

# THE STREAMLINE

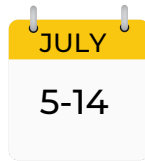
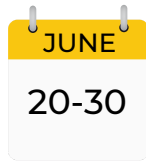
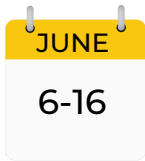
Des Moines Swimming Federation Monthly Newsletter

## DMSF SUMMER SWIM SCHOOL

We're offering group swim lessons for ages 3+ and private swim lessons this summer. Know a child looking for swim instruction or want to give your DMSF swimmer private lessons? [Sign up and share the details](#) with friends.

### 3 TWO-WEEK MORNING SESSIONS

30-minute classes M-TH at Roosevelt



9:40 a.m. & 10:15 a.m.  
\$120/session/swimmer

Led by Coach Gwen & Gold/Platinum Swimmers  
[See details.](#)

## NEW! PEAK PERFORMANCE SWIM CAMP

We partnered to help Valley bring the Peak Performance [Start & Stroke Camp](#) to WDM on June 4-5 for swimmers ages 9-18. If interested, [check out the fees and details.](#)



## SWIM-A-THON RESULTS

Total: \$14,432.10

Winning Group: Blue

See pics on following pages and [here.](#)



## LONG COURSE TEAM MEETS

**May 13-15**

DSMY May Invite  
Wellmark YMCA

**June 10-12**

DSMY Hancock Invite  
Wellmark YMCA

or

Columbia Invite  
Columbia, MO  
13&O Travel

★ **June 18-19** ★

DMSF Birdland Invite  
Birdland Pool

**June 24-26**

CIA Beat the Heat  
Wellmark YMCA

★ **July 15-17** ★

Silver/8&U Champs  
Valley High School

**July 21-24**

LC Champs  
Uofi CRWC  
Qualifiers Only

[Long Course Meet Schedule](#)

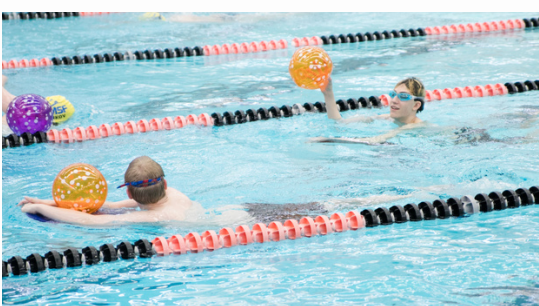
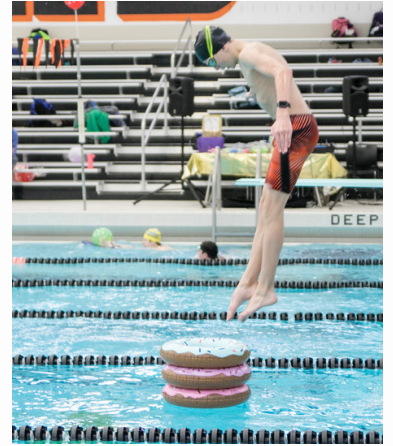
★ **Volunteer Requirement**



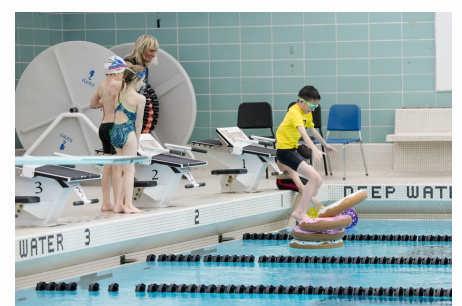
# SWIM-A-THON: PLATINUM & GOLD GROUPS



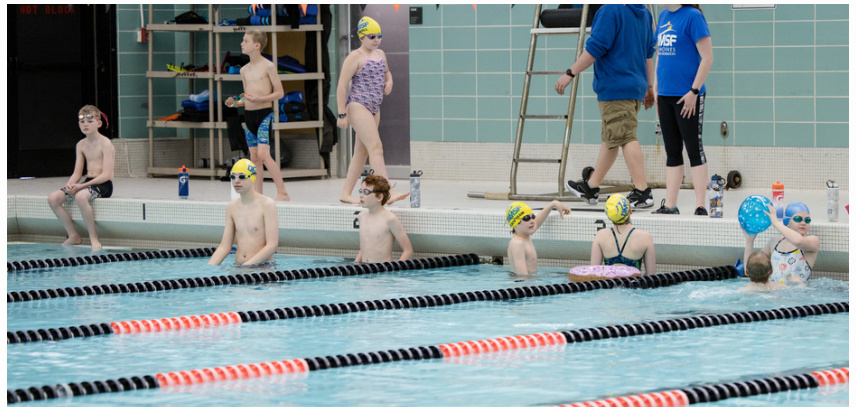
# SWIM-A-THON: BLUE GROUP



# SWIM-A-THON: PRE-COMPETITIVE GROUP



# SWIM-A-THON: SILVER GROUP



# SWIM-A-THON: BRONZE GROUP



OUR SPONSORS

