

2022 Dowling Catholic Riptide H2O opener

ISI SANCTION: **IA-22-056**
Held under the sanction of USA Swimming and Iowa Swimming, Inc. (ISI).

RULES: Current USA Swimming and ISI technical and administrative rules will govern this meet.

DATES: **Saturday, May 7 and Sunday, May 8th 2022**

TIME:	<u>Sessions</u>	<u>Warm-Ups</u>	<u>Competition</u>
	1 Saturday, May 7	Noon	1:00 PM
	2 Sunday, May 8	8:00 AM	9:00 AM
	3 Sunday, May 8	Not Before Noon	Not Before 1 PM

Coaches meeting at 11:40 AM Saturday and 7:40 AM Sunday

SITE: **Wellmark YMCA**
501 Grand Avenue, Des Moines, IA

FACILITY: The Prairie Meadows Pool (competition pool) is a 8 lane 50-meter long course pool.. Water depth of the pool ranges from 10 feet 8 inches to 7 feet (minimum 5 feet required at start end). Lane width is 8 feet 3 inches. The 4 lane, 25 yard program pool will be available for warm-up if needed. Colorado electronic timing systems will be used in all configurations. The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

WARM-UPS: The ISI mandatory warm-up procedure will be followed. All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee will assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

RACING STARTS: All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY REQUIREMENTS:

1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
2. Swimmers may enter no more than 4 individual events per day.
3. Seed times must be submitted for a 50 meter long-course (LCM). Converted times are not allowed.

ENTRY LIMITS: Pursuant to Article 205.3.1F of USA Swimming Rules and Regulations, the program of for athletes 12 years and younger (except championship meets) shall be planned to be completed in four hours or less for each session.

ENTRY SUBMISSION: Entry fees are as follows:

1. Individual events: \$8.00 per event.
2. ISI swimmer surcharge: \$5.00 per swimmer. The surcharge is not assessed to outreach swimmers.
3. The entry fee for each outreach swimmer is \$5.00 and covers all events swum by an outreach swimmer.
4. Handwritten entries: additional \$5.00 per swimmer.

Electronic entries must be submitted in a format compatible with Hy-Tek Meet Manager software. Handwritten entries must be submitted on the ISI Meet Entry Form (APP-7).

Submit entries along with the appropriate ISI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to Dowling Catholic Riptide. All entry fees, including ISI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; ISI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATES AND DEADLINES:

1. Entries will be accepted from teams/athletes in the Iowa LSC beginning at **Noon on April 7, 2022.**
2. Entries will be accepted from all teams/athletes at **Noon on April 15, 2022.**
3. Electronic entries must be received no later **Noon on May 1.**
4. Handwritten entries, along with entry fees, additional \$2 per swimmer and financial sheet, must be received no later than **Noon on April 30.** Handwritten entries will not be considered entered in the meet until full payment is received.
5. Once a team's entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team's entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
6. Once entries are accepted only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
7. A hardcopy of the entries, along with entry fees and financial sheet, must be received by **Noon, May 4, 2022,** unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.

8. Entries will be confirmed via a return email receipt.
9. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform ISI meet contacts as well as any non-ISI teams with entries already accepted.

- LATE ENTRIES:
1. Provided space is available, late entries will be accepted by email until **Noon May 6**. After that time, they will only be accepted on deck up to the end of warm-ups of each session.
 2. Only swimmers already entered in the meet that have not reached their session limit will be able to late enter after Noon, May 2.
 3. If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

Late entry fees:

Individual events: \$12 per event.

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

SWIMMERS WITH DISABILITIES:

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

SEND ENTRIES TO: Send electronic entries by email to peure@dowlingcatholic.org. Send all print materials to Meet Director.

MEET DIRECTOR: **Paul Eure** peure@dowlingcatholic.org 563-370-4950

REFEREE: **Robert Fry** robertfry@cfu.net

OFFICIALS: **Dowling Catholic Riptide** welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please contact the Referee.

MEET COMMITTEE: A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

- MEET OPERATION:
1. All events will be mixed age groups and genders
 2. All events will be pre-seeded.
 3. All events will swim Fastest to Slowest.
 4. Fly-Over starts will be used.
 5. Warm Up/Cool down area will be available in the program pool throughout the competition. Swimmers must be continually swimming, no congregating in the cool down pool.
 6. Effective April 1, 2018, Swimmers ages ten and younger shall not compete while wearing "Tech" suits, even when competing in Senior or Open events or Time

Trials. A list of suits that is considered to be "Tech" suits is posted on the ISI website.

