



2024 Iowa Swimming, Inc.
Winter Regional and 8 & Under
Championships – West
Sanction # IA 24-037

Session 3

13 & Over

SATURDAY, February 10, 2023

Warmups 4:30 PM. Session Start: 5:30 PM

Wellmark YMCA Des Moines

25 Yard Course



**2024 IASI Winter Regionals West - 2/10/2024 to 2/11/2024
Session Report**

Session: 3 Saturday Evening - 13 & 14 / 15 & Over
Day of Meet: 1 Starts at 05:30 PM

Warmups start 04:30 PM

Round	Event	Entries	Heats	Starts at	
Finals	59 Girls 13-14 100 Freestyle	45	5	05:30 PM	_____
Finals	60 Boys 13-14 100 Freestyle	32	4	05:39 PM	_____
Finals	61 Girls 15 & Over 100 Freestyle	28	3	05:45 PM	_____
Finals	62 Boys 15 & Over 100 Freestyle	11	2	05:50 PM	_____
Finals	63 Girls 13-14 400 IM	4	1	05:53 PM	_____
Finals	64 Boys 13-14 400 IM	2	1	05:59 PM	_____
Finals	65 Girls 15 & Over 400 IM	3	1	06:05 PM	_____
Finals	66 Boys 15 & Over 400 IM	5	1	06:11 PM	_____
Finals	67 Girls 13-14 100 Breaststroke	28	3	06:18 PM	_____
Finals	68 Boys 13-14 100 Breaststroke	19	2	06:24 PM	_____
Finals	69 Girls 15 & Over 100 Breaststroke	16	2	06:28 PM	_____
Finals	70 Boys 15 & Over 100 Breaststroke	11	2	06:32 PM	_____
Finals	71 Girls 13-14 200 Backstroke	14	2	06:36 PM	_____
Finals	72 Boys 13-14 200 Backstroke	15	2	06:44 PM	_____
Finals	73 Girls 15 & Over 200 Backstroke	7	1	06:52 PM	_____
Finals	74 Boys 15 & Over 200 Backstroke	5	1	06:56 PM	_____
Finals	75 Girls 13-14 100 Butterfly	15	2	07:00 PM	_____
Finals	76 Boys 13-14 100 Butterfly	16	2	07:04 PM	_____
Finals	77 Girls 15 & Over 100 Butterfly	11	2	07:08 PM	_____
Finals	78 Boys 15 & Over 100 Butterfly	8	1	07:12 PM	_____
Finals	79 Girls 13-14 200 Medley Relay	5	1	07:15 PM	_____
Finals	280 Boys 13 & Over 200 Medley Relay	6	1	07:19 PM	_____
	<i>Combined Events 80 and 82</i>				
Finals	81 Girls 15 & Over 200 Medley Relay	4	1	07:22 PM	_____
Finals	83 Girls 13-14 500 Freestyle	20	2	07:27 PM	_____
Finals	84 Boys 13-14 500 Freestyle	20	2	07:42 PM	_____
Finals	285 Mixed 15 & Over 500 Freestyle	17	2	07:56 PM	_____
	<i>Combined Events 85 and 86</i>				
	Swimmers Counts for Warm-ups: 149	====	====		
	Entry / Heat Totals:	367	49		
	Finish Time			08:10 PM	_____

Completed Relay Cards for 200 Medley Relays due to the Admin Table by 06:46 PM

2024 IASI Winter Regionals West - 2/10/2024 to 2/11/2024

Meet Program - Saturday Evening - 13 & 14 / 15 & Over

Heat 2 (#62 Boys 15 & Over 100 Yard Freestyle)

1				
2	Disterhoft, Fische	15	NSST-IA	58.92
3	Oosterhuis, Evan	15	NSST-IA	57.57
4	Monaghan, John	16	CIA-IA	53.92
5	Fisher, Luka J	15	DMSF-IA	52.28
6	Otis, Hudson J	16	DMSF-IA	52.49
7	Disterhoft, Uriah	17	NSST-IA	55.27
8	Arnold, Westin S	15	RIP-IA	58.47
9	Moore, Quentin C	16	CIA-IA	59.23
10				

#63 Girls 13-14 400 Yard IM

5:24.69 Q 2024 IASI Q Times

Meet Qualifying: Slower than 5:24.69

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Finals Starts at 05:53 PM

1				
2				
3				
4	Seifert, Stella R	13	CIA-IA	5:47.21
5	Dahlen, Ella A	13	DMSF-IA	5:29.42
6	Weinheimer, Hay	14	NSST-IA	5:35.74
7	Kramer, Marley S	14	CIA-IA	6:19.05L
8				
9				
10				

#64 Boys 13-14 400 Yard IM

5:10.99 Q 2024 IASI Q Times

Meet Qualifying: Slower than 5:10.99

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Finals Starts at 05:59 PM

1				
2				
3				
4				
5	Koenigsfeld, Cha	13	DMSF-IA	5:17.77
6	Cunningham, Tit	13	NSST-IA	6:11.36
7				
8				
9				
10				

#65 Girls 15 & Over 400 Yard IM

5:04.99 Q 2024 IASI Q Times

Meet Qualifying: Slower than 5:04.99

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Finals Starts at 06:05 PM

1				
2				
3				
4	Carminati, Alice	17	SEA-IA	5:42.39
5	Dunham, Keegan	15	DSMY-IA	5:09.58
6	Cunningham, Cla	16	NSST-IA	5:33.27
7				
8				
9				
10				

