

DASH Spring Into Summer Invite

Saturday, June 7, 2025

WARM-UP ASSIGNMENTS:

Morning Session (11 & younger) –

DMET – Lane 1

EMSC – Lane 2

BLAST – Lane 3

NS – Lanes 4 & 5

DASH – Lanes 6 – 13

Afternoon Session (12 & older) –

BLAST – Lane 1

NS – Lane 2

DMET – Lanes 3 & 4

EMSC – Lanes 5 & 6

DASH / BSS – Lanes 7 - 13