## 2025 Dowling Catholic Riptide H2Opener - 5/3/2025 to 5/4/2025 Session Report

Session: 3 Sunday Morning Timed Finals
Day of Meet: 2 Starts at 09:00 AM Heat Interval: 25 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	12 Mixed 13 & Over 400 Freestyle	63	8	09:00 AM	
Finals	13 Mixed 200 Backstroke	51	7	09:49 AM	
Finals	14 Mixed 200 IM	112	14	10:18 AM	
Finals	15 Mixed 13 & Over 50 Freestyle	115	15	11:09 AM	
Finals	16 Mixed 200 Breaststroke	39	5	11:24 AM	
Finals	17 Mixed 200 Butterfly	8	1	11:44 AM	
Finals	18 Mixed 13 & Over 200 Freestyle	120	15	11:48 AM	
Finals	19 Mixed 13 & Over 800 Freestyle	6	1 ι	ı 12:34 PM	
	SEEDED AFTER POSITIVE CHECK-IN				
Finals	20 Mixed 13 & Over 1500 Freestyle	11	2ι	ı 12:46 PM	
	SEEDED AFTER POSITIVE CHECK-IN Swimmers Counts for Warm-ups: 210	====	====		
	Entry / Heat Totals:	525	68		
	Finish Time	323	00	01:29 PM	
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	Team - #Entries - #Athletes				
ACAC	Ames Cyclone Aquatics Club	79	27		
CAST	Carroll Aquatic Swim Team	8	4		
CIA	Central Iowa Aquatics	106	39		
<b>DMSF</b>	Des Moines Swimming Federation	54	24		
RIP	Dowling Catholic Riptide	31	14		
<b>FAST</b>	Fort Dodge Area Swim Team	4	2		
IFLY	Iowa Flyers Swim Club	113	40		
BLAZ	Johnston Blaze Swim Club	7	3		
COE	Kohawk Aquatics	13	6		
RSC	Rams Swim Club	23	13		
SSA	Swordfish Academy	3	2		
UNAT	Unattached	2	1		
USSD	Uss Destroyers Swim Club	7	3		
WW	Waukee Waves	75	32		