

Event	Time	P/F/T	Relay Team	Athletes	Date	Meet Name
Female 8 & Under 100 Free Relay						
1	1:13.01Y	F	Relay A	Shimp, Ellie T Considine, Grace O Shah, Eesha Murra, Riley K	02/20/2010	BLAST 2010 West Regional Final
Female 8 & Under 200 Free Relay						
1	2:36.84Y	F	Relay A	SHIMP, ELIZABETH D Pherigo, Taylor A	10/19/2005	Best Times YO
Female 8 & Under 100 MR						
1	1:22.49Y	F	Relay A		10/19/2005	Best Times YO
Female 8 & Under 200 MR						
1	2:59.24Y	F	Relay A	Murra, Riley K Shah, Eesha Shimp, Ellie T Platt, Victoria M	02/26/2010	ISI 12 & U Short Course Champi
Female 10 & Under 100 Free Relay						
1	1:09.51Y	F	Relay B		10/19/2005	Best Times YO
Female 10 & Under 200 Free Relay						
1	1:58.25Y	F	Relay A		10/19/2005	Best Times YO
Female 10 & Under 200 MR						
1	2:12.10Y	F	Relay A		10/19/2005	Best Times YO
Female 12 & Under 200 Free Relay						
1	1:54.64Y	F	Relay A	Shimp, Natalie M Hackett, Meghan M Banwart, Courtney R Langner, Charlie M	01/15/2010	2010 MN FOXJ Winter Classic
Female 12 & Under 200 MR						
1	2:08.89Y	F	Relay A	Banwart, Courtney R Shimp, Natalie M Hackett, Meghan M Langner, Charlie M	01/15/2010	2010 MN FOXJ Winter Classic
Female 14 & Under 200 Free Relay						
1	2:05.48Y	F	Relay A	NOAH, KELSEY J Graham, Ashlee K	10/19/2005	Best Times YO
Female 14 & Under 400 Free Relay						
1	4:01.66Y	F	Relay A	Shimp, Natalie M Augustine, Payton A Langner, Charlie M Banwart, Lexi M	01/15/2011	2011 MN FOXJ Winter Classic
Female 14 & Under 400 MR						
1	4:35.35Y	F	Relay A	Banwart, Lexi M Shimp, Natalie M Langner, Charlie M Banwart, Courtney R	01/15/2011	2011 MN FOXJ Winter Classic
Female 9-10 200 Free Relay						
1	2:08.01Y	F	Relay A	Caughron, Carley J Cox, Jade R Butler, Katherine M Frericks, Grace M	02/23/2014	2014 ISI 12 & U Short Course C
Female 9-10 200 MR						
1	2:23.60Y	F	Relay A	Frericks, Grace M Mallaro, Kendall J Caughron, Carley J Cox, Jade R	02/22/2014	2014 ISI 12 & U Short Course C
Female 11-12 100 Free Relay						

1	1:05.04Y	F	Relay A	NOAH, KELSEY J ITZEN, JOCELYN R	10/19/2005	Best Times YO
Female 11-12 200 Free Relay						
1	1:48.26Y	F	Relay A		10/19/2005	Best Times YO
Female 11-12 400 Free Relay						
1	3:54.58Y	F	Relay A	Caughron, Carley J Frericks, Grace M Mallaro, Kendall J Butler, Katherine M	02/21/2016	2016 ISI 12 & U Short Course C
Female 11-12 200 MR						
1	2:00.48Y	F	Relay A		10/19/2005	Best Times YO
Female 11-12 400 MR						
1	4:25.00Y	F	Relay A	Frericks, Grace M Caughron, Carley J Mallaro, Kendall J Butler, Katherine M	02/20/2016	2016 ISI 12 & U Short Course C
Female 13 & Over 200 Free Relay						
1	1:40.42Y	F	Relay A	Clark, Emma E Caughron, Carley J Bobeldyk, Grace A Frericks, Grace M	01/12/2020	2020 MN FOXJ Winter Classic