#66 Boys 15 & Over 400 Yard IM

4:40.29 Q 2024 IASI Q Times

Meet Qualifying: Slower than 4:40.29

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Finals Starts at 06:11 PM

1				
2				
3	Disterhoft, Uriah	17	NSST-IA	5:56.07
4	Cauterucci, Kole	15	NSST-IA	5:49.58
5	Briggs, Colby T	16	NSST-IA	4:57.99
6	Disterhoft, Fische	15	NSST-IA	5:43.87
7	Cornwell, Conno	15	NSST-IA	5:54.47
8				
9				
10				

#67 Girls 13-14 100 Yard Breaststroke

1:18.59 Q 2024 IASI Q Times

Meet Qualifying: Slower than 1:18.59

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 3 Finals Starts at 06:18 PM

1				
2	Lepley, Kiley J	13	RIP-IA	1:55.80
3	Tracy, Brooklyn C	13	CIA-IA	1:48.84
4	Thoreson, Hazel	13	DMSF-IA	1:41.26
5	Krueger, Kaylee I	13	BLAZ-IA	1:37.95
6	Dinkin, Kenzie E	14	DSMY-IA	1:37.99
7	Heiting-Doane, E	13	LIFE-IA	1:43.46
8	Winslow, Cora W	13	RIP-IA	1:49.76
9	Carrington, Kayl	13	DMSF-IA	2:14.08
10				

Heat 2 of 3 Finals Starts at 06:20 PM

1	Thilges, Ella M	13	CIA-IA	1:33.99
2	Lubensky, Kylan	14	FAST-IA	1:30.54
3	Anderson, Davan	13	NSST-IA	1:30.30
4	Kruger, Olivia L	14	BLAZ-IA	1:29.81
5	Honkamp, Claire	13	DMSF-IA	1:28.85
6	Roberts, Kelyn E	13	RSC-IA	1:29.40
7	McDonough, Bric	13	DMSF-IA	1:30.14
8	Kimmel, Teaghyr	14	RSC-IA	1:30.35
9	Halaczkiwicz, A	13	RIP-IA	1:30.84
10	Morales, Karla M	13	BLAZ-IA	1:36.02

Heat 3 of 3 Finals Starts at 06:22 PM

1	Hoss, Brooke L	14	CIA-IA	1:26.69
2	Dahm, Evie S	14	DMSF-IA	1:25.77
3	Sexton, Claire E	14	DSMY-IA	1:22.91
4	Gruenisen, Sami	13	CIA-IA	1:21.94
5	Pekarek, Lila R	13	RSC-IA	1:19.74
6	Murray, Brynn C	13	MCSC-IA	1:20.05
7	Siebrecht, Ellie L	13	CAST-IA	1:21.99
8	Kramer, Marley S	14	CIA-IA	1:23.53
9	Doolittle, Ali E	13	ACAC-IA	1:26.06
10	Smith, Ella M	13	DMSF-IA	1:26.93

#68 Boys 13-14 100 Yard Breaststroke

1:14.09 Q 2024 IASI Q Times

Meet Qualifying: Slower than 1:14.09

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 06:24 PM

1	Topf, Tiernan	14	NSST-IA	2:05.38
2	Pitzen, Maddox I	14	DMSF-IA	1:47.04
3	Thomson, Kaidei	13	LIFE-IA	1:33.58
4	Notz, Bennett J	13	SSA-IA	1:30.40
5	Hall, Kane J	14	ACAC-IA	1:29.14
6	Osterlund, Henry	13	CAST-IA	1:29.23
7	Sytsma, Dawson	13	SEA-IA	1:31.17
8	Hammond, Bren	14	RSC-IA	1:35.00
9	Burdick, Ben O	13	RIP-IA	1:53.72
10				

Heat 2 of 2 Finals Starts at 06:26 PM

1	Jessen, Alex J	14	RIP-IA	1:26.82
2	Heddinger, Tomr	14	RIP-IA	1:24.89
3	Harris, Gage Q	14	DSMY-IA	1:22.38
4	Ortega, Ijah E	14	RSC-IA	1:20.65
5	Palmer, Ryker W	14	RSC-IA	1:14.72
6	Wisehart, Lando	13	CIA-IA	1:19.90
7	Drendel, Will R	14	DMSF-IA	1:22.22
8	Boender, Sully S	13	SEA-IA	1:24.73
9	Van Der Linden, J	13	ACAC-IA	1:25.25
10	Frantum, Gabe M	14	CIA-IA	1:27.16

#69 Girls 15 & Over 100 Yard Breaststroke

1:13.59 Q 2024 IASI Q Times

Meet Qualifying: Slower than 1:13.59

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals Starts at 06:28 PM

1				
2				
3	Miller, Larissa	16	NSST-IA	1:46.40
4	MacLeod, Megan	15	ACAC-IA	1:30.16
5	Lawler, Mary H	15	RIP-IA	1:26.01
6	Damge, Evelyn	15	NSST-IA	1:26.18
7	Subbert, Kambel	15	SSA-IA	1:35.53
8	Dose, Lydia C	16	CAST-IA	2:05.11L
9				
10				

