

Event	Time	P/F/T	Relay Team	Athletes	Date	Meet Name
Female 8 & Under 200 Free Relay						
1	3:10.99L	F	Relay A	Schaffel, Caite J Adams, Libby L Gardner, Ella M Mason, Leah M	07/21/2018	2018 IA Long Course Silver / 8
Female 8 & Under 200 MR						
1	3:26.40L	F	Relay A	Thompson, Alana J Schaffel, Caite J Mason, Leah M Gardner, Ella M	07/21/2018	2018 IA Long Course Silver / 8
Female 10 & Under 200 Free Relay						
1	2:19.85L	F	Relay A	Grovo, Hailee M Caughron, Carley J Clark, Emma E Frericks, Grace M	07/27/2013	2013 Iowa Swimming Long Course
Female 10 & Under 200 MR						
1	2:38.25L	F	Relay A	Frericks, Grace M Clark, Emma E Grovo, Hailee M Caughron, Carley J	07/26/2013	2013 Iowa Swimming Long Course
Female 12 & Under 200 Free Relay						
1	2:06.03L	F	Relay A	Frericks, Grace M Clark, Emma E Grovo, Hailee M Caughron, Carley J	07/12/2015	2015 BLAST Summer Sizzler
Female 12 & Under 200 MR						
1	2:25.59L	F	Relay A	Borglum, Macy G Bobeldyk, Grace A Frericks, Grace M Mallaro, Kendall J	07/09/2016	2016 BLAST Summer Sizzler
Female 14 & Under 800 Free Relay						
1	9:55.02L	F	Relay A	Plassman, Renee R Considine, Grace O Shimp, Ellie T Murra, Riley K	07/24/2015	2015 Iowa Swimming Long Course
Female 9-10 200 Free Relay						
1	2:25.70L	F	Relay A	O'BRIEN, KEELIN N Abbas, Kelsey A	06/20/2006	Best Times LO
Female 9-10 200 MR						
1	2:48.90L	F	Relay A	Sund, Jessica M Banwart, Courtney R Hackett, Meghan M Langner, Charlie M	07/31/2008	2008 Iowa Swimming Summer Stat
Female 11-12 200 Free Relay						
1	2:00.24L	F	Relay A	Grovo, Hailee M Clark, Emma E Frericks, Grace M Caughron, Carley J	07/23/2015	2015 Iowa Swimming Long Course
Female 11-12 400 Free Relay						
1	4:30.78L	F	Relay A	Frericks, Grace M Mallaro, Kendall J Borglum, Macy G Bobeldyk, Grace A	07/31/2016	2016 Iowa Swimming Long Course
Female 11-12 200 MR						
1	2:15.13L	F	Relay A	Frericks, Grace M Clark, Emma E	07/25/2015	2015 Iowa Swimming Long Course

				Caughron, Carley J Grovo, Hailee M		
Female 11-12 400 MR						
1	5:05.10L	F	Relay A	Frericks, Grace M Borglum, Macy G Mallaro, Kendall J Bobeldyk, Grace A	07/29/2016	2016 Iowa Swimming Long Course
Female 13 & Over 200 Free Relay						
1	2:00.64L	F	Relay A	Abbas, Kelsey A Langner, Charlie M Grainger, Martee M Pons, Bailey E	05/22/2011	2011 I-Fly Armbruster Open
Female 13 & Over 200 MR						
1	2:15.53L	F	Relay A	Abbas, Kelsey A Langner, Charlie M Hackett, Meghan M Pons, Bailey E	05/21/2011	2011 I-Fly Armbruster Open
Female 13-14 200 Free Relay						
1	1:53.28L	F	Relay A	Clark, Emma E Frericks, Grace M Mallaro, Kendall J Caughron, Carley J	07/27/2017	2017 ISI Long Course Champions
Female 13-14 400 Free Relay						
1	4:15.15L	F	Relay A	Clark, Emma E Mallaro, Kendall J Frericks, Grace M Caughron, Carley J	07/30/2017	2017 ISI Long Course Champions
Female 13-14 800 Free Relay						
1	9:25.58L	F	Relay A	Caughron, Carley J Clark, Emma E Mallaro, Kendall J Butler, Katherine M	07/28/2017	2017 ISI Long Course Champions
Female 13-14 200 MR						
1	2:06.60L	F	Relay A	Frericks, Grace M Clark, Emma E Mallaro, Kendall J Caughron, Carley J	07/27/2017	2017 ISI Long Course Champions
Female 13-14 400 MR						
1	4:47.10L	F	Relay A	Frericks, Grace M Clark, Emma E Mallaro, Kendall J Caughron, Carley J	07/29/2017	2017 ISI Long Course Champions
Female 15 & Over 200 Free Relay						
1	1:53.81L	F	Relay A		06/20/2006	Best Times LO
Female 15 & Over 400 Free Relay						
1	4:08.46L	F	Relay A	Abbas, Kelsey A NOAH, KELSEY J ITZEN, JOCELYN R Pons, Bailey E	07/30/2009	2009 Iowa Swimming Summer Stat
Female 15 & Over 800 Free Relay						
1	8:53.89L	F	Relay A	Pons, Bailey E Graham, Ashlee K Abbas, Kelsey A NOAH, KELSEY J	07/30/2009	2009 Iowa Swimming Summer Stat
Female 15 & Over 200 MR						
1	2:08.02L	F	Relay A		06/20/2006	Best Times LO
Female 15 & Over 400 MR						

