

# THE STREAMLINE

Des Moines Swimming Federation Monthly Newsletter

## YEAR-END GIVING

Our annual giving campaign is here! If you're able, we'd love your support of our mission to offer the best swimming opportunities, coaching and technology for our kids. It's easy to donate any amount that works for your budget here:

<https://desmoinesswim.square.site/>.

**RIDE THE  
WAVE  
OF GIVING**



### SAVE THE DATE: DECEMBER 21 BOARD MEETING

Look for an email with details to join virtually at 7:30 p.m.

## SHORT COURSE TEAM MEETS

**DEC 6-9**

Junior Nationals\*  
Westmont, IL

**DEC 16-17**

Blizzard Blast  
Wellmark YMCA

**JAN 12-14**

Battle of the Blocks  
Ames High Pool

**JAN 26-28**

Winter Blues Buster  
Summit Middle School

**FEB 10-11**

Regional/8&U Champs  
Wellmark YMCA

**FEB 16-18**

Age Group Champs\*  
University of Iowa

**FEB 22-25**

Senior Champs\*  
Wellmark YMCA

**MAR 9-12**

Speedo Sectionals\*  
Fargo, ND

\*Qualifiers Only  
[See meet details.](#)

# CELEBRATIONS



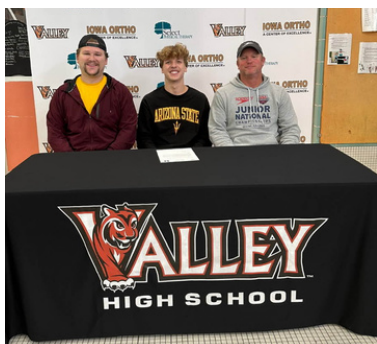
DESMOINESREGISTER.COM  
Jacob Pins, an Olympic Trials qualifier in swimming, looks ahead to senior season at Valley

New Article About Jacob

## Fall Invite Food Collection



## College Signings for Jacob, Abby and Annie



## DMSF FALL INVITE HIGH POINT WINNERS

Congrats to Sasha, Greta, Beckum & Eliza (not pictured)!



## QUICK LINKS

- See the [DMSF Swim Meet Guide](#) (pages 4 and 5) for meet tips
- [Shop team apparel at the DMSF team store](#)
- [Check out the coach virtual hours & parent ambassadors](#)
- [Join our private Facebook group](#)
- [Become an Iowa Swimming official](#)
- [View our senior spotlights](#)

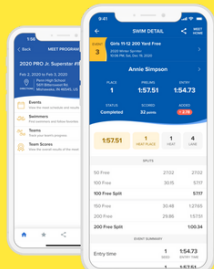


## MOBILE APPS ALL SWIM FAMILIES NEED

Download this helpful resource!

### MEET MOBILE APP

This app lets you view all the details at meets including events, heats, lanes, entry times, etc. This app has a small annual fee, but it's worth it!



### ON DECK APP

This app connects to our team website and allows you to view our team feed, sign up for meets and volunteering, see time standards, use the pace calculator and so much more.

Download this free tool and start exploring.

Available Everywhere  
phone and tablet optimized

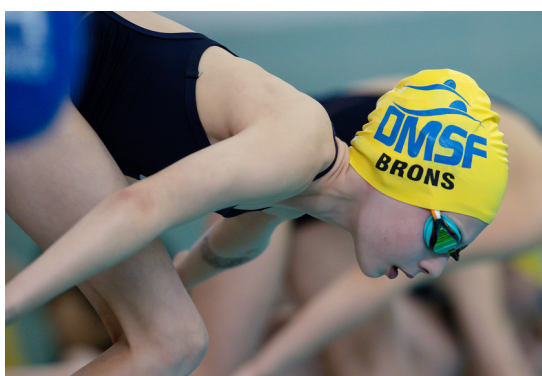
iOS & Android  
Compatible



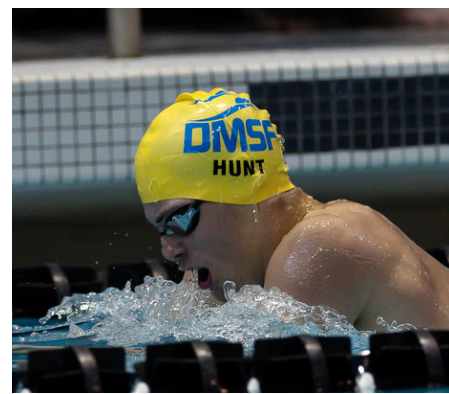
# DMSF FALL INVITE



# DMSF FALL INVITE



# A3 MIDWEST CHALLENGE



[CPose Photography](#)

## OUR SPONSORS