Heat 2 of 2 Finals Starts at 06:30 PM

1	Dayton, Emelia A	16	RSC-IA	1:23.08
2	Davis, Ava L	15	DMSF-IA	1:21.62
3	Bylund, Amelia F	15	DMSF-IA	1:19.31
4	Hermesen, Mady J	15	ACAC-IA	1:14.90
5	Chase, Anna R	17	DMSF-IA	1:14.39
6	Hancock, Ellie K	15	CIA-IA	1:14.67
7	Dunham, Keegan	15	DSMY-IA	1:14.93
8	Cunningham, Cla	16	NSST-IA	1:19.76
9	Lamb, Nora B	15	SEA-IA	1:23.01
10	Christensen, Kat	17	RIP-IA	1:23.19

2024 IASI Winter Regionals West - 2/10/2024 to 2/11/2024

Meet Program - Saturday Evening - 13 & 14 / 15 & Over

<p>#70 Boys 15 & Over 100 Yard Breaststroke</p> <p>1:05.59 Q 2024 IASI Q Times</p> <p>Meet Qualifying: Slower than 1:05.59</p> <table border="1"> <thead> <tr> <th>Lane</th> <th>Name</th> <th>Age</th> <th>Team</th> <th>Seed Time</th> </tr> </thead> <tbody> <tr> <td colspan="5">Heat 1 of 2 Finals Starts at 06:32 PM</td> </tr> <tr><td>1</td><td></td><td></td><td></td><td></td></tr> <tr><td>2</td><td></td><td></td><td></td><td></td></tr> <tr><td>3</td><td></td><td></td><td></td><td></td></tr> <tr><td>4</td><td>Kolsrud, Max D</td><td>15</td><td>RSC-IA</td><td>1:39.19</td></tr> <tr><td>5</td><td>Disterhoft, Fische</td><td>15</td><td>NSST-IA</td><td>1:18.43</td></tr> <tr><td>6</td><td>Savransky, Mich</td><td>15</td><td>RIP-IA</td><td>1:20.98</td></tr> <tr><td>7</td><td></td><td></td><td></td><td></td></tr> <tr><td>8</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td></td><td></td><td></td><td></td></tr> <tr><td>10</td><td></td><td></td><td></td><td></td></tr> <tr> <td 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<tr><td>4</td><td>Miller, Tyson L</td><td>14</td><td>ACAC-IA</td><td>2:45.09</td></tr> <tr><td>5</td><td>Fischer, Tyler J</td><td>13</td><td>ACAC-IA</td><td>2:41.49</td></tr> <tr><td>6</td><td>Cunningham, Tit</td><td>13</td><td>NSST-IA</td><td>2:44.85</td></tr> <tr><td>7</td><td>Rosvold, ian J</td><td>14</td><td>SEA-IA</td><td>2:49.90</td></tr> <tr><td>8</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td></td><td></td><td></td><td></td></tr> <tr><td>10</td><td></td><td></td><td></td><td></td></tr> <tr> <td colspan="5">Heat 2 of 2 Finals Starts at 06:49 PM</td> </tr> <tr><td>1</td><td>Weiland, Owen T</td><td>13</td><td>DMSF-IA</td><td>2:36.39</td></tr> <tr><td>2</td><td>Briggs, Cooper</td><td>14</td><td>NSST-IA</td><td>2:34.36</td></tr> <tr><td>3</td><td>Wisehart, Lando</td><td>13</td><td>CIA-IA</td><td>2:29.50</td></tr> <tr><td>4</td><td>Koenigsfeld, Cha</td><td>13</td><td>DMSF-IA</td><td>2:27.01</td></tr> <tr><td>5</td><td>Bailiff, Ryne G</td><td>13</td><td>CIA-IA</td><td>2:24.35</td></tr> <tr><td>6</td><td>Naylor, Carson B</td><td>14</td><td>CIA-IA</td><td>2:24.67</td></tr> <tr><td>7</td><td>Cunningham, Coi</td><td>14</td><td>NSST-IA</td><td>2:28.98</td></tr> <tr><td>8</td><td>Harris, Gage Q</td><td>14</td><td>DSMY-IA</td><td>2:33.68</td></tr> <tr><td>9</td><td>Boender, Sully S</td><td>13</td><td>SEA-IA</td><td>2:36.33</td></tr> <tr><td>10</td><td>Schumacher, Bra</td><td>13</td><td>CIA-IA</td><td>2:37.61</td></tr> </tbody> </table>	Lane	Name	Age	Team	Seed Time	Heat 1 of 2 Finals Starts at 06:44 PM					1					2					3	Crosser, Asa	13	NSST-IA	4:05.37	4	Miller, Tyson L	14	ACAC-IA	2:45.09	5	Fischer, Tyler J	13	ACAC-IA	2:41.49	6	Cunningham, Tit	13	NSST-IA	2:44.85	7	Rosvold, ian J	14	SEA-IA	2:49.90	8					9					10					Heat 2 of 2 Finals Starts at 06:49 PM					1	Weiland, Owen T	13	DMSF-IA	2:36.39	2	Briggs, Cooper	14	NSST-IA	2:34.36	3	Wisehart, Lando	13	CIA-IA	2:29.50	4	Koenigsfeld, Cha	13	DMSF-IA	2:27.01	5	Bailiff, Ryne G	13	CIA-IA	2:24.35	6	Naylor, Carson B	14	CIA-IA	2:24.67	7	Cunningham, Coi	14	NSST-IA	2:28.98	8	Harris, Gage Q	14	DSMY-IA	2:33.68	9	Boender, Sully S	13	SEA-IA	2:36.33	10	Schumacher, Bra	13	CIA-IA	2:37.61	<p>#75 Girls 13-14 100 Yard Butterfly</p> <p>1:08.19 Q 2024 IASI Q Times</p> <p>Meet Qualifying: Slower than 1:08.19</p> <table border="1"> <thead> <tr> <th>Lane</th> <th>Name</th> <th>Age</th> <th>Team</th> <th>Seed Time</th> </tr> </thead> <tbody> <tr> <td colspan="5">Heat 1 of 2 Finals Starts at 07:00 PM</td> </tr> <tr><td>1</td><td></td><td></td><td></td><td></td></tr> <tr><td>2</td><td></td><td></td><td></td><td></td></tr> <tr><td>3</td><td>Saner, Ava</td><td>13</td><td>NSST-IA</td><td>1:54.98</td></tr> <tr><td>4</td><td>Carlino, Chloe</td><td>13</td><td>NSST-IA</td><td>1:43.67</td></tr> <tr><td>5</td><td>Anderson, Davar</td><td>13</td><td>NSST-IA</td><td>1:31.44</td></tr> <tr><td>6</td><td>Gruenisen, Sami</td><td>13</td><td>CIA-IA</td><td>1:33.20</td></tr> 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Teaghyr</td><td>14</td><td>RSC-IA</td><td>1:15.92</td></tr> <tr><td>9</td><td>Ballard, Caitlin M</td><td>13</td><td>DMSF-IA</td><td>1:19.80</td></tr> <tr><td>10</td><td>Dahm, Evie S</td><td>14</td><td>DMSF-IA</td><td>1:29.79</td></tr> </tbody> </table>	Lane	Name	Age	Team	Seed Time	Heat 1 of 2 Finals Starts at 07:00 PM					1					2					3	Saner, Ava	13	NSST-IA	1:54.98	4	Carlino, Chloe	13	NSST-IA	1:43.67	5	Anderson, Davar	13	NSST-IA	1:31.44	6	Gruenisen, Sami	13	CIA-IA	1:33.20	7	Reyes, Abigail	14	NSST-IA	1:54.11	8					9					10					Heat 2 of 2 Finals Starts at 07:02 PM					1	Blackmore, Magg	14	CIA-IA	1:23.99	2	Douglas, Allie K	13	RSC-IA	1:19.76	3	Seifert, Stella R	13	CIA-IA	1:15.46	4	Brugman, Abigai	13	DSMY-IA	1:09.61	5	Dahlen, Ella A	13	DMSF-IA	1:08.82	6	Ocheltree, Hayde	14	DSMY-IA	1:08.98	7	Weinheimer, Hay	14	NSST-IA	1:09.68	8	Kimmel, Teaghyr	14	RSC-IA	1:15.92	9	Ballard, Caitlin M	13	DMSF-IA	1:19.80	10	Dahm, Evie S	14	DMSF-IA	1:29.79																				
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5	Disterhoft, Fische	15	NSST-IA	1:18.43																																																																																																																																																																																																																																																																																																																																																																											
6	Savransky, Mich	15	RIP-IA	1:20.98																																																																																																																																																																																																																																																																																																																																																																											
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2	Green, Easton M	17	RSC-IA	1:16.51																																																																																																																																																																																																																																																																																																																																																																											
3	Oosterhuis, Evan	15	NSST-IA	1:11.37																																																																																																																																																																																																																																																																																																																																																																											
4	Gagov, Evan G	15	CIA-IA	1:10.47																																																																																																																																																																																																																																																																																																																																																																											
5	Moore, Quentin C	16	CIA-IA	1:06.45																																																																																																																																																																																																																																																																																																																																																																											
6	Fertig, Jonah R	15	RSC-IA	1:08.15																																																																																																																																																																																																																																																																																																																																																																											
7	Fisher, Luka J	15	DMSF-IA	1:11.28																																																																																																																																																																																																																																																																																																																																																																											
8	Monaghan, John	16	CIA-IA	1:12.02																																																																																																																																																																																																																																																																																																																																																																											
9	Cauterucci, Kole	15	NSST-IA	1:18.01																																																																																																																																																																																																																																																																																																																																																																											
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3	Crosser, Asa	13	NSST-IA	4:05.37																																																																																																																																																																																																																																																																																																																																																																											
4	Miller, Tyson L	14	ACAC-IA	2:45.09																																																																																																																																																																																																																																																																																																																																																																											
