

2025 IA BLST Holiday Classic - 12/19/2025 to 12/21/2025**2025 IA BLST Holiday Classic****Warm-up Sheet**

Warm-up Starts at 05:00 PM

Session: 1 SESSION 1 - 11&O TF

Day of Meet: 1 Starts at 06:00 PM

Total Athletes: 114 - Women: 79 - Men: 35

	Team	Women	Men	Total	Lane
LMST-IA	Linn-Mar Swim Team	20	4	24	1-2
BLST-IA	Black Hawk Area Swim Team	15	6	21	11-13
ACAC-IA	Ames Cyclone Aquatics Club	6	10	16	3-4
USSD-IA	USS Destroyers Swim Club	9	2	11	5
COE-IA	Kohawk Aquatics	4	2	6	6
PSC-IA	PIRANHAS SWIM CLUB	3	2	5	6
BETT-IA	Bettendorf Aquatics	2	2	4	7
BZRK-AR	BERZERKER	3	1	4	7
NST-IA	Northeastern Swim Team	2	2	4	8
SEA-IA	South East Aquatics	3	1	4	8
TPAS-IA	Trail Point Ankeny Swim Club	4	0	4	9
MACR-IA	MACR Sharks	1	2	3	9
MCSC-IA	Mason City Swim Club	2	0	2	9
MUS-IA	Muscatine Community YMCA Manta	1	1	2	10
UN-BB-IA	UN-Bedell Barracudas	2	0	2	10
UN-K	UN-KRIEGER	1	0	1	10
UN-LE-IA	UN - LEE	1	0	1	10

2025 IA BLST Holiday Classic - 12/19/2025 to 12/21/2025**2025 IA BLST Holiday Classic****Warm-up Sheet**

Warm-up Starts at 07:30 AM

Session: 2 SESSION 2 - 11&0 PRELIMS

Day of Meet: 2 Starts at 08:30 AM

Total Athletes: 226 - Women: 150 - Men: 76

	Team	Women	Men	Total	Lane
LMST-IA	Linn-Mar Swim Team	32	15	47	1-3
BLST-IA	Black Hawk Area Swim Team	22	8	30	11-12
ACAC-IA	Ames Cyclone Aquatics Club	13	16	29	4-5
USSD-IA	USS Destroyers Swim Club	15	6	21	6-7
MACR-IA	MACR Sharks	8	9	17	8
PSC-IA	PIRANHAS SWIM CLUB	8	7	15	9
NST-IA	Northeastern Swim Team	11	2	13	10
COE-IA	Kohawk Aquatics	6	4	10	14
TPAS-IA	Trail Point Ankeny Swim Club	10	0	10	6-7
SEA-IA	South East Aquatics	5	2	7	13
MCSC-IA	Mason City Swim Club	6	0	6	13
BETT-IA	Bettendorf Aquatics	2	3	5	14
DMET-IA	Davenport Metro Swim Team	2	3	5	13
BZRK-AR	BERZERKER	3	1	4	13
MUS-IA	Muscatine Community YMCA Manta	3	0	3	10
UN-BB-IA	UN-Bedell Barracudas	2	0	2	13
UN-K	UN-KRIEGER	1	0	1	11
UN-LE-IA	UN - LEE	1	0	1	11

