

2023 DASH Giving Thanks – Warm-up Assignments

(Note: Lanes 1 – 8 are the competition lanes, Lanes 9 – 13 are the warm-up pool lanes w/9 closest to bulkhead)

Friday Evening Prelims – 4:30 pm;

Ln 1 – PSC
Ln 2 – PSC & DMET
Ln 3 – LMST
Ln 4 – LMST & NST
Ln 5 – DSMY
Ln 6 – USSD
Ln 7 – EMSC
Ln 8 – NS & COE
Ln 9 – BLAST
Ln 10 – DASH
Ln 11 – DASH
Ln 12 – DASH
Ln 13 – DASH

Saturday Morning Prelims – 9:30 am;

Ln 1 – PSC
Ln 2 – PSC & DMET
Ln 3 – DSMY
Ln 4 – DSMY & NST
Ln 5 – USSD
Ln 6 – EMSC
Ln 7 – BLAST & BSSC
Ln 8 – NS & VAC
Ln 9 – LMST & COE
Ln 10 – LMST
Ln 11 – DASH
Ln 12 – DASH
Ln 13 – DASH

Saturday Afternoon 12 & Under - SPLIT;

Group 1 / 12:35-1:20 pm –

Ln 1 – DSMY
Ln 2 – DSMY
Ln 3 – DSMY
Ln 4 – LMST
Ln 5 – LMST

Ln 6 – LMST
Ln 7 – LMST
Ln 8 – LMST
Ln 9 – DASH
Ln 10 – DASH
Ln 11 – DASH
Ln 12 – DASH
Ln 13 – DASH

Group 2 / 1:20-2:05 pm –

Ln 1 – NS
Ln 2 – NS
Ln 3 – EMSC
Ln 4 – EMSC
Ln 5 – VAC
Ln 6 – VAC & BSSC
Ln 7 – COE & NST
Ln 8 – USSD
Ln 9 – PSC
Ln 10 – PSC
Ln 11 – PSC
Ln 12 – BLAST
Ln 13 – BLAST

Saturday Evening Finals – 6:00 pm;

OPEN warm-up – all lanes general 6:00-6:25

At 6:25 or at Referee discretion;

Ln 1 – Pace

Lns 2 & 8 – ONE-WAY sprint lanes

Lns 3 – 7 – general warm-up, moving
to Sprint as necessary

Sunday Morning Finals – 8:00 am;

OPEN warm-up – all lanes general 8:00-8:25

At 8:25 or at Referee discretion;

Ln 1 – Pace

Lns 2 & 8 – ONE-WAY sprint lanes

Lns 3 – 7 – general warm-up, moving
to Sprint as necessary

Sunday Afternoon 12 & Under – 12:15 pm;

Ln 1 – DSMY

Ln 2 – DSMY

Ln 3 – PSC

Ln 4 – PSC & DMET

Ln 5 – NS

Ln 6 – EMSC & BSSC

Ln 7 – VAC & COE

Ln 8 – LMST & NST

Ln 9 – LMST

Ln 10 – LMST

Ln 11 – DASH & BLAST

Ln 12 – DASH

Ln 13 – DASH & USSD