5	Fischer, Tyler J	13	ACAC-IA	2:41.49																																																																																																																																																																																																																																																																																																																																																																											
6	Cunningham, Tit	13	NSST-IA	2:44.85																																																																																																																																																																																																																																																																																																																																																																											
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1	Weiland, Owen T	13	DMSF-IA	2:36.39																																																																																																																																																																																																																																																																																																																																																																											
2	Briggs, Cooper	14	NSST-IA	2:34.36																																																																																																																																																																																																																																																																																																																																																																											
3	Wisehart, Lando	13	CIA-IA	2:29.50																																																																																																																																																																																																																																																																																																																																																																											
4	Koenigsfeld, Cha	13	DMSF-IA	2:27.01																																																																																																																																																																																																																																																																																																																																																																											
5	Bailiff, Ryne G	13	CIA-IA	2:24.35																																																																																																																																																																																																																																																																																																																																																																											
6	Naylor, Carson B	14	CIA-IA	2:24.67																																																																																																																																																																																																																																																																																																																																																																											
7	Cunningham, Coi	14	NSST-IA	2:28.98																																																																																																																																																																																																																																																																																																																																																																											
8	Harris, Gage Q	14	DSMY-IA	2:33.68																																																																																																																																																																																																																																																																																																																																																																											
9	Boender, Sully S	13	SEA-IA	2:36.33																																																																																																																																																																																																																																																																																																																																																																											
10	Schumacher, Bra	13	CIA-IA	2:37.61																																																																																																																																																																																																																																																																																																																																																																											
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4	Carlino, Chloe	13	NSST-IA	1:43.67																																																																																																																																																																																																																																																																																																																																																																											
5	Anderson, Davar	13	NSST-IA	1:31.44																																																																																																																																																																																																																																																																																																																																																																											
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2	Douglas, Allie K	13	RSC-IA	1:19.76																																																																																																																																																																																																																																																																																																																																																																											
3	Seifert, Stella R	13	CIA-IA	1:15.46																																																																																																																																																																																																																																																																																																																																																																											
4	Brugman, Abigai	13	DSMY-IA	1:09.61																																																																																																																																																																																																																																																																																																																																																																											
5	Dahlen, Ella A	13	DMSF-IA	1:08.82																																																																																																																																																																																																																																																																																																																																																																											
6	Ocheltree, Hayde	14	DSMY-IA	1:08.98																																																																																																																																																																																																																																																																																																																																																																											
7	Weinheimer, Hay	14	NSST-IA	1:09.68																																																																																																																																																																																																																																																																																																																																																																											
8	Kimmel, Teaghyr	14	RSC-IA	1:15.92																																																																																																																																																																																																																																																																																																																																																																											
9	Ballard, Caitlin M	13	DMSF-IA	1:19.80																																																																																																																																																																																																																																																																																																																																																																											
10	Dahm, Evie S	14	DMSF-IA	1:29.79																																																																																																																																																																																																																																																																																																																																																																											
