



BLAST – ‘RETURN-TO-THE-POOL’– THE FALLS

***PHASE 2 PRACTICE TIMES UNTIL FURTHER NOTICE...Please note the scheduled ‘Swim’ time and ‘Pass’ time (‘Pass’ time = time allowed for swimmers to exit facility and next group to enter)**

- **Beginning June 22nd – ELITE/SENIOR**

- 6:00-8:00am M-F
- 7:30-9:30am Sa

- **Beginning June 22nd – FOCUS**

- 6-7:30am M/T/Th
- 7:30-9am Sa

- **Beginning June 22nd – GOLD**

- 7:30-9am M-F

- **Beginning June 22nd – SILVER**

- 9-10:15am M-Th

- **Beginning June 22nd – BRONZE**

- 9:15-10:15am M-Th

- ****15 min Deep Clean****
- **BLAST exits facility**