

2015 Riptide Team Cheers

Come on Riptide!

By: Estella Koenigsfeld, 8&under

Everyone chants the cheer together

Come on Riptide you can do it

Put a little speed into it

Swim it front

Swim it back

We don't care...just FAST, FAST, FAST!

Riptide Is Our Name

By: Catherine Haus, Anya Koenigsfeld, Mary Martin, Mary Sweetman, Emma Vicker, 11&12 girls

Bolded words said by leaders

Non-bolded words said by rest of team

Underlined words said by all

Riptide is our name

Swimming is our game

Blue is our color

Green is the other

Hey! Our team is fast

Hey! We don't get last

Hey! We're number 1

Hey! We're having fun

Goooo Riptide!

Riptide, Riptide

By: Meg Susil, 11&12 girls

Team will echo leader after each line

Leader: **Riptide, Riptide, One, Two, Three**

Leader: **Riptide's the best team you see**

Leader: **Riptide, Riptide, Four, Five, Six**

Leader: **We've got awesome turns and kicks**

Leader: **Riptide, Riptide, seven, eight**

Leader: **Riptide we are really great**

Leader: **Riptide, Riptide, nine, and ten**

Leader: **Riptide we just won again**

All: **Goooo Riptide**

Bananas!

*By: Coach Trudy * Hand motions with each grouping*

Bananas UNITE!

Peel Bananas
Peel, Peel Bananas
Peel Bananas
Peel, Peel Bananas

Slice Bananas
Slice, Slice Bananas
Slice Bananas
Slice, Slice Bananas

Mash Bananas
Mash, Mash Bananas
Mash Bananas
Mash, Mash Bananas

Eat Bananas
Eat, Eat Bananas
Eat Bananas
Eat, Eat Bananas

Go Bananas!

Icky La Boomba

*By: Coach Frankie *Team will echo leader after each line**

Leader: **Icky La Boomba**

Leader: **Icky the Picky Wicky**

Leader: **Ah-faaaa Dafa Wafa**

Leader: **Ooohka Tee Ahhh**

All: **Goooo Riptide!**

R-I-P-T-I-D-E!

By: Coach Katie * Team is split up into two circles, Group 2 repeats Group 1* May be done in or out of the water* "Jump" up and down every time the group yells*

Group 1: **R**

Group 2: **R**

Group 1: **I**

Group 2: **I**

*** Continue until R-I-P-T-I-D-E is spelled**

Together with everyone jumping: **Riptide x 3**

I Don't Know But I've Been Told...

By: Coach Boris

Leader: **I don't know but I've been told!**

Team: **repeats**

Leader: **Riptide hearts are made of GOLD!**

Team: **repeats**

Leader: **R-I-P-T-I-D-E**

Team: **repeats**

Leader: **Riptide is the team for me!**

Team: **repeats**

Leader: **Sound Off!**

Team: **1-2!**

Leader: **Sound Off!**

Team: **3-4!**

Together: **1-2-3-4-1-2-Riptide!**

Oooh, Aaah, Dowling, Riptide

*By: Coach Becca * Everyone stands in big circle, arms around each other. Leader in middle of the circle*

1. Lean in: **Ooooh**
2. Lean out: **Aaaah**
3. Lean in: **Dowling**
4. Lean out: **Riptide**

*** starts out slow, gets faster**

*** leader counts down last 3 cycles with fingers**

5. Everyone silent
6. Leader: **1-2-3**
7. Everyone: **Goooo Riptide!**

Rock the Blocks, Ride the Wave

*By: Coach Frankie *All said together* #1 is said softly, #2 louder, #3 loudest*

1.

Rock the Blocks, Ride the Wave (3x with hand motions)

Riptide Pride (clap each syllable)

2.

Rock the Blocks, Ride the Wave (3x with hand motions)

Riptide Pride (clap each syllable)

3.

Rock the Blocks, Ride the Wave (3x with hand motions)

Riptide Pride (clap each syllable)