<p>#71 Girls 13-14 200 Yard Backstroke</p> <p>2:28.99 Q 2024 IASI Q Times</p> <p>Meet Qualifying: Slower than 2:28.99</p> <table border="1"> <thead> <tr> <th>Lane</th> <th>Name</th> <th>Age</th> <th>Team</th> <th>Seed Time</th> </tr> </thead> <tbody> <tr> <td colspan="5">Heat 1 of 2 Finals Starts at 06:36 PM</td> </tr> <tr><td>1</td><td></td><td></td><td></td><td></td></tr> <tr><td>2</td><td></td><td></td><td></td><td></td></tr> <tr><td>3</td><td></td><td></td><td></td><td></td></tr> <tr><td>4</td><td>Carlino, Chloe</td><td>13</td><td>NSST-IA</td><td>4:00.03</td></tr> <tr><td>5</td><td>Heiting-Doane, E</td><td>13</td><td>LIFE-IA</td><td>3:19.99</td></tr> <tr><td>6</td><td>Reyes, Abigail</td><td>14</td><td>NSST-IA</td><td>3:26.71</td></tr> <tr><td>7</td><td>Saner, Ava</td><td>13</td><td>NSST-IA</td><td>4:01.81</td></tr> <tr><td>8</td><td></td><td></td><td></td><td></td></tr> <tr><td>9</td><td></td><td></td><td></td><td></td></tr> <tr><td>10</td><td></td><td></td><td></td><td></td></tr> 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Finals Starts at 06:36 PM					1					2					3					4	Carlino, Chloe	13	NSST-IA	4:00.03	5	Heiting-Doane, E	13	LIFE-IA	3:19.99	6	Reyes, Abigail	14	NSST-IA	3:26.71	7	Saner, Ava	13	NSST-IA	4:01.81	8					9					10					Heat 2 of 2 Finals Starts at 06:40 PM					1	Beauchamp, Mac	14	DSMY-IA	2:54.16	2	Douglas, Allie K	13	RSC-IA	2:47.95	3	Wilcoxson, Heler	13	DMSF-IA	2:37.02	4	Straw, Kaedyn M	13	DSMY-IA	2:34.42	5	Seifert, Stella R	13	CIA-IA	2:29.82	6	Brugman, Abigai	13	DSMY-IA	2:32.95	7	Christopherson,	14	DSMY-IA	2:35.99	8	Mason, Adelyn G	13	CIA-IA	2:41.29	9	Thilges, Ella M	13	CIA-IA	2:52.71	10	Honkamp, Claire	13	DMSF-IA	3:01.94	<p>#73 Girls 15 & Over 200 Yard Backstroke</p> <p>2:22.69 Q 2024 IASI Q Times</p> <p>Meet Qualifying: Slower than 2:22.69</p> <table border="1"> <thead> <tr> <th>Lane</th> <th>Name</th> <th>Age</th> <th>Team</th> <th>Seed Time</th> </tr> </thead> <tbody> <tr> <td colspan="5">Heat 1 of 1 Finals Starts at 06:52 PM</td> </tr> 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<tr><td>3</td><td>Marks, Clayton J</td><td>13</td><td>ACAC-IA</td><td>1:09.11</td></tr> <tr><td>4</td><td>Oh, Louie H</td><td>13</td><td>DSMY-IA</td><td>1:06.93</td></tr> <tr><td>5</td><td>Cunningham, Coi</td><td>14</td><td>NSST-IA</td><td>1:05.26</td></tr> <tr><td>6</td><td>Hammond, Bren</td><td>14</td><td>RSC-IA</td><td>1:05.73</td></tr> <tr><td>7</td><td>Bailiff, Ryne G</td><td>13</td><td>CIA-IA</td><td>1:08.94</td></tr> <tr><td>8</td><td>Jessen, Alex J</td><td>14</td><td>RIP-IA</td><td>1:10.89</td></tr> <tr><td>9</td><td>Miller, Tyson L</td><td>14</td><td>ACAC-IA</td><td>1:15.15</td></tr> <tr><td>10</td><td>Rosvold, ian J</td><td>14</td><td>SEA-IA</td><td>1:25.19</td></tr> </tbody> </table>	Lane	Name	Age	Team	Seed Time	Heat 1 of 2 Finals Starts at 07:04 PM					1					2					3	Notz, Bennett J	13	SSA-IA	1:29.12	4	Briggs, Cooper	14	NSST-IA	1:27.66	5	Cunningham, Tit	13	NSST-IA	1:25.69	6	James, Roxas W	13	DMSF-IA	1:25.89	7	Ortega, Ijah E	14	RSC-IA	1:28.06	8	Topf, Tiernan	14	NSST-IA	1:53.85	9					10					Heat 2 of 2 Finals Starts at 07:06 PM					1	Snyder, Levi J	14	SEA-IA	1:20.23	2	Heitzman, Calvin	14	CIA-IA	1:12.79	3	Marks, Clayton J	13	ACAC-IA	1:09.11	4	Oh, Louie H	13	DSMY-IA	1:06.93	5	Cunningham, Coi	14	NSST-IA	1:05.26	6	Hammond, Bren	14	RSC-IA	1:05.73	7	Bailiff, Ryne G	13	CIA-IA	1:08.94	8	Jessen, Alex J	14	RIP-IA	1:10.89	9	Miller, Tyson L	14	ACAC-IA	1:15.15	10	Rosvold, ian J	14	SEA-IA	1:25.19
Lane	Name	Age	Team	Seed Time																																																																																																																																																																																																																																																																																																																																																																											
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4	Carlino, Chloe	13	NSST-IA	4:00.03																																																																																																																																																																																																																																																																																																																																																																											
5	Heiting-Doane, E	13	LIFE-IA	3:19.99																																																																																																																																																																																																																																																																																																																																																																											
6	Reyes, Abigail	14	NSST-IA	3:26.71																																																																																																																																																																																																																																																																																																																																																																											
7	Saner, Ava	13	NSST-IA	4:01.81																																																																																																																																																																																																																																																																																																																																																																											
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1	Beauchamp, Mac	14	DSMY-IA	2:54.16																																																																																																																																																																																																																																																																																																																																																																											
2	Douglas, Allie K	13	RSC-IA	2:47.95																																																																																																																																																																																																																																																																																																																																																																											
3	Wilcoxson, Heler	13	DMSF-IA	2:37.02																																																																																																																																																																																																																																																																																																																																																																											
4	Straw, Kaedyn M	13	DSMY-IA	2:34.42																																																																																																																																																																																																																																																																																																																																																																											
5	Seifert, Stella R	13	CIA-IA	2:29.82																																																																																																																																																																																																																																																																																																																																																																											
6	Brugman, Abigai	13	DSMY-IA	2:32.95																																																																																																																																																																																																																																																																																																																																																																											
7	Christopherson,	14	DSMY-IA	2:35.99																																																																																																																																																																																																																																																																																																																																																																											
8	Mason, Adelyn G	13	CIA-IA	2:41.29																																																																																																																																																																																																																																																																																																																																																																											
9	Thilges, Ella M	13	CIA-IA	2:52.71																																																																																																																																																																																																																																																																																																																																																																											
10	Honkamp, Claire	13	DMSF-IA	3:01.94																																																																																																																																																																																																																																																																																																																																																																											
Lane	Name	Age	Team	Seed Time																																																																																																																																																																																																																																																																																																																																																																											
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2	Nalan, Emily	15	NSST-IA	3:34.40																																																																																																																																																																																																																																																																																																																																																																											
3	Blackford, Mia R	16	RSC-IA	2:43.84																																																																																																																																																																																																																																																																																																																																																																											
4	Labresh, Joella c	16	NSST-IA	2:41.01																																																																																																																																																																																																																																																																																																																																																																											