Female 13 & Over 400 Free Relay						
1	4:06.41Y	F	Relay A	NOAH, KELSEY J	10/19/2005	Best Times YO
Female 13 & Over 200 MR						
1	1:54.55Y	F	Relay A	Frericks, Grace M Clark, Emma E Bobeldyk, Grace A Caughron, Carley J	01/11/2020	2020 MN FOXJ Winter Classic
Female 13 & Over 400 MR						
1	5:07.95Y	F	Relay A		10/19/2005	Best Times YO
Female 13-14 200 Free Relay						
1	1:41.86Y	F	Relay A	Clark, Emma E Grovo, Hailee M Mallaro, Kendall J Caughron, Carley J	03/03/2017	2017 ISI Short Course Age Grou
Female 13-14 400 Free Relay						
1	3:42.51Y	F	Relay A	Grovo, Hailee M Clark, Emma E Caughron, Carley J Plassman, Renee R	03/05/2017	2017 ISI Short Course Age Grou
Female 13-14 800 Free Relay						
1	8:11.81Y	F	Relay A	Langner, Charlie M Moffatt, Brittany A Shimp, Natalie M Rodriguez, McClaren R	02/23/2012	ISI Senior Championships
Female 13-14 200 MR						
1	1:54.98Y	F	Relay A	Gardner, Ella M Rehmert, Corrine N Mason, Leah M Mason, Lily L	02/16/2024	2024 IASI Short Course Age Gro
Female 13-14 400 MR						
1	4:12.32Y	F	Relay A	Langner, Charlie M Clark, Olivia K Valentine, Kailie C Rodriguez, McClaren R	02/23/2013	2013 ISI Short Course Champion
Female 15 & Over 200 Free Relay						

1	1:40.60Y	F	Relay A	Pons, Bailey E Abbas, Kelsey A DAILEY, KYRIE L Graham, Ashlee K	03/05/2010	2010 ISI Short Course Champion
Female 15 & Over 400 Free Relay						
1	3:52.87Y	F	Relay A	Augustine, Payton A ANDERSON, ABIGAIL N DAILEY, KYRIE L Rettenmeier, Alesha M	03/05/2010	2010 ISI Short Course Champion
Female 15 & Over 800 Free Relay						
1	7:46.73Y	F	Relay A	Clark, Olivia K Hackett, Meghan M Hall, Madison C Langner, Charlie M	02/25/2016	2016 Iowa Swimming Short Cours
Female 15 & Over 200 MR						
1	2:00.76Y	F	Relay A	DAILEY, KYRIE L SMEINS, LAUREL M Rettenmeier, Alesha M ANDERSON, ABIGAIL N	03/05/2010	2010 ISI Short Course Champion
Female 15 & Over 400 MR						
1	4:12.76Y	F	Relay A	Abbas, Kelsey A ANDERSON, ABIGAIL N Graham, Ashlee K Pons, Bailey E	03/05/2010	2010 ISI Short Course Champion
Female Open 100 Free Relay						
1	59.33Y	F	Relay A	Rettenmeier, Alesha M ANDERSON, ABIGAIL N Pherigo, Taylor A Kukral, Jessa M	06/03/2006	2006 IA DASH June Kick-off Inv
Female Open 200 Free Relay						
1	1:35.93Y	F	Relay A	Frericks, Grace M Caughron, Carley J Considine, Grace O Clark, Emma E	02/22/2019	2019 IA Short Course Champions
Female Open 400 Free Relay						
1	3:31.20Y	F	Relay A	Cline, Shelby L Moffatt, Brittany A Hall, Madison C Grainger, Martee M	03/16/2014	2014 Speedo Champions Series M
Female Open 800 Free Relay						
1	7:40.92Y	F	Relay A	Clark, Emma E Frericks, Grace M Caughron, Carley J Considine, Grace O	02/21/2019	2019 IA Short Course Champions
