

**2025 Dowling Catholic Riptide H2Opener - 5/3/2025 to 5/4/2025**

**Session Report**

Session: 1 Saturday Morning Timed Finals

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 100 Freestyle	229	29	09:00 AM	_____
Finals	2 Mixed 100 Butterfly	68	9	09:53 AM	_____
Finals	3 Mixed 400 IM	37	5	10:13 AM	_____
Finals	4 Mixed 100 Breaststroke	126	16	10:46 AM	_____
Finals	5 Mixed 100 Backstroke	170	22	11:23 AM	_____
	Swimmers Counts for Warm-ups: 241	=====	=====		
	Entry / Heat Totals:	630	81		
	Finish Time			12:15 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	102	39		
CAST	Carroll Aquatic Swim Team	15	6		
CIA	Central Iowa Aquatics	119	44		
DMSF	Des Moines Swimming Federation	67	23		
RIP	Dowling Catholic Riptide	36	15		
FAST	Fort Dodge Area Swim Team	2	1		
IFLY	Iowa Flyers Swim Club	112	37		
BLAZ	Johnston Blaze Swim Club	11	5		
COE	Kohawk Aquatics	11	4		
RSC	Rams Swim Club	33	15		
SSA	Swordfish Academy	2	2		
UNAT	Unattached	2	1		
USSD	Uss Destroyers Swim Club	17	6		
WW	Waukee Waves	101	43		