5	Owenson, Ava M	16	CIA-IA	2:25.26																																																																																																																																																																																																																																																																																																																																																																											
6	Damge, Camryn	15	NSST-IA	2:34.70																																																																																																																																																																																																																																																																																																																																																																											
7	Weuve, Emalee I	15	SEA-IA	2:41.45																																																																																																																																																																																																																																																																																																																																																																											
8	Schafer, Sophia	16	NSST-IA	3:16.07																																																																																																																																																																																																																																																																																																																																																																											
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3	Kolsrud, Max D	15	RSC-IA	2:57.91																																																																																																																																																																																																																																																																																																																																																																											
4	Cornwell, Conno	15	NSST-IA	2:38.81																																																																																																																																																																																																																																																																																																																																																																											
5	Briggs, Colby T	16	NSST-IA	2:19.33																																																																																																																																																																																																																																																																																																																																																																											
6	Oosterhuis, Evan	15	NSST-IA	2:22.60																																																																																																																																																																																																																																																																																																																																																																											
7	Cauterucci, Kole	15	NSST-IA	2:44.54																																																																																																																																																																																																																																																																																																																																																																											
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3	Notz, Bennett J	13	SSA-IA	1:29.12																																																																																																																																																																																																																																																																																																																																																																											
4	Briggs, Cooper	14	NSST-IA	1:27.66																																																																																																																																																																																																																																																																																																																																																																											
5	Cunningham, Tit	13	NSST-IA	1:25.69																																																																																																																																																																																																																																																																																																																																																																											
6	James, Roxas W	13	DMSF-IA	1:25.89																																																																																																																																																																																																																																																																																																																																																																											
7	Ortega, Ijah E	14	RSC-IA	1:28.06																																																																																																																																																																																																																																																																																																																																																																											
8	Topf, Tiernan	14	NSST-IA	1:53.85																																																																																																																																																																																																																																																																																																																																																																											
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1	Snyder, Levi J	14	SEA-IA	1:20.23																																																																																																																																																																																																																																																																																																																																																																											
2	Heitzman, Calvin	14	CIA-IA	1:12.79																																																																																																																																																																																																																																																																																																																																																																											
3	Marks, Clayton J	13	ACAC-IA	1:09.11																																																																																																																																																																																																																																																																																																																																																																											
4	Oh, Louie H	13	DSMY-IA	1:06.93																																																																																																																																																																																																																																																																																																																																																																											
5	Cunningham, Coi	14	NSST-IA	1:05.26																																																																																																																																																																																																																																																																																																																																																																											
6	Hammond, Bren	14	RSC-IA	1:05.73																																																																																																																																																																																																																																																																																																																																																																											
7	Bailiff, Ryne G	13	CIA-IA	1:08.94																																																																																																																																																																																																																																																																																																																																																																											
8	Jessen, Alex J	14	RIP-IA	1:10.89																																																																																																																																																																																																																																																																																																																																																																											
9	Miller, Tyson L	14	ACAC-IA	1:15.15																																																																																																																																																																																																																																																																																																																																																																											
10	Rosvold, ian J	14	SEA-IA	1:25.19																																																																																																																																																																																																																																																																																																																																																																											

