

Dubuque Area Swimmin' Hurricanes - Code of Conduct

I. General Conduct, Rules, & Safety Guidelines

- A. The use and/or possession of alcoholic beverages, drugs (other than those prescribed by your physician) and tobacco products is forbidden on Dubuque Community School District (DCSD) Aquatic Center or on school property.
- B. Undesirable language (i.e., Profanity) or destructive behavior (i.e., Vandalism) will not be tolerated.
- C. Team members will treat their membership w/DASH as a privilege and personally acknowledge the associated responsibilities.
- D. Team members will treat teammates, competitors, coaches, officials, and all others with respect.
- E. Team members will encourage and positively challenge teammates. Deprecating or negative behavior toward teammates will not be tolerated.
- F. All rules of the DCSD facility will be followed including but not limited to:
 1. All drinks on deck must be clear or light colored
 2. Team members should not go into other areas of Hempstead High School during practice
 3. Team members are not allowed to use Hempstead High School team locker rooms outside of DASH hosted meets; on deck changing facilities are available for bathroom needs during practice.
- G. Horseplay will not be tolerated. This includes, but is not limited to:
 1. Running - pool deck, locker rooms, parking lot
 2. Throwing - buoys, kickboards, paddles, balls, anything
 3. Fighting, hitting or kicking other people
 4. Spitting
 5. Pushing (including into the pool)
 6. Gum chewing in the pool
- H. Locker rooms
 1. Team members will be respectful of the DCSD changing rooms and locker rooms when being used. Including cleaning up litter and personal belongings before exiting the facility
 2. Team members will be respectful of other swimmers and other swimmer's property in the locker room. Bullying, sexual misconduct and stealing will not be tolerated.
 - a) Bullying is defined as: Bullying is the severe or repeated use by one or more USA Swimming members of oral, written, electronic or other technological expression, image, sound, data or intelligence of any nature (regardless of the

method of transmission), or a physical act or gesture, or any combination thereof, directed at any other member

- b) Sexual misconduct is defined as: conduct of a sexual nature or conduct based on sex or gender that is nonconsensual or has the effect of threatening, intimidating, or coercing a person

- 3. Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras are NOT allowed in the bathrooms, changing rooms or locker rooms associated with any DASH function.

II. Practice times - arrivals & departures.

- A. Be on time for practice. Swimmers should be prepared at their appointed time.
- B. Have your ride pick you up within 15 minutes of the end of your practice time.
- C. Enter & exit the facility through the proper entrance/exit. When arriving go directly to where you are supposed to be.
- D. Honor all commitments you make to YOUR team - financial, time, talent, and effort.

III. Violation & Enforcement of the Code

- A. All team members shall read, sign, and adhere to the CODE of CONDUCT, in order to participate in the activities of the Dubuque Area Swimmin' Hurricanes (DASH).
- B. The coaching staff and members of the Board of Directors shall determine if a violation of the CODE of CONDUCT has occurred and if disciplinary action is appropriate.
- C. The penalties include, but are not limited to, the following;
 - 1. Loss of privileges;
 - a) changing/locker rooms access
 - b) bleacher and lobby use (prohibited from waiting in area before and after practice)
 - c) wet classroom use
 - d) inability to bring cell phone into building
 - 2. Suspension from practice(s)
 - 3. Suspension from the team, without refund
 - 4. Permanent expulsion from the team, without refund.
- D. All parents will be notified of violations that occur during practice by the team member's coach, a Board of Director member or the Safe Sport Director.¹

¹ Updated 5/2022 jd