

THE STREAMLINE

Des Moines Swimming Federation Monthly Newsletter

Register for Long Course

Registration for current members is open. Find important details in the [DMSF 2023 Long Course Packet](#).

Long Course Start Dates

- April 3: Platinum, Gold & Blue
- April 10: Silver, Bronze & Pre-Competitive

[REGISTER HERE](#)

UPCOMING MEET

Mar 21-25
ISCA Senior Cup
St. Petersburg, FL

Qualifiers
Jacob Pins
Dylan Nelson
Wesley Mooney
Sassy Hasset
Quin Mahler-Moreno

MARK YOUR CALENDAR

Spring Banquet

Saturday, March 4 | 6-9 p.m.
Valley Community Center

★ **DMSF's 40th Annual Birdland Meet**

Volunteer Requirement | June 17-18
Birdland Pool, Des Moines

★ **Summer Regionals & 8&U Champs**

Volunteer Requirement | July 15-16
Valley Pool, West Des Moines

Long Course Champs

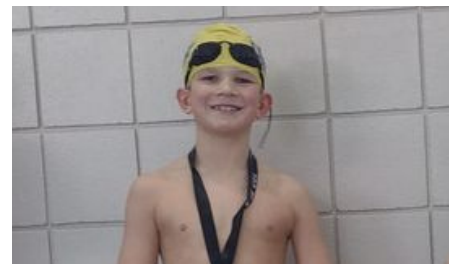
Age Group &
Senior Athletes
July 20-23
CRWC, Iowa City

*Stay
tuned*

JOIN US!
NEXT DMSF BOARD MEETING
MONDAY, MARCH 6 | 7 PM
See email from Stu for Zoom link.



REGIONALS AND 8 & UNDER CHAMPS



OUR SPONSORS



AGE GROUP CHAMPS HOSTED BY DMSF



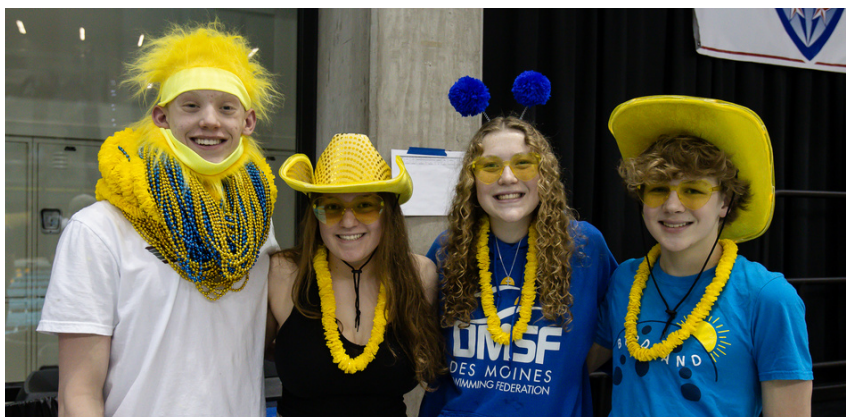
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SENIOR CHAMPS



SENIOR CHAMPS