2024 IASI Winter Regionals West - 2/10/2024 to 2/11/2024
 Meet Program - Saturday Evening - 13 & 14 / 15 & Over

#77 Girls 15 & Over 100 Yard Butterfly				
1:03.99 Q 2024 IASI Q Times				
Meet Qualifying: Slower than 1:03.99				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 07:08 PM				
1				
2				
3				
4	Nalan, Emily	15	NSST-IA	1:59.42
5	Lawler, Mary H	15	RIP-IA	1:16.00
6	Vallas, Finley M	15	CIA-IA	1:23.28
7				
8				
9				
10				
Heat 2 of 2 Finals Starts at 07:10 PM				
1				
2	Damge, Camryn	15	NSST-IA	1:15.08
3	Carminati, Alice	17	SEA-IA	1:12.59
4	Dayton, Emelia A	16	RSC-IA	1:08.83
5	Douglas, Lizzie A	17	CIA-IA	1:04.04
6	Cerbin, Emerson	17	CIA-IA	1:04.09
7	Davis, Ava L	15	DMSF-IA	1:10.47
8	Christensen, Kat	17	RIP-IA	1:12.60
9	Damge, Evelyn	15	NSST-IA	1:15.39
10				

#78 Boys 15 & Over 100 Yard Butterfly				
57.89 Q 2024 IASI Q Times				
Meet Qualifying: Slower than 57.89				
Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 07:12 PM				
1				
2	Cornwell, Conno	15	NSST-IA	1:13.60
3	Briggs, Colby T	16	NSST-IA	1:07.96
4	Otis, Hudson J	16	DMSF-IA	1:01.38
5	Monaghan, John	16	CIA-IA	59.24
6	Gagov, Evan G	15	CIA-IA	1:00.06
7	Fisher, Luka J	15	DMSF-IA	1:01.51
8	Green, Easton M	17	RSC-IA	1:12.69
9	Duran Oropeza, t	16	RIP-IA	1:32.64
10				

#79 Girls 13-14 200 Yard Medley Relay				
Lane	Team	Relay	Seed Time	
Heat 1 of 1 Finals Starts at 07:15 PM				
1				
2				
3	NSST-IA	A	2:41.42	
4	RIP-IA	A	2:22.66	
5	DMSF-IA	A	2:14.69	
6	RSC-IA	A	2:18.20	
7	DMSF-IA	B	2:23.54	
8				
9				
10				

#280 Boys 13 & Over 200 Yard Medley Relay				
Lane	Team	Relay	Seed Time	
Heat 1 of 1 Finals Starts at 07:19 PM				
1				
2				
3	SEA-IA	A	2:19.72	
4	DMSF-IA	A	2:09.92	
5	CIA-IA	A	2:05.52	
6	NSST-IA	A	2:05.64	
7	ACAC-IA	A	2:12.29	
8	NSST-IA	A	2:49.36	
9				
10				

