

2025 IA DASH Spring Into Summer - 6/7/2025**Session Report**

Session: 1 Morning (11 & younger)

Day of Meet: 1 Starts at 09:20 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10-11 100 IM	22	3 u 09:20 AM	_____	
Finals	2 Boys 10-11 100 IM	8	1 u 09:27 AM	_____	
Finals	3 Girls 9 & Under 100 IM	7	1 u 09:30 AM	_____	
Finals	4 Boys 9 & Under 100 IM	2	1 u 09:32 AM	_____	
	Break: 5 Minutes:				
Finals	5 Girls 8 & Under 25 Freestyle	5	1 u 09:39 AM	_____	
Finals	6 Boys 8 & Under 25 Freestyle	5	1 u 09:40 AM	_____	
Finals	7 Girls 10-11 50 Freestyle	30	4 u 09:41 AM	_____	
Finals	8 Boys 10-11 50 Freestyle	9	2 u 09:46 AM	_____	
	Break: 5 Minutes:				
Finals	9 Girls 9 & Under 50 Freestyle	9	2 u 09:53 AM	_____	
Finals	10 Boys 9 & Under 50 Freestyle	8	1 u 09:56 AM	_____	
Finals	11 Girls 8 & Under 25 Breaststroke	1	1 u 09:58 AM	_____	
Finals	12 Boys 8 & Under 25 Breaststroke	1	1 u 09:59 AM	_____	
Finals	13 Girls 10-11 50 Breaststroke	20	3 u 10:00 AM	_____	
Finals	14 Boys 10-11 50 Breaststroke	8	1 u 10:04 AM	_____	
Finals	15 Girls 9 & Under 50 Breaststroke	7	1 u 10:05 AM	_____	
Finals	16 Boys 9 & Under 50 Breaststroke	6	1 u 10:07 AM	_____	
	Break: 5 Minutes:				
Finals	17 Girls 8 & Under 25 Backstroke	5	1 u 10:13 AM	_____	
Finals	18 Boys 8 & Under 25 Backstroke	4	1 u 10:15 AM	_____	
Finals	19 Girls 10-11 50 Backstroke	24	3 u 10:16 AM	_____	
Finals	20 Boys 10-11 50 Backstroke	5	1 u 10:20 AM	_____	
Finals	21 Girls 9 & Under 50 Backstroke	10	2 u 10:22 AM	_____	
Finals	22 Boys 9 & Under 50 Backstroke	8	1 u 10:26 AM	_____	
	Break: 5 Minutes:				
Finals	23 Girls 8 & Under 25 Butterfly	1	1 u 10:32 AM	_____	
Finals	24 Boys 8 & Under 25 Butterfly	2	1 u 10:33 AM	_____	
Finals	25 Girls 10-11 50 Butterfly	15	2 u 10:34 AM	_____	
Finals	26 Boys 10-11 50 Butterfly	6	1 u 10:36 AM	_____	
Finals	27 Girls 9 & Under 50 Butterfly	3	1 u 10:38 AM	_____	
Finals	28 Boys 9 & Under 50 Butterfly	5	1 u 10:39 AM	_____	
	Break: 5 Minutes:				
Finals	29 Girls 8 & Under 50 Freestyle	2	1 u 10:45 AM	_____	
Finals	30 Boys 8 & Under 50 Freestyle	4	1 u 10:47 AM	_____	
Finals	31 Girls 10-11 100 Freestyle	19	3 u 10:48 AM	_____	
Finals	32 Boys 10-11 100 Freestyle	8	1 u 10:54 AM	_____	
Finals	33 Girls 9 & Under 100 Freestyle	2	1 u 10:57 AM	_____	
Finals	34 Boys 9 & Under 100 Freestyle	5	1 u 10:59 AM	_____	
	Break: 5 Minutes:				
Finals	35 Girls 8 & Under 100 IM	1	1 u 11:06 AM	_____	
Finals	36 Boys 8 & Under 100 IM	1	1 u 11:08 AM	_____	
	Swimmers Counts for Warm-ups: 75	=====	=====		
	Entry / Heat Totals:	278	51		

