls 13-14 100 Freestyle	Consolation	7:33 PM
		Championship	7:35 PM
		Bonus	7:36 PM
Event #111	Girls 15&O 100 Freestyle	Consolation	7:38 PM
		Championship	7:39 PM
Event #112a	Boys 13-14 100 Freestyle	Consolation	7:41 PM
		Championship	7:42 PM
Event #112	Boys 15&O 100 Freestyle	Championship	7:44 PM
Event #113a	Girls 13-14 50 Breaststroke	Consolation	7:45 PM
		Championship	7:46 PM
		Bonus	7:48 PM
Event #113	Girls 15&O 50 Breaststroke	Consolation	7:49 PM
		Championship	7:50 PM
Event #114a	Boys 13-14 50 Breaststroke	Consolation	7:51 PM
		Championship	7:52 PM
Event #114	Boys 15&O 50 Breaststroke	Championship	7:54 PM
BREAK (5 min)			7:55 PM
Event #115	Girls 13-14 200 Freestyle Relay	Heat 1	8:00 PM
		Heat 2	8:03 PM
Event #116	Boys 13-14 200 Freestyle Relay	Heat 1	8:05 PM
Event #117	Girls 15&O 200 Freestyle Relay	Heat 1	8:08 PM
		Heat 2	8:11 PM
Event #118	Boys 15&O 200 Freestyle Relay	Heat 1	8:13 PM
Awards	Individual High Point Awards		8:14 PM
	End of Session		8:19 PM