#81 Girls 15 & Over 200 Yard Medley Relay				
Lane	Team	Relay	Seed Time	
Heat 1 of 1 Finals Starts at 07:22 PM				
1				
2				
3				
4	NSST-IA	A	2:12.11	
5	DMSF-IA	A	2:08.31	
6	ACAC-IA	A	2:09.13	
7	RIP-IA	A	2:13.41	
8				
9				
10				

#83 Girls 13-14 500 Yard Freestyle				
5:56.89 Q 2024 IASI Q Times				
Meet Qualifying: Slower than 5:56.89				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 07:27 PM				
1	Anderson, Davan	13	NSST-IA	7:09.48
2	Kruger, Olivia L	14	BLAZ-IA	6:58.53
3	Gruenisen, Sami	13	CIA-IA	6:46.03
4	Shenouda, Esthe	14	RIP-IA	6:32.59
5	Smith, Ella M	13	DMSF-IA	6:21.45
6	Hoss, Brooke L	14	CIA-IA	6:22.19
7	Doolittle, Ali E	13	ACAC-IA	6:40.08
8	Straw, Kaedyn M	13	DSMY-IA	6:54.35
9	Dinkin, Kenzie E	14	DSMY-IA	7:03.30
10	Krueger, Kaylee l	13	BLAZ-IA	7:37.26

#81 Girls 15 & Over 200 Yard Medley Relay				
Lane	Team	Relay	Seed Time	
Heat 2 of 2 Finals Starts at 07:35 PM				
1	Wilcoxson, Heler	13	DMSF-IA	6:20.19
2	Kramer, Marley S	14	CIA-IA	6:10.46
3	Kiekhaefer, Chlo	13	CIA-IA	6:07.38
4	Weinheimer, Hay	14	NSST-IA	6:04.33
5	Dee, Adilyn K	13	CIA-IA	6:02.47
6	Tchapravova, Kal	13	CIA-IA	6:03.96
7	Kinnison, Amanc	14	RIP-IA	6:06.22
8	Beauchamp, Mac	14	DSMY-IA	6:07.70
9	Lubensky, Kylan	14	FAST-IA	6:13.73
10	Ballard, Caitlin M	13	DMSF-IA	6:20.29

#84 Boys 13-14 500 Yard Freestyle				
5:38.29 Q 2024 IASI Q Times				
Meet Qualifying: Slower than 5:38.29				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 07:42 PM				
1	Rosvold, ian J	14	SEA-IA	7:17.17
2	Snyder, Levi J	14	SEA-IA	6:47.74
3	Schumacher, Bra	13	CIA-IA	6:22.80
4	Briggs, Cooper	14	NSST-IA	6:20.77
5	Frantum, Gabe M	14	CIA-IA	6:19.55
6	Cunningham, Tit	13	NSST-IA	6:19.61
7	Heitzman, Calvin	14	CIA-IA	6:22.06
8	Sytsma, Dawson	13	SEA-IA	6:45.16
9	Vallas, Brooks C	13	CIA-IA	6:56.00
10	Heddinger, Tomr	14	RIP-IA	7:41.70
Heat 2 of 2 Finals Starts at 07:50 PM				
1	Boender, Sully S	13	SEA-IA	6:12.41
2	Cunningham, Col	14	NSST-IA	6:07.25
3	Wisehart, Lando	13	CIA-IA	5:57.66
4	Harris, Gage Q	14	DSMY-IA	5:48.56
5	Weiland, Owen T	13	DMSF-IA	5:39.93
6	Van Der Linden, v	13	ACAC-IA	5:43.05
7	Fischer, Tyler J	13	ACAC-IA	5:52.79
8	Naylor, Carson B	14	CIA-IA	5:58.25
9	Wilson, Austin E	14	DMSF-IA	6:08.29
10	Jessen, Alex J	14	RIP-IA	6:15.00

#285 Mixed 15 & Over 500 Yard Freestyle				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals Starts at 07:56 PM				
1				
2	Hancock, Ellie K	W15	CIA-IA	5:18.36L
3	McRoberts, Ryan	W16	CIA-IA	6:41.86
4	Damge, Camryn	W15	NSST-IA	6:33.95
5	Lamb, Nora B	W15	SEA-IA	6:28.62
6	Disterhoft, Uriah	M17	NSST-IA	6:32.46
7	Labresh, Joella c	W16	NSST-IA	6:34.94
8	Damge, Evelyn	W15	NSST-IA	6:48.61
9				
10				
Heat 2 of 2 Finals Starts at 08:03 PM				
1	Cunningham, Cla	W16	NSST-IA	6:21.79
2	Hermesen, Mady J	W15	ACAC-IA	6:00.61
3	Oosterhuis, Evan	M15	NSST-IA	5:55.77
4	Penne, Addison r	W18	CIA-IA	5:51.64
5	Koenigsfeld, Este	W17	DMSF-IA	5:44.43
6	Kramer, Nina M	W17	CIA-IA	5:44.93
7	Cornwell, Conno	M15	NSST-IA	5:54.37
8	MacLeod, Megan	W15	ACAC-IA	5:59.48
9	Disterhoft, Fische	M15	NSST-IA	6:15.47
10	Cauterucci, Kole	M15	NSST-IA	6:26.70