2025 IA BLST Holiday Classic - 12/19/2025 to 12/21/2025**2025 IA BLST Holiday Classic****Warm-up Sheet**

Warm-up Starts at 12:30 PM

Session: 3 SESSION 3 - 10&U TF

Day of Meet: 2 Starts at 01:20 PM

Total Athletes: 128 - Women: 85 - Men: 43

	Team	Women	Men	Total	Lane
BLST-IA	Black Hawk Area Swim Team	26	11	37	<u>11-14</u>
LMST-IA	Linn-Mar Swim Team	13	9	22	<u>1-2</u>
MACR-IA	MACR Sharks	13	5	18	<u>3-4</u>
ACAC-IA	Ames Cvcclone Aquatics Club	8	6	14	<u>5-6</u>
NST-IA	Northeastern Swim Team	12	0	12	<u>7-8</u>
USSD-IA	USS Destroyers Swim Club	2	4	6	<u>8</u>
MCSC-IA	Mason City Swim Club	2	2	4	<u>6</u>
TPAS-IA	Trail Point Ankeny Swim Club	2	2	4	<u>9</u>
COE-IA	Kohawk Aquatics	2	1	3	<u>9</u>
BETT-IA	Bettendorf Aquatics	1	1	2	<u>9</u>
MUS-IA	Muscatine Community YMCA Manta	2	0	2	<u>10</u>
DSMY-IA	Greater Des Moines YMCA	0	1	1	<u>10</u>
PSC-IA	PIRANHAS SWIM CLUB	1	0	1	<u>10</u>
UN-K	UN-KRIEGER	0	1	1	<u>10</u>
UN-LE-IA	UN - LEE	1	0	1	<u>10</u>

2025 IA BLST Holiday Classic - 12/19/2025 to 12/21/2025**2025 IA BLST Holiday Classic****Warm-up Sheet**

Warm-up Starts at 07:30 AM

Session: 5 SESSION 5 - 11&0 PRELIMS

Day of Meet: 3 Starts at 08:30 AM

Total Athletes: 213 - Women: 140 - Men: 73

	Team	Women	Men	Total	Lane
LMST-IA	Linn-Mar Swim Team	28	15	43	1-3
BLST-IA	Black Hawk Area Swim Team	19	8	27	11-12
ACAC-IA	Ames Cyclone Aquatics Club	11	14	25	4-5
USSD-IA	USS Destroyers Swim Club	14	6	20	6-7
TPAS-IA	Trail Point Ankeny Swim Club	13	3	16	8
MACR-IA	MACR Sharks	7	7	14	8
PSC-IA	PIRANHAS SWIM CLUB	9	5	14	10
COE-IA	Kohawk Aquatics	6	4	10	9
NST-IA	Northeastern Swim Team	8	0	8	6-7
MCSC-IA	Mason City Swim Club	6	1	7	13
SEA-IA	South East Aquatics	5	2	7	13
DMET-IA	Davenport Metro Swim Team	2	4	6	9
BZRK-AR	BERZERKER	3	1	4	5
MUS-IA	Muscatine Community YMCA Manta	3	1	4	14
BETT-IA	Bettendorf Aquatics	1	1	2	10
UN-BB-IA	UN-Bedell Barracudas	2	0	2	1
DMSF-IA	Des Moines Swimming Federation	1	0	1	14
UN-K	UN-KRIEGER	1	0	1	14
UN-LE-IA	UN - LEE	1	0	1	14
UNIA-IA	UNATTACHED	0	1	1	14

2025 IA BLST Holiday Classic - 12/19/2025 to 12/21/2025**2025 IA BLST Holiday Classic****Warm-up Sheet**

Warm-up Starts at 12:30 PM

Session: 6 SESSION 6 - 10&U TF

Day of Meet: 3 Starts at 01:20 PM

Total Athletes: 116 - Women: 78 - Men: 38

	Team	Women	Men	Total	Lane
BLST-IA	Black Hawk Area Swim Team	26	10	36	11-14
LMST-IA	Linn-Mar Swim Team	13	8	21	1-2
MACR-IA	MACR Sharks	9	5	14	3-4
ACAC-IA	Ames Cvcclone Aquatics Club	7	3	10	5
NST-IA	Northeastern Swim Team	9	0	9	6
USSD-IA	USS Destroyers Swim Club	2	5	7	7
COE-IA	Kohawk Aquatics	2	2	4	8
MCSC-IA	Mason City Swim Club	2	2	4	8
MUS-IA	Muscatine Community YMCA Manta	3	1	4	9
TPAS-IA	Trail Point Ankeny Swim Club	2	1	3	9
BETT-IA	Bettendorf Aquatics	1	0	1	10
DSMY-IA	Greater Des Moines YMCA	0	1	1	10
PSC-IA	PIRANHAS SWIM CLUB	1	0	1	10
UN-LE-IA	UN - LEE	1	0	1	10