7. Deck Changes are prohibited.
8. Deck Pass is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.
9. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SCORING:

No Team Scores will be kept

AWARDS:

No Awards although all swimmers will receive a participation token

SCRATCHES:

There is no penalty for no-shows, but swimmers are encouraged to declare a false start to the referee if they do not intend to swim an entered event. The IASI scratch rule is in effect. No-shows and DFS are considered entries for entry limits.

**USA SWIMMING
REGISTRATION:**

No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that ISI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool.

CAMERAS:

USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.

**NO ALCOHOL OR
TOBACCO:**

The use of any tobacco or alcohol products is prohibited in the swimming venue.

IMAGE RELEASE:

Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of ISI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

**ADDITIONAL
INFORMATION:**

1. Program: Programs/heat sheets will be uploaded to the DOWLING CATHOLIC RIPTIDE website www.dowlingcatholicriptide.org by noon on Friday the day before the meet and uploaded to Meet Mobile prior to each session starting.

2. Results: Electronic results will be provided to all teams participating in the meet once full payment and any additional fees for final payment are received. Final results will also be posted on IASI website. A hardcopy of the final results may be requested on the IASI Financial Sheet for an additional \$5.00.

3. Concessions: There will be a limited concession stand offering light snack options and cold drinks. A hospitality room will be available for coaches and officials.

4. Swim apparel/merchandise: No vendor will be onsite for this meet.

5. Seating/Spectator Information: There is no charge for admission. Face masks are recommended but not required. Screening questions will be posted at the entries. Free wifi is available.

6. Deck: Only registered swimmers, coaches and meet personnel will be allowed on deck. Teams are allowed to request a socially distanced area in Sections 9&10 in spectator seating.

7. Glass containers of any kind are not permitted on the pool deck or spectator area at any time.

8. Parking information: Parking meters charge from 9am to 9pm Monday thru Saturday. The 5th & Keo Parking Garage is closest to the facility and provides Skywalk access. There is a charge for parking downtown on Saturdays.

INDEMNITY:

It is understood and agreed that USA Swimming and ISI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MAAPP:

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

COVID:

Dowling Catholic Riptide has taken enhanced health and safety measures for you and your athletes. You must follow all posted instructions while inside the Wellmark YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious virus that can lead to serious illness and death. According to the Centers for Disease and Prevention, individuals with underlying medical conditions are especially vulnerable to COVID-19. You and your athletes are voluntarily assuming all risks related to exposure to COVID-19.

USAS, IASI and Dowling Catholic Riptide cannot prevent you and your athlete from becoming exposed to, contracting, or spreading COVID-19 while participating in USAS and IASI sanctioned events. It is not possible to prevent the presence of the virus. Therefore, if you choose to participate or permit your swimmer to participate in a USAS or IASI sanctioned event, you may be exposing yourself and your athlete to and increasing you and your athlete's risk of contracting and spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USAS, IASI AND Dowling Catholic Riptide AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE, OR PROPERTY LOSS OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU OR YOUR ATHLETE MY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

DISCLOSURES:

It is understood and agreed that USA Swimming and Iowa Swimming, Inc. shall be free from any liabilities or claims for damages by reason of injuries to anyone during the conduct of the event.

2022 Dowling Catholic Riptide H2O opener Order of Events

Session 1-Saturday, May 7

Warm-up Noon, Meet at 1:00 PM

1. Mixed 11 and Over 200 Backstroke
2. Mixed 9 and Over 100 Butterfly
3. Mixed Open 50 Freestyle
4. Mixed 11 and Over 200 Breaststroke
5. Mixed 9 and Over 100 Backstroke
6. Mixed 12 and Under 50 Butterfly
7. Mixed 9 and Over 200 Individual Medley

Session 2-Sunday, May 8

Warm-up 8 AM, Meet at 9 AM

8. Mixed 9 and Over 200 Freestyle
9. Mixed 9 and Over 100 Breaststroke
10. Mixed 12 and Under 50 Backstroke
11. Mixed 11 and Over 200 Butterfly
12. Mixed Open 100 Freestyle
13. Mixed 12 and Under 50 Breaststroke

Session 3-Sunday, May 8

Warm-up not before Noon, Meet-not before 1 PM

14. Mixed 9 and Over 400 Freestyle
15. Mixed 11 and Over 400 IM
16. Mixed 11 and Over 1500 Freestyle