

DCHS H2O opener, Wellmark YMCA, Sanction #: IA-23-058**May 5-6, 2023; 50 meter****Session Report**

Session: 1 Friday Night

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 100 Freestyle	272	34 u	06:00 PM	_____
Finals	2 Mixed 100 Butterfly	72	9 u	06:59 PM	_____
Finals	3 Mixed 200 IM	144	18 u	07:14 PM	_____
Finals	4 Mixed 100 Breaststroke	158	20 u	08:15 PM	_____
Finals	5 Mixed 100 Backstroke	224	28 u	08:57 PM	_____
	Swimmers Counts for Warm-ups: 313	=====	=====		
	Entry / Heat Totals:	870	109		
	Finish Time			09:55 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CIA	Central Iowa Aquatics	129	46		
DMSF	Des Moines Swimming Federation	95	32		
RIP	Dowling Catholic Riptide	87	39		
FAST	Fort Dodge Area Swim Team	12	5		
DSMY	Greater Des Moines YMCA	131	51		
IFLY	Iowa Flyers Swim Club	258	74		
BLAZ	Johnston Blaze Swim Club	54	23		
COE	Kohawk Aquatics	3	1		
LIFE	Life Time Iowa Swim Team	7	3		
RSC	Rams Swim Club	44	19		
SSA	Swordfish Academy	8	4		
UN	Unattached	14	5		
USSD	Uss Destroyers Swim Club	28	11		

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Session Report

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	6 Mixed 12 & Under 200 Freestyle	65	9 u	09:00 AM
Finals	7 Mixed 12 & Under 50 Freestyle	196	25 u	09:33 AM
Finals	8 Mixed 12 & Under 50 Breaststroke	151	19 u	10:00 AM
Finals	9 Mixed 12 & Under 50 Backstroke	180	23 u	10:25 AM
Finals	10 Mixed 12 & Under 50 Butterfly	115	15 u	11:00 AM
Finals	11 Mixed 12 & Under 400 Freestyle	27	4 u	11:18 AM
	Swimmers Counts for Warm-ups: 227	=====	=====	
	Entry / Heat Totals:	734	95	
	Finish Time			11:45 AM
	=====			
	Team - #Entries - #Athletes			
	=====			
CIA	Central Iowa Aquatics	117	34	
DMSF	Des Moines Swimming Federation	53	17	
RIP	Dowling Catholic Riptide	131	44	
FAST	Fort Dodge Area Swim Team	22	7	
DSMY	Greater Des Moines YMCA	114	34	
IFLY	Iowa Flyers Swim Club	132	33	
BLAZ	Johnston Blaze Swim Club	69	21	
COE	Kohawk Aquatics	4	1	
LIFE	Life Time Iowa Swim Team	9	3	
RSC	Rams Swim Club	52	21	
SSA	Swordfish Academy	7	4	
UN	Unattached	16	5	
USSD	Uss Destroyers Swim Club	8	3	

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Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	12 Mixed 400 Freestyle	55	7 u	01:00 PM	_____
Finals	13 Mixed 200 Backstroke	86	11 u	01:41 PM	_____
Finals	14 Mixed 400 IM	15	2 u	02:19 PM	_____
Finals	15 Mixed 50 Freestyle	143	18 u	02:32 PM	_____
Finals	16 Mixed 200 Breaststroke	56	7 u	02:48 PM	_____
Finals	17 Mixed 200 Butterfly	9	2 u	03:14 PM	_____
Finals	18 Mixed 200 Freestyle	119	15 u	03:21 PM	_____
Finals	19 Mixed 13 & Over 800 Freestyle	27	4 u	04:06 PM	_____
Finals	20 Mixed 13 & Over 1500 Freestyle	8	1 u	04:47 PM	_____
	Swimmers Counts for Warm-ups: 182	=====	=====		
	Entry / Heat Totals:	518	67		
	Finish Time			05:13 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CIA	Central Iowa Aquatics	81	28		
DMSF	Des Moines Swimming Federation	68	25		
RIP	Dowling Catholic Riptide	26	11		
DASH	Dubuque Area Swimmin' Hurrigan	5	2		
FAST	Fort Dodge Area Swim Team	9	3		
DSMY	Greater Des Moines YMCA	56	24		
IFLY	Iowa Flyers Swim Club	146	44		
BLAZ	Johnston Blaze Swim Club	20	9		
COE	Kohawk Aquatics	15	5		
LIFE	Life Time Iowa Swim Team	2	1		
PSC	Piranhas Swim Club	50	13		
RSC	Rams Swim Club	18	7		
SSA	Swordfish Academy	1	1		
UN	Unattached	2	1		
USSD	Uss Destroyers Swim Club	19	8		