

DASH Spring Into Summer Invite

Warm-up Assignments

Morning Session –

11 & younger (8:30-9:10 am);

Lane 1 – USSD, ICE

Lane 2 – MACR

Lane 3 – BLAST

Lane 4 – BLAST

Lane 5 – VAC

Lane 6 – VAC

Lane 7 – VAC

Lane 8 – DASH

Lane 9 – DASH

Lane 10 – DASH

Lane 11 – DASH

Lane 12 – DASH

Lane 13 – DASH

Afternoon Session –

12 & older (11:00-11:50 am);

Lane 1 – ICE

Lane 2 – VAC

Lane 3 – BLAST

Lane 4 – BLAST

Lane 5 – MACR

Lane 6 – MACR

Lane 7 – MACR, SEA, USSD

Lane 8 – DASH

Lane 9 – DASH

Lane 10 – DASH

Lane 11 – DASH

Lane 12 – DASH

Lane 13 - DASH