

2023 DMSF Fall Invite - Split Warm Ups

Warm-Up Assignments - 11/18/23-11/19/23

SAT Session 1-A	Lane	Team
Saturday Morning 10:25-11:00 AM	1	DMSF
	2	DMSF
	3	DMSF
	4	CIA
	5	CIA /UN
	6	CIA/RSC
	7	BLAZ

SAT Session 2-A	Lane	Team
Saturday Afternoon 2:45-3:25 PM	1	DMSF
	2	DMSF
	3	DMSF/MCSC
	4	FAST/NSST/DSMY
	5	UN/CIA/SEA
	6	CIA
	7	CIA

SAT Session 1-B	Lane	Team
Saturday Morning 11:00-11:35 AM *session start- 11:45 AM	1	SSA
	2	ACAC
	3	FAST /LIFE
	4	MSCS /CAST
	5	SEA/RIP
	6	RIP
	7	RIP

SAT Session 2-B	Lane	Team
Saturday Afternoon 3:25-4:05 PM *session start- 4:15 PM	1	RIP
	2	RIP
	3	ACAC
	4	ACAC/LIFE
	5	BLAZ
	6	BLAZ/SSA
	7	RSC

SUN- Session 3-A	Lane	Team
Sunday Morning 7:40-8:15 AM	1	DMSF
	2	DMSF
	3	DMSF
	4	CIA
	5	CIA/RSC
	6	CIA/UN
	7	BLAZ

SUN Session 4-A	Lane	Team
Sunday Afternoon 12:00-12:40 PM	1	DMSF
	2	DMSF
	3	CIA
	4	CIA/UN/DSMY
	5	CIA/NSST
	6	BLAZ
	7	BLAZ/ LIFE/SSA

SUN- Session 3-B	Lane	Team
Sunday Morning 8:15-8:50 AM *session start-9:00 AM	1	SSA
	2	MSCS/CAST
	3	ACAC/LIFE
	4	SEA/FAST
	5	RIP
	6	RIP
	7	RIP

SUN-Session 4-B	Lane	Team
Sunday Afternoon 12:40-1:20 PM *session start- 1:30 PM	1	RSC
	2	RSC/ MCSC
	3	ACAC
	4	ACAC/CAST
	5	CAST/SEA
	6	RIP
	7	RIP + FAST