Female Open 100 MR						
1	1:04.37Y	F	Relay A	Mason, Kaitie R Pherigo, Taylor A	06/02/2007	2007 IA DASH June Kick-off Inv
Female Open 200 MR						
1	1:47.09Y	F	Relay A	Frericks, Grace M Caughron, Carley J Mallaro, Kendall J Clark, Emma E	02/28/2020	2020 IA Short Course Champions
Female Open 400 MR						
1	3:53.95Y	F	Relay A	Frericks, Grace M Caughron, Carley J Mallaro, Kendall J Clark, Emma E	02/29/2020	2020 IA Short Course Champions
Male 8 & Under 100 Free Relay						

1	1:06.27Y	F	Relay A	Butler, John A Sabanagic, Ian Murra, Ian G Wilson, Cole R	07/19/2014	2014 ISI DASH Regional Finals
Male 8 & Under 200 Free Relay						
1	2:29.98Y	F	Relay A	Butler, John A Sabanagic, Ian Murra, Ian G Wilson, Cole R	02/23/2014	2014 ISI 12 & U Short Course C
Male 8 & Under 100 MR						
1	1:21.02Y	F	Relay A	Neese, Zachary M Langner, Andrew L Brokenshire, Matthew C Myhr, Devin M	01/28/2012	BLAST Winter Invitational
Male 8 & Under 200 MR						
1	2:57.93Y	F	Relay A	Sabanagic, Ian Wilson, Cole R Butler, John A Murra, Ian G	02/22/2014	2014 ISI 12 & U Short Course C
Male 10 & Under 100 Free Relay						
1	46.67Y	F	Relay A		10/19/2005	Best Times YO
Male 10 & Under 200 Free Relay						
1	2:00.45Y	F	Relay A		10/19/2005	Best Times YO
Male 10 & Under 200 MR						
1	2:22.90Y	F	Relay A		10/19/2005	Best Times YO
Male 12 & Under 200 Free Relay						
1	1:53.05Y	F	Relay A		10/19/2005	Best Times YO
Male 12 & Under 200 MR						
1	1:57.13Y	F	Relay A		10/19/2005	Best Times YO
Male 14 & Under 200 MR						
1	1:55.08Y	F	Relay A	CHRISTENSEN, CHARLES P Wessels, Jordan	10/19/2005	Best Times YO
Male 9-10 200 Free Relay						
1	2:00.77Y	F	Relay A	Wilson, Cole R Sabanagic, Ian Koenig, William M Butler, John A	02/21/2016	2016 ISI 12 & U Short Course C
Male 9-10 200 MR						
1	2:19.01Y	F	Relay A	Sabanagic, Ian Wilson, Cole R Butler, John A Koenig, William M	02/20/2016	2016 ISI 12 & U Short Course C
Male 11-12 100 Free Relay						
1	1:14.58Y	F	Relay A		10/19/2005	Best Times YO
Male 11-12 200 Free Relay						
1	1:37.64Y	F	Relay A		10/19/2005	Best Times YO
Male 11-12 400 Free Relay						
1	3:36.50Y	F	Relay A	Wessels, Jordan CHRISTENSEN, CHARLES P	10/19/2005	Best Times YO
Male 11-12 200 MR						
1	1:48.37Y	F	Relay A		10/19/2005	Best Times YO
Male 11-12 400 MR						
1	4:03.07Y	F	Relay A		10/19/2005	Best Times YO
Male 13 & Over 100 Free Relay						
1	52.21Y	F	Relay A		10/19/2005	Best Times YO
Male 13 & Over 200 Free Relay						

1	1:37.51Y	F	Relay A	Weaver, Sam R Hartsock, Brady L deHart, Cornelis Woltz, Mason L	11/05/2022	2022 MAC A3 Performance Novemb
Male 13 & Over 400 Free Relay						