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Day of Meet: 1 Starts at 09:20 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at
	Finish Time	11:11 AM _____

2025 IA DASH Spring Into Summer - 6/7/2025**Session Report**

Session: 2 Afternoon (12 & older)

Day of Meet: 1 Starts at 12:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Girls 12 & Over 200 IM	11	2 u 12:15 PM	_____	
Finals	38 Boys 12 & Over 200 IM	12	2 u 12:23 PM	_____	
Finals	39 Girls 12 & Over 50 Breaststroke	15	2 u 12:29 PM	_____	
Finals	40 Boys 12 & Over 50 Breaststroke	16	2 u 12:32 PM	_____	
Finals	41 Girls 12 & Over 100 Freestyle	19	3 u 12:34 PM	_____	
Finals	42 Boys 12 & Over 100 Freestyle	28	4 u 12:39 PM	_____	
	Break: 5 Minutes:				
Finals	43 Girls 12 & Over 100 Breaststroke	11	2 u 12:50 PM	_____	
Finals	44 Boys 12 & Over 100 Breaststroke	12	2 u 12:54 PM	_____	
Finals	45 Girls 12 & Over 50 Backstroke	11	2 u 12:59 PM	_____	
Finals	46 Boys 12 & Over 50 Backstroke	12	2 u 01:01 PM	_____	
	Break: 5 Minutes:				
Finals	47 Girls 12 & Over 200 Backstroke	3	1 u 01:09 PM	_____	
Finals	48 Boys 12 & Over 200 Backstroke	6	1 u 01:13 PM	_____	
Finals	49 Girls 12 & Over 100 Butterfly	11	2 u 01:16 PM	_____	
Finals	50 Boys 12 & Over 100 Butterfly	17	3 u 01:19 PM	_____	
	Break: 5 Minutes:				
Finals	67 Girls 12 & Over 400 IM	2	1 u 01:30 PM	_____	
Finals	68 Boys 12 & Over 400 IM	7	1 u 01:36 PM	_____	
Finals	51 Girls 12 & Over 50 Freestyle	25	4 u 01:42 PM	_____	
Finals	52 Boys 12 & Over 50 Freestyle	27	4 u 01:47 PM	_____	
	Break: 5 Minutes:				
Finals	53 Girls 12 & Over 200 Breaststroke	5	1 u 01:56 PM	_____	
Finals	54 Boys 12 & Over 200 Breaststroke	9	2 u 02:00 PM	_____	
Finals	55 Girls 12 & Over 50 Butterfly	17	3 u 02:08 PM	_____	
Finals	56 Boys 12 & Over 50 Butterfly	13	2 u 02:12 PM	_____	
	Break: 5 Minutes:				
Finals	57 Girls 12 & Over 100 Backstroke	12	2 u 02:19 PM	_____	
Finals	58 Boys 12 & Over 100 Backstroke	20	3 u 02:24 PM	_____	
Finals	59 Girls 12 & Over 200 Butterfly	2	1 u 02:30 PM	_____	
Finals	60 Boys 12 & Over 200 Butterfly	3	1 u 02:33 PM	_____	
Finals	61 Girls 12 & Over 100 IM	10	2 u 02:36 PM	_____	
Finals	62 Boys 12 & Over 100 IM	7	1 u 02:40 PM	_____	
	Break: 5 Minutes:				
Finals	63 Girls 12 & Over 200 Freestyle	10	2 u 02:47 PM	_____	
Finals	64 Boys 12 & Over 200 Freestyle	15	2 u 02:53 PM	_____	
Finals	65 Girls 12 & Over 1000 Freestyle	8	1 u 03:00 PM	_____	
Finals	66 Boys 12 & Over 1000 Freestyle	1	1 u 03:16 PM	_____	
	Swimmers Counts for Warm-ups: 98	=====	=====		
	Entry / Heat Totals:	377	64		
	Finish Time			03:32 PM	_____