1	4:47.86L	F	Relay A	Abbas, Kelsey A ITZEN, JOCELYN R Pons, Bailey E NOAH, KELSEY J	07/30/2009	2009 Iowa Swimming Summer Stat
Female Open 200 Free Relay						
1	1:51.08L	F	Relay A	Hall, Madison C Grainger, Martee M Riggs, Aftin P Moffatt, Brittany A	07/25/2014	2014 Iowa Swimming Long Course
Female Open 400 Free Relay						
1	4:02.05L	F	Relay A	Cline, Shelby L Abbas, Kelsey A Moffatt, Brittany A Riggs, Aftin P	07/29/2012	2012 Iowa Swimming Summer Stat
Female Open 800 Free Relay						
1	8:53.62L	F	Relay A	Riggs, Aftin P Moffatt, Brittany A Langner, Charlie M Sell, Catherine C	07/25/2013	2013 Iowa Swimming Long Course
Female Open 200 MR						
1	2:03.21L	F	Relay A	Hall, Samantha M Clark, Olivia K Hackett, Meghan M Hall, Madison C	07/23/2015	2015 Iowa Swimming Long Course
Female Open 400 MR						
1	4:32.58L	F	Relay A	Frericks, Grace M Caughron, Carley J Mallaro, Kendall J Bobeldyk, Grace A	07/31/2021	2021 IASI 13-14_Senior Long Co
Male 8 & Under 200 Free Relay						
1	2:53.68L	F	Relay A	Easter, Lincoln A L'Heureux, August L Castle, Wayne H Engelhardt, Alex J	07/21/2018	2018 IA Long Course Silver / 8
Male 8 & Under 200 MR						
1	3:24.05L	F	Relay A	L'Heureux, August L Engelhardt, Alex J Easter, Lincoln A Castle, Wayne H	07/21/2018	2018 IA Long Course Silver / 8
Male 10 & Under 200 Free Relay						
1	2:15.04L	F	Relay A	Fry, Graham S Langner, Andrew L Butler, John A Wilson, Cole R	07/24/2015	2015 Iowa Swimming Long Course
Male 10 & Under 200 MR						
1	2:38.07L	F	Relay A	Fry, Graham S Langner, Andrew L Butler, John A Wilson, Cole R	07/25/2015	2015 Iowa Swimming Long Course
Male 12 & Under 200 Free Relay						
1	2:00.04L	F	Relay A	Mattson, Jared G Moffatt, Dylan T Bremner, Dawson L Frericks, Jackson P	07/14/2013	BLAST Summer Sizzler
Male 12 & Under 200 MR						
1	2:14.72L	F	Relay B	Frericks, Jackson P Mattson, Jared G	07/13/2013	BLAST Summer Sizzler

				Bremner, Dawson L Moffatt, Dylan T		
Male 14 & Under 200 Free Relay						
1	1:48.09L	F	Relay A	CHRISTENSEN, CHARLES P	06/20/2006	Best Times LO
Male 14 & Under 800 Free Relay						
1	8:50.25L	F	Relay A	Bremner, Dawson L Moffatt, Dylan T Mattson, Jared G Redfern, Benson J	07/24/2015	2015 Iowa Swimming Long Course
Male 14 & Under 200 MR						
1	2:03.28L	F	Relay A	CHRISTENSEN, CHARLES P	06/20/2006	Best Times LO
Male 9-10 200 Free Relay						
1	2:17.34L	F	Relay A	Moffatt, Dylan T Butler, David H Mattson, Jared G Frericks, Jackson P	07/30/2011	2011 Iowa Swimming Summer Stat
Male 9-10 200 MR						
1	2:38.88L	F	Relay A	Butler, David H Mattson, Jared G Frericks, Jackson P Moffatt, Dylan T	07/29/2011	2011 Iowa Swimming Summer Stat
Male 11-12 200 Free Relay						
1	1:54.56L	F	Relay A	Wessels, Jordan	06/20/2006	Best Times LO
Male 11-12 400 Free Relay						
1	4:20.33L	F	Relay A	Mattson, Jared G Frericks, Jackson P Moffatt, Dylan T Bremner, Dawson L	07/26/2013	2013 Iowa Swimming Long Course
Male 11-12 200 MR						
1	2:08.81L	F	Relay A		06/20/2006	Best Times LO
Male 11-12 400 MR						
1	4:53.25L	F	Relay A	Frericks, Jackson P Mattson, Jared G Bremner, Dawson L Moffatt, Dylan T	07/28/2013	2013 Iowa Swimming Long Course
Male 13 & Over 200 Free Relay						
1	1:50.41L	F	Relay A	Clements, Connor J Stern, Brady A Sund, Jacob M Stern, Nick A	05/22/2011	2011 I-Fly Armbruster Open
Male 13 & Over 200 MR						
1	1:54.65L	F	Relay A	Clements, Connor J Abbas, Sean A Wessels, Jordan Moses, Garrett S	05/21/2011	2011 I-Fly Armbruster Open
Male 13-14 200 Free Relay						
1	1:43.15L	F	Relay A		06/20/2006	Best Times LO
Male 13-14 400 Free Relay						
1	3:44.34L	F	Relay A		06/20/2006	Best Times LO
Male 13-14 800 Free Relay						
1	9:07.41L	F	Relay A	Mattson, Jared G O'Bryon, Sebastian T Bremner, Dawson L Frericks, Jackson P	07/24/2014	2014 Iowa Swimming Long Course
Male 13-14 200 MR						
1	1:58.69L	F	Relay A	Engelhardt, Alex J Hartsock, Brady L	07/21/2023	2023 IA Long Course Championship