1	3:18.12Y	F	Relay A	Arenholz, Jaxon J deHart, Cornelis Wilson, Cole R Butler, John A	11/04/2023	2023 MAC A3 Performance Novemb
Male 13 & Over 200 MR						
1	1:40.47Y	F	Relay A	Engelhardt, Alex J Hartsock, Brady L Herink, Ryan T Bartelt, Daniel R	11/02/2024	2024 WI MAC A3 Performance Invite
Male 13-14 200 Free Relay						
1	1:27.35Y	F	Relay A	CHRISTENSEN, CHARLES P Wessels, Jordan	10/19/2005	Best Times YO
Male 13-14 400 Free Relay						
1	3:11.42Y	F	Relay A	CHRISTENSEN, CHARLES P Wessels, Jordan	10/19/2005	Best Times YO
Male 13-14 800 Free Relay						
1	7:23.71Y	F	Relay A	CHRISTENSEN, CHARLES P Wessels, Jordan	10/19/2005	Best Times YO
Male 13-14 200 MR						
1	1:38.51Y	F	Relay A	CHRISTENSEN, CHARLES P Wessels, Jordan	10/19/2005	Best Times YO
Male 13-14 400 MR						
1	3:36.72Y	F	Relay A	CHRISTENSEN, CHARLES P Wessels, Jordan	10/19/2005	Best Times YO
Male 15 & Over 200 Free Relay						
1	1:25.54Y	F	Relay A	Wessels, Jordan Abbas, Sean A Challgren, Nicholas F Moses, Garrett S	02/27/2009	2009 ISI Short Course Champion
Male 15 & Over 400 Free Relay						
1	3:10.95Y	F	Relay A	Abbas, Sean A Challgren, Nicholas F Moses, Garrett S Wessels, Jordan	02/27/2009	2009 ISI Short Course Champion
Male 15 & Over 800 Free Relay						
1	7:06.26Y	F	Relay A	Abbas, Sean A Moses, Garrett S Challgren, Nicholas F	02/29/2008	2008 ISI Short Course Champion
Male 15 & Over 200 MR						
1	1:36.55Y	F	Relay A	Abbas, Sean A Wessels, Jordan Moses, Garrett S Challgren, Nicholas F	02/27/2009	2009 ISI Short Course Champion
Male 15 & Over 400 MR						
1	3:32.76Y	F	Relay A	Abbas, Sean A Wessels, Jordan Burks, Taylor J Sund, Joshua D	02/26/2011	2011 ISI Short Course Champion
Male Open 100 Free Relay						
1	58.27Y	F	Relay A	Moses, Garrett S Langner, Gabriel J Sund, Joshua D	10/19/2005	Best Times YO

Male Open 200 Free Relay						
1	1:26.16Y	F	Relay A	Weaver, Sam R Wilson, Cole R Hartsock, Brady L Butler, John A	02/23/2024	2024 IASI Short Course Champio
Male Open 400 Free Relay						
1	3:03.89Y	F	Relay A	Abbas, Sean A Moses, Garrett S Sund, Joshua D Wessels, Jordan	03/13/2011	2011 Speedo Champions Series M
Male Open 800 Free Relay						
1	6:56.57Y	F	Relay A	Abbas, Sean A Moses, Garrett S Sund, Joshua D Wessels, Jordan	03/11/2011	2011 Speedo Champions Series M
Male Open 100 MR						
1	1:06.16Y	F	Relay A	Sund, Jacob M Sund, Joshua D Moses, Garrett S	10/19/2005	Best Times YO
Male Open 200 MR						
1	1:35.01Y	F	Relay A	Butler, John A Weaver, Sam R Wilson, Cole R Arenholz, Jaxon J	02/23/2024	2024 IASI Short Course Champio
Male Open 400 MR						
1	3:25.65Y	F	Relay A	Abbas, Sean A Wessels, Jordan Moses, Garrett S Sund, Joshua D	03/12/2011	2011 Speedo Champions Series M
Mixed 8 & Under 100 Free Relay						