				Woltz, Mason L deHart, Cornelis		
Male 13-14 400 MR						
1	4:17.85L	F	Relay A		06/20/2006	Best Times LO
Male 15 & Over 200 Free Relay						
1	1:39.24L	F	Relay A	Abbas, Sean A Trelka, Kyle D Sund, Joshua D Wessels, Jordan	07/30/2010	2010 Iowa Swimming Summer Stat
Male 15 & Over 400 Free Relay						
1	3:37.98L	F	Relay A	Moses, Garrett S VERINK, TYLER S Wessels, Jordan	07/31/2008	2008 Iowa Swimming Summer Stat
Male 15 & Over 800 Free Relay						
1	8:07.94L	F	Relay A	Abbas, Sean A VERINK, TYLER S Wessels, Jordan	07/31/2008	2008 Iowa Swimming Summer Stat
Male 15 & Over 200 MR						
1	1:52.36L	F	Relay A	Clements, Connor J Pinter, Scott D Hagensick, Michael Sund, Joshua D	07/31/2011	2011 Iowa Swimming Summer Stat
Male 15 & Over 400 MR						
1	4:05.29L	F	Relay A	Abbas, Sean A Wessels, Jordan Moses, Garrett S	07/31/2008	2008 Iowa Swimming Summer Stat
Male Open 200 Free Relay						
1	1:39.65L	F	Relay A	Hartsock, Brady L Herink, Dylan S Herink, Ryan T Butler, John A	07/28/2024	2024 IA Long Course Championsh
Male Open 400 Free Relay						
1	3:35.59L	F	Relay A	Abbas, Sean A Moses, Garrett S Sund, Joshua D Wessels, Jordan	07/22/2011	2011 IA Sec 1 Speedo Champions
Male Open 800 Free Relay						
1	8:04.64L	F	Relay A	Verink, Brian L Wessels, Jordan VERINK, TYLER S	07/17/2008	2008 Summer Central Zone Secti
Male Open 200 MR						
1	1:51.82L	F	Relay A	Herink, Dylan S Wilson, Cole R Butler, John A Arenholz, Jaxon J	07/21/2023	2023 IA Long Course Championship
Male Open 400 MR						
1	4:02.20L	F	Relay A	Abbas, Sean A Wessels, Jordan Moses, Garrett S Sund, Joshua D	07/24/2011	2011 IA Sec 1 Speedo Champions
Mixed 8 & Under 200 Free Relay						
1	2:40.18L	F	Relay A	Koenig, Madison M Engelhardt, Alex J Sundwall, Hunter D Bobeldyk, Ella M	06/10/2018	2018 IA ICE Splash Out Hunger
Mixed 13 & Over 200 Free Relay						
1	2:02.31L	F	Relay A	Blasen, Joseph A Flikkema, Mary J	06/23/2023	Ben Newell Memorial Invitation

				Jacobs, Amber deHart, Cornelis		
Mixed Open 200 Free Relay						
1	1:54.50L	F	Relay A		06/21/2018	2018 IA BLAST Under the Lights
Mixed Open 200 MR						
1	2:09.37L	F	Relay A	Gehling, Nicholas J Langner, Gabriel J Langner, Charlie M Moffatt, Brittany A	06/12/2015	2015 Tri Under the Lights
Mixed Open 400 MR						
1	5:24.55L	F	Relay A	Seliga, Emily K Fry, Graham S Mallaro, Kendall J Schaffel, Connor J	05/05/2018	2018-IA-ICE-Amanda-K-Schany-Op