1	1:16.15Y	F	Relay A	Brokenshire, Matthew C Berggren, Brandon D Langner, Andrew L Frericks, Grace M	07/05/2012	2012 DASH Summer Mid-week Tria
Mixed 8 & Under 100 MR						
1	1:32.67Y	F	Relay A	Sabanagic, Ian Langner, Andrew L Jones, Kaylin G Berggren, Ashley A	07/02/2013	2013 DASH Summer Mid-week Tria
Mixed 10 & Under 200 Free Relay						
1	2:23.45Y	F	Relay A	McGrane, Dublin C Castle, Wayne H Easter, Lincoln A Engelhardt, Alex J	11/10/2019	2019 IA Coe College Harvest In
Mixed 10 & Under 200 MR						
1	2:42.32Y	F	Relay A	Le, Adam D Corley, Brady A Flikkema, Mary J Lehmann, Taytem R	11/11/2017	2017 IA DASH & LMST Fall Invit
Mixed 12 & Under 200 Free Relay						
1	2:09.99Y	F	Relay A	Redfern, Benson J Shah, Eesha Neese, Alyssa T Murphy, Shannon P	07/02/2013	2013 DASH Summer Mid-week Tria
Mixed 12 & Under 200 MR						
1	2:25.40Y	F	Relay A	Redfern, Benson J Clark, Olivia K	07/05/2012	2012 DASH Summer Mid-week Tria

				Bremner, Dawson L Moore, Elizabeth A		
Mixed 14 & Under 100 Free Relay						
1	1:25.63Y	F	Relay G	Chin, Michelle N Neese, Alyssa T Clark, Emma E Flansch, Allison N	10/29/2010	Moch Meet 2010
Mixed 14 & Under 200 Free Relay						
1	2:06.63Y	F	Relay A	Banwart, Courtney R Reinart, Daniel J Hensing, Hanna L Wiele, Andrew P	10/29/2009	Moch Meet 2009-2
Mixed 11 & Over 200 Free Relay						
1	1:59.70Y	F	Relay A	North, Lauren K Gruenwald, Annika R Lauritsen, Kenneth C Sabanagic, Ian	02/03/2019	2019 IA DASH Valentines Classi
Mixed 11 & Over 200 MR						
1	2:18.73Y	F	Relay A	Gruenwald, Annika R North, Lauren K Sabanagic, Ian Lauritsen, Kenneth C	02/03/2019	2019 IA DASH Valentines Classi
Mixed 11-12 200 Free Relay						
1	2:04.82Y	F	Relay A	Flikkema, Mary J Le, Adam D Jacobs, Amber McGrane, Liam D	11/10/2019	2019 IA Coe College Harvest In
Mixed 11-12 200 MR						
1	2:11.67Y	F	Relay A	Le, Adam D Weaver, Sam R Flikkema, Mary J Lauritsen, Colton K	11/09/2019	2019 IA Coe College Harvest In
Mixed 13 & Over 400 Free Relay						
1	4:11.39Y	F	Relay A	Wilson, Cole R North, Lauren K Gruenwald, Annika R Sabanagic, Ian	11/10/2018	2018 DSMY Salute to Veterans I
Mixed 13 & Over 400 MR						
1	4:55.29Y	F	Relay A	North, Lauren K Gruenwald, Annika R Sabanagic, Ian Squires, Jonathan W	11/11/2018	2018 DSMY Salute to Veterans I
Mixed Open 100 Free Relay						
1	1:24.21Y	F	Relay A	Easter, Greyson C Arwine, Axel K Stevenson, Samuel D Panhaw, Dilbar D	11/01/2019	IA 2019 BLAST Intra-Squad Mock
Mixed Open 200 Free Relay						
1	1:45.16Y	F	Relay A	Bartelt, Daniel R Bobeldyk, Ella M L'Heureux, August L deHart, Cornelis	01/22/2023	2023 IA BLST Winter Invitation
Mixed Open 200 MR						
1	1:58.85Y	F	Relay A	Wessels, Jordan VERINK, TYLER S	10/19/2005	Best Times YO